



YOGA REGISTRATION FORM

Class	Day	Time	Venue	Charges		No. of Sessions	Please Tick
				Member	Guest		
HATHA YOGA	Mon	7.30 pm – 8.30 pm	Aerobics Studio	\$67.41 w/GST	\$78.65 w/GST	4	
	Sat	3pm – 4pm					
VINYASA FLOW YOGA	Thu	9.00 am – 10.00 am					

Hatha Yoga

Michael Choong - A full-time, freelance yoga instructor and personal trainer at several clubs, companies and community centres. He holds an International Diploma in Ashtanga Yoga. He is also certified in Therapeutic Healing Yoga and has attended the Sivananda Yoga Teacher Training Course.

Vinyasa Yoga

Dawn Wong - A 200-Hour Yoga Alliance-certified teacher with a Certificate in Hatha Yoga accredited by the Tamil Nadu Physical Education and Sports University India. She has been practicing Yoga for more than 6 years and currently teaches at Yoga Seeds and various country clubs.

For enquiries, contact Julia Kong at 6398 5352 or recreation@sgcc.com.sg.

DETAILS OF PARTICIPANTS					
Name	Date of Birth	Contact No.	Email Address	Member (Please Tick)	Guest (Please Tick)
Medical Conditions* (if any)					

TERMS & CONDITIONS

1. Confirmation of registration will be made within **1 week** via phone call or email.
2. For guest sign-up(s), the Member must be in the same class as the guest.
3. All charges indicated are for 4 lessons, there will be an additional charge if there are 5 weeks / 5 lessons in a month.
4. No make up lesson or pro-rated charges for participants who fail to attend the class(es).
5. There shall be no pro-rated payments except for new enrolment.
6. No lesson on local Public Holiday(s).
7. Lesson fees will be billed after the first lesson. The fees paid are non-refundable nor transferable. All payment must be made payable to the Club through their membership account
- 8. For termination of lessons, participant(s) are required to submit the Termination of Lessons Form by the 15th of the current month to SGCC, for the termination to be effective the following month. Lessons fees will continue to be billed to membership account unless otherwise stated. Any submissions after the cutoff date will be brought forward to the following month.**
9. The Instructor and SGCC may use any photographs or videos taken during the training sessions for publicity materials unless otherwise indicated by the participant in writing along with the submission of this form.
10. Please be informed that by signing up for the lesson, you consent to your contact details to be given to the instructor(s) for the purpose of contacting you on matters pertaining to the lessons.
11. The Club reserves the sole right to amend any of these Terms & Conditions without prior notice.

PARTICIPANT’S ACKNOWLEDGEMENT AND WAIVER

I hereby fully understand and agree to abide with the above Terms & Conditions listed by the instructor and SGCC and allow SGCC to deduct the lesson fees from my membership account and acknowledge that termination of lessons must be submitted by the 15th of the current month to SGCC, for the termination to be effective the following month.

I understand that upon signing this application form, I shall accept the terms and conditions as set out in this application form and as prescribed in the Club’s Constitution and Bye-Laws. I acknowledge and accept to release my personal data recorded on this form to SGCC for the purposes highlighted above in relation to my Membership with the Club. I am aware that SGCC is in full compliance with PDPA Act (2012) as outlined in the Personal Data Protection Policy.

I hereby acknowledge, agree, declare and confirm in relation the participant that the instructor, SGCC and or its partners, officers and employees are not responsible and not liable for any injury, damages, illness, accident, death howsoever arising which may occur to the participant at any time during the training program and I, on behalf of the participant for whom I am responsible, hereby release absolutely from all responsibility and all liability the instructor and/or SGCC for any injury, damages, illness, accident, death howsoever arising which may occur to the participant at any time during the training program and hereby agree and undertake to indemnify and keep indemnified the instructor, SGCC and or its partners, officers and employees from and against any and all liability, damages and costs of defending such claims whatsoever in respect thereof. I hereby further declare and confirm that I have the requisite capacity and authority to acknowledge, agree, declare and confirm the aforesaid in my personal capacity and also on the behalf of the participant.

Member’s Name **Membership No.** **Member’s Signature** **Date**

Please submit this form to the Main Reception Counter or Gym Counter.

OFFICIAL USE			
Received By:		Date Received:	
Processed By:		Processed Date:	
Remarks:			