

October - November 2018

clubspirit



Whimsical  
Magical  
Christmas!

*plus*

- \* Tour of Asia Pacific Breweries
- \* Bintan Cycling
- \* SGCC Preparatory Series 6
- \* Christmas Light-up
- \* Countdown to 2019: Rock around the clock



## CLUB DIRECTORY

### MAIN RECEPTION

Tel: 6286 8888  
Daily: 9am – 10pm  
www.sgcc.com.sg

### FOOD & BEVERAGE OUTLETS

#### Atrium Café

Tel: 6286 8888 ext. 309  
Mon-Fri: 11am – 3pm, 6pm – 10pm  
Sat, Sun & PH: 11am – 10pm

#### Bowling Snack Bar

Tel: 6286 8888 ext. 340  
Mon – Fri & Eve of PH: 1pm – 11pm  
Sat: 11am – 11pm  
Sun & PH: 10am – 11pm

#### Coffee Deli

Tel: 6286 8888 ext. 312  
Mon – Thu & PH: 8.30am – 9pm  
Fri, Sat, Sun & Eve of PH: 8.30am – 10pm

#### Club Twenty-Two

Tel: 6286 8888 ext. 386  
Mon – Thu: 4pm – 12am\*  
Fri & Eve of PH: 4pm – 1am  
Sat: 2pm – 1am  
Sun & PH: 2pm – 12am  
\* The Karaoke Lounge opens at 2pm on Tuesdays.  
Its usage on Tuesdays from 2pm – 5pm is strictly for members only.

#### Crossroads Lounge

Tel: 6286 8888 ext. 310  
Mon – Thu: 4pm – 12am  
Fri & Eve of PH: 4pm – 1am  
Sat: 2pm – 1am  
Sun & PH: 2pm – 12am

#### Garden Grill

Tel: 6286 8888 ext. 313  
Mon – Thu: 12pm – 3pm, 6pm – 10pm  
Fri – Sun, Eve of PH & PH: 12pm – 3pm, 6pm – 10pm

#### Swatow Garden Seafood Restaurant

Tel: 6343 1717  
Weekdays: 11am – 3pm, 6pm – 11pm  
Weekends, Eve of PH & PH: 9am – 3pm, 6pm – 11pm

### SPORTS & RECREATION FACILITIES

#### Billiard Room

Tel: 6286 8888 ext. 346  
Sun – Fri & PH: 1pm – 10pm  
Sat & Eve of PH: 1pm – 11pm

#### Darts Lounge (Club Twenty-Two)

Mon – Thu: 4pm – 12am  
Fri & Eve of PH: 4pm – 1am  
Sat: 2pm – 1am  
Sun & PH: 2pm – 12am

#### Gardens Bowl

Tel: 6286 8888 ext. 340  
Mon – Fri & Eve of PH: 1pm – 11pm  
Sat: 11am – 11pm  
Sun & PH: 10am – 11pm  
Off-peak hours: Mon – Fri & Eve of PH: 1pm – 6pm  
Peak hours: Mon – Fri & Eve of PH: 6pm – 11pm  
Sat, Sun & PH: Whole day

#### Gymnasium

Tel: 6286 8888 ext. 331  
Daily: 5.30am – 10pm  
Except during scheduled partial closure for maintenance, 4 times a year where it opens from 6pm onwards. Refer to www.sgcc.com.sg for partial closure dates.

Off-peak hours: Daily: 10am – 5pm

Peak hours: Daily: 5pm – 10pm\*

\*After 5pm, no guests allowed

### Swimming Pool / Spa Pools

Daily: 5.30am – 10pm  
Closed on the last Wednesday of every month unless otherwise stated.

### Water Play Area

Daily: 8am – 8pm  
Closed on the last Wednesday of every month unless otherwise stated.

### Sauna / Steam Bath

Daily: 8.30am – 10pm

### Squash Courts

Tel: 6286 8888 ext. 331  
Daily: 8am – 10pm  
Off-peak hours: Mon – Fri & Eve of PH: 8am – 5pm  
Peak hours: Mon – Fri & Eve of PH: 5pm – 10pm  
Sat, Sun & PH: 8am – 10pm

### Tennis Courts

Tel: 6286 8888 ext. 340  
Daily: 7am – 10pm  
Off-peak hours: Mon – Fri & Eve of PH: 7am – 5pm  
Peak hours: Mon – Fri & Eve of PH: 5pm – 10pm  
Sat, Sun & PH: Whole day  
Tennis training night: Thu 7pm-10pm

### Table Tennis

Tel: 6286 8888 ext. 331  
Daily: 8am – 10pm  
Off-peak hours: Mon – Fri & Eve of PH: 8am – 5pm  
Peak hours: Mon – Fri & Eve of PH: 5pm – 10pm  
Sat, Sun & PH: 8am – 10pm

### Mahjong / Cards Rooms

Tel: 6286 8888  
Sun – Thu & PH: 11am – 12am  
Fri, Sat & Eve of PH: 11am – 1am

### OTHER FACILITIES

#### Jackpot Room

Tel: 6398 5362  
Sun – Mon: 10am – 11pm

#### Kiddieland

Daily: 9am – 10pm

#### Lat Salon

Tel: 6286 8262, by appointment only  
11am – 7pm, closed on Mon & PH

#### Functions Rooms / Ballroom

For bookings, please call  
6398 5381 / 387 / 365  
Email: banquetsales@sgcc.com.sg

#### Male & Female Changing Rooms

Daily: 5.30am – 10.30pm

#### Study Room

Daily: 9am – 11pm

#### The Hangout

Mon – Thu, Sun & PH: 9am – 12am  
Fri, Sat & Eve of PH: 9am – 1am

#### Cambridge Pre-School

Tel: 6286 8455  
Mon – Fri: 7am – 7pm  
Sat: 7am – 2pm  
Serangoon@cambridge.school

### MANAGEMENT STAFF

#### General Manager

Farrock Ebrahim 6398 5329  
farrock@sgcc.com.sg

#### Personal Assistant cum Office Manager (General Manager's Office)

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casey\_chang@sgcc.com.sg

#### Senior Manager (Food & Beverage)

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#### Facilities, Maintenance & Safety Manager

Charles Ling 6398 5311  
charles\_ling@sgcc.com.sg  
fms@sgcc.com.sg

#### Deputy Finance Manager

Avelyn Tam 6398 5358  
avelyn\_tam@sgcc.com.sg

#### Human Resource Manager

Elleana Ho 6398 5366  
elleana\_ho@sgcc.com.sg

#### Membership Relations Assistant Manager

Dawn Lee 6398 5337  
dawn\_lee@sgcc.com.sg

#### Security Operations Assistant Manager

Sritharan Lingam 6398 5333  
sritharan@sgcc.com.sg

#### Sports & Recreation Manager

James Soh 6398 5372  
james\_soh@sgcc.com.sg

### CLUB ADMINISTRATION

Mon – Fri: 9am – 6.30pm

#### Membership

6398 5375  
membership@sgcc.com.sg

#### Accounts

6398 5325 / 358  
members\_accounts@sgcc.com.sg

#### Sports & Recreation

recreation@sgcc.com.sg

#### Chess, Yoga, Golf, Fitness, Taekwondo, Aikido, Muay Thai, Judo

Terrence Ho 6398 5389

#### Squash, Tennis & Swimming

Daniel Chong 6398 5351

#### Fitness Fun, Cool Water Workout, Swimming Lessons, Table Tennis, Taijiquan, Qi Gong, Chinese Martial Arts, Zumba, Piloxing & Mahjong

Julia Kong 6398 5352

#### Bowling & Bridge

Zaleha Hanibah 6398 5373

#### Biliards, Darts & Youth

Charles Chow 6398 5327

#### Food & Beverage

fnb\_outlets@sgcc.com.sg

#### Banquet Sales

6398 5381 / 387 / 365  
banquetsales@sgcc.com.sg

#### Advertisement Bookings

Dawn Lee 6398 5337  
dawn\_lee@sgcc.com.sg

#### Data Protection Officer

dpo@sgcc.com.sg

**PATRON-IN-CHIEF**

Mr Goh Chok Tong  
*Emeritus Senior Minister*

**PATRONS**

Mrs Lim Hwee Hua  
Mr George Yeo  
Ms Sylvia Lim

**TRUSTEES**

Mr Hendrick Koh  
*PPA BBM PBM*

Mr Anthony Tan  
Mr Pao Kiew Tee

**GENERAL COMMITTEE**

Mr Terrence Fernandez  
*President*

Mr Benjamin Wong  
*Vice-President*

Ms Emily Wong  
*Honorary Secretary*

Mr Rayner Ng  
*Honorary Treasurer*

Mr Eric Lee  
*Assistant Honorary Secretary*

Mr Ignatius Lim  
*Assistant Honorary Treasurer*

**COMMITTEE MEMBERS**

Ms Elena Chua  
Mr Ivan Heng  
Mr Phuah Lian Heng  
Mr Xavier See  
Ms Linda Tay  
Mr Teng Leng Hock  
Mr Kenneth Wong

**CONVENORS**

Mr Emrys Phua *Billiards*  
Mr Edward Tan *Bowling*  
Mr Ronnie Ng *Chess*  
Mr Rick Seah *Darts*  
Mr Eddie Ng *Fitness*  
Mr Aaron Lim *Golf*  
Mr Edwin Lee *Squash*  
Mr Steven Lee *Tennis*

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Ms Dawn Lee  
Ms Michelle Yee

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*"The secret of getting ahead is getting started"*  
Mark Twain.

Dear Members,

Thank you for placing your faith in me and the new General Committee. We have certainly started the work entrusted to us towards creating better value for our members.

In my first 100 days, I've had the opportunity to learn from many people, both members and staff alike and am honored to have with me a talented and committed group of passionate individuals in the General Committee.

At the same time, I believe we are all more cognizant that we can come together stronger and dedicated towards building a more vibrant environment for our members. To that end, I am both excited and confident that we can collectively create opportunities to take SGCC to another level.

In the coming months, we are going to challenge the status quo with constructive dialogues, resetting of priorities and balancing our budget, while honouring and protecting our shared values and interests.

A review of our practices and policies had already identified the gaps where improvements can be made. Guided by stringent governance and compliance, this will be an on going process in helping us make good strategic decisions.

Here's a brief look into some of the initiatives done and other improvements that will be made in the upcoming months. For instance, Jackpot revenue has increased since July with service improvements in operations and the engagement of members. In the area of F&B, the increase in the seating capacity on weekends and shorter waiting time has allowed members to enjoy their meals quicker. The Sports fraternity will be looking into developing a 'sports culture' among our younger members for the purpose of building self esteem, leadership and character. We will launch this once we have finalized all the details. There is still much to be done and we appreciate your patience.

Looking ahead, our Annual Christmas Light-up will once again take centre stage on Saturday, 24<sup>th</sup> November. Themed a "Whimsical and Magical Christmas", we hope you will make this exciting event a family affair as there will be something for everyone.

Last but not least, I would like to take the opportunity to introduce Mr. Farrock Ebrahim, our new General Manager, and Ms. Elleana Ho, our new Human Resource Manager. With their vast experience and expertise, our team will have the right skills in Management to deliver exceptional service and experiences that members can appreciate. Please extend a warm welcome to them when they take office in early October.

Always in your service,

A handwritten signature in black ink, appearing to read 'T Fernandez', written in a cursive style.

TERRENCE FERNANDEZ  
President





### WHIMSICAL AND MAGICAL CHRISTMAS

Soak in the Christmas festivities at our Whimsical and Magical Christmas event where there will be a Christmas Light-Up celebration and Bazaar taking place on the 24th November. The young ones can also keep busy with the Kid's Christmas Paper Craft Workshop. Other not-to-be-missed events include the Perfume Workshop happening on the 1st December.



### TOUR OF THE ASIA PACIFIC BREWERIES

Don't miss the opportunity to learn more about the illustrious history and heritage of Singapore's iconic Tiger Beer. During the Tour of the Asia Pacific Breweries on the 24 October, you'll also learn more about the art of brewing beer.

### GOLF PRESIDENT CUP

Gather your golf buddies for the Golf President Cup, set to take place on the 18th October at Orchid Country Club.



### BINTAN CYCLING

Whether you are a beginner or an advanced cyclist, you're bound to enjoy this cycling trip to Bintan, which offers different levels of challenges. Get all your cycling buddies along and be prepared to have a wonderful time!



## WELCOME

A warm welcome to the following members who have joined us in June to August 2018:

### GRAND MEMBER

Lim Hong Liam  
Liu Jackson  
Menon Rajan  
Ong Chin Aik  
Tan Gek Nio Teresa  
Tan Eng Choon  
Goh Mee Eing

### ORDINARY MEMBER

Joshua Damiel Chan Kai Wei  
Chia Yuet Hoe  
Juan Peck Foon  
Khong Choun Mun  
Lum Yian Sum  
Lim Eng Kiat  
Lim Anne (Lin Anne)  
Liu Wei Terk Andrew  
Robin Long  
Lee Kean Guan  
Preeta Rajan Menon  
Ong Pei Suen  
Frankie Quek Swee Heng  
Seah Jin Keong, Stephen  
Tan Thian Pong Lennon  
Tay Kuang Sheng, Melvin  
Tan Lai Lai Jennifer  
Yuan Er Whee

### TERM MEMBER

Daniela Carole Lynda Carrad  
Samuel James Leonard  
Gay Olivier Jean Louis  
Geophin George  
Francois Logeais  
Nandi Ujjal  
Ng Eng Gim Gary  
Michael Daragh O'Sullivan

### FAREWELL

Chia Koh Choon Michael  
Chia Song Heng, Andy  
Lau Khing Hoe  
See Bee Lin  
Grouin Olivier Yann Albert  
Joo Chong Guong  
Chia Geok Tin  
Kong Whay Hong  
Lim Chin Loon Bernard  
Ng Poh Joo, Frances  
Quek Boon Sim  
Suhaimi Bin Supian  
Soh Seok Eng, Helen  
Teo Siak Pheng  
Tan Chin Hwee  
Tan Leong Tong, Jeffrey  
Tay Peng Khoon  
Gan Bee Cheok, Brenda  
Lam Lye Peng, Bessie  
Tan Hee Boon, Michael  
Tan Oon Teck, Joseph

Wang Wee Huang  
Port Andrew James  
Batut Bruno  
Becquet Augustin Charles  
Clamen Jean-Luc Philippe Marie  
Dambrine Caroline Anker Joergensen  
DE LA TULLAYE Bernard - Ferreol Alexandr  
Deschamps Andre Marc  
Marie Fuchs ep Devie  
Roland Dubois  
Fremondriere Francky Noel David  
Ferlet Boris  
Goual Jamal  
George Nicolas Jean Rene  
Groeneweg Dion Mark  
Gagey Simon Marie Benoit  
Guerineau Thierry  
Herrou Dominique Joseph  
Jeyarajah Sivan  
Lamy Bernard  
Lannes Dominique  
Lesauvage Jean Sebastien  
Le Tertre Henri  
Midena Jean Luc Gustave Marcel  
Mohamed Mahmoud Ibrahim Abdel Aal  
Metzger Olivier Jean  
Monteux Philippe  
Powell Neil Thomas  
Vilette Ep Quetin Caroline Celine Madele  
Sabado Jorge Dangani  
Serre Olivier Anthony  
Gan Lay San



## NEW MEMBERS' GATHERING

27 October 2018, Saturday

12 - 2pm

Club Twenty-Two

New members who recently joined the Club are invited to attend the upcoming New Members' Gathering on 27th October at Club Twenty-Two. New members are encouraged to bring their family along for this get-together. They will get to meet other members, as well as find out more on the events, courses and classes that the Club offers. The various sports convenors will also be present to share more on upcoming activities and events that members can take part in.



# Bouquets

The following are excerpts of compliments to our staff sent via email ([feedback@sgcc.com.sg](mailto:feedback@sgcc.com.sg)), website ([www.sgcc.com.sg](http://www.sgcc.com.sg)) and feedback form. Do continue to send in your compliments to motivate our staffs to achieve higher standards of service. Please note that the Club reserves the right to edit any compliments, where necessary for our publications.



## EDITOR'S FAVOURITE

I would like to commend Miss Serena Liu of Club Twenty-Two for her excellent service. She is very attentive and responsive, always going the extra mile to meet the needs of all guests. Additionally, she is very polite, helpful and resourceful, and is always ready to render assistance when needed. I am a regular at Club Twenty-Two, and am please to share that whenever Serene is around, I am guaranteed a great experience. I hope that the Club will recognise and appreciate her stellar performance, so that she will be motivated to keep up the great work. - **Margaret Chan**



Vicky excellent service - Well done. Genelyn and Eric very friendly. - **Sara Philip**

I find Eric to be very helpful, courteous and friendly. He is a very hardworking staff. When the Japanese Bento Set was recently introduced, he personally informed me of the promotion. We need this kind of good attitude staff in F&B. - **James Ler**

I am writing in to praise Patrick and his team for the excellent service rendered during the screening of the FIFA World Cup. Despite the late hours, Patrick and team were always cheerful and attentive, serving every member with a huge smile on their face. Their enthusiasm sure added to the mood, and everyone had a great time. Well done to Patrick and team for the great service!  
- **Daisie Yap**



A huge shoutout to one of SGCC's staff Ravi G, for being such a joy and delight to have around the Club. Whenever I bump into him, he is always so cheerful, helpful and friendly, and it is always a pleasure to see him. - **Denise Teow**



## UPCOMING FACILITY CLOSURES FOR CLEANING & MAINTENANCE

Swimming Pool, Spa Pools and Water Play Area:  
31 October 2018, Wednesday,  
28 November 2018, Wednesday

## AMENDMENTS TO THE CONSTITUTION

Amendments To Constitution approved at the Annual General Meeting held on 24 June 2018, Sunday at Kensington Ballroom. The Constitution has been updated, incorporating amendments made at the 61th Annual General Meeting. Download the latest version at [www.sgcc.com.sg/membership/constitution-by-laws](http://www.sgcc.com.sg/membership/constitution-by-laws) or pick up a physical copy at the Membership Relations office.

### 26A.2 Financial Prudence

(d) 10% of the Club's Net Operating Surplus (before Depreciation and Amortisation) shall be deposited into the Financial Reserve, and balance shall be made available to meet operating expenses in subsequent years;

### DEFINITIONS - Clause 1.1

1.1 "Non-Operating Income" shall mean Income derived from non-operating activities and shall include Income generated from the collection of the Entrance Fees, and the residual value recovered from the disposal of equipment and assets and such other sources of Income as the Committee may decide;

1.1 "Operating Income" shall mean all Income which are not non-operating income, and shall include Income generated from the collection of the Transfer Fees, the subscription fees paid by Members, rent, the operation of jackpot machines, the F&B Business, SF Business, and such other sources of Income as the Committee may decide;

### TRANSFERABILITY OF MEMBERSHIP - Clause 16.1

"All Ordinary, Corporate, Life and Founder Members may, subject to the approval of the Committee and payment of all monies due to the Club, transfer their membership to persons who qualify to be Members of the Club, subject to such conditions as the Committee may impose including the payment of any transfer fee ("Transfer Fee"). The transferees in Life and Founder Membership transfers shall be designated as Ordinary Members and shall enjoy all the rights and privileges of an Ordinary Member provided for in the Constitution."



# IN THE SPOTLIGHT

This column features some current issues and developments in the Club which we would like to share with you. Do you have any feedback for us? Email us at [feedback@sgcc.com.sg](mailto:feedback@sgcc.com.sg).

## SWIMMING POOL ETIQUETTE

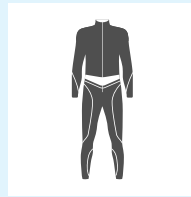
### Accepted Swimwear



Bathing Suit



Swim Trunks



Full Body Swimsuit

### Prohibited Swimwear



Street Wear



Gym Attire



Boxers

Please be reminded that footwear is not to be worn beyond the “No Footwear” zone. Also, as an act of courtesy and for personal hygiene reasons, please remember to take a shower before entering the pool.



**No shoes or slippers at the “No Footwear” zone**



**Please be reminded that footwear and food is not to be worn/brought beyond the “No Footwear” zone**



No Jumping



No Diving



## SUPERVISION OF CHILDREN

Members shall be responsible for the good behavior and safety of their children and children of their guests at all times whilst on the Club’s premises.



## BE GENTLE WITH THE TOYS AT KIDDIELAND

It has come to our attention that some of the toys in Kiddieland are broken and damaged. We would like to urge all parents to supervise their children when they are playing with the toys to ensure that they are always in good care. Alternatively, it would be useful if parents can remind their children to handle the toys with care so that other children will get to play with them too.



## USE OF TOWELS AT THE GYM

The gym equipment and machines are disinfected on a regular basis, but it is still good to exercise caution. We would like to remind members to use a towel to cover the gym equipment when using it and/or use the towel to wipe down the equipment after use. We also have antibacterial spray and paper towels that you can use to wipe the equipment before and after use.



## SGCC FAMILY FUN WALK 2018

5 August 2018, Sunday

In celebration of Singapore 53th Birthday, our members got together and participated in the Family Fun Walk around our familiar home ground; Serangoon Gardens estate. Along the 7.5km walk members shared with one another memories of their life growing up in the estate. Laughter and cheers could be heard from the walkers despite the heat from the sun. Everyone was still bursting with energy when they returned from the walk. It is no easy feat to mobilise 323 members, every participants' and staffs' effort made the walk a success.







## NATIONAL DAY CARNIVAL

5 August 2018, Sunday

9am to 1pm

Main Lobby

Our National Day Carnival had always been all about fun. Amid the excitement there were not to be missed free tasty treats such as dragon candy, tutu kueh, cotton candy etc. Members took the chance to play nostalgia carnival games and did drone flying. The drone enthusiasts from Done Club - NUS shared their interest with members. It was really a pleasure to have NUS's first and only interest group with emphasis on drone-related activities with us. The students taught members how to pilot a mini-drone. The game that got the loudest cheer had to be the Colosseum Warrior, the children had a marvellous time battling each other. SGCC very own Ukulele interest group also belt out favourite National Day songs.



GARDEN GRILL MONTHLY SET PROMOTIONS

# GERMAN FARE



This October, celebrate the ever popular Oktoberfest at the Garden Grill. Enjoy appetizing treats like pork knuckle, sauerkraut, schnitzel and chocolate mousse with berries.

1 - 31 October 2018

Lunch: Mon - Sun, 12pm - 3pm

Dinner: Mon - Fri, 6pm - 10pm

(Last order: 30 minutes before closing)

### Garden Grill

- 3-course set from \$20.05 w/GST per person
- 4-course set from \$25.40 w/GST per person  
(*\$2.65 w/GST discount for senior citizens aged 55 years old and above, and students*)

\*Reservation advisable

**SET MENU**

**APPETIZER**  
GAMMON HAM, EGG & BACON SALAD  
or  
CHEESE FRITTER ACCOMPANIED BY MESCLUN  
or  
MARINATED SALMON ON POTATO SALAD

**SOUP**  
GERMAN CABBAGE & POTATO SOUP  
or  
HAM HOCK & LENTIL SOUP

**MAIN COURSE**  
PAN-FRIED SOLE FILLET WITH LEMON CAPER SAUCE  
or  
WIENER SCHNITZEL  
(BREADED CHICKEN)  
or  
GERMAN VEAL SAUSAGE WITH ONION SAUCE  
or  
ROAST HALF PORK KNUCKLE ON SAUERKRAUT \*\*  
or  
BRAISED SHORT RIB WITH RED WINE SAUCE \*\*\*

**DESSERT**  
BLACK FOREST GATEAU  
or  
CHOCOLATE MOUSE WITH BERRIES

**COFFEE OR TEA**

Surcharge:  
\*\$4.28 w/GST \*\*\$8.55 w/GST \*\*\*\$12.80 w/GST

Contact Garden Grill at 6398 5313 or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg).  
Visit our Dining and Entertainment Promotions at [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.



## GARDEN GRILL MONTHLY SET PROMOTIONS

# TASTE OF CUBA



Cuban food is a blend of many diverse influences including Native American Taino food, African, Spanish and Caribbean cuisines. Come november, look out for Cuban dishes like Stuffed Bell Peppers, Sole A la Santa Barbara, Roast Pork Creole - Style, Temptation Plantains and many more.

1 - 30 November 2018

Lunch: Mon - Sun, 12pm - 3pm

Dinner: Mon - Fri, 6pm - 10pm

(Last order: 30 minutes before closing)

### Garden Grill

- 3-course set from \$20.05 w/GST per person
- 4-course set from \$25.40 w/GST per person  
((\$2.65 w/GST discount for senior citizens aged 55 years old and above, and students)

\*Reservation advisable

### SET MENU

#### APPETIZER

CHICKEN, PAPAYA AND PINEAPPLE SALAD

or

AVOCADO AND PRAWN SALAD \*

or

STUFFED BEEF PEPPERS

#### SOUP

OKRA & CHICKEN DUMPLING SOUP

or

CREAM OF AVOCADO

OR

#### MAIN COURSE

SOLE 'A LA SANTA BARBARA'

or

LIME-GRILLED CHICKEN WITH CUBAN SALSA

or

ROAST PORK, CREOLE STYLE

or

#### YAM PIE

(This dish is made with typically Creole seasoned minced lamb covered with a yam mashed)

or

CUBAN-STYLE STEAK WITH CLASSIC SOUR ORANGE MOJO \*\*\*

#### DESSERT

MATANZAS PUDDING

THIS TRADITIONAL DESSERT OF FRESH PINEAPPLE AND COCONUT GLAZE IN SYRUP

or

TEMPTATION PLANTAINS

#### COFFEE OR TEA

Surcharge:

\*\$4.28 w/GST \*\*\$8.55 w/GST \*\*\*\$12.80 w/GST

Contact Garden Grill at 6398 5313 or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg).  
Visit our Dining and Entertainment Promotions at [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.



## OKTOBERFEST IS HERE!

1 – 31 October 2018

Crossroads Lounge

Erdinger Light or Dark - \$10.95 w/GST per bottle (UP: \$13.70)

**Available from 6.00pm – 9.30pm**

Wiener Schnitzel (Chicken) - \$13 w/GST

Sausage Platter (Veal/Pork/Chicken) - \$20 w/GST (for 2 pax)

German Roast Pork Knuckle - \$22 w/GST (for 2 pax)

Contact Crossroads Lounge at 6398 5310 or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg).  
Visit our Dining and Entertainment Promotions at [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.





## OKTOBERFEST DANCE PARTY

19 October 2018, Friday  
7.30pm – 11.30pm

Kensington Ballroom

### HIGHLIGHTS

- 'Live' Band Performance by Sound Sensation
- Sumptuous German Buffet
- Free Flow of Erdinger Beer

*\$42 w/GST (Member)*

*\$52 w/GST (Guest)*

Inclusive of German buffet and free flow of Erdinger beer

### BUFFET MENU

#### Salad & Appetizer

New Potato & Biewurst Salad  
Mesclun Salad with Balsamico & Ranch Dressing  
Fried Smoked Mozzarella with Cherry Tomato Coulis

#### Main Entrée

Bavarian Roast Chicken  
Sauerkraut  
Schnitzel Halibut Fish Fillet with Dill Sauce  
Hofbraeuhaus Beer Basted Knackwurst with Onions and Hot Mustard  
Nuernberger Bratwurst Sausages (Pork)  
Muenchner Weisswurst (Veal)  
Jumbo Chicken Frankfurter

#### Live Station

Crispy Pork Knuckle with Fresh Apple Sauce and Dijon Mustard Dip

#### Dessert

Tropical Fresh Fruit  
Mini Black Forest  
Apple Crumble  
Carrot Cake with Sugar Frosting

Contact Adrian at 9115 0417 or [adrian\\_chew@sgcc.com.sg](mailto:adrian_chew@sgcc.com.sg).  
Visit our Dining and Entertainment Promotions at [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.

# Whimsical Magical Christmas!

## SUMPTUOUS FESTIVE GOODIES

Our F&B offers Christmas favorites that your family will love. Let us handle your Christmas feasting, simply select from our list of festive goodies for your ultimate convenience.

Contact Garden Grill at 6398 5313  
or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg)

## CHRISTMAS LIGHT-UP

24 November 2018, Saturday

Main Lobby  
*Free Admission*

### HIGHLIGHTS

- \* Visit from Santa with goodies to share
- \* Face painting
- \* Photo booth
- \* Christmas food sampling

*Programme subject to change*



## **CHRISTMAS BAZAAR**

Be part of the festive mood, take up a stall with us and sell your own products or creations. It can be your own craft works, anything that makes lovely gift ideas are welcome.

**24 November 2018, Saturday**

*Refer to page 22.*

## **FABULOUS SCENT (PERFUME WORKSHOP)**

There is a scent for every mood. Create your signature scent based on your personality or a special scent for someone you love. Each participant gets to create and take home their 75 ml signature and customise perfume. (Free name engraving)

**1 December 2018, Saturday**

*Refer to page 22.*

## **LET'S GET CRAFTY! (CHRISTMAS PAPER CRAFTS)**

Enjoy the pleasure of making beautiful Christmas Paper crafts to add as decoration to your Christmas tree or you can also give it as a gift.

Junior Gem Members join us for \*free.

**24 November 2018, Saturday**

*Refer to Page 21*

*\* Subject to Terms & Conditions.*



## CHRISTMAS EVE DINNER & DANCE WITH LIVE BAND SOUND SENSATION

24 December 2018, Monday  
7.30pm – 12.30am  
Kensington Ballroom

*\$48 w/GST (Member)*  
*\$58 w/GST (Guest)*  
Inclusive of Christmas buffet dinner  
and free flow of soft drinks

**HIGHLIGHTS**

- ‘Live’ performance by Sound Sensation
- Christmas buffet dinner
- Lucky draw
- Novelties

Contact Adrian at 9115 0417 or [adrian\\_chew@sgcc.com.sg](mailto:adrian_chew@sgcc.com.sg).



## HALLOWEEN NITE!

26 October 2018, Friday  
7.30pm – 12.00am

Club Twenty-Two

**HIGHLIGHTS**

- ‘Live’ performance by Resident band,  
Matthew & The Mandarins
- Light buffet dinner
- Free Halloween face painting from 7.30pm – 9.30pm
- Best costume competition
- Lucky draw

*\$22 w/GST (Member)*  
*\$32 w/GST (Guest)*  
inclusive of buffet and 1 standard drink

ADMISSION AGE: 18 years and above

Contact Club Twenty-Two at 6398 5386 or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg).





**HAPPY HOUR**  
 All beverages at **20% off** (except for bottled liquor & bottled wine at 10% discount) before 8pm

**OCTOBER & NOVEMBER 2018 BEVERAGE PROMOTIONS**

1 October 2018, Monday – 30 November 2018, Friday (Daily)  
 Crossroads Lounge, Karaoke Rooms & Lounge, Dance & Music Lounge

Check out our Premium Wine Bottle Promotions @ Crossroads Lounge at affordable prices!



**Erdinger Draft\***  
 \$10.95 w/GST  
 per pint (500ml)



**JW BLACK LABEL**  
 \$104.85 w/GST



**JW BLACK LABEL SHERRY EDITION**  
 \$115.55 w/GST

**BUNDLE DEAL**  
 1 bottle of JW Sherry  
 + 1 bottle of BL  
 \$201.15 w/GST

6 bottles of **JW Sherry Edition**  
 at \$609.90 w/GST  
 (FREE 2 bottles of  
 20cl Black Label)



6 bottles of **JW Black Label**  
 at \$577.80 w/GST  
 (FREE 2 bottles of  
 20cl Black Label)

12 bottles of **JW Sherry Edition**  
 at \$1,219.80 w/GST  
 (FREE 5 bottles of  
 20cl Black Label)

12 bottles of **JW Black Label**  
 at \$1,155.60 w/GST  
 (FREE 5 bottles of  
 20cl Black Label)

*\*No Happy Hour discount for the above promotion*

**WAIVER OF GUEST COVER CHARGE**

Members who spend \$107 w/GST and above at any of the F&B outlets will be entitled to the following promotion:

- Minimum spending of \$107 w/GST: waiver of cover charges for 2 guests
- Minimum spending of \$214 w/GST: waiver of cover charges for 5 guests
- Minimum spending of \$321 w/GST: waiver of cover charges for 8 guests

Waivers of guest cover charges at Club Twenty-Two will be valid only on the day of spending and CANNOT be used for special events held at Club Twenty-Two.



# THROW A PARTY @ SGCC AND BE REWARDED

**We've got the best venues for your party – from anniversary celebrations, weddings to kids' birthday bash. The best part is that you'll be rewarded with up to \$300 worth of F&B vouchers.**

Recommend a friend or company to hold an event at SGCC and you'll be rewarded too!

Check out our incentive scheme below, valid for bookings from now till end February 2019.

BANQUET EXPENDITURE (w/ GST)	YOUR INCENTIVE
\$4,280 - \$8,558.90	\$100 F&B Voucher
\$8,560 - \$12,838.90	\$200 F&B Voucher
\$12,840 & above	\$300 F&B Voucher

**For enquiries and bookings, kindly contact the Banquet Sales Department @ 6398 5381 / 387 or 365.**

#### *Terms & Conditions*

*1. Incentive scheme is only applicable for events held in SGCC with a minimum expenditure of \$4,280. 2. Incentive scheme is only applicable if a member refers a non-member or a company. 3. The F&B vouchers may only be used at SGCC's F&B outlets and cannot be used to offset the banquet expenditure. 4. Incentives will only be issued after the function, at the end of the month. 5. Vouchers are valid for 6 months from date of issue. 6. Vouchers may not be used in conjunction with any other promotion. 7. The Management reserves the right to amend the Terms & Conditions without prior notice.*





**TOUR OF ASIA PACIFIC  
BREWERIES**

24 October 2018, Wednesday  
5.30pm – 9.30pm

*\$20 w/GST*

**OPEN TO MEMBERS ONLY!**

Eligibility: Members aged 18 and above.  
Max. participants: 38 pax

Contact Adrian at 6398 5368 / 9115 0417  
or [adrian\\_chew@sgcc.com.sg](mailto:adrian_chew@sgcc.com.sg).

**RODNEY STRONG WINE DINNER  
WITH STEVE MESSINGER**

16 October 2018, Tuesday  
7.00pm – 10.00pm  
Garden Grill

*\$90 w/GST (Connoisseur Circle Member)*  
*\$100 w/GST (Member)*  
*\$110 w/GST (Guest)*



**SET MENU**

TRIO APPETIZER  
WASABI SALOMON, SMOKED DUCK A LA ORANGE AND  
OYSTER MORNAVY

\*\*\*

SEAFOOD BOUILLABAISSE  
A SAFFRON AND SHERRY FLAVOURED SOUP-STEW  
PREPARED WITH FISH, PRAWN, SCALLOP AND, MUSSEL

\*\*\*

GRAND MARNIER FLAVORED ORANGE SORBET

\*\*\*

PISTACHIO CRUSTED COD FILLET WITH ROASTED ONION  
AND TOMATOES

or

LAMB LOIN, PARMESAN RISOTTO AND PAN JUICE

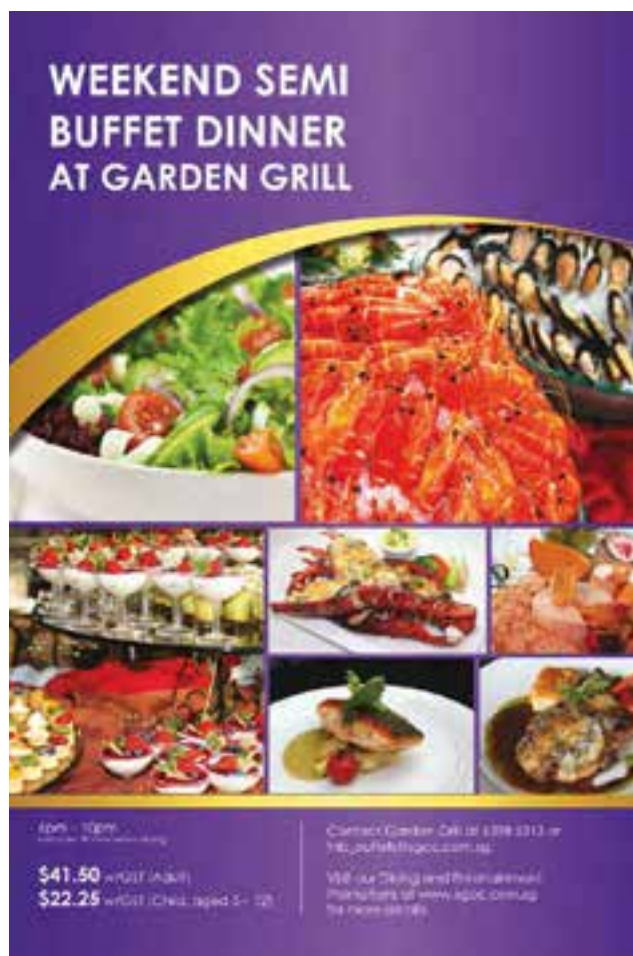
\*\*\*

CARAMEL BAKLAVA ICE CREAM

\*\*\*

COFFEE OR TEA

Contact Garden Grill at 6398 5313  
or [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg).



Garden Grill presents its weekend semi-buffet featuring a wide selection of appetisers, a luxurious seafood platter, and tasty made-to-order main courses and mouth-watering desserts, including an assortment of fresh fruits, delectable cakes and pastries. Diners will also be treated to an array of gourmet dishes such as Lobster Thermidor, Nagano Pork Cutlet and Black Angus Beef Tenderloin (subject to additional charges).

## WEEKEND SEMI-BUFFER DINNER

Saturday & Sunday

6pm – 10pm

(Last order: 30 minutes before closing)

Garden Grill

*\$41.50 w/GST (Adult)*

*\$22.25 w/GST (Children 5 – 12yrs)*

\* Reservation advisable

Contact Garden Grill at 6398 5313  
or fnb\_outlets@sgcc.com.sg.



## BOLLYWOOD TEA DANCE

6 November 2018, Tuesday

12pm – 5pm

Club Twenty-Two

\$18 w/GST (Member)

\$28 w/GST (Guest)

### HIGHLIGHTS

- ‘Live’ performance by Sound Sensation
  - Light buffet
- Best costume competition



Contact Club Twenty-Two at 6398 5386  
or fnb\_outlets@sgcc.com.sg.





## TAKING CARE OF YOUR AGEING EYES- WHAT YOU SHOULD KNOW

### Outline of the talk

Common Eye Conditions 101- Do I have them?

- Caring for your eyes as you age
- Cataracts - what you need to know
- Myopia, its prevention and control
- LASIK - Is it for me?

### Speaker

Dr Gerard Nah is a Senior Consultant Eye Surgeon trained in the sub-specialty of Cornea, Refractive Surgery and External Diseases. A medical graduate from the University of Aberdeen in the United Kingdom.

6 October 2018, Saturday  
9.30am – 11.30am

### Casuarina Room

*Free (Senior Member)*  
*\$3 w/GST (Non Senior Member)*  
*\$5 w/GST (Guest)*

Min. Participants: 15 Participants  
Max. Participants: 30 Participants  
Closing date: 29 September 2018, Saturday

Contact Iris Ong at 6398 5374  
or [iris\\_ong@sgcc.com.sg](mailto:iris_ong@sgcc.com.sg).



## LET'S GET CRAFTY!

It's simple to make and so much fun! Make your own Christmas Paper crafts to decorate your Christmas tree. The colourful and adorable paper craft makes a great gift too!

24 November 2018, Saturday  
3.30 pm - 5 pm  
Main Lobby

*\*Free (Junior Gems Member)*  
*\$4 w/GST (Member)*  
*\$8 w/GST (Guest)*

Materials will be provided for the workshop.  
\*Free only for 1st set of design.  
Charges for additional craft paper at \$4 w/GST per design applicable to all participants.

Max. participants: 30 Participants  
(For kids aged 5 - 12)  
Closing Date: 9 November 2018, Friday

Contact Jean Lee at 6398 5383  
or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg).



**CHRISTMAS BAZAAR**  
Come on down and join us, take up a stall and sell your own creations or gifts.

24 November 2018, Saturday  
10.30am – 8.30pm  
Main Club House Lobby

*\$50 w/GST per stall (Member)*  
*\$80 w/GST per stall (Guest)*

Max. stalls: 20

Contact Iris Ong at 6398 5374 or [iris\\_ong@sccc.com.sg](mailto:iris_ong@sccc.com.sg).



**PERFUME WORKSHOP**  
Create your signature scent based your personality or a special scent for someone you love.  
Each Participant get create and take home their 75 ml signature and customise perfume.  
(Free name engraving)

1 December 2018, Saturday  
2 pm - 4 pm  
Main Lobby

*\$110 w/ GST (Member)*  
*\$140 w/ GST (Guest)*

Contact Jean Lee at 6398 5383 or [jean\\_lee@sccc.com.sg](mailto:jean_lee@sccc.com.sg).





## SGCC GOLF PRESIDENT CUP 2018

18 October 2018, Thursday

12pm onwards

Orchid Country Club

*S\$ 108 nett (SGCC Golf Section member with Union day pass)*  
*S\$ 165 nett (SGCC Golf Section member without Union day pass)*  
*S\$ 45 nett (SGCC Golf Section member with OCC Gold m'ship)*  
*S\$ 118 nett (SGCC Member with Union day pass)*  
*S\$ 175 nett (SGCC Member without Union day pass)*  
*S\$ 55 nett (SGCC Member with OCC Gold m'ship)*  
*S\$ 195 nett (Guest)*  
 All prices inclusive of GST.

Format: Strokeplay (2 Divisions)

Min. to start: 24 pax

Max. participants: 60 pax

Closing date: 4 October 2018, Thursday

Contact Terrence Ho at 6398 5389  
 or recreation@sgcc.com.sg

## 301 BLIND DOUBLES

20 October 2018, Saturday

2pm onwards

Darts Lounge

*\$10.70 w/ GST (member)*

Inclusive of dinner catering.

Min. to start: 16 pax

Max. participants: 24 pax

Closing date: 6 October 2018, Saturday



Contact Charles Chow at 6398 5327 /  
 Steven Goh at 6398 5353 or recreation@sgcc.com.sg



## BINTAN CYCLING 2018

This trip is catered for cyclists beginners or pro, as it offer different level of challenges.

Waterpoints for the trip: First stop 3rd bridge, 4th and 5th bridge Midpoint (55km) – Restpoint – chill out and recharge. Support vehicle will be with cyclist to rest or for excess water refill. At midpoint, at the end of 55km, for those who can continue, they will continue to complete the 2nd half of the 55km, achieving about 110km.

For anyone who needs to stop enroute, the support vehicle will pick the team up. They can continue later on after the rest or they can enjoy photo-taking or support for the rest of the team.

20 – 21 October 2018, Saturday – Sunday

*\$220 nett (Members)*

*\$240 nett (Guest)*

All prices inclusive of GST.

Min. to start: 16 pax

### PACKAGE INCLUDES:

- Return Ferry Ticket and taxes
- Bicycle clearance fees
- Indonesia express clearance fee
- Both ways Custom clearance
- All drinks during trip (Fruits / Isotonic Drinks / Water)
- Transportation, support vehicle and staffs
- 1 picnic lunch, 1 seafood dinner
- Hotel stay with breakfast and
- Transfer to ferry terminal on Day 2



Contact Terrence Ho at 6398 5389 or recreation@sgcc.com.sg



Photo: istock

### **41<sup>ST</sup> INTER-TEAM BOWLING MIXED LEAGUE**

Calling all members out there to joint in this league, get to know each other well in Bowling fraternity

31 October 2018, Every Wednesday (21 Weeks)  
Check-In-Time – 7.45 pm  
Gardens Bowl

Format: Best of 4 Games  
Eligibility: Minimum age of 12 years old & above  
Min. to start: 50  
Max. participants: 70  
Closing date:  
22 October 2018, Monday

### **QUARTERLY BOWL (NOVEMBER)**

Bowlers can look forward to a good time at the upcoming Quarterly Bowl, held on the 18th November at Gardens Bowl. A minimum of 20 bowlers are required in order for the competition to proceed, and capped at a maximum of 30 bowlers. The bowler who records the best score for 10 games wins.

18 November 2018, Sunday  
Men & Ladies Category  
Check -in time: 10.00am  
Roll-off time: 10.15am  
Gardens Bowl

*\$42.80 w/ GST (member)*

Format: Best of 10 Games  
Eligibility: Strictly for members only  
Min. to start: 20 pax  
Max. participants: 30 pax  
Closing date:  
4 November 2018, Sunday

### **SENIOR BOWLING**

Handicap  
100% of bowlers' handicap will be utilized from the 40th Inter- Mixed League.

Note: Ladies' Category will be combined with the Men's Category if the numbers fall below 8 participants. Additional of 10 pin handicap will be given.

1 December 2018, Saturday  
Men & Ladies Category  
Check -in time: 2.30pm  
Roll-off time: 2.45pm  
Gardens Bowl

*\$42.80 w/ GST (member)*

Format: Best of 10 Games  
Eligibility: Strictly for members only  
Bowler must be 50 years old and above as of December 2018  
Min. to start: 20 pax  
Closing date: 16 November 2018, Friday





## SGCC PREPARATORY SERIES 6

Calling all swimmers. Get ready for another round of fun yet exciting swim series, held at SGCC's swimming pool on the 25th November 2018. Gather your swimming buddies and be prepared to have a whale of a time.

25 November 2018, Sunday  
9am to 5pm  
Swimming Pool

*\$10.70 w/GST (Member) Per event*  
*\$21.40 w/GST (Guest) Per event*

*Package: \$21.40 w/GST (Member), \$32.10 w/GST (Guest)*  
*(Package Price regardless of the number of events.)*

Closing date: 11 November 2018, Sunday

Contact Daniel Chong at 6398 5351  
or recreation@sgcc.com.sg

## SNOOKER - 6 REDS BLIND DOUBLES

13 October 2018, Saturday  
1pm Onwards  
Billiard Room

*\$10.70 w/GST Inclusive of lunch buffet*

Min. to start: 16 pax  
Max. participants: 24 pax  
Closing date: 3 October 2018, Wednesday

Contact Charles Chow at 6398 5327 /  
Steven Goh at 6398 5353 or recreation@sgcc.com.sg



## SNOOKER NUMBER BALLS

Avid snooker players keen to test their skills should register for the upcoming Snooker Number Balls, set to take place from the 12 to 18 November 2018 at SGCC's Billiard Room. A minimum of 16 players are required for the game to proceed, and capped at a maximum of 24 players. The format of the game is as follows: Best of 3 to qualify for the Quarter Finals; the Best of 5 to qualify for the Semi-Finals; and the Best of 7 to qualify for the Final match. Following the conclusion of the game, participants will be treated to a sumptuous buffet lunch.

12 November 2018 – 18 November 2018  
1pm onwards  
Billiard Room

*\$10.70 w/GST Inclusive of buffet lunch*

Format:  
Best of 3 – Quarter-Final  
Best of 5 – Semi-Final  
Best of 7 – Final Match  
Min. to start: 16  
Max. participants: 24  
Closing date: 2 September 2018, Sunday

Contact Charles Chow at 6398 5327 /  
Steven Goh at 6398 5353  
or recreation@sgcc.com.sg



## MUAY THAI

### About the Trainer | Dejun

A member of the national Muay Thai team, Dejun brings with him seven years of experience, both as a fighter and an instructor. He is trained by one of the oldest Muay Thai gyms in Singapore, BXG Boxing & Fitness, which has produced many other local professional Muay Thai fighters.

Every Saturday, 9.30am – 11.00am

Every Sunday, 9.00am – 10.30am

Aerobics Studio

*Unlimited Sessions*

*\$107.00 w/GST (Member)*

*\$117.70 w/GST (Guest)*

Eligibility: 6 years old & above

Min. to start: 6 pax

Max. participants: 20 pax

## AIKIDO FOR KIDS AND ADULTS

### About the Trainer | George Chang Koon Chua

A President and Chief Instructor of Ueshiba Aikido Association, George is a qualified Aikido instructor and the only 7th Dan holder in Singapore. He is officially recognised by Aikido World Headquarters in Japan (Japan Aikido HQ), and has taught Aikido in community centres, country clubs and other organisations in Singapore. He is the Head Instructor of the Teaching and Grading Committee and is authorised to conduct grading examinations of Aikido students.

Every Saturday

4.30pm – 5.30pm

Aerobics Studio

*\$53.50 w/GST per month (Member)*

*\$64.20 w/GST per month (Guest)*

*Charges are for 4 lessons in a month. There will be additional charges if there are 5 weeks or/ lessons in a month.*

Eligibility: 6 years old & above

Min. to start: 6 – 8 pax

Max. participants: 20 pax



Photo: istock

## JUDO FOR KIDS

### About the Trainer | Md Azfar Ali

A 2nd Dan black belt, Azfar has been coaching for several years and has trained as a coach at the Kodokan Judo Institute in Japan, under the ASEAN-Jita Kyoei Program. He believes in focusing on fundamental skills development and strives to make learning judo an enjoyable and enriching experience for learners of all age.

Every Thursday, 4.30pm – 5.30pm

Aerobics Studio

*\$85.60 w/GST per month (Member)*

*\$96.30 w/GST per month (Guest)*

Eligibility: 5 years old & above

Min. to start: 6 pax

Max. participants: 20 pax





## TAEKWONDO

### About the Trainer | Patrick Tan

Patrick Tan has more than 37 years of Taekwondo coaching experience, which includes teaching in the armed forces, international schools, commercial gyms as well as private clubs and organisations. Equipped with a National Coaching Accreditation Programme (NCAP) Level 3 certification from Sport Singapore, he is also a Singapore Taekwondo Federation (STF) 7th Degree Black Belt, a STF-certified instructor (Poomsae and Kyorugi), a Kukkiwon-certified instructor and a STF referee (Poomsae and Kyorugi). Under Patrick's training, some of our Club members have emerged as champions in their respective categories in both National Kyorugi Championship and Inter-School Kyorugi Championship.

#### Aerobics Studio

##### *Beginner*

*Every Friday*

*6.15pm – 7.00pm (For ages 4 – 6)*

*7.00pm – 7.45pm (For ages 6 & above)*

*\$74.90 w/GST (Member)*

*\$85.60 w/GST (Guest)*

##### *Intermediate*

*Every Friday, 8.00pm – 9.15pm*

*\$74.90 w/GST (Member)*

*\$85.60 w/GST (Guest)*

##### *Sparring*

*Every Sunday, 5.15pm – 6.45pm*

*\$85.60 w/GST (Member)*

*\$96.30 w/GST (Guest)*

*Charges are for 4 lessons in a month. There will be additional charges if there are 5 weeks or/ lessons in a month.*

Min. to start: 6 pax

Max. participants: 20 pax

## HATHA YOGA

### About the Trainer | Michael Choong

A full-time, freelance yoga instructor and personal trainer at several clubs, companies and community centres, Michael holds an International Diploma in Ashtanga Yoga. He is also certified in Therapeutic Healing Yoga and has attended the Sivananda Yoga Teacher Training Course.

Every Monday, 7.30pm – 8.30pm

Every Monday, 9.00pm – 10.00pm

Every Saturday, 3.15pm – 4.15pm

Aerobics Studio

*\$64.20 w/GST (Member)*

*\$74.90 w/GST (Guest)*

Eligibility: 6 years old & above

Min. to start: 6 pax

Max. participants: 30 pax

## VINYASA FLOW YOGA

### About the Trainer | Dawn

As a former accountant, being on the yoga mat after a long day at work became Dawn's quick-fix for stress relief. Having practised for more than 6 years, she is constantly inspired by the amazing benefits of yoga. Other than improved flexibility and strength, yoga has brought overall body and mental wellness to many others and herself. She strongly recommends a little bit of yoga to melt away any body tensions and bring some calmness to your mind! Dawn believes it is most important to have a fun and safe practice, and encourages students not to be too hard on themselves on the mat. Her teaching emphasises proper alignment to build a strong foundation.

Certifications:

- Mindful Birth Teacher Training Yoga For Pregnancy, Birth and Baby (Module 1: Pregnancy Yoga)
- Mastering the Art of Vinyasa Yoga 50-Hr Teacher Training with Jason Crandell

Styles: Hatha, Vinyasa Flow, Prenatal

Every Thursday, 7.30am – 8.30am

Every Thursday, 9.00am – 10.00am

Aerobics Studio

*\$64.20 w/GST (Member)*

*\$74.90 w/GST (Guest)*

Eligibility: 6 years old & above

Min. to start: 6 pax

Max. participants: 30 pax



## LEARN-TO-SWIM PROGRAMME & DEVELOPMENT PROGRAMME BY QUATTOR SWIM SCHOOL

From 1 June 2018, Friday

The Learn-to-Swim Programme would be based on the SwimSafer Criteria whereby students would be trained and taught according to the requirements for different levels.

The Development Programme caters to swimmers who wish to further improve their competitive swimming knowledge and skills. This programme focuses on boosting the efficiency of a swimmer's stroke technique, and improving their swimming stamina. This programme is a step up from the SwimSafer requirements as swimmers will be trained to progress to a competitive level.



Photo: istock

### Learn-to-Swim Programme

Monday 4-5pm, 5-6pm, 6-7pm

Tuesday 4-5pm, 5-6pm, 6-7pm

Thursday 4-5pm, 5-6pm, 6-7pm

Saturday 9-10am, 10-11am, 11-12nn

Sunday 9-10am, 10-11am, 11-12nn

*Note: Free assessment will be conducted for new students (applies to fresh beginner) as to streamline according to their skills levels.*

### Development Programme

Monday 7.30pm - 9pm

Wednesday 7.30pm - 9pm

Friday 7.30pm - 9pm

Saturday 10.30am - 12nn

Sunday 10.30am - 12nn

### Learn-to-Swim Programme

	ATTENDING ONE SESSION PER WEEK (4 TIMES A MONTH)	ATTENDING TWO SESSIONS PER WEEK (8 TIMES A MONTH)
MEMBER	*\$64.20 w/ GST	*\$85.60 w/ GST
GUEST	*\$64.20 + <i>(Additional Guest Fee Payable as per table below)</i>	*\$85.60 + <i>(Additional Guest Fee Payable as per table below)</i>

*\*Above lessons fees (exclude Guest Fee payable) are subjected to prorate in the event of public holidays or if there are fifth week in the month.*

#### Additional Guest Fee Payable

ATTENDING ONE SESSION PER WEEK	
Weekday session	\$10.70 w/ GST
Weekend session	\$21.40 w/ GST
ATTENDING TWO SESSIONS PER WEEK	
Weekdays session	\$21.40 w/ GST
1 Weekday & 1 Weekend session	\$32.10 w/ GST
Weekends session	\$42.80 w/ GST

### Development Programme

	ATTENDING ONE SESSION PER WEEK (4 TIMES A MONTH)	ATTENDING THREE SESSIONS PER WEEK (12 TIMES A MONTH)
MEMBER	**\$74.90 w/ GST	**\$96.30 w/ GST
GUEST	**\$74.90 + <i>(Additional Guest Fee Payable as per table below)</i>	**\$96.30 + <i>(Additional Guest Fee Payable as per table below)</i>

#### Additional Guest Fee Payable

ATTENDING ONE SESSION PER WEEK	
Weekday session	\$10.70 w/ GST
Weekend session	\$21.40 w/ GST
ATTENDING THREE SESSIONS PER WEEK	
Weekdays session	\$32.10 w/ GST
1 Weekday & 2 Weekends sessions	\$53.50 w/ GST
2 Weekdays & 1 Weekend session	\$42.80 w/ GST

*\*\*The above lessons fees (include Guest Fee payable) are NOT subjected to prorate in the event of public holidays or if there are fifth week in the month.*





## BIO BOWLING ACADEMY

### About the Trainer | Vanessa Fung

Bio Bowling Academy was incepted in 2012 and has since been endorsed as a Centre of Excellence by the Singapore Bowling Federation in 2013. Supported by a team of experienced coaches, we have been offering training programmes to school teams in the Primary and Secondary Schools of the Ministry of Education. As part of our expansion efforts, we have invited Ms Vanessa Fung to join our ranks from 20 December 2017.

Ms Vanessa Fung brings with her an extensive network of private students from the clubs. Prior to her stint in Singapore, she was a private bowling instructor in Hong Kong for 10 years. As a national athlete for 12 years, she had also participated in numerous international competitions between 2000 & 2012 and won Women's Masters 3rd runner-up in World Games 2005, Duisburg, Germany and Women's 2nd runner-up in AVIVA Asian Bowling Tour, Grand Slam Finals 2001. In addition, she had also won the Women's 2nd runner-up in Asian Bowler of the Year 2009.

### Junior Bowling (For ages 3 – 8)

Every Wednesday, 6pm – 7pm  
 Every Friday, 3.45pm – 4.45pm  
 Every Friday, 4.45pm – 5.45pm  
 Every Sunday, 4pm – 5pm

Aerobics Studio

9 Lessons

\$385.20 w/GST (Member)

\$481.50 w/GST (Guest)

18 Lessons

\$749.00 w/GST (Junior Gems Member)

Min. to start: 3 pax

Max. participants: 10 pax

## BOWLING CLASSES

### About the Trainers | Samuel Ho & Peter Chng

Samuel Ho is a qualified bowling instructor with more than 20 years of experience. His working experience includes being a resident coach for SGCC and Singapore Swimming Club. His professional qualifications and certifications include being a registered coach with the Sports Council (NROC) and the Singapore Bowling Federation.

Peter Chng has 10 years of coaching experience, he's been the Club's resident coach since 2017 and also has 2 years of experience in coaching various schools: Maris Stella Primary & Secondary School, ACS (Barker), Nanyang Girls' and Special Olympic School. His professional qualifications and certifications include being a registered coach with Singapore Bowling Federation.

### Bowling Classes

Every Sunday, 10am – 12pm

Gardens Bowl

*Group Coaching For Samuel Ho & Peter Chng*

*\$42.80 w/GST per session (Member)*

*\$53.50 w/GST per session (Guest)*

Min. to start: 3 pax

Max. participants: 10 pax

### Bowling

To arrange with instructor

Gardens Bowl

Private Coaching

1 student: \$74.90 w/GST per session (Member)

2 students: \$58.85 w/GST per session (Member)

1 student: \$85.60 w/GST per session (Guest)

2 students: \$69.55 w/GST per session (Guest)



## ABOUT OUR PERSONAL TRAINERS (HAZLI & JINHAN)

### About the Trainers

#### Hazli Ansar

- Certified fitness instructor from Singapore Fitness Instructor Association
- Have worked with youths and adults alike (Army personnel, youths with special needs, adults with various health/medical issues as well as assisting physios with sports injuries rehab)
- Speciality: Strength and Conditioning training, Weight Loss

#### Li Jinhan

- Certified personal trainer through National Academy of Sports Medicine.
- Includes TRX , VIPR, Kettlebells, Battling rope, Corebag. In addition he is a certified Sports Masseur with a Diploma in Sports Massage Therapy.
- Certified pre & post natal trainer which means he is capable of giving training to pregnant ladies.

Contact Terrence Ho at 6398 5389  
or recreation@sgcc.com.sg

## ADULT / CHILDREN TENNIS CLASSES BY MIKE TAN

### Basic I / II (Junior)

Friday (6pm – 7.30pm)  
Sunday (4pm – 5.30pm)

\$86.10 w/GST (Member)  
\$96.80 w/GST (Guest)

### Intermediate 2 & Advance (Junior / Adult)

Sunday (5.30pm – 7.30pm)

\$104.55 w/GST (Member)  
\$115.25 w/GST (Guest)

*Charges are for 4 lessons in a month, there will be additional charges if there are 5 weeks of lessons in a month.*

## TENNIS COACHING BY ACES TENNIS

### Adult Group Coaching Programme

Beginner: Saturday (3.30pm – 5pm)  
Intermediate: Monday (8.30pm – 10pm)  
Ladies' Intermediate: Friday (8am – 9.30am)

#### Tennis Court

\$141.24 w/GST (Member)

\$157.29 w/GST (Guest)

*Charges are for 4 lessons in a month. There will be additional charges if there are 5 weeks of lessons in a month.*

### Junior Group Coaching Programme

#### Monster Tennis (3 – 7 years old)

Monday (4.30pm - 5.30pm), Sunday (9am - 10am)

\$94.16 w/GST (Member)

\$110.21 w/GST (Guest)

#### Beginner Level 1 (7 – 12 years old)

Friday (3pm – 4.30pm)

#### Beginner Level 2 (7 – 12 years old)

Tuesday, Wednesday and Friday (4.30pm – 6pm)

#### Intermediate Level 1 (7 – 12 years old)

Tuesday (7.30pm – 9pm)

#### Intermediate Level 2 (7 – 12 years old)

Wednesday (6pm – 7.30pm)

#### Beginner Level 1 (12 – 18 years old)

Tuesday (6pm – 7.30pm)

#### Beginner Level 2 (12 – 18 years old)

Monday (5.30pm – 7pm)

#### Intermediate Level 2 (12 – 18 years old)

Monday (7pm – 8.30pm)

#### Junior Level 3 (12 – 18 years old)

Sunday (9.30am – 11am)

\$141.24 w/GST (Member)

\$157.29 w/GST (Guest)

#### Advanced (12 – 18 years old)

Sunday (10am – 12pm)

\$188.32 w/GST (Member)

\$209.72 w/GST (Guest)

*Charges are for 4 lessons in a month, there will be additional charges if there are 5 weeks of lessons in a month.*

Contact Daniel Chong at 6398 5351 or recreation@sgcc.com.sg



## 29<sup>TH</sup> AGE GROUP SWIMMING MEET 2018

29 July 2018, Sunday

Swimming Pool

The recent 29<sup>th</sup> Age Group Swimming Meet held on the 29th July at SGCC attracted a huge crowd. A total of 133 swimmers comprising members, their guests, as well as swimmers from Olympia Swimming Club, Sailfin Swim School, Art Aquatics, and Aquarian Aquatic Swim School, participated in the swim meet. Beyond just being a competition for swimmers to pit their skills against each other, the swim meet provided a fantastic opportunity for everyone to bond and catch up. Among the swimmers who took part was Madam Wong Kin Siew, aged 80 years old. She has proven that age does not deter one from keeping fit and staying competitive.

Special thanks to the sports and fitness team who sponsored various items for the swim meet.



Phoebe Ng, Patricia Cayadi, Tang Si Yuan & Calista Lee



Ulysse Wong, Alyssa Choo, Tang Shao Shuin, Lin Xiu Qi & Li Yan Zoe



Juliet Wong, Alyssa Choo, Sarah Toh & Gwen Ng



Tang Si Jia, Tiffani Mah, Carol Rachmadi, Avril Yee & Ivalyn Lim



Colin Soon, Zackery Tay, Leroy Lock & Pek Dong Jun



Hector Lim-Ng, Xavier Lim, Mike Lee & Thuiller Phileas



Khor Chee Kok, Jean-Francois Chassin & President



President flag off the first event of the meet



Wong Kin Siew receiving her medal from President

## **SGCC GOLF FRIENDLY WITH SINGAPORE SWIMMING CLUB**

7 August 2018

Marina Bay Golf Course

SSC was the hosting club for this Friendly match. Each club sent a total of 20 golfers each to compete. It was a sunny day and all the golfers enjoyed their game. After the game, dinner and prize presentation was held at SSC's Emerald Court.

### **SGCC BEST PAIR**

1st – Steve Tay & Michael Ong

2nd – Liow Hock Lye & Raymond Wong

3rd – Aaron Lim & Lee How Giap

Overall Best Gross – Aaron Lim

### **CHAMPION CLUB**

Serangoon Gardens Country Club



(From L-R) SGCC Best Pair Michael Ong, Dr Sandy Lek, Steve Tay and Larree Chong



Champion Club



(From L-R) 2nd Best Pair Liow Hock Lye, Raymond Wong and Prize Presenter Dr Sandy Lek



Group Photo



(From L-R) 3rd Best Pair Lee How Giap, Aaron Lim and Prize Presenter Dr Sandy Lek



Larree Chong with SGCC Champion Club Golf Convenor Aaron Lim



## SGCC GOLF RECREATION CHAIRMAN CUP 2018

23 August 2018

Sembawang Country Club

Held at Sembawang Country Club on 23rd August, the SGCC Golf Recreation Chairman Cup 2018 welcomed the participation of 24 golfers. The day was off to a good start with clear skies and some gentle breeze. The tournament went smoothly thanks to the excellent weather conditions, and all the golfers had a great time out on the course. Following the end of the game, the dinner and prize presentation ceremony was held at SGCC's Casuarina Room, where everyone was treated to a sumptuous dinner. A lucky draw was also conducted where 10 individuals went home to attractive prizes. We would also like to take this opportunity to congratulate our golfer Philip Leow for achieving an incredible hole-in-one at Sembawang Country Club's 8th Hole.



Champion Philip Leow with S&R Chairman, Benjamin Wong



1st Nine winner Lee How Giap with S&R Chairman, Benjamin Wong



2nd placed Dhanvinder Singh with S&R Chairman, Benjamin Wong



3rd placed Khor Chee Kok with S&R Chairman, Benjamin Wong



2nd Nine winner Ibrahim Atan with S&R Chairman, Benjamin Wong



Longest Drive winner Dhanvinder Singh with S&R Chairman, Benjamin Wong



NTP winner Terrence Fernandez with S&R Chairman, Benjamin Wong

## SGCC GRAND SLAM 2018

Categories:

- Men's Single
- Ladies Single
- Men's Master
- Mixed Doubles



Steven Lee, Arthur Breinl, Christian Breinl and Max Lee

### MEN'S SINGLE

4 - 10 June 2018

A total of 11 players participated in the SGCC Tennis Tournament – Men's Single from the 4th to 10th June. The 7-day event proved to be a great time for all players, who not only worked on improving their skills together, but forged new friendships. The overall champion's title went to Arthur Breinl, while the second place was awarded to Christian Breinl. Thank you to all players who took part and made this event a huge success.



Celina Tan, Leon Qiu, Phelan Phua and Sarah Soo

### MIXED DOUBLES

16-29 July 2018

A total of 16 players participated in the Mixed Doubles tournament held on the 16th-29th July. Great weather conditions ensured that all the scheduled matches were carried out according to plan. After a series of intense matches, Phelan Phua and Sarah Soo were crowned the overall champion, while Leon Qiu and Celina Tan came in second overall.



Champion - Ng Sook Zhen

### LADIES SINGLE

11-17 June 2018

A group of five female tennis players participated in the SGCC Tennis Tournament. The week-long event witnessed tons of nail-biting action, and at the end of it, Ng Sook Zhen played her best to emerge the overall champion, while the 2nd and 3rd place went to Stephanie Koh and Mary Claire Sia. Appreciate the ladies for their participation.

### MEN'S MASTER

04 - 29 July 2018

Finalist : Douglas Chow  
Total of 6 tennis players took part in the Men's Master from 4th July to 29 July 2018. The weather was good and players enjoyed the games.



Finalist - Douglas and Mike Tan



Andrew Sia and Mike Tan



Douglas Chow and Ang Fui Siang





## SGCC TENNIS FRIENDLY MATCH WITH TB COUGARS

8 July 2018

SGCC hosted a friendly match with TB Cougars on the 8th July, where each club fielded 10 players. The weather was great and all players enjoyed the game thoroughly. It was truly a memorable experience!



## ONE DAY TENNIS BLIND DOUBLES TOURNAMENT

Mixed – 11th August 2018

Men's – 25th August 2018

A total of 17 tennis players participated in the One Day Tennis Blind Doubles held on the 11 and 25 August 2018. The weather was great on both days, allowing all the scheduled matches to carry on as planned. All the players enjoyed themselves thoroughly.



Men Doubles Group Photo (25 August 2018)



Mixed Doubles Group Photo (11 August)

## MAHJONG COMPETITION 2018

15 July 2018

Held at the Kensington Ballroom on 15th July, the Mahjong Competition 2018 attracted a total of 72 participants. All the players put their best game forward in hopes of winning the highly coveted titles of King/Queen of Mahjong. After three intense rounds and with a stroke of luck, Ms Agnes Heng emerged the overall champion. The Highest Double went to Mr Eddie Lim who had clocked up eight doubles.

The Club's President Mr Terrence Fernandez was present that evening to hand out the awards to the winners, as well as the prizes to the lucky draw winners.



1st position Agnes Heng



2nd position Yew Cheun Wah



3rd Position and Highest Doubles Eddie Lim



Billiard Group Photo with President



Plate Event 1st - Anthony Tan (Trustee)



Main event - Champion; Darc Sim and Billiard Group



2nd Runner-up High Break 42 Pts, David Lee with Convenor, Emrys and President

## SNOOKER CONVENOR CUP

14 July 2018, Saturday

Held at the Billiard Room on 14th July, the Snooker Convenor Cup attracted the participation of a large group of avid snooker players. It was a fun-filled day for the players who shared tips and various tactics on how they can improve their game. Here are the results:

### MAIN EVENT

Champion – Darc Sim  
 2nd Runner-up - David Lee  
 Joint 3rd – Simon Yang  
 Joint 3rd – Aaron Foo  
 High Break – David Lee

### PLATE EVENT

Champion – Anthony Tan (Club Trustee)  
 2nd Runner-up - Emrys Phua (Billiard Convenor)  
 Joint 3rd – Gaston Quek (Billiard Sub Committee)  
 Joint 3rd – Bernard Gwee



## 301 DARTS INDIVIDUAL

9 June 2018, Saturday

The highly anticipated 301 Individual held at SGCC's dart lounge proved to be a great day of fun for a bunch of avid darters. Participants took the opportunity to learn more about the sport from each other, and had an insightful time exchanging tips. For the main event, Fred Kang displayed excellent skills and emerged as the overall champion, while Gilbert Low and Tan Chee Seng were awarded the second and third place respectively. The fourth spot was won by Hilary Cordeiro.

For the Plate Event, John Ow did well to secure the 1st spot, while Debbie Woon and Simon Yang came in 2nd and 3rd place respectively. The 4th spot was taken up by Roger Koo. Lastly, for the Bowl Event, Iris Lim and Francis Tay won 1st and 2nd place respectively. Huge thanks to the organising team and all participants who made this event a great success.



Bowl Event Winners: Iris Lim, Francis Tay (with Sub-Com - Hilary Cordeiro)



Main Event: Champion Fred Kang, 2nd Gilbert Low, 3rd Tan Chee Seng, 4th Hilary Cordeiro



Plate Event Winners: 1st John Ow, 2nd Debbie Woon, 3rd Simon Yang, 4th Roger Koo (with Sub-Com - Iris Lim)



Plate winner: Matthias Lee, Gilbert Low (with Sub-Com - Hilary Cordeiro)



Bowl winners: Roger Koo, Tay Sai Huai (with Sub-Com - Francis Tay)



Saucer Winners: Francis Tay, James Ng (with Sub-Com - Iris Lim)



Group photo

## DARTS SC SHIELD TOURNAMENT

14 July 2018, Saturday

Held at the Darts Lounge on 14th July, the tournament saw a large group of darters competing for podium finishes. After a series of matches, Chan Man and Lionel Ng emerged the overall champion, whereas Nicholas Ng and Joan Liew came in 2nd overall. The 3rd and 4th place went to Fred Kang and Stephen Seah, and Iris Lim and Lise Yap respectively.

Here are the other winners in the following events:

### PLATE EVENT

- 1st Gilbert Low & Matthias Lee
- 2nd Ramel Ang & Michael Tan
- 3rd Yoong Fah Kong & Tan Hui Qing
- 4th C.K Tan & Irene Teo

### BOWL EVENT

- 1st Tay Sai Huay & Roger Koo
- 2nd Hilary Cordeiro & Jeffery Heng
- 3rd Philip Lam & Jen Wong
- 4th John Ow & Johnson Choh

### SAUCER EVENT

- 1st Francis Tay & James Ng
- 2nd Rick Seah & Cindy Chua



Lionel Ng, Chan Man, Champion of SC Shield (with Convenor, Ramel Ang and Sub-Com - Iris Lim, Hilary Cordeiro, John Ow)



## DARTS FRIENDLY WITH LAW SOCIETY

17 July 2018, Tuesday

A group of 28 avid darters comprising members of the Club as well as people from the Law Society gathered at the Darts Lounge on the 17th July for a friendly match. It was a great sparring session for all players, who shared tips with each other and forged new friendships. At the end of the match, SGCC was declared the overall winner, winning 6 out of 7 matches. Thank you to everyone who turned up and made this event a huge success.



Female Darters



Male Darters



A big toast to all darters!



Hilary Cordeiro & Max Ong



Convenor Ramel Ang



Lionel Ng & Convenor Ramel Ang



Shenon Goh & Tan Chee Seng

## DARTS SECTION GATHERING DINNER

25 August 2018, Saturday

It was an evening filled with great food, drinks and conversations at the Darts Section Dinner, held on 25th August at Garden Grill. A group of 44 darters turned up for this cosy and intimate dinner, where they were treated to a scrumptious 3-course meal. Attendees had a lovely evening catching up and getting to know more about the novice players.



## 501 DARTS BLIND DOUBLES

18 August 2018, Saturday

A group of darters gathered for the 501 Blind Doubles event held on 18th August at SGCC'S darts lounge. Apart from the main event, participants competed across various categories including the Plate Event and Bowl Event. The competition was stiff throughout, with every player giving his or her best shot in hopes of achieving a podium finish.

At the end of the day, Francis Tay and Matthias Lee came in champion for the main event, while Ramel Ang and Joseph Koh came in 2nd. The 3rd and 4th place went to Fred Kang and Shenon Goh, and Iris Lim and Charles Koh respectively. For the Plate Event, the winners are as follows: John Lee and Jenn Wong (1st position), Liesje Yap and James Ng (2nd position), Philip Lam and Kevin Huang (3rd position), and Chan Man and Roger Koo (4th position). For the Bowl Event, Stephen Seah and Irene Teo was awarded 1st position, while Lionel Ng and Jacqueline Chua took home the 2nd position. Bowler Jacqueline Chua also achieved the New Comer Award.



Champion team: Matthias & Francis Tay (with Sub-Com John Ow)



Group photo of Bowl Event



Group photo of Plate Event



Group photo of Checkout Award Winners



A big welcome to our new darter Jacqueline Chua

## 40<sup>TH</sup> INTER-TEAM BOWLING MIXED LEAGUE

25 March to 29 August 2018

Held over 21 weeks at SGCC's Gardens Bowl, the 40th Inter-Team Bowling Mixed League proved to be a great platform for bowlers to hone their skills. A total of 8 teams registered for the event, namely Bowling Buddies, Day Day Happy, Ace Bowlers, Just Bowl, Rain or Shine, Dream Team, and Bowlers. After a series of games, Bowling Buddies led by team captain Catherine Chua emerged as the overall champion, while Dream Team led by Benedict Sim achieved second place. The third place was awarded to Just Bowl, led by Jason Ng.

In the other categories, Samuel Ho emerged champion in the Men's Category, while Lee How Wang and Jeffery Woon were awarded the runner-up and second runner-up titles respectively. Lily Leow was awarded the champion's title for the Ladies' Category. For the Men's Category (without handicap), Kelvin Chua came in 1st overall, while Peter Chng and Thomas Koh came in second and third place respectively. Adeline Law emerged overall champion in the Ladies' Category (without handicap) with a score of 1890.



Ladies Master Champion



Men Master Champion



1st Team



2nd Team



3rd Team



All Captains





Cat A Champion



Cat B Champion



Cat B Participant Winner

## JUNIOR BOWLING COMPETITION

21 July 2018, Saturday

Our junior bowlers gathered at Gardens Bowl on the 21st July for the Junior Bowling Competition. It was a lovely day for the young ones to pit their skills against each other and learn new tips and tricks of the sport. At the end of the competition, Tan Hui Xian took the 1st place in the 13 years and above category, with 1651 pin fall, while Darryl Kwek and Marcus Loh secured the 2nd and third place with 1539 and 1455 pin fall respectively.

In the 13 years and below category, Oliver Khoo came in 1st with 1074 pin fall, while Mitchell Sim and Aldrick Tay took the 2nd and 3rd place with 940 and 880 pin fall respectively.

## 19<sup>TH</sup> YOUTH INTER-CLUB BOWLING MIXED LEAGUE

11 August 2018, Saturday

Held over 15 weeks from 24 March to 11 August 2018 at the National Service Resort & Country Club (NSRCC), the 19th Youth Inter-Club Bowling Mixed League saw five clubs compete for the highly coveted championship title. The clubs that took part included Serangoon Gardens Country Club (SGCC), Singapore Recreation Club (SRC), National Service Resort & Country Club (NSRCC), Seletar Country Club (SCC) and Chinese Swimming Club (CSC).

After a series of nail-biting games, the team from SGCC did well enough to once again defend the Champion's title with a total of 50 points. The second and third places were awarded to SRC (46.5 points) and NSRCC (43 points) respectively.

We would like to take this opportunity to congratulate all our bowlers including Arielle Tay and Chan Chin Lim, who achieved third place in the Girls' Masters and Boys' Masters categories respectively. Sincerest appreciation to bowling coach Mr John Liaw, as well as to the team captain and supporters for all their assistance.



Boys Master 3rd: Chan Chin Lim



Girls Master 3rd: Arielle Tay



Group Photo

## QUARTERLY BOWL

12 August 2018, Sunday

The highly anticipated Quarterly Bowl attracted a large group of bowlers, who competed in the Youth, Senior and Ladies' Categories. Held at Gardens Bowl, the event was fiercely contested, and at the end of the competition, Tan Gian Yion came in 1st in the Youth Category with 2089 pin fall, while Chan Chin Lim came in 2nd in the same category with 1927 pin fall.

In the Senior Category, the 1st and 2nd place went to Edward Tan and Kelvin Chua respectively, while the 3rd position was awarded to Peter Chng. In the Ladies' Category, Tan Hui Xian emerged 1st overall with 1846 pin fall while Lily Leow came in 2nd with 1794 pin fall.



All winners



Ladies Champion Tan Hui Xian



Senior Champion Edward Tan



Youth Champion Tan Gian Yion

## BRIDGE SPARKLING DIAMOND

14 August 2018, Tuesday



Champion Pauline Ng and Mary Lee



Group Photo



2nd position Ng Kong and Henry Goh



# THE FAB FOUR SPECIAL TRIBUTE TO THE BEE GEES

27 July 2018, Friday





## NATIONAL DAY EVE DINNER & DANCE

8 August 2018, Wednesday





## ELVIS IS ALIVE BY DOUG CHURCH

16 - 17 August 2018, Thursday - Friday





## JUNIOR GEMS PARTY 2018 SPACE ADVENTURE

8 September 2018, Saturday

The morning rain did not stop our Junior Gem Members from having a fun-tastic space adventure with us. The little astronauts were busy visiting all the 'space stations' to earn their stamps. They had a whale of a time creating planet cards, tried their hands on 'Snap Circuit' and navigating 'Robot Sphero' through the obstacle course. Everyone also has a whoopee time making their own creative 'space shuttle' that could dominate the longest flight time. The space journey was only completed after putting on an astronaut suit, flash a smile for the camera to commemorate the space adventure.









REGULAR **AFFILIATE CLUBS**

Enjoy non-resident privileges at 14 other affiliate clubs overseas. Members must obtain their Introduction Letter from SGCC at least 1 week before their scheduled visit to the reciprocal club. The Introduction Letter can be obtained from the Membership Relations Office. Please call **6286 8888** or email **membership@sgcc.com.sg** for enquiries.

**AUSTRALIA**

**CANBERRA**

**Canberra Southern Cross Club**  
Corner of Hindmarsh Drive  
and Callam Steeet Philip,  
Canberra  
Tel: 61(02) 6283 7200

**MELBOURNE**

**The Kelvin Club**

Melbourne Place,  
Melbourne, Victoria 3000  
Tel: 61-3-96545711  
\*2, 3, 6, 9

**SYDNEY**

**CTA Business Club Ltd**

MLC Centre, Martin Place,  
Sydney NSW 2000  
Tel: 61-2-9232 7344  
\*1, 2, 3, 6, 9

**CANADA**

**ONTARIO**

**The Mandarin Golf and Country Club**

11207 Kennedy Road, Markham  
Ontario, Canada L6C 1P2  
Tel: 905-887-9887  
www.golfmandarin.com  
\*2, 3, 6, 10, 22

**VANCOUVER**

**Terminal City Club**

837 West Hastings Street  
Vancouver, BC, Canada  
V6C 1B6  
Tel: 604-681-4121  
Fax: 604-681-9634  
members@tcclub.com  
www.tcclub.com  
\*2, 3, 5, 6, 9, 11, 13, 16,  
18, 22

**CHINA**

**HONG KONG**

**Hong Kong Football Club**  
3 Sports Road, Happy Valley  
Tel: (852) 28309500  
www.hkfc.com.hk  
\*2, 3, 5, 6, 7, 8, 9, 11, 13,  
14, 16, 19

**SHANGHAI**

**Shanghai International Tennis Center Club**

516 Heng Shan Road  
Tel: 86-21-6415 5588\*82  
www.regal-eastasia.com  
\*4, 9, 10, 11, 13, 16, 19, 20

**Ambassy Club**

No. 1500 Central,  
Huai Hai Road,  
Shanghai, PRC, 200031  
Tel: 86-21-6437 9800  
\*2, 3, 4, 11, 13, 16, 19, 22

**INDIA**

**RAJASTHAN**

**Jaisal Club**  
Jethawai Road,  
Jaisalmer — 345001,  
Rajasthan, India  
Tel: 91-02992-255555 /  
254999  
\*2, 3, 6, 8, 10, 11, 19

**INDONESIA**

**JAKARTA**

**International Sports Club of Indonesia**

Jalan Liputat Raya  
Tangerang, 2 Wis Java  
Indonesia  
Tel: 62-21-749 0540  
\*2, 3, 5, 6, 7, 10, 13, 14,  
15, 16, 19

**SURABAYA**

**The Heritage Club**

Basuki Ralehmat 129-137,  
Surabaya 60271 Indonesia  
Tel: 62-31-531 6755  
\*3, 6, 9, 11, 15, 17, 20,  
21, 22

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**Kelab Kuantan**  
Jalan Merdeka, 25000  
Kuantan Pahang Darulmakmur  
Tel: 02-09-521130  
\*2, 3, 5, 7, 8

**KUALA LUMPUR**

**Royal Selangor Club**

Dataran Clubhouse  
Jalan Raja P.O. Box 10137,  
50704 Kuala Lumpur  
Tel: 603 2692 7166  
Fax: 603 2693 4724

**Bukit Kiara Sports Annexe**

Jalan Bukit Kiara Off  
Jalan Damansara, 60000 Kuala  
Lumpur  
Tel: 603-2093 2277  
Fax: 603-2093 3677  
rscmail@rscweb.org.my  
http://rsc.org.my/  
\*2, 3, 6, 9, 11, 12, 13, 15, 16,  
19, 22, 23

**SELANGOR**

**Kelab Shah Alam Selangor**

Peti Surat 7116, 40704 Shah  
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Tel: 02-03-551-00001  
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## MEMBERSHIP PRIVILEGES

### CAMBRIDGE PRE-SCHOOL@SERANGOON

22 Kensington Park Road Singapore 557271

Tel: 6282 8455

serangoon@cambridge.school

<https://cambridge.school>

- \$50 off monthly school fee (after ECDA subsidy)
- Applicable for member's children and grandchildren (proof of relationship is required)
- Subject to enrolment availability



Photo: istock

## GOLF PRIVILEGES

### ORCHID COUNTRY CLUB\*

1 Orchid Club Road Singapore 769162

Tel: 6755 9811 Fax: 6752 4255

[www.orchidclub.com](http://www.orchidclub.com)

#### Green & Buggy Fees

Mondays – Fridays (excluding competition days, public holidays and official club functions)

- \$133.75 w/GST per golfer for morning sessions
- \$144.45 w/GST per golfer for afternoon sessions
- Additional \$21.70 w/GST per golfer

### SEMBAWANG COUNTRY CLUB\*

249 Sembawang Road Singapore 758352

Tel: 6257 0642 / 6257 4714 Fax: 6755 8418

[www.sembawanggolf.org.sg](http://www.sembawanggolf.org.sg)

#### Green Fees

Tuesdays – Fridays: \$128.40 w/GST per golfer (18 holes)

Saturday afternoons & Public Holiday afternoons:

\$192.60 w/GST per golfer (18 holes)

Sunday afternoons : \$128.40 w/GST (18 holes)

### WARREN GOLF & COUNTRY CLUB\*

81 Choa Chu Kang Way Singapore 688263

Tel: 6586 1211 / 6586 1245 Fax: 6586 1235

[www.warren.org.sg](http://www.warren.org.sg)

#### Green & Buggy Fees

Mondays – Fridays

\$150 w/GST per golfer

### \*RESERVATIONS

Must be made through Terrence at 6398 5389 or [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg).

Find out more about the Golf Privileges at [www.sgcc.com.sg/membership/membership-privileges](http://www.sgcc.com.sg/membership/membership-privileges).

Terms & conditions apply.

# INTRODUCE YOUR FRIENDS TO THE CLUB

## *Drinks on us!*

Get your friends to be part of the SGCC family. Arrange for a personalised tour of the Club with the Membership Relations team where they explain to them all the nitty-gritty of the membership schemes while you sit back and relax with drinks\* on the house!

Be rewarded^ when they sign up as SGCC members:  
**\$200 spending credit** for Term Membership referral  
**\$500 spending credit** for Ordinary Membership referral

**Contact the Membership Relations team today!**  
Call **6286 8888** or email **membership@sgcc.com.sg**  
or **simply drop by the office.**

Visit [www.sgcc.com.sg](http://www.sgcc.com.sg) for details.

\*Does not apply to alcoholic beverages.

^Your friend must include you as a proposer in their membership application form. Upon approval of their membership, the spending credit will be credited to your account. Spending credit can be used for F&B, lesson fees, facilities, social events and activities.





SERANGOON GARDENS COUNTRY CLUB  
presents

# Rock Around The Clock

COUNTDOWN TO 2019

31 DECEMBER 2018, MONDAY  
6.30PM ONWARDS  
KENSINGTON BALLROOM



## HIGHLIGHTS

8 - Course Chinese Dinner  
Live Music by LYNN & THE LOVEBIRDS (4-piece)  
Performances  
Fun & Games  
Lucky draw  
Supper

## PERKS

- Free flow of beer, soft drinks and chinese tea
- 1 bottle of sparkling wine per table
- No Corkage charge for duty paid wine and hard liquor

## EARLY BIRD SPECIAL

(till 15 November 2018, Thursday)  
\$88 w/GST (per member)  
\$98 w/GST (per guest)

## REGULAR PRICES

\$98 w/GST (per member)  
\$118 w/GST (per guest)

## DRESS CODE

According to party theme  
or  
Formal attire:  
Suit / Evening wear



Contact Adrian Chew at 6398 5368 / 9115 0417 or [adrian\\_chew@sgcc.com.sg](mailto:adrian_chew@sgcc.com.sg)

# SGCC Inspiring Kidz!

Calling all young performers. Here is an opportunity to show us your incredible talent, be it in singing, dancing or acting. Send us a video clip entry of what you do best, and stand a chance to perform during the Club's annual Christmas Light-up on 24 November 2018, Saturday

24 November 2018, Saturday

Main Lobby

Registration Fee:

\$ 8 w/GST (Junior Gems Member)

\$ 10 w/GST (Member)

\$ 12 w/GST (\*Guest)

\* Must be recommended by SGCC member.

Simply email the completed registration form and a high quality video recording of your performance (in MP4 format) to [editor@sgcc.com.sg](mailto:editor@sgcc.com.sg). The video should include a short self-introduction (your name, age and performance). Kindly note that the video should not exceed 5 minutes.

We will be shortlisting 5 young performers for the annual Christmas Light-up event.  
A token of appreciation will be presented to selected participants.

Submission Deadline: **08 October 2018, Monday** Email: [editor@sgcc.com.sg](mailto:editor@sgcc.com.sg)

Contact Jean Lee at 6398 5383 or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg).  
Visit our Events Calendar at [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.

## OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	<ul style="list-style-type: none"> <li>• <b>Musical Afternoon</b> <u>Club 22</u> 2pm</li> </ul>		<ul style="list-style-type: none"> <li>• <b>Social &amp; Ballroom Dance Night with DJ Dennis Goh</b> <u>Club 22</u> 8.30pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Band with No Name</b> <u>Crossroads Lounge</u> 8pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Taking care of your ageing eyes</b> Casuarina Room 9.30am</li> <li>• <b>Matthew &amp; The Mandarins</b> <u>Club 22</u> 8pm</li> </ul>	
<b>8</b>	<ul style="list-style-type: none"> <li>• <b>Musical Afternoon</b> <u>Club 22</u> 2pm</li> </ul>		<ul style="list-style-type: none"> <li>• <b>Social &amp; Ballroom Dance Night with DJ Dennis Goh</b> <u>Club 22</u> 8.30pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Band with No Name</b> <u>Crossroads Lounge</u> 8pm</li> <li>• <b>Matthew &amp; The Mandarins</b> <u>Club 22</u> 8pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>One Day Squash</b> <u>Squash Court</u> 3pm</li> <li>• <b>Snooker -6 Reds</b> <u>Blind Doubles</u> <u>Billiard Room</u> 1pm</li> </ul>	
<b>15</b>	<ul style="list-style-type: none"> <li>• <b>Musical Afternoon</b> <u>Club 22</u> 2pm</li> <li>• <b>Rodney Strong Wine Dinner with Steve Messinger</b> <u>Garden Grill</u> 7pm</li> </ul>		<ul style="list-style-type: none"> <li>• <b>Latin &amp; Ballroom Dance Nite with DJ Dennis Goh</b> <u>Club 22</u> 7.30pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>OKTOBERFEST Dance Party</b> <u>Kensington Ballroom</u> 7.30 pm</li> <li>• <b>Oliver &amp; Mark</b> <u>Crossroads Lounge</u> 8pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>301 Darts Blind Doubles</b> <u>Darts Lounge</u> 1pm</li> </ul>	
<b>22</b>	<ul style="list-style-type: none"> <li>• <b>Musical Afternoon</b> <u>Club 22</u> 2pm</li> <li>• <b>Tour of Asia Pacific Breweries</b> 5.30pm</li> </ul>		<ul style="list-style-type: none"> <li>• <b>Social &amp; Ballroom Dance Night with DJ Dennis Goh</b> <u>Club 22</u> 8.30pm</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Halloween Nite!</b> <u>Club 22</u> 7.30pm</li> <li>• <b>Band with No Name</b> <u>Crossroads Lounge</u> 8pm</li> </ul>		<ul style="list-style-type: none"> <li>• <b>Line Dance Afternoon with DJ Dennis Goh</b> <u>Club 22</u> 2.30pm</li> </ul>
<b>29</b>	<ul style="list-style-type: none"> <li>• <b>Musical Afternoon</b> <u>Club 22</u> 2pm</li> </ul>	<p style="color: red;">Pool Closure <u>Swimming Pool</u> closed</p>				
<b>30</b>						
<b>31</b>						

WEEKLY THEME NIGHT AT CLUB TWENTY-TWO OCTOBER - NOVEMBER 2018	
TUESDAY	MUSICAL AFTERNOON 2.00pm – 4.30pm
THURSDAY	SOCIAL BALLROOM DANCE NIGHT WITH DJ DENNIS GOH 8.30pm – 11.30pm
FRIDAY	CD MUSIC 8.00pm – 11.45pm
SATURDAY	LIVE BAND PERFORMANCE 8.00pm onwards
SUNDAY	SUNDAY JAMMING 4 <sup>th</sup> Sunday - Line Dance Afternoon with DJ Dennis Goh 2.30pm – 5.30pm



### KARAOKE LOUNGE AND DANCE & MUSIC LOUNGE

#### ADMISSION CHARGES

##### Members:

First drink charge at normal bar price

##### Guests:

^^\$26.75 w/GST per person after 8pm on  
Eve of PH, PH & Sat

^\$16.05 w/GST per person after 8pm on  
Thu & Fri

^\$10.70 w/GST per person after 8pm from  
Sun - Wed

^^Guest charge inclusive of 2 standard drinks

^Guest charge inclusive of 1 standard drink

Get the most updated information on the Club's happenings from our online Events Calendar. Log on to [www.sgcc.com.sg](http://www.sgcc.com.sg) for more details.