CUOSOLZIT JUNE · JULY 2019







SPOILT FOR CHOICE

Cruises, national celebrations, tournaments and recreational events there's something for everyone at SGCC!



16 After Dark Series



20 Multi-Colourism for National Day



28 4D3N Cruise to Penang & Langkawi

What's been happening at SGCC

SGCC Launches the

CLUB DIRECTORY

MAIN RECEPTION

Tel: 6286 8888 Daily: 9am-10pm www.sgcc.com.sg

FOOD & BEVERAGE **OUTLETS** Atrium Café

Tel: 6286 8888 ext. 309 Mon-Fri: 11am-3pm, 6pm-10pm Sat-Sun & PH: 11am-10pm

Bowling Snack Bar Tel: 6286 8888 ext. 340 Mon-Fri & Eve of PH: 1pm-11pm Sat: 11am-11pm Sun & PH: 10am-11pm

Coffee Deli

Tel: 6286 8888 ext. 312 Mon-Thu & PH: 8.30am-9pm Fri-Sun & Eve of PH: 8.30am-10pm

Club Twenty-Two Tel: 6286 8888 ext. 386 Mon–Thu: 4pm–12am* Fri & Eve of PH: 4pm–1am Sat: 2pm-1am

Sun & PH: 2pm-12am

*The Karaoke Lounge opens at 2pm on Tuesdays. Operation on Tuesday (2pm–5pm) is strictly for members only.

Crossroads Lounge Tel: 6286 8888 ext. 310

Mon-Thu: 4pm-12am Fri & Eve of PH: 4pm-1am Sat: 2pm-1am

Sun & PH: 2pm-12am

Garden Grill

Tel: 6286 8888 ext. 313 Daily: 12pm-3pm, 6pm-10pm

Swatow Garden

Tel: 6343 1717

Weekdays: 11am-3pm, 6pm-11pm Weekends, Eve of PH & PH: 9am-3pm,

6pm-11pm

SPORTS & RECREATION FACILITIES **Billiard Room**

Tel: 6286 8888 ext. 346 Sun-Fri & PH: 1pm-10pm Sat & Eve of PH: 1pm-11pm

Darts Lounge

Mon-Thu: 4pm-12am Fri & Eve of PH: 4pm-1am Sat: 2pm-1am

Sun & PH: 2pm–12am

Gardens Bowl

Tel: 6286 8888 ext. 340 Mon-Fri & Eve of PH: 1pm-11pm **Sat**: 11am-11pm

Sun & PH: 10am-11pm

Off-peak hours (Mon-Fri & Eve of PH): 1pm-6pm

Peak hours (Mon-Fri & Eve of PH):

6pm-11pm Peak hours (Sat-Sun & PH): Whole day

Gymnasium

Tel: 6286 8888 ext. 331 **Daily**: 5.30am-10pm

Except during scheduled partial closure for maintenance four times a year, where it opens from 6pm onwards. Refer to www.sgcc.com.sg for partial closure dates.

Off-peak hours (Daily): 10am-5pm Peak hours (Daily): 5pm-10pm* *After 5pm, no guests allowed

Swimming Pool / Spa Pools

Daily: 5.30am-10pm

Closed on the last Wednesday of every month unless otherwise stated.

Water Play Area

Daily: 8am-8pm

Closed on the last Wednesday of every month unless otherwise stated.

Sauna / Steam Bath

Daily: 8.30am-10pm

Squash Courts

Tel: 6286 8888 ext. 331 Daily: 8am-10pm

Off-peak hours (Mon-Fri & Eve of PH):

8am-5pm

Peak hours (Mon-Fri & Eve of PH):

5pm-10pm

Peak hours (Sat-Sun & PH): 8am-10pm

Tennis Courts

Tel: 6286 8888 ext. 340 Daily: 7am-10pm

Off-peak hours (Mon-Fri & Eve of PH): 7am–5pm

Peak hours (Mon-Fri & Eve of PH):

5pm-10pm

Peak hours (Sat-Sun & PH): Whole day

Tennis training night: Thu 7pm-10pm

Table Tennis

Tel: 6286 8888 ext. 331

Daily: 8am–10pm Off-peak hours (Mon–Fri & Eve of PH):

8am-5pm

Peak hours (Mon-Fri & Eve of PH):

5pm-10pm

Peak hours (Sat-Sun & PH): 8am-10pm

Mahjong / Cards Rooms

Tel: 6286 8888

Sun-Thu & PH: 11am-12am Fri-Sat & Eve of PH: 11am-1am

OTHER FACILITIES

Jackpot Room Tel: 6398 5362 Sun-Mon: 10am-11pm

Kiddieland

Daily: 9am-10pm

Lat Salon

Tel: 6286 8262, by appointment only

Tue-Sun: 11am-7pm Mon & PH: Closed

Functions Rooms / Ballroom

For bookings, please call 6398 5381 / 387 / 365

Email: banquetsales@sgcc.com.sq

Male & Female Changing Rooms

Daily: 5.30am-10.30pm

Study Room Daily: 9am-11pm

The Hangout

Mon-Thu, Sun & PH: 9am-12am Fri-Sat & Eve of PH: 9am-1am

Cambridge Pre-School

Tel: 6282 8455 Mon-Fri: 7am-7pm Sat: 7am-2pm

Email: Serangoon@cambridge.school

MANAGEMENT STAFF **General Manager**

Farrock Ebrahim 6398 5329 Email: farrock@sqcc.com.sq

Personal Assistant cum Office Manager (General Manager's Office) Casey Chang 6398 5301

Email: casey_chang@sgcc.com.sg

Senior Manager (Food & Beverage) Adrian Chew 6398 5368

Email: adrian_chew@sgcc.com.sg

Facilities, Maintenance & Safety Manager

Charles Ling 6398 5311 Email: charles_ling@sgcc.com.sg,

fms@sgcc.com.sg

Finance Manager

Avelyn Tam 6398 5303 / 358 Email: avelyn_tam@sgcc.com.sg

Human Resource Manager

Elleana Ho 6398 5366 Email: elleana_ho@sgcc.com.sg

Marketing & **Communications Manager**

Garry Moss 6398 5337 Email: garry_moss@sgcc.com.sg

Membership Relations Assistant Manager

Dawn Lee 6398 5332 / 305 Email: dawn_lee@sgcc.com.sg

Security Operations Assistant Manager

Sritharan Lingam 6398 5315 Email: sritharan@sgcc.com.sg

Sports & Recreation Manager

Steven Goh 6398 5372

Email: steven_goh@sgcc.com.sg

CLUB ADMINISTRATION

Mon-Fri: 9am-6.30pm

Membership

Tel: 6398 5383

Email: membership@sgcc.com.sg

Accounts

Tel: 6398 5325 / 358

Email: members_account@sgcc.com.sg

Sports & Recreation

Email: recreation@sgcc.com.sg

Youth, Chess, Yoga, Golf, Fitness, Taekwondo, Aikido, Muay Thai, Judo & Billiards Terrence Ho 6398 5389

Squash, Tennis,

Swimming & Darts Daniel Chong 6398 5351

Fitness Fun, Cool Water Workout, Swimming Lessons, Table Tennis, Taijiquan, Chinese Martials Arts & Mahjong

Julia Kong 6398 5352

Bowling & Bridge Zaleha Hanibah 6398 5373

Food & Beverage

fnb_outlets@sgcc.com.sg

Banquet Sales

Tel: 6398 5381 / 387 / 365 Email: banquetsales@sgcc.com.sg

Advertisement Bookings

Jeremy Tan 6398 5320 Email: jeremy_tan@sgcc.com.sg

Data Protection Officer

Email: dpo@sgcc.com.sg

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A Peranakan-inspired celebration for Founder's Day



Mr Goh Chok Tong Emeritus Senior Minister

PATRONS

Mrs Lim Hwee Hua Mr George Yeo Ms Sylvia Lim

TRUSTEES

Mr Hendrick Koh PPA BBM PBM

Mr Anthony Tan Mr Pao Kiew Tee

GENERAL COMMITTEE

Mr Terrence Fernandez President

Mr Benjamin Wong Vice-President

Mr Daniel Ho Assistant Honorary Secretary

Mr Rayner Ng Honorary Treasurer

Mr Rodrigues John Jack Patrick Assistant Honorary Treasurer

COMMITTEE MEMBERS

Mr George Lim Yort Gue Mr Lee How Giap

CONVENORS

Mr Emrys Phua Billiards Mr Edward Tan Bowling Mr Ronnie Ng Chess Mr Rick Seah Darts Mr Eddie Ng Fitness Mr Aaron Lim Golf Mr Edwin Lee Squash Mr Steven Lee Tennis

EDITORIAL COMMITTEE

Mr Farrock Ebrahim Mr Adrian Chew Mr Garry Moss Ms Dawn Lee Mr Jeremy Tan

PUBLISHING AGENT

ThinkFarm Pte Ltd Contributors: Isaac Tan, Cheryl Tan

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ne of the great revelations that I have come to see is the passion to do what's right for the Club, and we can see this through the work of the General Committee and Management. It will always be easier to do what is popular, but the state of affairs at our Club requires a style that is decisive and avoids strategies that no longer work.

The upcoming Annual General Meeting (AGM), to be held on 30 June 2019, is going to be important for all Members to see the results of a team that has been in office for just over nine months. We will show, factually, how we have been able to respond to the call for change in a responsible, tangible manner. One addition to this year's AGM will be an update by the Constitution Review Committee (CRC) on their progress so far. If you are a Grand Member, do join us as we recognise your commitment and support for our Club over these many years. At SGCC, no one will be left out, as we will continue to support the interests of our Senior Members.

It's not about how much you do, but how much love you put into what you do that counts.

Our 1955: Founder's Day celebration was an exceptional success, made even more special by the presence of both Mr & Mrs David Macey at our Peranakan-themed anniversary dinner; the sold-out event was well supported by both Members and guests. It was a time to reflect on the generosity of Mr Macey 64 years ago, and for us to take and nurture this gift to its full potential. This event will take its place alongside other Club-level events, namely Chinese New Year, Hari Raya Aidilfitri, National Day, Deepavali and Christmas. Our strength as a community lies in our diversity and acceptance of others, regardless of Race and Religion.

You may have noticed a difference in this issue of *ClubSpirit* as we have appointed a new publisher, with a refreshed approach to how we communicate better, both visually and in written form. We want to better capture all the good stuff that is going on in our Club.

To nursing mothers, we have set up a nursing room for you to feed and bond with your child in a private and comfortable environment. It is located within Kiddieland, and will further enhance our status as the best family Club in Singapore.

Your exclusivity as Members has prompted management to execute 100% membership card checks. The positive response to this initiative has been overwhelming and encouraging. We have effectively reduced unauthorised individuals from entering and using of our facilities. This will tackle the significant wastage in resources that we have experienced, which we can now look into better utilising.

The Club has approved a new tenant, Dino De Detailer, which will be providing car polishing services at the Heliconia Wing's basement carpark. The signed agreement will introduce a value of more than \$40,000 to the Club annually, and will greatly benefit Members with exclusive discounts and value-added services.

Speaking of which, you can now enjoy even greater value for your membership, with increased partnership deals and return activities, such as afternoon high tea sets and movie screenings in Crossroads Lounge.

Finally, with the June holidays upon us, we wish you a relaxing holiday period for you and your loved ones. At our Club we have geared up activities like the Adventure Camp for kids, a post-Hari Raya celebration evening, and the *After Dark Series* of entertainment for adults, just to name a few. We have received some good nods for the new Daily Specials at the Atrium Café, and will continue this positive trajectory with more delights for your dining pleasure.

The

Terrence Fernandez
President

A warm welcome to:

A warm welcome to:	
Kong Sin Ming	Grand Member
Virabhak Surene	Nominee
Bhattacharya Rohit Gyanabrata	Ordinary Member
Choo Chuin-Ru	Ordinary Member
Chi Kok Yew	Ordinary Member
Chong Hsien Yang	Ordinary Member
Han Fong Kwang	Ordinary Member
Kwong Choong Kuen	Ordinary Member
Kung Seah Lim	Ordinary Member
Lim Chye Mong, Marcus	Ordinary Member
Monica Rossana Lee Park	Ordinary Member
Lau Chu Hian	Ordinary Member
Neo Peh Hoon Hazel	Ordinary Member
Ng May Ling Carole	Ordinary Member
Kenneth Ng Keng Leng	Ordinary Member
Ngoh Tong Soon Heston	Ordinary Member
Su Wenhong Terence	Ordinary Member
Ser Puay Kiang	Ordinary Member
Tan Lin Ai Serene	Ordinary Member
Teng Teck Yew	Ordinary Member
Tham Li Ming	Ordinary Member
Melody Tan Cheng Yan	Ordinary Member
Tee Wei Han, Alex	Ordinary Member
Yang Jih Shin	Ordinary Member
Chan Kok Chuan	Ordinary Member
Chow Kay Cheong Sebastian	Ordinary Member
Kirk Teng Tian	Ordinary Member
Lee Sock Kiang Teresa	Ordinary Member

Lau Tshe Ching Rosy	Ordinary Member
Sherman Lim Wei Yang	Ordinary Member
Yeo Siew Buay	Ordinary Member
Kristine Aitken	Term Member
Glenn Barry Cross	Term Member
Hilbert Yves	Term Member
Stephane Le Dreau	Term Member
Sebastien Perier	Term Member
Jean-Francois Tabet	Term Member
Clarenc Thierry Philippe Paul	Term Member

A fond farewell to:

A Toria Tarowori to.	
Chia Hang Liang	Grand Member
Freeman Richard Paul Non-Transferab	le Ordinary Member
Chia Gek Ling	Ordinary Member
Choi Ngan Kong	Ordinary Member
Chia Peng Wee	Ordinary Member
Eng Chay Sian, Christina	Ordinary Member
Han-Chua Bee Leng	Ordinary Member
Kwong San Lang	Ordinary Member
Leong Yew Kit	Ordinary Member
Lim Meng Ann	Ordinary Member
Leong May Pheng, Jane	Ordinary Member
Lim Cher Tong	Ordinary Member
Lim Eu Lin, Arthur	Ordinary Member
Lam Lai Kuen	Ordinary Member
Lee Poh Tim, Josephine	Ordinary Member
Cara Elisabeth Edmonds	Term Member
Hilary Anne Berg	Term Member

BLOOM BAG FLORAL ARRANGEMENT WORKSHOP

Learn to make a lovely fresh floral Bloom Bag for your love one!

17 July 2019 3pm to 4.30pm \$65.00 w/GST (Member) \$75.00 w/GST (Guest) Venue: Casuarina Room

Min. Participants: 10 Closing date: 26 June 2019

CONTACT KEMI AT 6398 5323 OR KEMI@SGCC.COM.SG





UPDATE ON THE WORK OF THE CONSTITUTION REVIEW COMMITTEE (CRC)

- 1 On 30 January 2019, the General Committee approved the appointment of the members of the CRC and the Terms of Reference. The Chairman is Dr Lau Teik Soon, and the members are Mr Pao Kiew Tee, Mr Henry Kwek, Mr James Wee and Mr Leslie Yeo. In summary, the three main terms of reference are:
 - to conduct a comprehensive and thorough review of the current Constitution;
 - to advise and recommend to the General Committee the necessary amendments to be made to the Constitution; and
 - to give reasons and/or explain the rationale for each of the amendments made in the new Constitution.
- 2 On 14 February 2019, the CRC met to discuss the procedure and process of the Review. It decided:
 - that the CRC will go through the current Constitution clause by clause and recommend any amendment where necessary;
 - that the CRC will call on experts in their private capacities to give their comments and advice: and
 - to involve all stakeholders in the process.
- 3 Hence, tentatively, the CRC's work schedule is as follows:
 - Phase I (March–June 2019) CRC to discuss and complete the First Draft.
 - Phase II (July–September 2019) CRC to hold discussions with the General Committee and the Trustees, and to complete the Second Draft.
 - Phase III (October–December 2019) CRC to hold dialogue sessions with members to discuss the Draft, and complete the Third Draft.
 - Phase IV (January–March 2020) To hold the EGM to approve the new Constitution, and obtain the approval of the Registrar of Societies.
- 4 Between 1 March and 17 April 2019, the CRC held four meetings. To date, it has covered clauses 1 to 26 of the current Constitution and has recommended a number of amendments to it. We hope to review the remainder of the 40 clauses of the current Constitution, and complete the First Draft by June 2019. Subsequently, the CRC will engage all stakeholders, including the General Committee, the Trustees, and Members of the Club.

We look forward to the comments and contributions of all concerned.

Lau Teik Soon on behalf of the CRC



62ND ANNUAL GENERAL MEETING

We cordially invite all members* to attend the Annual General Meeting.

Date:

30 June 2019, Sunday

Time:

1pm

Venue:

Kensington Ballroom

Dress Code:

Smart Attire^

* Principal Members of the following membership categories are allowed admittance to the Meeting and to vote:

- Ordinary Membership (including Founder and Life Members)
 Corporate Membership (only one appointed nominee as representative)
 - * Principal Members of the following membership category are allowed admittance to the Meeting as observers:
 - Grand Membership

^ Minimum For Men

long pants, jeans, shirts or collared T-shirts or Mandarin-collared shirts with sleeves, and proper shoes — no Bermudas allowed

^ Minimum For Women

dresses, pants, skirts, jeans, blouses or T-shirts, and proper shoes or covered sandals — no Bermudas allowed





EXCLUSIVITY CHECKS

Members may be requested to present their Membership Cards to Security Personnel at various checkpoints across the Club. We apologise in advance for the inconvenience.



In accordance to the Club's by-laws, only Members and their escorted guests may enter the Club's premises. Members must ensure their guests are signed in without request at designated counters.

The Management

MEMBERSHIP PRIVILEGES

Being a member of SGCC brings you deals beyond our premises at Kensington Park Road.

Dino De Detailers is a car-detailing expert that took up tenancy at SGCC in June 2019. It is located in the basement car park of the Heliconia Wing. Members will get:

- 20% discount off a Single Grooming service; and
- one additional complimentary service for Members who buy packages. Interested? Call 9239 3300 to make an appointment.

Our new entertainment partner, W!LD RICE, will be offering Members 10% discount off all its Grand Opening Season shows. Along with this, our SGCC Night at the Theatre series will bring Members to watch W!LD RICE's year-end pantomime, Peter Pan at Serangoon Gardens, an apt showcase for our Members. Pricing to be announced soon. More details on the last page.



SGCC recently signed a new Reciprocal Club arrangement with Els Club Malaysia, which is situated in the beautiful coastal town of Desaru. Here are the details:



1 January 31 December 2019: Exclusive Partner Individual Rates for 1-15 pay

OCEAN COURSE		VALLEY COURSE		RAINFOREST COURSE: Langkawi
Mon–Fri	Sat–Sun & PH	Mon–Fri	Sat-Sun & PH	7 days a week
RM275	RM375	RM385	RM425	RM450

1 January-31 December 2019: Exclusive Partner Individual Rates for 16 pax and more

OCEAN COURSE		VALLEY COURSE		RAINFOREST COURSE: Langkawi
AM or PM: 7	AM or PM: 7 days a week		days a week	AM or PM: 7 days a week
RM275	RM375	RM385	RM425	RM450

Terms & Conditions apply, All bookings and enquiries can be made via Sports & Recreation Department. Contact Terrence Ho (6398 5389) or email terrence_ho@sgcc.com.sg

Global Wellness Group is offering the following to all Members (Terms & Conditions apply):

- 10% discount off a la carte prices till 31 Dec 2019 (Members must present SGCC Card to enjoy this deal)
- Special Promotions valid till 31 December 2019 for Members as follows:

PASSAGE NEW YORK (PSGCC0519) Passage Signature Anti-Aging Facial (90mins) OR Body Scrub & Holistic Body Massage (90mins) @ \$48 Nett (UP \$380)

BODY CONTOUR (BSGCC0519) Timeless Diamond Facial (60mins) OR Aromatic Full Body Massage (60mins) @ \$38 Nett (UP \$260)

FIL (FSGCC0519) FIL Hydrating Facial (60mins) OR De Stress Full Body Massage (60mins) @ \$38 Nett (UP \$280)

BEYOND BEAUTY (ISGCC0519) 18k Royal Gold Facial (60mins) OR Balinese Jamu Body Massage (60mins) @ \$38 Nett (UP \$280)

TERMS & CONDITIONS

- For first-time customers or customers who have not visited us for the past 12 months.
 Couple room available at an extra charge of \$28 (includes GST).
- For Singaporeans, PRs or employment pass holders aged 21 years and above.
- Appointments required. Please call and quote the special code listed.

To book an appointment, please call our hotline: 6841 1141 (Mondays–Fridays 9.30am–7pm)

Passage New York: Cecil Street

Body Contour Premier: Raffles Place, Hill Street, Raffles Town Club, Roxy Square

FIL Skin, Body & Spa: Plaza Singapura, Singapore Shopping Centre, Chinese Swimming Club, ION Orchard

Beyond Beauty: Raffles Place, Thong Teck, Serangoon, Roxy Square, Tampines, JEM

For more information on Membership Privileges, contact the Membership Relations Department at 6286 8888 or membership@sgcc.com.sg



SGCC INVITATIONAL SWIM MEET

This year's SGCC Invitational Swim Meet saw 71 swimmers participating in the competition, which took place on Sunday, 3 March 2019. The meet kicked off with the 200m Individual Medley. On this occasion, the timings of the competitors were recorded using the Omega timing system.









LIBERTY INSURANCE 50TH

SINGAPORE NATIONAL AGE GROUP 2019 - JUNIORS

Nine SGCC swimmers competed in the Liberty Insurance 50th Singapore National Age Group 2019, held at the OCBC Aquatic Centre from 15 to 17 March 2019. One SGCC swimmer, Phoebe Ng Yan Yi, was second in the Girls' 12 years old 50m Breaststroke and 100m Breaststroke. Congratulations to Phoebe for her outstanding achievements, and kudos to the other SGCC swimmers for putting in a strong performance!



Swimmers and Parents at OCBC Aquatic Centre.



Coach Ginyu with Phoebe Ng.

TCA JUNIOR CHESS OPEN CHAMPIONSHIP 2019

SGCC once again hosted this annual tournament — the 17th consecutive year we have done so! The event, held in the Kensington Ballroom on 19 April 2019, attracted a total of 232 participants. While refreshments were provided for all participants and their parents, and prizes were awarded to the top players, we also put up a magic show to keep the young ones engaged.



Prize Presenter Audrey Lim and Convenor Ronnie Ng with the U10 Category winners



Prize Presenter Rita King and Convenor Ronnie Ng with the U8 Category winners



Prize Presenter Choo Chia Vi and Convenor Ronnie Ng with the U12 Category winners

SNOOKER OPEN 2019

This year's event saw 17 competitors gather on 24 March 2019 in the Billiard Room. The competition format consisted of best of three frames for the initial rounds, best of five frames for the semi-finals, and best of seven frames for the finals.



Champion David Lee with Prize Presenter Emrys Phua





Second-placed Simon Yang with Prize Presenter Emrys Phua



Joint third-place winner Eden Tan with Prize Presenter Emrys Phua

41ST INTER-TEAM BOWLING MIXED LEAGUE

After 21 weeks of intense competition, the 41st Inter-Team Bowling Mixed League concluded on 20 March 2019, with eight teams battling it out. The winning team was Just Bowl, while Break Free and Star Bowlers emerged as the runner-up and second runner-up respectively.

We would like to thank the following team captains, whose

contributions were vital to the success of the league: Catherine Chua (Bowling Buddies), Chaw Wai Har (Fantastic Forces), Elena Chua (Ace Bowlers), Jason Ng (Just Bowl), Celestine Chng (Break Free), Benedict Sim (Dream Team), Winnie Ng (Star Bowlers) and Debbie Woon (Juke Bowl).

For the Masters events, the most exciting game was between Lee How

Wang and Thomas Koh, who were bowling on a scratch basis. They were neck-and-neck for most of the game, and Lee eventually pipped Koh by a narrow margin of four pins.

The prize presentation saw 40 people turning up, including SGCC's Vice-President, Mr Benjamin Wong.

The full results for the Masters events are as follows:

SCRATCH	CHAMPION	RUNNER-UP	SECOND RUNNER-UP
Men's Category	Lee How Wang – 1,504	Thomas Koh – 1,500	Alex Chua – 1,483
Ladies' Category	Catherine Chua – 1,410	Winnie Ng – 1,338	_









W/ECP	CHAMPION	RUNNER-UP	SECOND RUNNER-UP
Men's Category	Ang Leu Khim – 1,576	Lee Ah Poy – 1,500	Lee Chew Wha – 1,523
Ladies' Category	Lynette Tan – 1,489	Elena Chua – 1,346	_





4TH SENIOR INTER-CLUB BOWLING MIXED LEAGUE

We are proud to announce that SGCC is the overall champion at the 4th Senior Inter-Club Bowling Mixed League — the fourth consecutive year that we have won the title! In addition, Mr Lee How Wang, a regular at our bowling alleys, came in second in the Masters (Men) category.

On the same day, SCC organised a Beatles-themed victory dinner. Not content with just winning the bowling prizes, our members also showcased their vocal chops and brought home the top two prizes in the singing competition: Mr Joseph Tan came in first, while Mr Ang Leu Khim came in second. We would

like to extend our congratulations to all our senior bowlers — long may our reign continue!

This year's tournament, which was held on 10 March 2019, was organised by Seletar Country Club (SCC). Besides SCC, Singapore Recreation Club (SRC) also participated in the league.



SGCC SQUASH TRIP TO MELAKA

From 26 to 28 April 2019, squash players from SGCC were in Melaka to play friendly matches with junior players from Nic's Squash Academy. They had an unforgettable and enjoyable time playing and interacting with the kids of all ages at the Tiara Golf & Country Club squash courts. The children's enthusiasm and youthful vigour definitely gave our adult squash players a good workout. It was a lovely trip, and our squash players are definitely looking forward to seeing them again next year.





ONE-DAY TENNIS

Over the course of three Saturdays in March and April 2019, a total of 29 tennis players competed in three different categories of blind doubles. In this unique competition format, each player gets to team up with different partners, and the player who wins the most number of matches will be crowned champion. The full results are as follows:

LADIES' BLIND DOUBLES (30 MARCH 2019)

Champion: Ng Sook Zhen Runner-up: Jules Murphy MEN'S BLIND DOUBLES (6 APRIL 2019)

Champion: Chiam Heng Yong Runner-up: David Foo MIXED BLIND DOUBLES (13 APRIL 2019)

Champion: Boutin Xavier & Nancy Choo

Runner-up: Vincent Loret & Celine Estrada









TENNIS JUNIOR CHAMPIONSHIP

On 23 March 2019, 62 children assembled at our tennis courts to participate in the Tennis Junior Championships. The competition was organised from the youngest category (8 Years & Under) to the oldest category (14 Years & Under). Despite their youth, the children were unafraid to showcase their skill, enjoying the competition and camaraderie thoroughly. We would like to thank Royal Sporting House for sponsoring products from Wilson as prizes for this championship. The full results are as follows:

8 YEARS & UNDER

Champion: Kingsley Lin Runner-up: Lucas Yeo

Joint Third Place: Kyra Lee &

Megan Kuah

Plate Champion: Kirsten Kuah

Plate Runner-up: Constantin Philippsen

10 YEARS & UNDER (DIVISION A)

Champion: Asher Ong Runner-up: John Yap

Joint Third Place: Luke Ong &

Megan Lim

10 YEARS & UNDER (DIVISION B)

Champion: Marianne Tan

Runner-up: Victor Caudreliez

Joint Third Place: Brigitte Chia

& Bachelier Jean

Plate Champion: Kingsley Lin Plate Runner-up: Kieran Yam

12 YEARS & UNDER (DIVISION A)

Champion: Brandon Lim Runner-up: Evan Yeo

Joint Third Place: Nicholas Soe Moe & Elijah Ding

Plate Champion: Fabian Koh

Plate Runner-up: Janelle Wong

12 YEARS & UNDER (DIVISION B)

Champion: Theotime Verspieren

Runner-up: Isabel Ong

Joint Third Place: Elsa Koh &

Claire Chan

Plate Champion: Ashleigh Pereira

Plate Runner-up: Brigitte Chia

14 YEARS & UNDER

Champion: Seth Wong Runner-up: Brandon Lim

Joint Third Place: Evan Yeo &

Jon Tan

Plate Champion: Bryan Yap

Plate Runner-up: Oscar Caudreliez









COUNTRY & WESTERN NIGHT WITH LEONARD AND THE COUNTRY RIDERS

Members indulged in their inner cowboy and cowgirl as they donned their hats and boots on 8 March 2019 for Country & Western Night.

The band for the night, Leonard And The Country Riders, provided a string of country & western hits while Members socialised and relaxed. Some of the more adventurous ones even got onto the dance floor to take part in line dancing and other social dances.







Leonard And The Country Riders

Leonard And The Country Riders was founded 20 years ago by lead singer Leonard De Cotta. Backed by a group of handpicked musicians, the band performs a wide variety of music, from Classic Country and Western Swing to Rockabilly, Outlaw Country, and hard driving Honky Tonk! Leonard and his bandmates pride themselves on their ability to "bring back to life" the sound and feel of real, ol' country music.

WILD WILD WEST WITH MATTHEW AND THE MANDARINS

The country spirit continued on 23 March 2019.

Acclaimed country & western band Matthew And The Mandarins — who gave us the hit 'Singapore Cowboy' — serenaded Members who had gathered at Club Twenty-Two for a buffet dinner.

Apart from the wonderful dinner and music, the best dressed cowboy and cowgirl walked away with attractive prizes!

Matthew And The Mandarins

Formed in 1961 by Matthew Tan,
Matthew And The Mandarins has
performed in Canada, Hong Kong,
Indonesia, Japan, Malaysia, Thailand and
the United States. They released several
albums throughout the 1970s, and are best
known for their hits 'Singapore Cowboy'
and 'Let's Put the Sing in Singapore'
— songs that are still widely
requested today.









EASTER DANCE PARTY WITH SOUND SENSATION

Easter is not just about bunnies and egg hunts!

SGCC Members spent their Easter Sunday enjoying a buffet spread at Club Twenty-Two on 21 April 2019. With lively music provided by Sound Sensation, it was not long before Members got to their feet and danced the afternoon away. With the spins and turns that took place on the dance floor, it is obvious that there are many avid dancers among our Members!















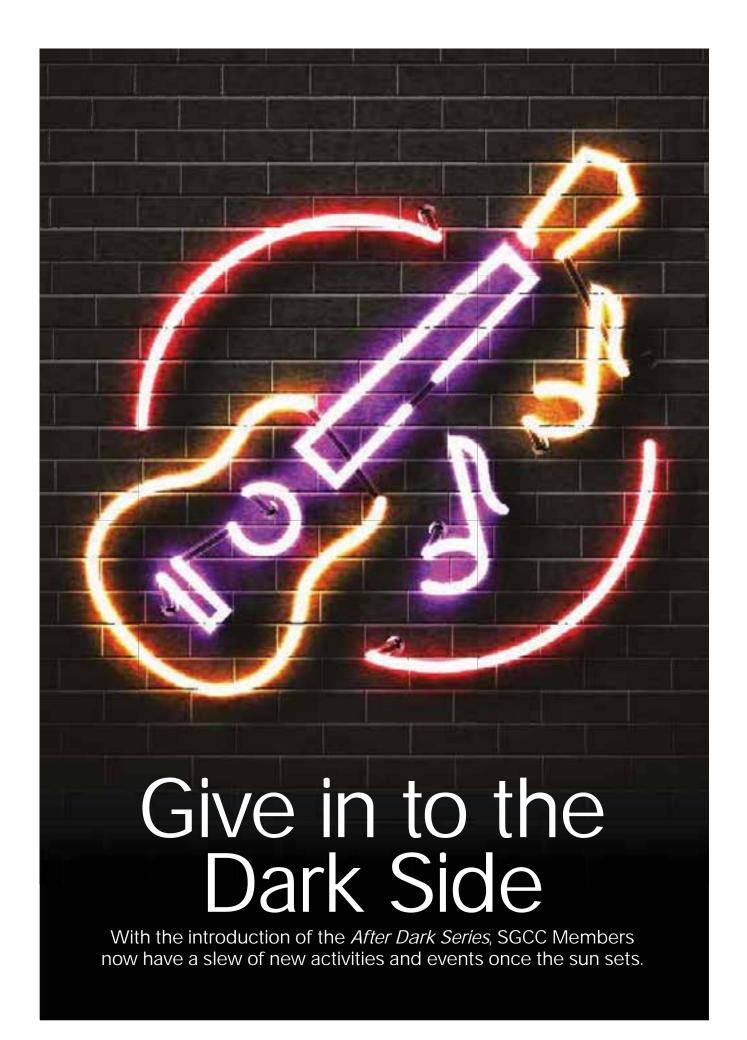


WINE DINNER WITH TREASURY WINE ESTATE BRAND AMBASSADOR

The Brand Ambassador of Treasure Wine Estate, Kate Rowe, visited SGCC to give Members tips on pairing wines with food. This took place on 29 March 2019 at the Garden Grill.

The meal started with salads and fruits paired with PW Autumn Riesling. This was followed by crab meat ravioli and a glass of Beringer Private Reserve Chardonnay. Next, diners chose between barramundi fillet and braised pork ribs for their main course, which was paired with Stags' Leap Napa Valley Merlot. Kate recommended the Midge Crémant sparkling wine to go with a dessert of fruit tarts, which closed the dinner on a sweet note.

Apart from a most satisfying meal, diners left with a more cultivated palate and a new appreciation of the finer points of food and wine pairing.



n its effort to continuously provide Members with a wide variety of activities that cater to different preferences, Serangoon Gardens Country Club (SGCC) launched the *After Dark Series* in April 2019. The series was created to accommodate headlining activities within the club after 7pm.

"SGCC seems to take on a very different character once the sun sets, and the *After Dark Series* was conceived to embrace that character," says Garry Moss, Marketing and Communications Manager of SGCC. "The great thing about this series is that it can take on any form, with the intention to provide a different atmosphere and experience for Members and guests other than what they have been used to. Most importantly, we wanted something that would add more value to the membership."

Although SGCC already organises several staple events and activities, the Club was interested in finding a way to inject something different in the mix, events and activities that have been unexplored, or one-off events that it knows will draw interest from Members.

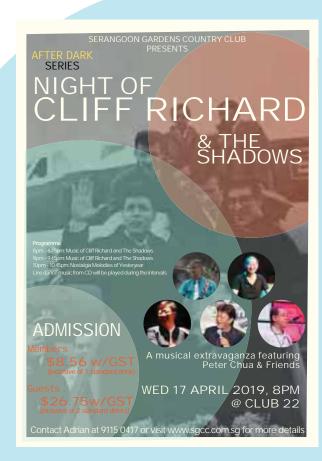
THE KICKOFF EVENT

The series started off on 17 April with Night of Cliff Richard & The Shadows. The discography of Richard must be a hot favourite among members, as the event was sold out in less than a month. The popularity of the event was enhanced by the fact that the songs that night were performed by Peter Chua And Friends.

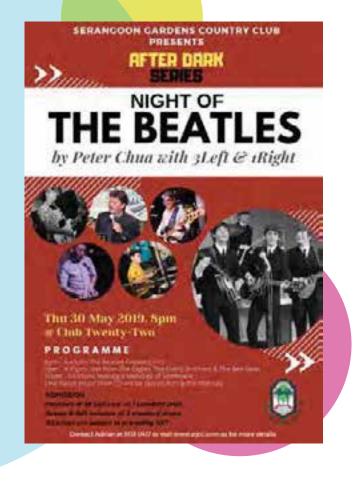
Peter Chua has been a crowd favourite in the local band scene since the 1970s. He took part in *Talentime* — a local talent show that was broadcast on television — in 1976, 1978, and

SGCC seems to take on a very different character once the sun sets, and the *After Dark Series* was conceived to embrace that character.

1980. Chua's charismatic stage presence and unforgettable voice has seen him accrue quite a following over the years. Members love reliving the era of great local bands from those days, and Peter Chua And Friends became a natural choice to kick-start the first event in the *After Dark Series*.



Posters were created for the various events in the After Dark Series



Buoyed by the warm response to that inaugural event, the club then organised a *Night of The Beatles* on 30 May, performed by Peter Chua with 3Left & 1Right. With Members obviously loving oldies but goodies, the band threw in selected hits by The Eagles, The Everly Brothers, and Bee Gees in the second set of the night. This event proved to be as popular as the first: there was a big turnout, with Members inviting more guests.

UP NEXT

The third event in the *After Dark Series* will be held on 14 June

to coincide with the Father's Day weekend. To be held in Club Twenty-Two, this is another concert featuring dance music from the band, The Rangers. They are known for their ability to get you moving on the dance floor in any genre. So if you like to sway to cha cha, waltz, tango, rock and roll, or country rhythms, book your spot now.

The music continues in the latter half of June with a performance by Crozzroads with Billy Das on 27 June at Club Twenty-Two. While Das is known for playing country music, he will include some pop and rock in the set as well. Furthermore, line

dancing aficionados will get to dust off their cowboy boots as recorded line dancing music will be played in between sets

The most ambitious event in the After Dark Series to date will take place on 12 July. This is a one-of-a-kind dining event entitled Open House. The event will feature a five-course meal prepared by two guest chefs and one mixologist. And one partakes the courses at four separate locations within the club. The concept is to let the different courses take you on an experiential tour of Serangoon Gardens Country Club.



The event will feature a fivecourse meal prepared by two quest chefs and one mixologist. And one partakes the courses at four separate locations within the club. The concept is to let the different courses take you on an experiential tour of Serangoon Gardens Country Club.



The After Dark
Series team hopes
that Members and
guests will be open
to new experiences;
if they haven't
attended any event
in the After Dark
Series, then they
should pop by
and check out at
least one

To add to the fun, diners will get to go on a mini adventure for the dessert course. They will have to choose between 'Play' or 'Watch'. Each choice will result in them engaging in a fun activity while enjoying their dessert at different venues within the club. Choosing 'Play' will result in you engaging in some games while you enjoy your dessert; choosing 'Watch' will lead to you watching a performance

as you savour your dessert. The gastronomic adventure will wrap up with a nightcap at Club Twenty-Two, where diners can dance the night away to tunes by a guest band.

TAKE NOTE

At the point of writing, some details of *Open House* have yet to be confirmed. As such, members will have to watch out for future club publicity for further details as well as prices for the event.

The After Dark Series team hopes that Members and guests will be open to new experiences; if they haven't attended any event in the After Dark Series, then they should pop by and check out at least one. With more encouragement from attendees, the team hopes to create more interesting programmes in the future.

After Dark Venues

Recently, Club Twenty-Two and Crossroads Lounge underwent a revamp. In the past, they shared a similar identity, whereby both venues featured live bands and alcohol.

To make better use of the space, Club Twenty-Two will now be the venue for all live band performances and concert series, while Crossroads Lounge has been designated as SGCC's meeting spot, where members and guests can enjoy a comfortable and relaxing atmosphere to meet and hang out.



Crossroads Lounge will also include a slew of new activities — from a nostalgia hour called *Rewind*, hosted by Singapore's evergreen DJ Larry Lai, to afternoon high tea and other complementary activities.

From June, the club will be introducing movie screenings at Crossroads Lounge.

On Thursday afternoons from 2.30pm, old Hollywood classics will be screened, leading up to *Rewind*. On weekends, there will be screenings of family-friendly movies. Children accompanied by an adult will thus be allowed to enter Crossroads Lounge before 7pm.





Those who prefer to stay dry can remain in the lobby, where there will be a *Multi-Colourism* play area, an activity space — filled with icons of Singapore and SGCC — that is completely white. Visitors will get a chance to paint and paste colourful stickers around the play area in any way they wish. As the lobby goes dark around 7.30pm and the lights are switched on, the play area will glow in a galaxy of colours.

Health enthusiasts will also be catered for with yoga activities by SOULSCAPE Asia; this will take place near the lobby. There will be separate sessions for kids, young adults, and the elderly. There will also be complimentary health and wellness talks covering a variety of topics, such as podiatry, chiropractic treatments, and paediatric counselling.

Foodies should gather at the Atrium Café in the evening. This is because they will get to try a chilli crab-inspired burger meal! This is in partnership with The Golden Duck, which will be introducing its latest Singapore Chilli Crab Seaweed Tempura Chips alongside the meal — Uniquely Singapore, indeed!

4 August, Sunday

After a day with lots of food and drinks, it is time to work off the calories.

On this day, SGCC's Sports and Recreation Team will bring members to the iconic Gardens by the Bay for a big walk. Two-way transport between SGCC and Gardens by the Bay will be provided. Please be at the club lobby by 7.30am.

The event is FREE and open to Members. Most of the outdoor activities are free for Members, but a ticket is required for entrance to certain play zones.



 A goodie bag with a free T-shirt to be worn on 4 August during the Big Walk (collection on 4 August from 7am).

For inquiries or ticket bookings, please contact Dawn Lee at dawn_lee@sgcc. com.sq or call 9105 7261.





Striking Gold

SGCC has got itself a bona fide world champion!

Meet 15-year-old Arianne Tay, who won the World Junior Bowling Championship title in Paris in March.

inning a gold medal at a major international competition five years after picking up a sport seems like a stretch for most, but that was exactly what Arianne Tay did.

The 15-year-old recently flew to Paris and won gold at the inaugural World Junior Bowling Championship in March, scoring a comfortable win of 230 pinfalls compared to 190 pinfalls by her nearest competitor, Peppi Konsteri, from Finland.

Reflecting on her experience, Tay sees this as a big milestone for her. "Being able to win the world junior title feels a little surreal to me as this is the first major title that I have ever gotten," she shares. "In order to win gold, I had to be in the top three to advance into the semi-finals. At first, I didn't know if I could even get into the top three. But once I was in the semi-finals, I had the goal of bringing the gold medal home, even though I knew it was difficult due to the stiff competition. At the finals, things were really looking up for me and I won. I really couldn't believe it."

Picking a CCA

Tay first picked up bowling because her older sister, Arielle, is a bowler in the school team. "I didn't really think of bowling as a possible co-curricular activity in school. But I am grateful that I joined bowling with my sister; the support from my parents, siblings and coaches definitely enabled me to develop a passion for the sport after playing for a period of time," she says. Both siblings have since joined the national bowling team.

Their family joined SGCC in 2015 because the club was close to their home, and the girls were looking for an accessible bowling alley nearby. Tay credits her achievements to her formative experience at SGCC's Youth Bowling Team. "Coach John has definitely built a very strong foundation for my bowling, which played a very big part in me being able to join the national team."

A quiet confidence

Despite her general disbelief over her win, there is a strong underlying sense of ambition and drive that explains her achievement. From the get-go, bowling was never just a hobby for her - she had always wanted to try out for the national team, and participated in the try-outs when she was 12.

Additionally, her hectic schedule, which consists of going to school until 2.30pm then training from 4pm-6pm (or 7pm–9pm if she has extra lessons in school) never seems to faze her. "I just have to plan my time well, and try not to procrastinate too much. I'll have to make some sacrifices, like not being able to go out with friends or missing breaks to catch up with school work, but that is ok," Tay reveals.

You will never know if it will work out unless you keep trying.

More tournaments

Tay has also set her sights on more competitions. "I aim to participate in more major competitions. If I'm able to win them, that would be a bonus!" she states.

Apart from a strong work ethic, she believes that a good bowler must have sportsmanship, be a good team player, and be humble. As for advice to aspiring bowlers: "Just go for it! Before joining bowling, I would never have expected to be a bowler. But now, I am in the national team. You will never know if it will work out unless you keep trying."

SGCC offers a range of bowling coaching programmes for social, junior and adult bowlers. We have in-house leagues such as the Mrs Lim Hwee Hua Bowling Challenge, Junior Bowling Championship, Senior Bowling, and Quarterly Bowl to create opportunities for bowlers to improve their skills. The club's bowling team trains frequently and participates in inter-club competitions, such as the Adult and Youth Inter-Club Bowling Mixed League.

For more information on classes and events, please refer to our round-up of upcoming Sports & Recreation events, starting from page 30.

Makan, Joget & Music: Celebrating SGCC's 64th Anniversary

In a rapidly-changing Singapore, it is remarkable that Serangoon Gardens Country Club was founded a decade before the nation's independence. To celebrate its 64th anniversary, the club arranged a full Peranakan experience for Members and guests from 26 to 28 April 2019. [continued on page 26]





In his thank-you letter (above), Mr David Macey said, "He (referring to SGCC's founder Mr S C Macey) would be immensely proud of what your Members have created. Thank you for what you have achieved and grown from the original bequest."



JUNE 2019

			JUNE 2019			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					The Best of Scottish Recipes Garden Grill 12pm & 6pm (whole month except 8, 9, 15 & 16 June) Saturday Night Live with Locomotion Club Twenty-Two	2
•	•		•		8pm	ANT STATE
3	4	Hari Raya Puasa	6	7	8	9
		Raya Dance Party with Live Band Club Twenty-Two	Rewind with Larry Lai Crossroads Lounge	Introduction to DIY Drone Carnation Room 1pm	Father's Day Celebration Garden Grill 12pm & 6pm	Father's Day Celebration Garden Grill 12pm & 6pm
		12pm Social & Ballroom Dance Nite with DJ Dennis Goh Club	4pm	Lynn And The Lovebirds Club	Saturday Night Live with Locomotion Club Twenty-Two 8pm	
		Twenty-Two 8.30pm		Twenty-Two 8pm		<u> </u>
10	Musical Afternoon	12	Rewind with Larry Lai Crossroads	Candle-Making Workshop Clover Room	Father's Day Celebration Garden Grill	Father's Day Celebration Garden Grill
	Twenty-Two 2pm		Lounge 4pm	2pm	12pm & 6pm	12pm & 6pm
		Social & Ballroom Dance Nite with DJ Dennis Goh Club Twenty-Two 8.30pm		After Dark Series: Father's Day Special with The Rangers Club Twenty-Two 8pm	Father's Day Special Set Menu Atrium Cafe 12pm & 6pm Saturday Night Live with Locomotion Club Twenty-Two 8pm	Father's Day Special Set Menu Atrium Cafe 12pm & 6pm
17	Musical Afternoon Club Twenty-Two	19	Rewind with Larry Lai Crossroads Lounge	Automotive Car Workshop Carnation Room 2pm	Saturday Night Live with Locomotion	23
	2pm	Social & Ballroom Dance Nite with DJ Dennis Goh	4pm	2011	Twenty-Two 8pm	
		Twenty-Two 8.30pm		Lynn And The Lovebirds Club Twenty-Two 8pm	V Architely.	
24	25 Musical Afternoon Club Twenty-Two 2pm	Social & Ballroom Dance	Rewind with Larry Lai Crossroads Lounge 4pm Crozzroads with Billy Das	28	Saturday Night Live with Locomotion Club Twenty-Two 8pm	Special Line Dance Afternoon
		Nite with DJ Dennis Goh Club Twenty-Two 8.30pm	Club Twenty-Two 8pm		ARIAN	Club Twenty-Two 12pm

 $Information \ is \ subjected \ to \ changes \ without \ prior \ notice. For more \ updated \ Club \ happenings, log \ on \ to \ our \ online \ Events \ Calendar \ at \ www.sgcc.sg$

JULY 2019



 $Information \ is \ subjected \ to \ changes \ without \ prior \ notice. For more \ updated \ Club \ happenings, log \ on \ to \ our \ online \ Events \ Calendar \ at \ www.sgcc.sg$



Members came dressed in their Peranakan best for Founder's Day (far right and above right), while actor G T Lye (above) held court in an entertaining segment

Mr David Macey (right) giving a speech on the second day of the Peranakan Marketplace



Founder's Day Anniversary Celebrations and Peranakan Marketplace were organised in partnership with The Peranakan Association of Singapore







Founder's Day Anniversary Celebrations

On the evening of 26 April, the club's Kensington Ballroom was resplendently decked out with Peranakan motifs. While all the dining tables had batik runners, Members and their guests went one better and dressed up in their baba and nonya best.

The evening was made even more

special by the presence of Mr and Mrs David Macey. If the name rings a bell, that's because David is the son of the SGCC's founder, Mr S C Macey.

Helming the evening were emcees, Peggy Lee and Chan Eng Thai, who displayed their ample wit throughout the event. Chan, who is also a committee member of The Peranakan Association of Singapore, offered the attendees insights into the

Peranakan culture. Speaking in both Baba Malay and English, he explained the finer points of Peranakan cuisine as well as the cultural practices of the nonyas and babas. This was followed by an eight-course Peranakan feast prepared by celebrity chef Shirley Tay.

The highlight of the evening was definitely watching veteran actor G T Lye performing the role of a Peranakan matriarch. His inimitable stage presence and deep knowledge of the Peranakan culture make him a treasure of the Peranakan community, and certainly made wayang Peranakan (Peranakan theatre) come alive that night.

Celebrations are never complete without music, and that is even more so with the Peranakans, who have long traditions involving poetry and dance. The Peranakan Voices (TPV), led by Mr Francis Chia, provided much merriment with their wonderful voices. They even got members and guests to let their hair down, encouraging them to participate in the singing and *joget* with the group.

The music did not die down after TPV's segment. The Merillads continued the evening's entertainment, performing a wide repertoire of songs across the decades.

It was truly a night to remember as guests left the ballroom intellectually, culturally and gastronomically satisfied.

Peranakan Marketplace

For those who could not get enough of the Peranakan culture, a bazaar was organised in the main lobby of SGCC from 27 to 28 April 2019.

An array of goods were available for purchase. These included Peranakan homeware from 2 Peas in a Pot, kebayas from Billa Clothing, handcrafted bags by Pei Lin, and even herbal skin care products from PERA Skin Care. Fashionistas were also given a demonstration by Agnes Ng from TPAS on tying the sarong in multiple ways.

Foodies were also catered for, as they could try kueh chang (dumplings) from Rumah Kim Choo, sugie cake and pang Susie from Mary's Kafe, nonya chendol from Chendol Melaka, and nonya *kueh* from Bibik Caterers. There was even a cooking demonstration by chefs from The Peranakan Restaurant, who showed off the finer points of cooking Nasi Ulam and Apom Bok Kuah.

Shopping and Makan Trip to Melaka

Singapore is not the only place where the Peranakans settled. Melaka is also an important base for this culture. and about 60 SGCC travel junkies paid a visit to this city from 26 to 27 April 2019 to be in the heart of Peranakan culture.

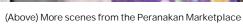
After settling down in the swanky Hattan Hotel, our intrepid travellers indulged in some retail therapy at Datarau Pahlawan Mall, Makota Parade, and Jonker Street. They also indulged their culinary cravings with delectable fare from the Peranakan Place.

The highlight of the trip was definitely catching the Encore Melaka Show. This was an immersive extravaganza, with lights, projections, music and dance. The audience sat on a rotating platform as the breathtaking show unfolded all around them.

On their way back to Singapore, the group made a pit stop at Yoyo Natural Food Products in Yong Peng, Batu Pahat, for them to stock up on natural food products.

Despite it being a rather short trip, it was an enjoyable and muchwelcomed break.













4D3N Cruise to Penang & Langkawi

Attention all travel addicts! Give in to your wanderlust and sign up for the SGCC-organised cruise from 6 to 9 October 2019. This includes a land tour around Penang — here are some pit stops you'd be making on this tropical island.



Cheong Fatt Tze Mansion

Popularly known as The Blue Mansion due to the its famous indigo-blue walls, the mansion was once owned by Cheong Fatt Tze, a shrewd businessman, politician, philanthropist and diplomat.

The architecture of the mansion is an embodiment of Cheong's exquisite taste in what the East and West can offer. Think Cantonese timber lattices, English Art Nouveau stained glass with Hokkien porcelain Chien Nien works, and Chinese calligraphy against *trompe l'oeil* timber beams.

The mansion not only offers an opportunity to snap pretty photos, but also allows you to step into the splendour of the past.

You can even stay in this gorgeous building — not only is it a historical attraction, it doubles as a four-star hotel.

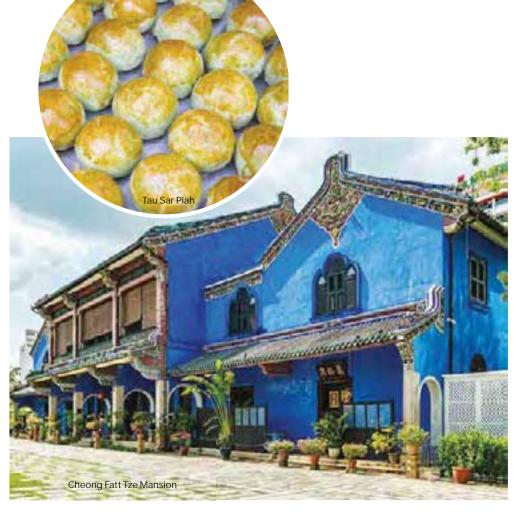
Penang Street Art

Home to some of the most striking street art in Southeast Asia, Penang invites all to appreciate the beauty of its street murals and installations. Most notable of these murals are the ones created by London-trained

Lithuanian artist, Ernest Zacharevic, whose artworks were specially commissioned by Penang's Municipal Council in 2012. His art spreads across Penang's city centre, specifically along roads like Muntri Street, Weld Quay, Lebuh Leith, Armenian Street, Ah Quee Street, and many more.

New World Park Hawker Centre

When you are in need of a boost after all that sightseeing, step into the famous New World Park Hawker Centre for all your gastronomical needs. Located on Swatow Lane,



which is off Burma Road, the hawker centre is a foodie's paradise, as you can get your famous local delights such as Hokkien mee, curry mee, and assam laksa. Those craving for Western fare are well catered for as well. Indulge in the best of both worlds, we say!

Make Your own Tau Sar Piah

Tau Sar Piah, a flaky pastry with green bean filling, is a well-known snack in this part of the world, and Penang arguably makes some of the best. On this tour, you will have the chance to make your own Tau Sar Piah. By the end of the session, you will receive four pieces of your own handiwork, and eight pieces from the shop where the session takes place.

Shopping for Locally Made Products

If Tau Sar Piah doesn't quite hit the spot, there are numerous other products, including food and wellness items, that are made in Penang. You'll be visiting a shop that retails a range of these locally made products.

The ship for this cruise is the Genting Dream, part of a fleet run by Dream Cruises. Genting Dream boasts 18 decks, 35 different concepts for wining and dining, six water slides, and all sorts of games and entertainment options on board!

So what are you waiting for? Book your tickets now! Prices for the trip are as follows:

	_TWIN SHARE*	TRIPLE SHARE*
Member	\$1,366.36 W/GST	\$1,179.40 W/GST
Child (below 12 years of age)	\$1,354.60 W/GST	\$1,167.60 W/GST
Guest	\$1,490.57 W/GST	\$1,286.60 W/GST

*Prices include transport from SGCC to Marina South Pier and vice versa upon return. Minimum number of participants: 35 pax.

Maximum number of participants: 35 pax.

100% charge upon booking.

First-come-first-served basis.

Contact Jean Lee at 6398 5383 or jean_lee@sgcc.com.sg

Penang Food

Of course, one cannot leave Penang without trying some of its famous hawker fare. Here are three recommendations that you die-die must try!

Penang Assam Laksa

A local specialty,
Penang assam laksa
is a sour and mildly
spicy noodle
dish served with
a broth that
typically contains
tamarind juice,
chilli paste,
lemongrass and
flaked fish. It's
available in almost any
coffee shop you pass! If
there's only one dish you

coffee shop you pass! If there's only one dish you try in Penang, make it this tangy delight.



Think you know the ins and outs of Singapore and Malaysian desserts? Think again. Prepare for a chendol experience you'll never forget. Easily recognisable by the sheer flock of tourists and locals queuing for a bowl, Penang Road Famous Teochew Chendol's namesake product needs no further explanation

everything is in the name. If you're a foodie with a sweet tooth, you will not want to miss this — trust us! The pushcart stall also serves other desserts.

Toh Soon Cafe

Undoubtedly a favourite breakfast spot among locals as well as tourists, Toh Soon Cafe is tucked down a little alley and is known for its local coffee and tea, eggs, as well as charcoal-toasted (yes, charcoal!) bread with butter and kaya. Small and delectable portions of their homemade nasi lemak are available, too.

COMPETITIONS

SGCC TENNIS TOURNAMENTS

Time to showcase your prowess with the racket. Sign up today! All players must be SGCC members.

MEN'S/LADIES' MASTER (AGE LIMIT: 45 YEARS)

17-29 June 2019

(ED DOUBLES (COMBINED AGE: 55 YEARS

8-21 July 2019

TIME 7.30pm onwards

FEES

Tennis Courts

\$10.70 w/gst per category (Members only)

MIN / MAX 16 / 32 participants

CLOSING DATES

Men's/Ladies' Master: 2 June 2019, Sunday Mixed Doubles: 23 June 2019, Sunday



CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg

SNOOKER CONVENOR CUP 2019

Calling all snooker players! The Convenor Cup is up for grabs again. Who will get to hold up the trophy this time?

1-13 July 2019

TIME

VENUE

1pm onwards

Billiard Room

FEE

\$10.70* W/GST (Members)

* Price includes lunch buffet

MIN / MAX 16 / 24 participants

CLOSING DATE 18 June 2019, Tuesday



CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

SGCC GOLF RECREATION CHAIRMAN CUP

Tee off in the Recreation Chairman Cup and stand to win attractive prizes!

DATE

19 July 2019, Friday

TIME 12pm onwards

Orchid Country Club

FORMAT Stableford

\$120.00* NETT (SGCC Golf Section Member with Union)

\$180.00* NETT (SGCC Section Member without Union)

\$130.00* NETT

\$190.00* NETT

(SGCC Member with Union)

(SGCC Member without Union)

\$110.00* W/GST (Guest with OCC memberships)

\$180.00* NETT

(Guest with Union)

\$240.00* NETT (Guest without Union)

\$50.00* NETT (SGCC Golf Section Member with OCC membership)

\$60.00* NETT (SGCC member with OCC membership)

* Prices include green and buggy fee, chances to win prizes in Ball sweeps, and NTP and lucky draws

MIN

28 participants

CLOSING DATE

5 July 2019, Friday



SGCC CHESS OPEN 2019

Test your strategic skills and be crowned the King and Queen of chess! The format for the competition is five rounds of 25 minutes a side.

27 July 2019, Saturday

VENUE

12pm-6pm

Casuarina Room

FEE

\$10.70* w/gst (Members)

* Price includes lunch

MIN 12 participants

CLOSING DATE 12 July 2019, Friday

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

30TH SGCC AGE GROUP SWIM MEET 2019

Think you can beat Joseph Schooling? Take part in this swim meet to see how fast you can go in the water!

28 July 2019, Sunday

12pm-6pm

VENUE

Swimming Pool

\$3.21 W/GST for the first two events registered; free for the third event onwards (Member)

\$10.70 W/GST per event registered (Guest)

CLOSING DATE

14 July 2019, Sunday





DARTS SC SHIELD

This is a Blind Doubles event, and format of play will be 501 Single In-Double Out (SIDO) and the Standard Cricket. In the event of a tie, the final and deciding tie-breaker will be in the 301 Double In-Double Out (DIDO) format.

13 July 2019, Saturday

TIME 2pm onwards **Darts Lounge**

(Member)

\$10.70 w/gst \$13.20 w/gst (Guest)

MIN / MAX 16 / 40 participants

CLOSING DATE 30 June 2019, Sunday

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg



SGCC FUN WALK 2019

Round up your friends and family for the SGCC Fun Walk 2019. Participants need to cover around 10.5km and will get a free event T-shirt and a goodie bag!

DATE 4 August 2019, Sunday	/	VENUE Marina Bay	
	FEE		
Free (Member)		\$10.70 w/gst (Guest)	
CLOSING DATE			

5 July 2019, Friday

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

DARTS 501 BLIND DOUBLES

Pit yourself against fellow members to see who is the most accurate while possibly making a new friend in this Blind Doubles event.

DA	TE	
3 August 2019, Saturday		
TIME	VENUE	
2pm onwards Darts Lounge		
FEE		
\$10.70 w/gst (Members only)		

CLOSING DATE 21 July 2019, Sunday



CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg



QUARTERLY BOWL

The next quarterly bowling tournament takes place in August. Sign up and see how many strikes you can hit in this 'Best of 10 Games' format.

DATE	VENUE
18 August 2019, Sunday	Gardens Bowl
CHECK-IN TIME	ROLL-OFF TIME
8.45am	9am
FI	EE
\$45.80 w/c	GST (Member)
MIN	CLOSING DATE
20 participants	1 August 2019, Thursday

CONTACT

Zaleha at 6398 5373 or recreation@sgcc.com.sg



ONE-DAY TENNIS COMPETITION

Saturday mornings don't get more fun than this. You will be paired with other attendees to play doubles matches. We will switch it up so you get to play with different partners, and perhaps gain new friends along the way.

LADIES' BLIND DOUBLES MEN'S BLIND DOUBLES 24 August 2019 17 August 2019

MIXED BLIND DOUBLES

31 August 2019

TIME VENUE Tennis Courts 8am onwards

> MIN/MAX 16/32 participants

CLOSING DATES

Ladies' Blind Doubles: 4 August 2019, Sunday Men's Blind Doubles: 11 August 2019, Sunday Mixed Blind Doubles: 18 August 2019, Sunday

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg

CLASSES

MUAY THAI WEEKEND TIME 9am-10.30am Saturdays-Sundays VENUE **SESSIONS** Aerobics Studio Unlimited \$112.35 w/gst \$123.59 w/gst (Member) (Guest) **ELIGIBILITY** MIN / MAX 6 / 20 participants 6 years old and above



AIKIDO

WEEKEND TIME Saturdays 4.30pm-5.30pm

> **VENUE** Aerobics Studio

\$56.18 w/gst

\$67.41 w/gst (Member) (Guest)

Note: Charges are for four lessons in a month. There will be additional charges if there are five lessons in a month.

ELIGIBILITY

MIN/MA

6 years old and above 6 / 20 participants

ABOUT THE TRAINER

George Chang Koon Chua is President and Chief Instructor of the Ueshiba Aikido Association. Officially recognised by the Aikido World Headquarters in Japan, he is a qualified Aikido instructor, and the only seventh Dan holder in Singapore. He is the Head Instructor of the Teaching and Grading Committee, and is authorised to conduct grading examinations of Aikido students. He has taught this form of martial arts in community centres, country clubs and other organisations in Singapore.

CONTACT

LEARN-TO-SWIM PROGRAMME

Run by Quattor Swim School, this programme structured according to the SwimSafer criteria. Students are trained and taught according to the requirements for different levels.

WEEKDAY SESSIONS

Mondays, Tuesdays, Thursdays: 4pm-5pm, 5pm-6pm, 6pm-7pm

WEEKEND SESSIONS

Saturdays-Sundays: 9am-10am, 10am-11am, 11am-12pm

Note: Free assessment will be conducted for new students (applies to fresh beginner) so as to stream students according to their abilities.

1 SESSION / WEEK

\$67.41 w/gst (Member) \$78.65 w/gst (Guest) Weekday \$89.88 w/gst (Guest) Weekend

2 SESSIONS / WEEK

\$89.88 w/gst (Member)

\$112.35 w/gst (Guest) Both sessions on weekday

\$123.59 w/GST (Guest) 1 session on weekday & 1 session on weekend \$134.82 w/GST (Guest) Both sessions on weekend

Note: The above fees are subjected to be prorated in the event of public holidays or if there is a fifth week in the month.



SWIMMING DEVELOPMENT PROGRAMME

Run by Quattor Swim School, the Development Programme caters to swimmers who wish to improve their competitive swimming knowledge and skills. It focuses on boosting stamina as well as the efficiency of a swimmer's stroke technique. This programme is a step up from the SwimSafer requirements, as swimmers will be trained to progress to a competitive level.



WEEKDAY SESSIONS

Mondays, Wednesdays, Fridays: 7.30pm-9pm

WEEKEND SESSIONS

Saturdays-Sundays: 10.30am-12pm

1 SESSION / WEEK

\$78.65 w/gst (Member) \$89.88 w/gst (Guest) Weekday \$101.12 w/gst (Guest) Weekend

3 SESSIONS / WEEK

\$101.12 w/gst (Member)

\$134.82 w/gst (Guest) All sessions on weekday

 $\$157.29\ \text{w/GST}$ (Guest) 1 session on weekday & 2 sessions on weekend $\$146.06\ \text{w/GST}$ (Guest) 2 sessions on weekdays & 1 session on weekend

Note: The above fees are NOT subjected to be prorated in the event of public holidays or if there is a fifth week in the month.

CONTACT

Julia Kong at 6739 5352 or recreation@sgcc.com.sg

JUDO FOR KIDS

LESSON

VENUE

Thursdays: 4.30pm-5.30pm

Aerobics Studio

FEE

\$89.88 w/gst per month (Member)

\$101.12 w/gst per month (Guest)

ELIGIBILITY

5 years old and above

MIN/MAX

6/20 participants

ABOUT THE TRAINER

Md Azfar Ali has a second Dan black belt. Trained as a coach at the Kodokan Judo Institute in Japan, under the ASEAN-Jita Kyoei Programme, he has been coaching for several years. He believes in focusing on fundamental skills development, and strives to make learning judo an enjoyable and enriching experience for learners of all ages.



CONTACT



TAEKWONDO

CLASS	WEEKDAY	CLASS WEEKE	ND	
Beginner	Fridays	Sparring Sunda	ys	
TIME		TIME		
6pm-7pm (For ages 4-6)		5.15pm-6.45pm		
FEE		FEE		
\$78.65 w/gst (Member)	\$89.88 w/gst (Guest)	\$85.60 w/gst \$96.30 w (Guest)	//GST	
CLASS	WEEKDAY			
Intermediate	Fridays			
TIN	ЛΕ			
7pm-7.45pm (For ages 6 and above) 8pm-9.15pm		VENUE FOR ALL CLASSES Aerobics Studio		
FEE		Note: All charges are for four lessons in a month. There will be		
\$78.65 w/gst (Member)	\$89.88 w/gst (Guest)	additional charges if there are five lessons in a month.		

ABOUT THE TRAINER

Patrick Tan has more than 37 years of Taekwondo coaching experience, includeing teaching stints in the armed forces, international schools, commercial gyms, private clubs, and other organisations. Equipped with a National Coaching Accreditation Programme (NCAP) Level 3 certification from Sport Singapore, he is also a Singapore Taekwondo Federation (STF) 7th Degree Black Belt, a STF-certified instructor (Poomsae and Kyorugi), a Kukkiwon-certified instructor, and a STF referee (Poomsae and Kyorugi). Under his training, some of our Members have emerged as champions in their respective categories in both National Kyorugi Championship and Inter-School Kyorugi Championship.



HATHA YOGA

WEEKDAY	TIME		
Mondays	7.30pm-8.30pm, 9pm-10pm		
WEEKEND	TIME		
Saturdays	3.15pm-4.15pm		
FEE			
\$67.41 w/gst	\$78.65 w/gst		
(Member)	(Guest)		
ELIGIBILITY	MIN / MAX		
6 years old and above	6 / 30 participants		

ABOUT THE TRAINER

Michael Choong is a freelance yoga instructor and personal trainer at several clubs, companies and community centres. He holds an International Diploma in Ashtanga Yoga. He is also certified in Therapeutic Healing Yoga and has attended the Sivananda Yoga Teacher Training Course.

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

VINYASA FLOW YOGA

Soothe your bodily tensions while improving flexibility and physical strength — sign up for classes in Vinyasa Flow Yoga today!

VENUE Aerobics Studio

Thursdays: 7.30am-8.30am, 9am-10am

\$67.41 w/gst (Member)

\$78.65 w/gst (Guest)

ELIGIBILITY

MIN / MAX 6 years old and above 6/30 participants

ABOUT THE TRAINER

Dawn Wong has been practising yoga for more than six years. She has teaching certifications in Pregnancy Yoga and Vinyasa Yoga. She believes it is most important to have a fun and safe practice, and encourages students not to be too hard on themselves on the mat. Her teaching emphasises proper alignment to build a strong foundation.



CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

FITNESS FUN PROGRAMMES

Maintain an active lifestyle and have fun at the same time with our wide range of fitness programmes:

DANCERCISE

Mondays: 10am-11am, Saturdays: 12pm-1pm

ABTSOLUTELY FABULOUS

Mondays: 11.30am-12.30pm

BODYBLAST

Wednesdays: 10am-11am

Thursdays: 7.45pm-8.45pm

ABTSOLUTELY SCULPTED

Fridays: 11.30am-12.30pm

POWERSTRETCH™

Tuesdays: 7.45pm-8.45pm Wednesdays: 7.45pm-8.45pm Fridays: 10am-11am Saturdays: 1.45pm-2.45pm

VENUE

Aerobics Studio

1 LESSON / WEEK

2 LESSONS / WEEK

\$61.79 w/gst (Member)

\$84.26 w/gst (Member)

3 LESSONS / WEEK

4 LESSONS / WEEK

\$101.12 w/gst (Member)

\$117.97 w/gst (Member)

Note: An additional monthly charge of \$22.47 w/GST will be imposed for guests.

AD HOC / TRIAL SESSION (PINK FORM)

\$21.40 w/gst per session (Member)

\$26.75 w/gst per session (Guest)

Note: Applicable for monthly registered students to use for CLASSES THAT ARE FULLY SUBSCRIBED (as per monthly schedule posted on the notice board) and to non-monthly registered members and guests.

INCENTIVE AD HOC FOR NON-FULLY **SUBSCRIBED CLASSES (WHITE FORM)**

\$10.70 w/gst per session (Member)

\$16.05 w/gst per session (Guest)

Note: Applicable for class that are NOT FULLY SUBSCRIBED (as per monthly schedule posted on the notice board) and for CURRENT MONTHLY REGISTERED students and guests. Each guest under INCENTIVE ADHOC must be billed to the respective member who signed her/him up for the monthly class



ABOUT THE TRAINERS

Derrick Ee (PowerStretchTM, Bodyblast, Dancercise, ABTsolutely Fabulous, Jazz4U) has been the Chief Aerobic Instructor of the club since 2000. He is a multi-disciplined and talented dancer, choreographer, dance and fitness instructor with more than two decades of experience. James Shaw (ABTsolutely Sculpted) has been in the fitness industry since 1982, teaching group exercises as well as conducting personal training. He has taught in various countries, including Singapore, Thailand and the USA.

CONTACT



CHESS LESSONS FOR ALL LEVELS

LESSON

VENUE

Saturdays: 1pm-2.30pm

Clover Room

FEE

\$89.88 w/gst (Member)

\$101.12 w/gst

Note: Charges are for four lessons a month. There will be an additional charge if there are five lessons in a month.

ELIGIBILITY

MIN

6 years and above; adults are welcome 4 participants

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

ABOUT THE TRAINER Lincoln Yap is a FIDE (Federation Internationale des Echecs - World Chess Federation) instructor and International Arbiter (IA). He is an experienced chess coach who has been accredited by the Singapore Chess Federation (SCF) and is a qualified trainer of the Singapore National Junior Squad. He is also MOE-registered and teaches regularly at SCF and at various schools in Singapore and the Philippines.

ADULT GROUP COACHING TENNIS PROGRAMME BY ACES TENNIS

CLASS

Beginner

LESSON

Saturdays: 3.30pm-5pm

CLASS

Intermediate

LESSON

Mondays: 7pm-8.30pm, 8.30pm-10pm

CLASS

LESSON

Ladies' Intermediate

Fridays: 8am-9.30am, 9am-10.30am

\$148.30 w/gst

\$165.15 w/gst

(Member)

(Guest)

Note: Charges are for a cycle of four lessons a month.

There will be additional charges if there are five weeks of lessons a month.

VENUE

Tennis Courts

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg



JUNIOR GROUP COACHING TENNIS PROGRAMME BY ACES TENNIS

CLASS

Monster Tennis

LESSON

Mondays: 4.30pm-5.30pm, Saturdays: 6pm-7pm

CLASS

Little Stars - Red

LESSON

Mondays: 4.30pm-6pm, Wednesdays: 4.30pm-6pm

CLASS

Little Stars - Orange

LESSON

Tuesdays: 6pm-7.30pm, Wednesdays: 4.30pm-6pm

CLASS

Future Stars - Green

LESSON

Tuesdays: 4.30pm-6pm, Fridays: 4.30pm-6pm

CLASS

Junior 1 (Lower Intermediate)

LESSON

Mondays: 5.30pm-7.30pm

CLASS

Junior 2 (Intermediate)

LESSON

Wednesdays: 6pm-7.30pm

CLASS

Junior 3 (High Intermediate)

LESSON Tuesdays: 7.30pm-9pm

CLASS

Advanced

LESSON

Sundays: 10am-12pm

FEE (MONSTER TENNIS)

\$98.87 w/gst (Member)

\$115.72 w/gst (Guest)

FEE (LITTLE STARS-JUNIOR 3)

\$148.30 w/gst (Member)

\$165.15 w/gst (Guest)

FEE (ADVANCED)

\$197.74 w/gst (Member)

\$220.21 w/gst (Guest)

Note: Classes will be held at the tennis courts.

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg



SQUASH TRAINING PROGRAMME

This programme is open to players from absolute beginners through to those who have played squash previously, but would like to get back into the game.

INDIVIDUAL LESSON FEE

\$85.60 w/gst per hour (Member)

GROUP LESSON FEE (2-4 PAX PER GROUP)

\$128.40 w/gst per hour

Note: Additional \$16.05 w/GST per guest. Fees do not include court bookings.

ABOUT THE TRAINER

Allan Chang is a certified squash coach with more than 20 years of experience.

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg



COOL WATER WORKOUT

Hate feeling all hot and sticky while exercising? Then aquatic exercise and therapy is for you. To achieve a zero-impact workout, students run, walk, twist or bend while being suspended in the deeper end of the swimming pool. This is suitable for people of all fitness levels. Cool Water Workout is the coolest way to keep fit!

LESSONS

Mondays: 8.30am-9.30am, Tuesdays: 7pm-8pm Thursdays: 8.30am-9.30am, 7pm-8pm

ELIGIBILITY

16 years and above

FEE

 $\$67.41^*$ w/gst once a week per month (Member)

 $\$112.35^*$ w/gst twice a week per month (Member)

 $\$84.26^*$ w/gst once a week per month (Guest)

\$129.20* w/gst twice a week per month (Guest)

 \star Prices not inclusive of a personal welt belt, which must be purchased for the class.

ABOUT THE TRAINER

Pamela Sahai holds a Physical Fitness Specialist Certificate majoring in Aerobics Dancing, and Professional Certificate in Deep Water Workout from Columbia Southern University. She has taught aerobics, aqua aerobics, and Deep Water Workout in country clubs, private organisations, and condominiums.

CHINESE MARTIAL ARTS

Learn a variety of Chinese martial arts, such as Taiji, Xingyi boxing, and Bagua Palms under the watchful eye of Master Ngiam Tong Kheng.

LESSON

Sundays: 2.15pm-3.45pm

VENUE

Aerobics Studio

FEE

\$101.12 w/gst (Member) \$117.97 w/gst (Guest)

ABOUT THE TRAINER

Master Ngiam Tong Kheng has more than 50 years of experience imparting his knowledge of the various Chinese martial arts. He holds a World Tradition Martial Arts Union Ninth Dan, and is an International Wushu Judge (International Wushu Federation).



TAIJIQUAN (BEGINNER)

Taijiquan is an excellent exercise for one to keep fit and healthy. Its movements are gentle and slow, and it focuses more on developing the mind rather than the body. It is believed that prolonged practice can help one cultivate a gentle and amiable character. The class will teach techniques in 37 Yang-Shi Taijiquan, Taiji broad sword, and sword.

LESSON Sundays: 8am-9am VENUE

Car Park Area (Palm Wing)

<u> FEE</u>

\$146.06 w/gst for 12 sessions (Member)

\$168.53 w/gst for 12 sessions (Guest)

ABOUT THE TRAINER

Lee Bar Chwee is a qualified Taiji instructor and personal trainer. He has developed his knowledge in Taiji for more than 50 years, and has conducted classes in community clubs, country clubs as well as private organisations.



TABLE TENNIS (PRIVATE COACHING)

Hone your skills in this fast-paced sport through private coaching.

VENUE

Squash Court 4

INDIVIDUAL FEE

\$44.94 w/gst per hour (Member)

GROUP FEE (2 PLAYERS)

\$56.18 w/gst per hour

Note: Additional \$10.70 w/GST per guest. Fees do not include court bookings.

ABOUT THE TRAINER

Registered with the National Coaching Accreditation Programme (NCAP Level 1), Nicholas Chee has been playing the game since 1977, and has given personal and group coaching for kids and adults since 2000.



WATERBABIES (PRIVATE COACHING)

Allow your little one to experience the joys of being in the water with this course. This is a one-on-one session for children between six and 42 months old. Each child must be accompanied by a parent.

VENUE

Swimming Pool

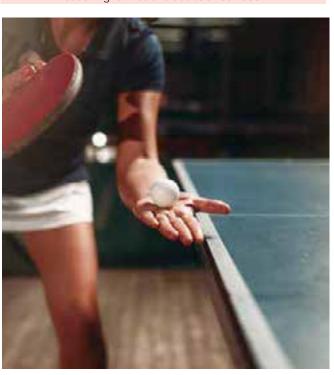
FEE

\$134.82 W/GST for 4 sessions @ 10mins per session

Note: Additional guest charges of \$5.35 w/GST per weekday and \$8.56 w/GST per weekend

ABOUT THE TRAINER

Barbara Lina Lei has been coaching multi-sensory swimming programmes for kids since 1999.



CONTACT

The Best of Scottish Recipes

Indulge in the best that the Scottish Highlands can offer this June.

1-30 June 2019 (except 8, 9, 15 & 16 June)

Daily: 12pm-3pm, 6pm-10pm (Last order: 30 minutes before closing)

Fees: 3-course set from \$18.80 per person 4-course set from \$23.80 per person

\$2.50 discount for Students and Senior Members (55 years old and above)

All prices subject to prevailing GST



SET MENU

APPETISER

Scotch Egg

Breaded sausage ball stuffed with hard-boiled egg. Served chilled with drambuie-flavoured mustard sauce.

10

Smoked Salmon

Accompanied by ginger plum sauce.

or

Smoked Salmon Omelette with Watercress Cream

SOUP

Cock A Leekie Soup

Prepared with fowl, onion, thyme, leek and long-grain rice, and garnished with chopped parsley and stripped prunes. This soup has been mentioned as early as the 16th century.

Scotch Broth

Prepared with finely diced mixed vegetables, lean mutton and barley, and flavoured with fresh rosemary.

MAIN COURSE

Barramundi in Oatmeal

Two staple ingredients of Scottish diet in one delicious dish.

or

Wild Salmon with Whisky Sauce

A great way of getting the special taste of wild salmon from the famous river of Tweed.

or

Casseroled Honey Lemon Spring Chicken

or

Veal Collops**

This recipe has been cooked in Scotland for a very long time. It consists of veal escalope cooked in white wine, lemon peel, veal stock, low-fat cream, egg yolk and mace.

or

Steak "Auild Reekie" **

Fillet of Aberdeen Angus steak cooked with whisky and wild mushroom sauce.



DESSERT

Raspberry & Whisky Cheesecake

A chilled cheesecake made with two ingredients for which Scotland is well known: whisky and raspberries.

or

Drambuie Liqueur Ice Cream

Served with Scottish shortbread.

Surcharges for Garden Grill

Items indicated with single, double and triple asterisks are subject to the following surcharges: * \$4 / ** \$8 / *** \$12

Contact Garden Grill at 6398 5313

All-American Cuisine

In honour of the US' Independence Day on 4 July, our July menu will feature all-American favourites that will leave you wanting more.

1-31 July 2019

Daily: 12pm-3pm, 6pm-10pm (Last order: 30 minutes before closing)

Fees: 3-course set from \$18.80 per person

4-course set from \$23.80 per person \$2.50 discount for Students and Senior Members (55 years old and above)

All prices subject to prevailing GST

Julian Baby Spinach Salad with Summer Fruits



SET MENU APPETISER

Cajun Cucumber & Onion Salad

Prepared with fresh dill, cider vinegar, low fat sour cream, and mayo.

Julian Baby Spinach Salad with Summer Fruits

Tossed in honey & lime dressing.

Texas Smoked Beef on Classic Caesar Salad

Topped with grated cheese.

SOUP

San Francisco Inn Seafood Gumbo

Okra and farmer greens simmered in tomato broth with crabmeat and shrimp.

Oregon Chicken Noodle Soup

Chunks of chicken simmered in rich broth with vegetables.

MAIN COURSE

Los Angeles Cioppino*

Fresh tiger prawn, mussel, crabmeat, fish and clam cooked in tomato basil sauce on pasta.

Big Bear Lake White Fish Fillet

Served with cherrystone clam stew in dry white wine.

Southern Salmon Fillet with Cajun Spices Served with citrus butter sauce.

Oven-Roasted Monterey Chicken Pockets

Filled with Monterey jack cheese and ham on potatoes sautéed with fresh rosemary.

Grilled Rib Eye with Caramel Onion***

DESSERT

Oregon Pears Poached in Red Wine

South-West Orange Flan

A burnt sugar edge custard flavoured with orange liqueur, zest and juice of orange.

Surcharges

for Garden Grill

Items indicated with single, double and triple asterisks are subject to the following surcharges: \$4 / ** \$8 / *** \$12





Father's Day Celebration

Honour Dad with a special set menu that's sure to get him all fired up.

Saturday-Sunday: 12pm-3pm, 6pm-10pm (Last order: 30 minutes before closing)

8-9 June 2019:

Lunch \$33.00 w/GST per person (3-course) Dinner \$43.00 w/GST per person (4-course)

15-16 June 2019: Lunch: \$38.00 w/GST per person (3-course) Dinner: \$48.00 w/GST per person (4-course)

Our regular a la carte menu will not be available during these dates.

SET MENU

8-9 JUNE 2019 **APPETISER**

Tower of Steamed Chicken with Pineapple, Smoked Salmon & Avocado Quiche

With bush salad tossed in balsamic dressing.

SOUP

Consommé of Chinese Black Mushroom With winter melon cubes.

MAIN COURSE

Seared Malabar Snapper with Lemon Grass Emulsion Resting on mashed potato and seasonal vegetables.

Grilled Striploin of Beef

Accompanied with shallot pepper sauce with Mediterranean grilled vegetables.

DESSERT

Baked Apple Strudel

Served with classic anglaise sauce & sour cherry.

COFFEE or **TEA**

15-16 JUNE 2019 **COLD APPETISER**

Chilled Prawn On Cured Portobello Mushroom With mini mesclun.

SOUP

Chicken Gumbo

Topped with fresh Italian parsley.

MAIN COURSE

Pan-Roasted Cod Fillet

Topped with wasabi crust, accompanied by teriyaki glaze.

Braised Wagyu Beef Cheek

With spring vegetables & garlic mashed potatoes.

DESSERT

Iced Nougat

Contact Garden Grill at 6398 5313

Father's Day Set Menu

Treat the man in your life to a feast this Father's Day.

15-16 June 2019, Saturday-Sunday: 12pm-3pm, 6pm-10pm

> Fee (4-5 pax): \$108 Price is before GST Reservations advised

SET MENU

Soup of the Day Chilli Crab

XO Scallop with Broccoli Crispy Fried Sea Bass with Superior Soy Sauce Steamed Rice

Chilled Eight Treasures Cheng Tng

Contact Atrium Café at 6398 5309

French Wine Dinner

In conjunction with Bastille Day, the Garden Grill is going all out to impress diners with an all-French fare, of course.

Friday, 26 July 2019: 7.30pm-10pm

SET MENU

APPETISER

Salade De Royal

Homemade goose liver terrine, prosciutto ham & chilled prawn.

SOUP

Puree of Fresh Asparagus

With sautéed scallop.

Raspberry Sorbet

MAIN COURSE

Oven-Roasted Cod

With bell pepper fondue and fresh basil sauce.

or

Pan-Roasted Tournedos of Beef

Topped with cheese crust.

DESSERT

Mocha Cappuccino

With walnut crunch, coffee sauce & sesame tuile.

WINE PAIRING

2017 Louis Moreau Chablis

2018 Dormaine de Rome Sancerre Blanc Le Champ Pendu 2017 Boutinot Cotes du Rhone La Fleur Solitaire Blan

2015 Vincent Girardin Savigny Les Beaune Vielles Vignes

Contact Garden Grill at 6398 5313

Throw a Party @ SGCC and be Rewarded

We've got the best venues for your party, be it for an anniversary, a wedding, or a birthday bash for a child.

The best part is that you'll be rewarded with F&B vouchers worth up to \$300!

Recommend a friend or company to hold an event at SGCC and you'll be rewarded, too!

Check out our incentive scheme below, valid for bookings from now till the end of February 2020.

Banquet Expenditure (w/GST): \$4,000-\$7,999 | \$8,000-\$11,999 | \$12,000 & above Your Incentive: \$100 F&B Voucher | \$200 F&B Voucher | \$300 F&B Voucher

Terms & Conditions:

- 1. Incentive scheme is only applicable for events held in SGCC with a minimum expenditure of \$4,000.
 - 2. Incentive scheme is only applicable if a Member refers a non-member or a company.
- 3. The F&B vouchers may only be used at SGCC's F&B outlets and cannot be used to offset the banquet expenditure.
 - 4. Incentives will only be issued after the function, at the end of the month.
 - 5. Vouchers are valid for six months from date of issue.
 - 6. Vouchers may not be used in conjunction with any other promotion.
 - 7. The Management reserves the right to amend the Terms & Conditions without prior notice.

For enquiries and bookings, kindly contact The Banquet Sales Department @ 6398 5381 / 387 or 365

Special Line Dance Afternoon

Pick up some groovy steps with experienced line dance instructor Tay Bee Kim so that you are ready when the next country-themed event comes around at SGCC!

Sunday, 30 June 2019 12pm-5.30pm, Club Twenty-Two

Fees

\$18 w/GST (Member)*

\$28 w/GST (Guest)*

*Price includes light buffet lunch

Contact Adrian Chew at 9115 0417

National Day Eve Dinner & Dance

Our nation is celebrating its 54th birthday and you're invited!

Dance the night away to music by The Rangers as well as Leonard And The Country Riders.

You also stand a chance to win attractive prizes in our lucky draw.

Thursday, 8 August 2019 7.30pm-11.30pm Kensington Ballroom

Fees: \$32 (Member)* | \$42 (Guest)*

*Prices include buffet dinner and subject to prevailing GST

Contact Adrian Chew at 9115 0417



Band Entertainment @ Club Twenty-Two

Block out these nights and call your friends along as we're featuring a line-up of some of your favourite bands in July and August.

JUNE SPECIAL

Thursday, 27 June 2019, 8pm Crozzroads with Billy Das, with Guest Appearance by Project Schneider

JULY Sat, 6 July: Leonard And The Country Riders

> Sat, 20 July: The Rangers Sat, 27 July 2019: Wind Chimes

JULY SPECIAL

Thursday, 18 July 2019, 8pm A Night with Energy, with Guest Appearance by Project Schneider

AUGUST

Fri, 2 August: The Rangers

Fri, 16 August: Crozzroads with Billy Das
Fri, 23 August: Leonard And The Country Riders

Fri, 30 August: The Rangers

Fees: \$8 (Member; inclusive of 1 standard drink) / \$25 (Guest; inclusive of 2 standard drinks)

All prices are subject to prevailing GST

Contact Club Twenty-Two at 6398 5386

ABOUT THE BAND

Billy Das joined one of the hottest country bands, The Mavericks, when he was 25. Throughout the late 1970s–1980s, he could be found jamming with them at Genevive at Shaw Centre. Later, he formed his own band, The Crozzroads, and even had his own pub — Sports Man Bar at Far East Shopping Centre. He closed the bar last year, and now plays regularly at The Handle Bar, Crazy Elephant, Little Island Brewing and Chevys. His repertoire of music covers country, evergreen, pop, and rock & roll.







Wind Chimes

Energy

Beverage Promotion for June and July

Check out our very affordable Premium Wine Bottle Promotion @ Crossroads Lounge!

WHISKY

JW BLACK LABEL

1 bottle @ \$98 | 2 bottles @ \$180

JW SHERRY EDITION 1 bottle @ \$108 | 2 bottles @ \$190

JW GOLD LABEL 1 bottle @ \$148 | 2 bottles @ \$248

WHITE WALKER BY JOHNNIE WALKER (LIMITED EDITION)

1 bottle @ \$108 | 2 bottles @ \$190

This limited-edition product from Johnnie Walker, inspired by the wildly popular television programme *Game of Thrones* (in turn based on George R R Martin's *A Song of Fire and Ice* book series), was created by whisky specialist George Harper and his team. It features malts from Clynelish (aptly one of the most northern Scotch whisky distilleries) and Cardhu, among others. The bottle has a temperature-sensitive graphic that will spell out the words "winter is here" when it's at the right temperature for serving!



WINE PROMOTION PW AUTUMN RIESLING

@ \$42 per bottle

STAGS' LEAP NAPA VALLEY MERLOT

@ \$62 per bottle

* No Happy Hour discount for the above promotion

WAIVER OF GUEST COVER CHARGE

Members who spend \$100 and above at any of the F&B outlets will be entitled to the following promotions:

MINIMUM SPENDING OF \$100

Waiver of cover charges for 2 guests

MINIMUM SPENDING OF \$200

Waiver of cover charges for 5 guests

MINIMUM SPENDING OF \$300

Waiver of cover charges for 8 guests

Waivers of guest cover charges at Club Twenty-Two will be valid only on the day of spending and CANNOT be used for special events held at Club Twenty-Two.

* No Happy Hour discount for the above promotion

Crossroads Lounge at 6398 5310 Club Twenty-Two at 6398 5386

INTRODUCTION TO DIY DRONE

Looking for something interesting to do as a family? Learn how a drone works by assembling one together with your family members. Not only will you be taught how to fly it, you get to take it home at the end of the workshop!



AUTOMOTIVE CAR WORKSHOP

Does your child have an interest in cars? This workshop introduces your child to the mechanics of a car, principles of motion, and factors that increase the performance of a car.

Under the guidance of our experienced instructors, your child will assemble his or her own Tamiya car, including changing the gear ratios and motor, and evaluating its performance. Participants will get to bring home the Tamiya cars that they have assembled at the end of the session.

DATE
21 June 2019, Friday

VENUE
Carnation Room

FEE

\$70.00 w/gst Junior Gem

\$75.00 w/gst Member

\$80.00 w/gst Guest

MIN

CLOSING DATE

10 participants



12 June 2019, Wednesday

CANDLE-MAKING WORKSHOP

Create your own scented candle using either a wax base or gel base. Use it as part of your home décor or as a gift for Father's Day. All items are non-toxic and safe to use.

TIME

14 June 2019, Friday

2pm-4pm

VENUE
Clover Room

FEE

\$60.00 w/gst \$65.00 w/gst \$70.00 w/gst Guest

MIN

CLOSING DATE

10 participants

4 June 2019, Tuesday



SPEAK GOOD ENGLISH WORKSHOP (TEENS & ADULTS)

Achieve clear and fluent speech in English in this workshop, designed for teens, young adults, and working professionals who desire a better command of English. Topics covered:

- Accuracy of speech: International Phonetic
 Alphabet, word stress patterns
- Clarity of speech: how vocal organs work, formation of vowels and consonants, common pronunciation pitfalls
- Musicality of speech: aural awareness of intonation, sentence stress patterns and rhythms
- Fluency of speech: practising and putting it all together

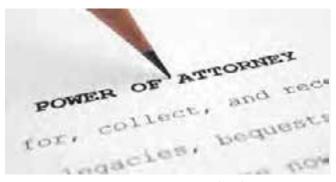




CONTACT

Jean Lee at 6398 5383 or jean_lee@sgcc.com.sg

LUNCH TALK: UNDERSTANDING LASTING POWER OF ATTORNEY



Setting up a Lasting Power of Attorney (LPA) allows you to appoint someone to act on your behalf should you lose your mental faculties. As mental incapacity can occur in several ways, it is better to be prepared and ensure that your affairs are sorted out according to your wishes. This talk will cover the following issues:

- What is Lasting Power of Attorney and why should everyone have it?
- · What is deemed as 'mental incapacity'?
- Understanding the rising trend of mental incapacity, and how LPA can help you
- The process of setting up an LPA
- · How LPA can be tied up with your wills or trusts

ABOUT THE TRAINER

A highly sought-after speaker in the area of estate and legacy planning, Eugene Soo is well known for his extensive knowledge and practical insights, and has been tapped to speak at Singapore's Nation-wide Estate Planning forum. He has conducted seminars for the Ministry of Manpower and Building Construction Authority of Singapore, and has also appeared on the Channel U programme, *Money Week*.

ENGLISH CREATIVE WRITING WORKSHOP

Let your creative juices flow as you discover imaginative ways to write your compositions. This four-hour workshop by The English Curve targets upper primary and lower secondary students who wish to hone their writing skills and ace their examinations.

Topics covered:

- Creating awesome introductions
- Applying idioms
- Using realistic dialogue
- Exploring different plot scenarios
- Writing a great conclusion
- Writing descriptive essays

TIME

11 September 2019, 9am-1pm
Wednesday

VENUE
Casuarina Room

FEE

\$160.50* w/cst \$192.60* w/cst Guest

* Charges include light lunch

MIN / MAX 10/15 participants CLOSING DATE 3 September 2019, Tuesday

TILE PAINTING WORKSHOP

Tile painting is an ancient art form where artisans paint individual tiles before placing them on walls, window frames, mosques, temples and shophouses. In this workshop, you get to create your very own ceramic tile, which you can use to decorate your home or present as a gift for Teacher's Day!



TIME

27 July 2019, Saturday

2pm-4pm

VENUE

Carnation Room

FEE

\$55.00 w/gst Junior Gem

MIN

CLOSING DATE

10 participants

17 July 2019, Wednesday

STEM ENGLISH WORKSHOP

This four-hour workshop by The English Curve is for upper primary students who wish to excel in STEM (Science, Technology, Engineering and Mathematics) subjects. Consisting of investigations, discussions, group and individual work, and presentations, students will have a blast exploring new perspectives in STEM subjects. Topics

- What is STEM and STEM English?
- · Climate change and global warming
- · Greenhouse gases and its causes
- · Conducting an experiment to see how the world heats up

DATE
12 September 2019, Thursday

VENUE
Casuarina Room

FEE

\$160.50* w/csr
Member
* Charges include light snacks

MIN / MAX
10/15 participants

TIME
9am-1pm

9am-1pm

194 September 2019,

CONTACT

Jean Lee at 6398 5383 or jean_lee@sgcc.com.sg

Monday

AFFILIATE CLUBS

Enjoy non-resident privileges at 15 other affiliate clubs overseas. Members must obtain their Introduction Letter from SGCC at least one week before their scheduled visit to the reciprocal club. The Introduction Letter can be obtained from the Membership Relations Office. Please call 6286 8888 or email membership@sgcc.com.sg for enquiries.

AUSTRALIA CANBERRA

Canberra Southern Cross Club Corner of Hindmarsh Drive and Callam Steeet Philip, Canberra

Tel: 61-2-6283 7200

MELBOURNE

The Kelvin Club Melbourne Place, Melbourne, Victoria 3000 Tel: 61-3-96545711 *2, 3, 6, 9

SYDNEY

CTA Business Club Ltd MLC Centre, Martin Place, Sydney NSW 2000 Tel: 61-2-9232 7344 *1, 2, 3, 6, 9

CANADA **ONTARIO**

The Mandarin Golf and Country Club 11207 Kennedy Road, Markham Ontario, Canada L6C 1P2 Tel: 905-887-9887 www.golfmandarin.com *2, 3, 6, 10, 22

VANCOUVER

Terminal City Club 837 West Hastings Street Vancouver, BC, Čanada V6C 1B6

Tel: 604-681-4121 Fax: 604-681-9634 members@tcclub.com www.tcclub.com *****2, 3, 5, 6, 9, 11, 13, 16,

CHINA HONG KONG

Hong Kong Football Club 3 Sports Road, Happy Valley Tel: 852-28309500 www.hkfc.com.hk *2, 3, 5, 6, 7, 8, 9, 11, 13, 14, 16, 19

SHANGHAI

Shanghai International Tennis Center Club 516 Heng Shan Road Tel: 86-21-6415 5588*82 www.regal-eastasia.com *4, 9, 10, 11, 13, 16, 19, 20

Ambassy Club No. 1500 Central, Huai Hai Road, Shanghai, PRC, 200031 Tel: 86-21-6437 9800 *****2, 3, 4, 11, 13, 16, 19, 22

INDIA **RAJASTHAN**

Jaisal Club Jethawai Road, Jaisalmer — 345001, Rajasthan, India Tel: 91-02992-255555 / 254999 *2, 3, 6, 8, 10, 11, 19

INDONESIA JAKARTA

International Sports Club of Indonesia Jalan Liputat Raya Tangerang, 2 Wis Java Indonesia Tel: 62-21-749 0540

*****2, 3, 5, 6, 7, 10, 13, 14, 15, 16, 19

SURABAYA

The Heritage Club Basuki Ralehmat 129-137, Surabaya 60271 Indonesia Tel: 62-31-531 6755 *3, 6, 9, 11, 15, 17, 20, 21, 22

MALAYSIA JOHOR

The Els Club Malaysia No. 4 Jalan Danau Desaru Coast, 81930 Desaru Johor, Malaysia Tel: 603-2203 9696

KUANTAN

Kelab Kuantan Jalan Merdeka, 25000 Kuantan Pahang Darulmakmur Tel: 02-09-521130 *2, 3, 5, 7, 8

KUALA LUMPUR

Royal Selangor Club Dataran Clubhouse Jalan Raja P.O. Box 10137, 50704 Kuala Lumpur Tel: 603-2692 7166 Fax: 603-2693 4724

Bukit Kiara Sports Annexe Jalan Bukit Kiara Off Jalan Damansara, 60000 Kuala Lumpur Tel: 603-2093 2277 Fax: 603-2093 3677 rscmail@rscweb.org.my http://rsc.org.my/ *****2, 3, 6, 9, 11, 12, 13, 15, 16, 19, 22, 23

SELANGOR

Kelab Shah Alam Selangor Peti Surat 7116, 40704 Shah Alam, Selangor Darul Ehsan Tel: 02-03-5510 0001 *2, 3, 5, 6, 9, 11, 13, 16, 19

LEGEND

1 Accommodation 2 Banquet Room 3 Dining Area 4 Games Area

5 Library 6 Lounge / Bar 7 Race Course 8 Badminton

9 Billiard Room 10 Golf 11 Gym / Health

12 Hockey 13 Pool 14 Rugby

15 Soccer 16 Squash Court

17 Sailing 18 Sauna / Steam Bath

19 Tennis 20 Massage

21 Mini Theatre 22 Meeting Facilities 23 Cricket Pitch



Voucher not exchangeable for cash, and cannot be used with other promotions, offers & discounts.

Original voucher must be presented upon payment.

1 voucher can be used per transaction.

Swatow management reserves the right to change or amend the T&Cs without prior notice.

Valid till 31st July 2019



Open to Public

Swatow Garden @ Serangoon Gardens Country Club

22 Kensington Park Road, Heliconia Wing, Singapore 557271. Tel: 6343 1717

Cut out this physical voucher to enjoy the benefits of this voucher!