

LET THERE BE LIGHT

Whether you refer to it as Diwali or Deepavali, find out what SGCC has organised for the Festival of Lights.
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20
National
Day Fun



26
The Best
Version of Herself



28
An Ear
for Music



29
Weekend
Gateway

CLUB DIRECTORY

MAIN RECEPTION

Tel: 6286 8888
Daily: 9am–10pm
www.sgcc.com.sg

FOOD & BEVERAGE OUTLETS

Atrium Café

Tel: 6286 8888 ext. 309
Mon–Fri: 11am–3pm, 6pm–10pm
Sat–Sun & PH: 11am–10pm

Bowling Snack Bar

Tel: 6286 8888 ext. 340
Mon–Fri & Eve of PH: 1pm–11pm
Sat: 11am–11pm
Sun & PH: 10am–11pm

Coffee Deli

Tel: 6286 8888 ext. 312
Mon–Thu & PH: 8.30am–9pm
Fri–Sun & Eve of PH: 8.30am–10pm

Club Twenty-Two

Tel: 6286 8888 ext. 386
Mon–Thu: 4pm–12am*
Fri & Eve of PH: 4pm–1am
Sat: 2pm–1am
Sun & PH: 2pm–12am
*The Karaoke Lounge opens at 2pm on Tuesdays. Operation on Tuesday (2pm–5pm) is strictly for members only.

Crossroads Lounge

Tel: 6286 8888 ext. 310
Mon–Thu: 4pm–12am
Fri & Eve of PH: 4pm–1am
Sat: 2pm–1am
Sun & PH: 2pm–12am

Garden Grill

Tel: 6286 8888 ext. 313
Daily: 12pm–3pm, 6pm–10pm

Swatow Garden

Tel: 6343 1717
Weekdays: 11am–3pm, 6pm–11pm
Weekends, Eve of PH & PH: 9am–3pm, 6pm–11pm

SPORTS & RECREATION FACILITIES

Billiard Room

Tel: 6286 8888 ext. 346
Sun–Fri & PH: 1pm–10pm
Sat & Eve of PH: 1pm–11pm

Darts Lounge

Mon–Thu: 4pm–12am
Fri & Eve of PH: 4pm–1am
Sat: 2pm–1am
Sun & PH: 2pm–12am

Gardens Bowl

Tel: 6286 8888 ext. 340
Mon–Fri & Eve of PH: 1pm–11pm
Sat: 11am–11pm
Sun & PH: 10am–11pm
Off-peak hours (Mon–Fri & Eve of PH): 1pm–6pm
Peak hours (Mon–Fri & Eve of PH): 6pm–11pm
Peak hours (Sat–Sun & PH): Whole day

Gymnasium

Tel: 6286 8888 ext. 331
Daily: 5.30am–10pm
Except during scheduled partial closure for maintenance four times a year, where it opens from 6pm onwards. Refer to www.sgcc.com.sg for partial closure dates.
Off-peak hours (Daily): 10am–5pm
Peak hours (Daily): 5pm–10pm*
*After 5pm, no guests allowed

Swimming Pool / Spa Pools

Daily: 5.30am–10pm
Closed on the last Wednesday of every month unless otherwise stated.

Water Play Area

Daily: 8am–8pm
Closed on the last Wednesday of every month unless otherwise stated.

Sauna / Steam Bath

Daily: 8.30am–10pm

Squash Courts

Tel: 6286 8888 ext. 331
Daily: 8am–10pm
Off-peak hours (Mon–Fri & Eve of PH): 8am–5pm
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm
Peak hours (Sat–Sun & PH): 8am–10pm

Tennis Courts

Tel: 6286 8888 ext. 340
Daily: 7am–10pm
Off-peak hours (Mon–Fri & Eve of PH): 7am–5pm
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm
Peak hours (Sat–Sun & PH): Whole day
Tennis training night:
Thu 7pm–10pm

Table Tennis

Tel: 6286 8888 ext. 331
Daily: 8am–10pm
Off-peak hours (Mon–Fri & Eve of PH): 8am–5pm
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm
Peak hours (Sat–Sun & PH): 8am–10pm

Mahjong / Cards Rooms

Tel: 6286 8888
Sun–Thu & PH: 10am–12am
Fri–Sat & Eve of PH: 10am–1am

OTHER FACILITIES

Jackpot Room

Tel: 6398 5362
Sun–Mon: 10am–11pm

Kiddieland

Daily: 9am–10pm

Lat Salon

Tel: 6286 8262, by appointment only
Tue–Sun: 11am–7pm
Mon & PH: Closed

Functions Rooms / Ballroom

For bookings, please call
6398 5381 / 387 / 365
Email: banquetsales@sgcc.com.sg

Male & Female Changing Rooms

Daily: 5.30am–10.30pm

Study Room

Daily: 9am–11pm

The Hangout

Mon–Thu, Sun & PH: 9am–12am
Fri–Sat & Eve of PH: 9am–1am

Cambridge Pre-School

Tel: 6282 8455
Mon–Fri: 7am–7pm
Sat: 7am–2pm
Email: Serangoon@cambridge.school

MANAGEMENT STAFF

General Manager

Farrock Ebrahim 6398 5329
Email: farrock@sgcc.com.sg

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Senior Manager (Food & Beverage)

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Facilities, Maintenance & Safety Manager

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Marketing & Communications Manager

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Dawn Lee 6398 5332
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Security Operations Assistant Manager

Sritharan Lingam 6398 5315
Email: sritharan@sgcc.com.sg

Sports & Recreation Manager

Steven Goh 6398 5372
Email: steven_goh@sgcc.com.sg

CLUB ADMINISTRATION

Mon–Fri: 9am–6.30pm

Membership

Tel: 6398 5383
Email: membership@sgcc.com.sg

Accounts

Tel: 6398 5325 / 358
Email: members_account@sgcc.com.sg

Sports & Recreation

Email: recreation@sgcc.com.sg

Youth, Chess, Yoga, Golf, Fitness, Taekwondo, Aikido, Muay Thai, Judo & Billiards

Terrence Ho 6398 5389

Squash, Tennis, Swimming & Darts

Daniel Chong 6398 5351

Fitness Fun, Cool Water Workout, Swimming Lessons, Table Tennis, Taijiquan, Chinese Martial Arts & Mahjong

Julia Kong 6398 5352

Bowling & Bridge

Zaleha Hanibah 6398 5373

Food & Beverage

fnb_outlets@sgcc.com.sg

Banquet Sales

Tel: 6398 5381 / 387 / 365
Email: banquetsales@sgcc.com.sg

Advertisement Bookings

Marcus Lim 6398 5305
Email: marcus_lim@sgcc.com.sg

Data Protection Officer

Email: dpo@sgcc.com.sg

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PATRON-IN-CHIEF

Mr Goh Chok Tong
Emeritus Senior Minister

PATRONS

Ms Sylvia Lim
Mrs Lim Hwee Hua
Mr George Yeo

TRUSTEES

Mr Hendrick Koh PPA BBM PBM
Mr Anthony Tan
Mr Pao Kiew Tee

GENERAL COMMITTEE

Mr Terrence Fernandez
President

Mr Benjamin Wong
Vice-President

Mr Rayner Ng
Honorary Treasurer

Mr Rodrigues John Jack Patrick
Assistant Honorary Treasurer

COMMITTEE MEMBERS

Mr George Lim Yort Gue
Mr Lee How Giap

CONVENORS

Mr Emrys Phua	Billiards
Mr Edward Tan	Bowling
Mr Ronnie Ng	Chess
Mr Rick Seah	Darts
Mr Eddie Ng	Fitness
Mr Aaron Lim	Golf
Mr Edwin Lee	Squash
Mr Steven Lee	Tennis

EDITORIAL COMMITTEE

Mr Rodrigues John Jack Patrick
Mr Garry Moss
Mr Marcus Lim

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You can't
blend in
when you
were born
to stand out.

— R J Palacio

For each of us as Members, we need to always trust that there is a purpose as to why we are where we are, and with the people that we are with. It will always be a challenge when people have expectations of you that contradict with what is required to deal with current circumstances. Today, we need tenacity and creativity in driving change.

The entire world is changing and growing at such an accelerated pace that it can often be overwhelming for some. Yet, as a Club, we must embrace change, and move with the times. We are not looking at building sandcastles, which get washed away and rebuilt with every newly elected GC, but truly building upon the strong foundation already set in place by those who came before us.

On Sunday, 8 September 2019, an Extraordinary General Meeting (EOGM) was requisitioned by 111 of our Members who were discontented with how I have been running my administration since being elected in 2018. However, as a quorum could not be reached by the deadline — only 80 of the signatories were in attendance — in accordance with the Constitution, I had to call the meeting to an end.

There is never going to be a situation that would please everyone, and every leadership team will encounter its fair share of opposition. What matters is that we take these graciously and in our stride, and always look ahead to the future and stay on track with what we're trying to achieve. That has always been the case with the current GC. What we can take away from the EOGM is that there is a large portion of our membership that sees the good we have done, and the good we can achieve if only we are given the space and provision to move forward with our plans.

It is very apt that this chapter comes to a close just as we enter the fourth quarter of the year, which is usually a time of reflection, and being thankful for what we have. I'd like to see it as a time for our Club to finally settle down and come together to heal and grow. The world outside our walls is watching us, and we need to strengthen our bonds and show the world what we're so proud to have.

Many of our Members have now come to enjoy and appreciate the many new injections of creativity in both our social and F&B platforms. You have affirmed this through your dedicated support for the Club.

Your faith in my team and me is very much appreciated, and we continue to serve you with humility, knowing that there are other good people who will be ready to lead our Club on the good foundation that we have built. The Management has put together a great lineup of events to take us into the new year, and I urge every Member to show your support and be open to new and exciting experiences.

Serving others before self — with a fervent commitment to equality, diversity and inclusion — will continue to guide us as we grow and journey with you, our family here at Serangoon Gardens Country Club.

Terrence Fernandez
President



A warm welcome to:

Poon Seu Hong Theresa	Grand Member
Koh Henry	Grand Member
Chong Nien Lin, Danny	Ordinary Member
Chua Hui Che	Ordinary Member
Lee Li Ing	Ordinary Member
Low Eugene	Ordinary Member
Nandi Ujjal	Ordinary Member
Neo Wen Ho	Ordinary Member
Ow Jing Mun	Ordinary Member
Tan Yong Chuen Kenneth	Ordinary Member
Tan Kim Han Raymond	Ordinary Member
Chua Mui Yong @ Rita Chua	Ordinary Member
Koh Jia Fang Celestine	Ordinary Member
Trina Poon Ching Ching	Ordinary Member
Teo Yeow Pin	Ordinary Member
Boulle Ep De Luca Astrid Louisa	Term Member
Audrey Bickel Ep Carlino	Term Member
Sebastien Andre Daniel Dumay	Term Member
Swan Craig James	Term Member
Toulan Emmanuel Francois	Term Member
Zoe Anne Vanderhoeven	Term Member



A fond farewell to:

Hwang Chew Song	Grand Member
Morais A Joel	Grand Member
Kwek Ser Sia	Nominee
Chow Soong Cheng	Non-Transferable Ordinary Member
Chow Phee Yee	Non-Transferable Ordinary Member
Leo Geraldine Ann	Non-Transferable Ordinary Member
Ang Yee Huat, Albert	Ordinary Member
Gian Cheng Thien, Andrew	Ordinary Member
Ow Weng Fye	Ordinary Member
Quek Choon Meng Rodney	Ordinary Member
Quek Swee Tuang	Ordinary Member
Tan Suan Ten	Ordinary Member
Teo Bee Hua, Steven	Ordinary Member
Teo Wei Yang, Kenneth	Ordinary Member
Tay Qing Yong, Joseph	Ordinary Member
Javid Ashraff	Term Member
Faucheur Donatien Jean Marie Gaetan	Term Member
Montillet David Pierre Francis	Term Member
Baurrier Ep Relandeau Claire Ceile	Term Member
Joshua Fitzpatrick Watts	Term Member
Westaby Nicholas Jonathan	Term Member

SGCC'S 62ND ANNUAL GENERAL MEETING

Here are the highlights of the AGM,
which was held on 30 June 2019



The 62nd Annual General Meeting for Serangoon Gardens Country Club was called to order at 1pm by President Mr Terrence Fernandez. He welcomed all 255 Members present, which included 14 Grand Members with no voting rights who were invited to witness the AGM.

Constitution Review Committee Progress Report

In his opening address, the President intended to take the meeting through a slide showing that change is difficult but necessary.

However, at the request of Dr Lau Teik Soon, Chairman of the Constitution Review Committee (CRC), the President disrupted his address to allow Dr Lau to give his report so that Dr Lau can leave for another engagement. The President then invited Dr Lau onto the stage to update Members on the purpose and progress of the CRC.

Dr Lau began by reiterating the CRC's main terms of reference, which are:

- To conduct a comprehensive and thorough review of the current Constitution;
- To advise and recommend to the General Committee (GC) the necessary amendments to be made to the Constitution; and
 - To give reasons and/or explain the rationale for each of the amendments made in the Constitution.

Dr Lau mentioned that the CRC has completed a first draft of the schedule of amendments. From here, they will engage with the Trustees and the General Committee to agree on the necessary amendments, and then follow up with no fewer than two dialogue sessions with Members for their feedback before finalising the amended

Constitution. He invited Members to participate in the dialogue sessions and give their views/comments.

Highlights of President's Address

Following Dr Lau's CRC update, the President commenced his opening address, which was accompanied by slides. He touched on the following key aspects:

- Realistic versus Unrealistic
- Structuring Expectations
- Commitment and Consistency
- Leadership
- Quality of Life/Dignity of a Person

The President then shared some achievements from April 2018 to date, and projects and plans that will soon be executed.

Confirmation of Minutes and Adoption of Accounts

The AGM proceeded with the confirmation of the minutes of the 61st AGM. Mr Cecil Ong proposed the confirmation of the minutes while Ms Phua Helen seconded it.

Before the adoption of the accounts, Mr Phuah Lian Heng queried whether the FRS 37 provisions, contingent liability and contingent assets — including any potential legal liabilities to be incurred — have been compiled in the latest audited report.

Representatives from the audit firm replied that they did consider the FRS contingent liability and litigation, and opined that there was no major impact to the Club's presentation of the financial situation — hence there was no exposure in the account.

Honorary Treasurer Mr Rayner Ng took the Members through the AOB questions related to Finance, for which seven days' notice had been given. He commented that the questions were answered based on facts gathered from the Annual Report and from responses from the General Manager and his Management team. Questions of a similar nature were condensed together.

The House then proceeded to adopt the Accounts, with Mr Arulananthan Subramaniam proposing it and Mr Rangan Muralikrishnan seconding it.

Before the appointment of auditors for the ensuing year, Ms Wong Sook Yee commented that, along with the adoption of minutes and accounts, the filing with the Registry of Societies (ROS) requires verification by the President, Honorary Treasurer, and Honorary Secretary. She queried whether the Club's filing will be considered invalid and in contravention of the filing deadline, given the absence of a nominated Honorary Secretary. The President replied that the Club had written to ROS to seek advice on this issue, and ROS' response was that the GC could appoint an interim Honorary Secretary. The Club subsequently submitted a name for the interim post, which was accepted by ROS. As such, there were no compliance issues with the adoption of the accounts during the AGM.

Mr Phua Neo Peng Chiew sought to confirm whether ROS was aware of the circumstances that led to the absence of the Honorary Secretary, and that the Assistant Honorary Secretary was appointed and not elected. In addition, he asked if ROS had been notified that the Club's decision was to wait till 2020 to have the election. Assistant Honorary Secretary Mr Daniel Ho commented that the Club would follow up with an email to ROS to highlight that the Assistant

Honorary Secretary position was awarded by appointment and not election. In addition, given the updated circumstances, the Club would check whether ROS' decision still stands — that the Assistant Honorary Secretary would still be the interim Honorary Secretary.

There being no objections from the floor, Mr Peter Ong proposed that HLB Atrede LLP be re-appointed as the Club's auditors for the ensuing financial year. This was seconded by Mr Anthony Lim.

Any Other Business (AOB)

One of the topics that were heatedly discussed by Members present was the need for an Extraordinary General Meeting (EOGM) to provide clarity on the current GC, and to elect replacements for the office seats left empty since the departure of previously elected Members.

Mr Ho explained that the Constitution allows for an EOGM, and referred the house to Constitution Clause 30.1, which states that the Committee shall call an Extraordinary General Meeting whenever the Committee considers it necessary, and shall be bound to do so on receipt of a requisition signed by no fewer than 100 Members, who shall state thereon the purpose for which they desire the meeting to be called.

Mr Ho further explained that, upon receiving the requisition for an EOGM, the Club followed up with a letter to clarify with the signatories the purpose of the EOGM and the agenda listed; this was done as there was feedback from Members that they were not aware of the EOGM's purpose.

Members felt that there was no need to seek clarification as, under the Constitution, the GC was bound to call for the EOGM, and sought clarification on what legal advice was given on whether the Club was required to seek confirmation from the signatories whether they signed with full understanding. Members

asked if the Constitution made provisions for the requirement to seek such clarification from the signatories of the EOGM request, or if the Constitution stated that, as long as there were 100 signatures, the EOGM would have to be called. The legal representative from Lee & Lee commented that the Constitution did not make provision for the clarification; however, he was of the view that, once the 100 signatures were received, there would be a need to call for the EOGM.

Mr Bob Chow said that some of the Members may have read his appeal letter to the Members who had requested for an



EOGM to withdraw their petition — he managed to garner 118 signatures. Mr Chow would like the House to consider whether the general Membership are agreeable to having an EOGM.

There were also other Members who felt that the Club should not be spending money unnecessarily on holding an EOGM.

Members asked for legal advice on how the Club should move on with the requisition of the EOGM and the appeal letter for the withdrawal of the EOGM signed by 111 and 118 members respectively. The legal representative from Lee & Lee advised that, if the Club has received a requisition from more than 100 Members calling for an EOGM, it was his opinion that the clause in the Constitution was triggered and an EOGM has to be called regardless of whether there was a subsequent petition to withdraw the said EOGM request, as the first petition had already been triggered.

Mr Anthony Tan sought clarification from the lawyer on whether due diligence has to be carried out when a letter with more than 100 signatures is received. The legal representative from Lee & Lee replied that the legal advice given to the Club was that, if there was evidence to cause doubt — for example, in the event that 20 Members stepped forward claiming fraudulence, that they did not sign — then there would be fewer than 100 signatures and an EOGM need not be called. However, based on understanding, there was no such situation. Lee & Lee took the opinion that the Club has to take the requisition at face value, as there was no evidence that there were actually fewer than 100 signatures.

Ms Cheong Wai Yin clarified whether there was a deadline by which the EOGM has to be called for, and the consequences for failing to hold it within this period. The legal representative from Lee & Lee answered that, under the Constitution, there was no deadline stated for the convening of an EOGM. Based on other cases, a judge would say that it would need to be carried out within a reasonable time. The legal representative from Lee & Lee checked with various comparable organisations, and stated that Management Corporations would need to call the EOGM within six weeks, Companies within eight weeks, while the Model Constitution for societies says eight weeks. Lee & Lee said they were not asked that question; however, they opined that two months would be a reasonable time frame.

In reply to the question on the consequences for failing to call an EOGM when the Club is supposed to, the legal representative from Lee & Lee opined that the Club would be in breach of the Constitution.

In conclusion, Vice President Mr Benjamin Wong announced that the Club will hold an EOGM at the next available date; the GC will update members in two weeks' time.

Mr Balbir Singh sought clarification on whether the GC would address the issue raised under AOB on the HC/S 194/2019, commenced in the High Court of the Republic of Singapore, whereby the Club had been named as the Third Party to the proceedings. Before the discussion commenced, the President was asked to leave the room. Mr Ho updated that this was a very current litigation brought by the President in his personal capacity against two ex-employees of SGCC, one of whom had joined the Club as a Third Party to the proceedings. Mr Ho had been in discussion with legal advisers to discuss the case and what the liability covers. The process took longer than expected as the insurer, Chubb, took quite a while to reply to the Club. The house was informed that the cost of the litigation would not be covered by Chubb, on the basis that the main proceeding brought by the Insured Person was captured by the exclusion clause.

Towards the end of the AGM, Members voted on two issues:

- To vote on a motion of no confidence against the President of Serangoon Gardens Country Club

Result:

For = 72

Against = 14

The motion was carried

- To enable access of the daily newspapers of current and previous day

Result:

For = 33

Against = 0

The motion was carried

Topics covered in the AOB letters received from Members were also addressed.

Adjournment of Meeting

The President ended the 62nd Annual General Meeting at 7.15pm.

HIGHLIGHTS OF THE EXTRAORDINARY GENERAL MEETING HELD ON 8 SEPTEMBER 2019

On 8 September 2019, an Extraordinary General Meeting (EOGM) was called to order by 111 Members of Serangoon Gardens Country Club, who signed an open letter on 8 November 2018. This was in accordance with the Club's Constitution clause 30.1, binding the General Committee to convene an EOGM upon receipt of a requisition signed by no fewer than 100 Members.



In a subsequent clause (31.3) shared in the agenda and schedule circulated to all voting Members for the upcoming EOGM, no less than three quarters of the Members who requisitioned for a general meeting must be present at such a meeting.

Vice-President, who chaired the meeting, addressed the membership at 2pm to remind them of Constitutional clause 31.3, and that a 30-minute grace period would be given to form the required percentage of the petitioners.

By 2.30pm, half an hour after the appointed time of the EOGM, there were 292 Members in attendance — enough to meet quorum.

However, the percentage of the 111 Members who requisitioned the meeting did not meet the 75% mark. In light of the above, the President ordered the meeting cancelled.

The Management would like to thank all Members who were in attendance for their time.



REFER A FRIEND TO SGCC AND BE REWARDED



From now till 30 November 2019, Members who propose a friend to join our Club will enjoy up to \$500* spending credit.

*** \$500 for Ordinary Membership referrals
\$300 for Term Membership referrals**

*** Promotion lasts till the end of November 2019.**

MAKE SGCC YOUR HOME AWAY FROM HOME

Our latest Term Membership promotion will make it easier for our transient friends to join our Club for up to two years at a time. From now till 30 November 2019, all new Term Members will receive \$300 (1 Year) or \$400 (2 Years) spending credit* to use within the Club. For existing Term Members, we're rewarding you with \$100 worth of spending credit* when you renew your membership before 30 November 2019.

*** Terms and Conditions apply. Spending credit can be used for Food & Beverage purchases, lessons, facilities, or social events in the Club.**

BUZZ OFF!



With cases of the Zika virus — which is spread by mosquitoes — recently appearing in the Serangoon Gardens estate, the Club has stepped up mosquito-control efforts, including larviciding, mosquito misting, mosquito fogging, and on-site inspection and rectification. While we will continue to be vigilant, we seek your kind understanding should you encounter fog and mist when these activities take place around the outdoor areas of the Club, including the swimming pool and planter areas.

MAKE THE RIGHT CONNECTIONS

Are you a working professional seeking to expand your network? Are you interested to develop new skills, attend value-added talks/workshops that can help you take your business/career to the next level? Then our Nett Work Group may be what you've been looking for.

To bring more value to Members who are working professionals, we will be organising talks, workshops and networking opportunities right in the comfort of our Club. Gain invites to:

- Professional development workshops
- Exclusive networking opportunities
- Talks and seminars conducted by notable consultants

To join our database, express your interest via email to feedback@sgcc.com.sg with your Membership Number and contact details.

**NETT
WORK
GROUP**

UPDATE TO CENSUS 2019

The Membership Relations (MR) Department would like to thank Members for participating in the ongoing 2019 Census. We have received concerns from Members on the security of the information shared, and would like to assure all Members that the data on the Census forms will be managed in a manner that is compliant with PDPA regulations.

We brought the Census portion of the project to a close on 1 October 2019. However, in line with the distribution of your new Membership Cards, the MR Department is still accepting updates to your personal particulars, especially updated email addresses. This can be done via the Census Forms (only mandatory fields in Section 1).

If your particulars are already up to date, please indicate so in the form, and return it to the MR Department. The Department will send out a notification letter to Members when their new Membership Cards are ready for collection.

If you have any further queries, contact the MR team at membership@sgcc.com.sg or call **6398 5305 / 6398 5323**.

MAKING MEMORIES AT SGCC

Make new memories that last when you become a Member of SGCC. We are expanding our little SGCC family, and would love for you to join us. And what better way to immortalise this moment than with the latest video recording gadget in the market: the DJI Osmo Pocket gimbal camera.

From now until 30 November 2019, all new Ordinary Membership sign-ups will each receive this item absolutely FREE! In addition, enjoy up to \$1,500* spending credit to use with family and friends as you enjoy your new Club's facilities.

*** \$500 spending credit for 55-month instalment plan
\$1,500 spending credit for full upfront payment.**

*** Terms and Conditions apply. Spending credit can be used for
Food & Beverage purchases,
lessons, facilities, or social events in the Club.**



NEW GYM EQUIPMENT



We are constantly upgrading our gym facilities so that Members can achieve the bodies they desire with the most state-of-the-art equipment. We are pleased to announce that we have recently acquired the Signature Series Multi Cable Jungle 4 (MJ4). This piece of equipment is customisable with various add-ons, configurations and setups, providing exercisers with nearly limitless workout variety.

Allowing up to five exercisers at the same time, the MJ4 is perfect for group training. Cable Motion™ Technology employs user-defined paths of motion that allow for a wide variety of strength-training options that build balance, stability and power.

SGCC TENNIS TOURNAMENT

A total of 33 tennis players competed in the SGCC Tennis Tournament, which took place from 6 May to 20 July. After some intense competition, the results are as follows:



(L-R) Men's singles finalists Douglas Chow and Boutin Xavier



Men's doubles finalists



Some mixed doubles participants

MEN'S DOUBLES	MEN'S SINGLES	LADIES' SINGLES	MEN'S MASTERS	MIXED DOUBLES
Champions Douglas Chow & Tony Seow	Champion Douglas Chow	Champion Ng Sook Zhen	Champion Boutin Xavier	Champions Sabrina Chua & Chiam Heng Yong
Runners-up Leon Qiu & Phelan Phua	Runner up Boutin Xavier	Runner-up Sabrina Chua	Joint Runner-up Max Lee & Laurent Verrier	Runners-up Leon Qiu & Celina Tan

30TH AGE GROUP SWIMMING MEET

On Sunday, 28 July 2019, 134 swimmers participated in the 30th Age Group Swimming Meet. For the first time, both swimmers and spectators were able to view the results live through the Meet Mobile app.



DARTS SC SHIELD CHALLENGE

On Saturday, 20 July 2019, 24 players divided into eight teams competed for the top spot in the darts challenge. Adopting quirky names such as Yahya Papaya and Team My Seow, the teams had fun pitting their skills against each other at our darts lounge.



Highest Checkout Team



Highest Score Team



Runner-up Team



Champion Team

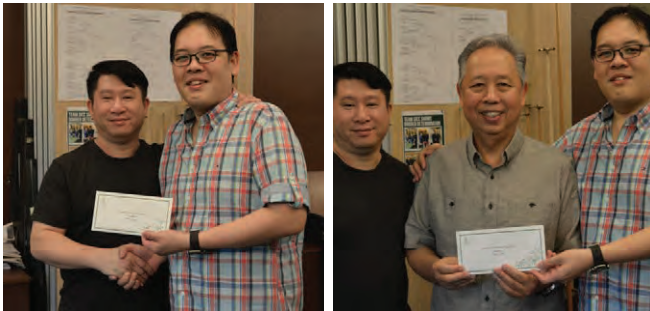
CHAMPION: TEAM HOW LIAN

Ramel Ang
Tan Chee Seng
Vincent Zhuang

RUNNER-UP: TEAM THAM JIAK

Francis Tay
James Ng
Albert Heng

SNOOKER CONVENOR CUP



(L-R) Main Event Champion David Lee and prize presenter Emrys Phua

(L-R) David Lee and Emrys Phua with Plate Event Champion Allan Phua

Held at our Billiard Room on Saturday, 13 July 2019, the event saw 15 competitors pit their skills against each other. The competition was made up of a main event and a plate event.

MAIN EVENT

Champion: David Lee
Runner-up: Eden Tan
Joint 3rd: Simon Yang & Emrys Phua
High Break: David Lee

PLATE EVENT

Champion: Allan Phua
Runner-up: Larry Lai
Joint 3rd: Aaron Te & Rupesh Kumar

SGCC GOLF CONVENOR CUP 2019

Twenty-six golfers gathered at the Keppel Club on a breezy Thursday afternoon to compete in the SGCC Golf Recreation Chairman Cup 2019. Following the game, a dinner-cum-prize presentation was held at the Keppel Club's Peony Jade Restaurant. As the golfers enjoyed a sumptuous dinner, a lucky draw was held and prizes given out to 20 winners.



(L-R) Overall Champion Lee How Giap and prize presenter Aaron Lim

OVERALL CHAMPION

Lee How Giap

DIVISION A

1st: Steven Soh 4th: Khor Chee Kok
2nd: Liow Hock Lye 5th: Philip Leow
3rd: Neo Kim Seah

DIVISION B

1st: Lim Guan Huat 4th: James Ng
2nd: Andrew Tan 5th: Mike Tan
3rd: Ronnie Ng

BALL SWEEP

1st Nine: Andrew Tan
2nd Nine: Steven Soh
Nearest To Pin Winner: Victor Sim

JUNIOR BOWLING COMPETITION

Held on Saturday, 13 July 2019, the tournament was divided into two age categories: 13 years and below, and 13 years and above. After seven games, Darryl Kwek emerged champion with a 1,526 pinfalls. The results are as follows:



Category A Champion Darryl Kwek

Category B Champion Oliver Khoo

Other prize winners

BOYS & GIRLS CATEGORY A (13 YEARS OLD & ABOVE)

1st: Darryl Kwek (1,526 pinfalls)
2nd: Marcus Loh (1,518 pinfalls)
3rd: Tan Hui Xian (1,480 pinfalls)

BOYS & GIRLS CATEGORY B (13 YEARS OLD & BELOW)

1st: Oliver Khoo (1,183 pinfalls)
2nd: Aldric Tay (1,023 pinfalls)
3rd: Zachary Kwong (942 pinfalls)

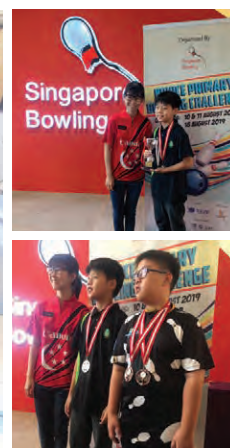
20TH YOUTH DAY CHALLENGE



The Youth Day Challenge is a one-day event held on Saturday, 6 July 2019, in conjunction with the Inter-Club Youth Bowling Mixed League. This year, SGCC hosted the 20th Youth Inter-Club Bowling League in a friendly match. Five clubs sent their young bowlers to SGCC to bowl in three different categories: Mixed Doubles, Mixed Trios and Singles. The top three teams were presented with movie vouchers.

NOVICE PRIMARY BOWLING CHALLENGE

Organised by the Singapore Bowling Federation, this challenge was open to all primary school children. It was divided into two age groups: 13 years old and below, and 13 years old and above. The finals were held on Sunday, 18 August 2019. The competition was well received, with many of the bowlers hailing from SGCC's youth bowling team.



GOLF SECTION AUGUST MONTHLY MEDAL 2019

A total of 21 golfers gathered at the NSRCC Changi on Friday, 30 August 2019, to compete at the August Monthly Medal 2019 tournament. After an enjoyable game, the golfers adjourned for a dinner-cum-prize presentation at NSRCC Changi's Golfers Terrace. The results are as follows:



(L-R) Prize presenter Philip Leow with champion James Ng and Nicholas Lim



(L-R) Philip Leow, Lee How Giap and Kevin Kwek

Champion: James Ng
2nd: Neo Kim Seah
3rd: Lee How Giap

WINNER

1st Nine: Ng Yook Koong
2nd Nine: Lim Sheue Ling
NTP Hole No. 6: Paul Toh
NTP Hole No. 9: Neo Kim Seah
NTP Hole No. 12: Lim Sheue Ling
NTP Hole No. 15: Kevin Kwek



Philip Leow and Lucky Draw winner Henry Lam



Philip Leow with 2nd Nine winner Lim Shueue Ling

SQUASH FRIENDLY WITH SINGAPORE SWIMMING CLUB



The Singapore Swimming Club graciously hosted our squash fraternity to a friendly match at their squash court on Saturday, 27 July 2019. The 10 squash players relished challenging the players from the Singapore Swimming Club.

19TH KAOHSIUNG INTERNATIONAL OPEN BOWLING CHAMPIONSHIPS

On Saturday, 17 August 2019, Arianne Tay (pictured below) became the youngest-ever person to win the Ladies' Open Master title at the 19th Kaohsiung International Open, organised by the Chinese Taipei Bowling Association. The 15-year-old defeated Yang Su Jin, of Wondo Haengseong City, twice in the finals.



2ND X LAB PRO SWIM SERIES 2019



The 2nd X Lab Pro Swim Series 2019 was held at GEMS World Academy (Singapore) on Saturday, 31 August 2019, and Sunday, 1 September 2019. Thirteen swimmers from SGCC participated in the meet, which was categorised according to age and gender. Our swimmers achieved

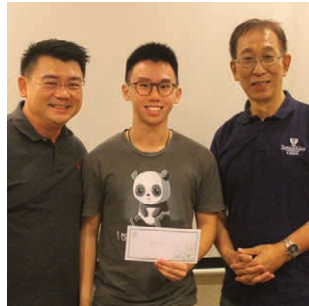
a haul of six Gold, two Silver and three Bronze medals. Phoebe Ng Yan Yi won five Gold medals and one Silver medal for the 11–12 age group, while Gwen Ng Kai Lin won a Gold medal for the 9–10 age group.



SGCC CHESS OPEN 2019



On Saturday, 17 August 2019, 23 chess players competed in the Casuarina Room for five hours to battle it out for the title. After five rounds of Swiss System Chess, Brendan Ng emerged the Champion in the Open Category, while Christopher Choo was the Champion for the Under-12 Category.



Brendan Ng (centre) emerged champion

SGCC FAMILY FUN WALK 2019

A total of 270 participants turned up for the Family Fun Walk 2019, which was held on Sunday, 4 August 2019, at Marina Bay. We provided return transport for participants from our Club to the Sports Hub. The Walk was flagged off by our President at 8am to much fanfare. Due to the cloudy skies, the participants found the 10km walk a breeze.



QUARTERLY BOWL 2019

Our second Quarterly Bowl was held on Sunday, 18 August 2019. The event, which took place at our Gardens Bowl, was divided into three categories: Men's, Ladies' and Boys'. The top winners in the Men's category and the top 10 in the Ladies' category will be eligible to compete in the Bowlers of the Year competition. The results are as follows:



MEN'S CATEGORY

- 1st: Jeffrey Woon (1,907 pinfalls)
- 2nd: Samuel Ho (1,849 pinfalls)
- 3rd: Lee How Wang (1,828 pinfalls)

BOYS' CATEGORY

- 1st: John Faragalla (1,995 pinfalls)
- 2nd: Derrance Chua (1,867 pinfalls)

LADIES' CATEGORY

- 1st: Catherine Chua (1,770 pinfalls)
- 2nd: Adeline Law (1,723 pinfalls)



Boys' Champion John Faragalla



Men's and Ladies' Champion
Jeffrey Woon and Catherine Chua



THE CIRCUS COMES TO SGCC

On 21 September 2019, the Club held the Junior Gems Anniversary Party. The activities, entertainment and snacks stayed true to the theme of CIRCUS CIRCUS, The Kensington Ballroom held close to 100 kids — some as young as three years old — who had started streaming in since 9.30am. Guest performers Vivien Goh and Bubble Girl entertained and educated the children with their host of tricks, while the young ones burnt off their energy on several rounds of Bouncy Ball racing. Our tired but happy Junior Gems Members are now counting the days to their next event — Halloween on 26 October 2019, so do come in costume and come trick-or-treating with us!



HITS OF YESTERYEAR

Well-known band John Cher And Friends, together with lead singer Romito Mendoza, serenaded Members on 1 August 2019 at Club Twenty-Two with memorable rock-and-roll hits. Members jived along to evergreen tunes made popular by Tom Jones, Paul Anka, Cliff Richard and the King of Rock 'n' Roll, Elvis Presley.



JAPANESE SAKE PAIRING DINNER

Members were treated to an exquisite Japanese dinner specially prepared by Guest Chef Chikara Yoshikawa. This took place at Garden Grill on 30 August 2019. The dinner was complemented by a selection of fine sake for a memorable dining experience. Masumi-san, from well-known sake supplier Orihara, was invited to share insights and tips with diners on the finer aspects of enjoying sake.



A NIGHT WITH ENERGY

Once known as the sexiest man in Singapore, Douglas Oliverio returned with his long-time band, Energy, to Club Twenty-Two on 18 July 2019. They rocked the room with a wide selection of Adult Contemporary and current hit songs, mesmerising Members with their electrifying performances.



SGCC Celebrates Three Festivals!

Let there be light! With Diwali, Halloween and Christmas being celebrated neck-to-neck, you can expect SGCC's hallways to be decked out with lights.



What do Halloween, Diwali and Christmas have in common?

Apart from the fact that they all take place towards the end of the year, not much, you may think. In fact, all three festivals have a unifying theme: their association with light.

Diwali

While most people have heard of Diwali, also known as Deepavali, being described as the festival of lights, many may not know that the literal meaning of the word is 'row of lamps'. Celebrated by Hindus, Jains and even some Buddhists, the festival marks the triumph of good over evil and light over darkness.

There are many legends surrounding the festival. The more popular one is that of Prince Rama's return to the throne following a 14-year exile, during which he fought and won a battle against the demon king Ravana.

Traditionally, Indian households light oil lamps, candles and colourful electric lights to mark the victory. Light also has a religious significance in Hinduism, symbolising purity, goodness and power. Hence, lamps are lit in every corner of the house. They are also placed outside the house to usher in good luck and ward off evil. Another tradition is taking an oil bath in the early morning, before a visit to the temple.

In Singapore, the streets of Little India are lit up and decorated a month before the festival. Stalls selling brightly coloured clothes, costume jewellery and tantalising sweetmeats sprout up. The area bustles with shoppers and onlookers eager to soak in the festivities.

Diwali at SGCC

SGCC will celebrate Diwali with **Diwali Night** at the Main Lobby on Saturday, 19 October 2019 at 6.30pm. Complimentary chicken biryani (100 sets) will be served from 7pm to Members on a first-come, first-served basis. There is also a **Deepavali Tea Dance** at the Kensington Ballroom on Monday, 28 October 2019 at 11.30am.

If these two events inspire you to hold a big fat Indian wedding, be sure to attend the **Royal Indian Wedding Show II**. It takes place on Sunday, 6 October 2019 from 12pm to 6pm at the Kensington Ballroom.

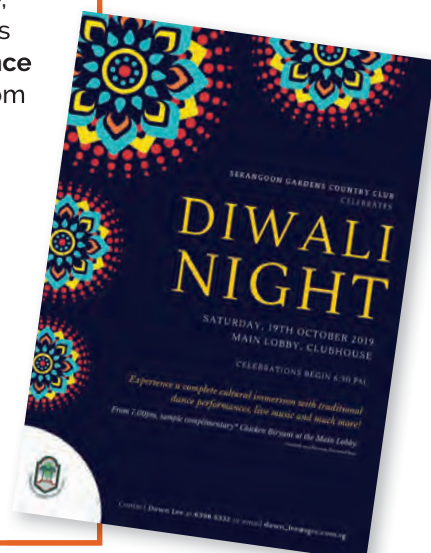


Halloween

A festival generally associated with the macabre, Halloween too has elements of light! After all, despite its Americanisation in recent times, Halloween is believed to have its roots in Samhain, a Celtic festival that goes back some 2,000 years.

Samhain was celebrated on 1 November, a day that marked the end of summer and harvesting, and the beginning of winter, a time associated with death. Celts believed that, on the night before the new year, the boundary between the worlds of the living and the dead are blurred. So, on the night of 31 October, they celebrated Samhain, when it was believed that the ghosts of the dead return to earth. During the festival, people would light bonfires and wear costumes to scare off the ghosts.

In the eighth century, 1 November was designated by Pope Gregory III as a time to honour all saints. Soon, All Saints Day incorporated some of the traditions of Samhain. The evening of 31 October was known as All Hallows Eve, and later, Halloween. Over time, Halloween evolved into



what it is today: a day of activities featuring trick-or-treating, carving jack-o-lanterns, festive gatherings, donning costumes, and munching sweet treats.

Halloween at SGCC

SGCC will celebrate Halloween with a night of **Halloween Bowling** on Saturday, 26 October 2019 at 7pm. Head to the Gardens Bowl to experience some spine-chilling surprises.

For the young ones, there is **Halloween in the Gardens**, which takes place on the same day at 6.30pm. Come down in your spookiest costume and be led on a

trick-or-treat trip around the Club. Frighten yourself silly with campfire ghost stories and a scary tour!



Christmas

In the Western hemisphere, the sight of Christmas lights adorning street lamps, trees and homes is one of the prettiest during the Yuletide season. In the Christian tradition, lights are a symbol of Jesus and the light He brings to earth. Some like to think of the lights as representing the Star of Bethlehem, the sign that heralded the birth of Jesus. Little kids, of course, may view the lights as a beacon for Santa Claus to find his way into their homes!

Christmas is a holiday that abounds with traditions. Depending on the country you hail from, they range from kissing under the mistletoe and hanging stockings on the Christmas tree to carolling and decorating Christmas-themed cookies.

We may not get real snow or reindeer in Singapore, but Christmas is certainly celebrated with great fanfare throughout the island, with the light-up of Orchard Road being one of the highlights. The shopping belt is spectacularly decked out as early as November, with each hotel and mall vying for the Best Christmas Decoration award.

Christmas at SGCC

At SGCC, we are holding our own celebration on 23 November 2019. There will be an **official light-up** of the Club's decorations and Christmas tree.

There will also be a talent show preceding the light-up. We are currently on the look out for talents among our Members for the **Fa la la Showtime**, so if you can sing, dance, juggle or entertain, do let us know! We are open to both kids and adults, as well as von Trapp Family-style groups. To sign up, email Dawn at Dawn_lee@sgcc.com.sg or call 6398 5332.

We will also be running **Christmas Village stalls** from 10.30am to 8pm. If you have something interesting you'd like to sell, consider renting a booth. Speak to a Membership

Relations Staff on the rental fees, or email Dawn at Dawn_lee@sgcc.com.sg.



NATIONAL DAY FUN

While SGCC Members had a rollicking time at *Multi-Colourism*, the Club marked Singapore's 54th birthday in other ways, such as the *National Day Eve Dinner & Dance* and a *Family Fun Walk*.





A range of exciting activities and demonstrations were organised for *Multi-Colourism*



Celebrating the melting pot of cultures that is Singapore, our home, the Club held *Multi-Colourism*, a National Day celebration in honour of our country's 54th birthday, on Saturday, 3 August 2019.

The celebration had a colourful playhouse theme to represent Singapore's multiracial and multicultural society that coexists in harmony. In fact, the event's name is a play on the words 'multiculturalism' and 'colour' to reflect this.

Throughout the day, both the young and old were kept occupied with activities organised at the Main Lobby, Crossroads Lounge, and the Swimming Pool.

In the Main Lobby

In the Main Lobby, participants were treated to a silat demonstration by the Singapore Silat Federation, yoga sessions for all ages, as well as the *Multi-Colourism* Play Area, where the young ones could use UV paint to add a splash of colour to major landmarks of Singapore depicted



A red-and-white cake to mark Singapore's birthday at the *National Day Eve Dinner & Dance*



More Multi-Colourism activities

there. Gracing the occasion was Ms Sylvia Lim, Member of Parliament for Aljunied GRC and our Club's Patron, who joined Members in a heartwarming rendition of National Day songs.

In Crossroads Lounge

Crossroads Lounge hosted various health talks throughout the afternoon. Informative topics included kids' nutritional needs, health benefits of plant-based foods, as well as the importance of proper shoe selection. Before the adults arrived for the talks, the young ones were treated to popular Disney flicks such as *Finding Dory* and *Zootopia*.

In the Swimming Pool

The Club's pool was transformed into a mini water theme park, with kids pitting their skills against a floating obstacle course that challenged their strength and agility. For those who preferred to take things slower, they had the option of participating in paddle boarding, or



simply rewarding themselves with an ice-cold smoothie on the DIY smoothie bicycle!

Members Mr Roy Wong and his wife, Rachel, were at the Club with their children to celebrate National Day as a family. "Multi-Colourism is a great event for the family," exclaims Wong. "My children love the inflatable obstacle course and the movie



screenings, while we have been looking forward to the health talks. We feel it's a great initiative by the Club to host these family-friendly events for public holidays."

Indeed, it was a special day for Members and the Club, as we celebrated Singapore's 54th year of independence as one big happy SGCC family.

A Club for the Family

ClubSpirit asks a long-time Member what she likes best about being in SGCC

Madam Lyn Ng was another Member who had a great time attending *Multi-Colourism* with her family.

A Member of SGCC for the past 10 years, she says of the National Day event, "The atmosphere was lovely, with everyone coming together to celebrate the occasion." Both her son and daughter participated in the water play.

"They super-loved it!" she enthused.

On other days, the family — which includes another one-year-old — frequents the Club primarily to take part in sporting activities. Both her children are, not surprisingly, in the Club's swim team, and train at the Club's swimming pool six days a week. Her daughter also takes up taekwondo at the Club. Ng herself frequents the gym. Once in a while, the children also attend movie nights organised by the Club.

"This is a family-based Club, and I like the fact that there are new Members in my age group with young families like me," she observes.

Adding more colour to National Day

Besides *Multi-Colourism*, there were two other events that the Club organised in conjunction with Singapore's Bicentennial celebration.



Participants of the Family Fun Walk

Family Fun Walk

On Sunday, 4 August 2019, 270 participants from SGCC took part in the *Family Fun Walk*, which was held at Marina Bay. Return transport was provided for participants between SGCC and the Singapore Sports Hub.

Our President flagged off the Walk at 8am to much fanfare. From the starting point at the Singapore Sports Hub, the route took participants towards Marina Bay Sands, across the Helix Bridge, and through Gardens By The Bay. Upon reaching Marina Barrage, the route reversed, leading everyone back the way they came. The total distance covered came up to 10km.

Although it was a cloudy day, the heavens, thankfully, did not open. Participants were energised by the cool weather and enjoyed spending the day outdoors.

Countdown to National Day

The tradition of counting down to National Day from the night prior continued this year.

The *National Day Eve Dinner & Dance* took place in the Kensington Ballroom, which was

turned into an awe-inspiring sea of red and white, which helped to sustain an atmosphere of excitement and anticipation.

The more than 200 Members and their guests were feted to a sumptuous spread of Singaporean favourites, such as laksa, chicken rice, rojak, gado gado, chendol, and many more.

After having had their fill, quite a few

of those who were present worked off the calories by dancing to the music of Leonard And The Country Riders and The Rangers.

But when it came to reciting the National Pledge and singing the National Anthem, everyone proudly stood to their feet and participated with gusto!

Majulah Singapura!



Members decked out in shades of red and white



OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Bavarian Fare Garden Grill 12pm & 6pm (whole month) Musical Afternoon Club Twenty-Two 2pm Oktoberfest Tuesday Special with The Romeo's Duo Crossroads Lounge 7.30pm	2	3	4 Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm 	5  Band Performance by Locomotion Club Twenty-Two 8pm	6 The Royal Indian Wedding Show II Kensington Ballroom 12pm 
7	8 Blind Bridge Casuarina Room 9am Musical Afternoon Club Twenty-Two 2pm Oktoberfest Tuesday Special with The Romeo's Duo Crossroads Lounge 7.30pm	9	10	11 Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm	12 SGCC World Squash Day Squash Courts 3pm  Band Performance by Locomotion Club Twenty-Two 8pm	13
14	15 Musical Afternoon Club Twenty-Two 2pm Oktoberfest Tuesday Special with The Romeo's Duo Crossroads Lounge 7.30pm	16	17 	18 Oktoberfest Music Festival Kensington Ballroom 7.30pm Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm	19 301 Darts Darts Lounge 2pm Deepavali Celebration Lobby 7pm Band Performance by Locomotion Club Twenty-Two 8pm 	20
21	22 Musical Afternoon Club Twenty-Two 2pm Oktoberfest Tuesday Special with The Romeo's Duo Crossroads Lounge 7.30pm	23	24 Country & Western Night with Matthew & The Mandarins Club Twenty-Two 8pm 	25 European Floral Arrangements Clover Room 4pm Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm	26  Band Performance by Locomotion Club Twenty-Two 8pm 	27 Deepavali  Line Dance Afternoon with DJ Dennis Goh Club Twenty-Two 2.30pm 
28 Public Holiday  Deepavali Tea Dance Kensington Ballroom 11.30am	29 Musical Afternoon Club Twenty-Two 2pm Beer Marathon Crossroads Lounge 7pm  Oktoberfest Tuesday Special with The Romeo's Duo Crossroads Lounge 7.30pm	30	31		Ukelele Lessons (first of 10) Formal Darts Room 10.30am Tote-bag Painting Clover Room 10.30am  Halloween Lobby/Gardens Bowl 6.30pm/7pm 	

Information is subjected to changes without prior notice. For more updated Club happenings, log on to our online Events Calendar at www.sgcc.sg

NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Aussie Seafood & Steak Month Garden Grill 12pm & 6pm (whole month) The Golden Voice (Classical Singing) (first of 8) Formal Darts Room 7pm Lynn & The Lovebirds Crossroads Lounge 7.30pm	2 Tennis Junior C'ship Tennis Courts 8am The Golden Voice (Contemporary Singing) (first of 10) Formal Darts Room 7pm Band Performance by Locomotion Club Twenty-Two 8pm	
4	5 Musical Afternoon Club Twenty-Two 2pm 	6	7 Rolling Good Times with John Cher & Friends featuring Peter Diaz (October Cherries) Club Twenty-Two 8pm	8 Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm	9 Terrarium Making Clover Room 2pm Band Performance by Locomotion Club Twenty-Two 8pm 	10
11	12 Musical Afternoon Club Twenty-Two 2pm 	13	14 	15 Lynn & The Lovebirds Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm	16  Band Performance by Muzik Line Club Twenty-Two 8pm	17 Quarterly Bowl Gardens Bowl 8.45am  Mahjong Competition Kensington Ballroom 11am
18 Sports Camp report at Lobby 7.30am	19 Sports Camp report at Lobby 7.30am Musical Afternoon Club Twenty-Two 2pm 	20	21	22 Band Performance Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm 	23 Cosmic Bowling Gardens Bowl 7pm Band Performance by Locomotion Club Twenty-Two 8pm Christmas Village/Lightup Lobby 10am/6.30pm	24 SGCC Preparatory Series 7 Swimming Pool 12pm  Line Dance Afternoon with DJ Dennis Goh Club Twenty-Two 2.30pm 
25	26 Musical Afternoon Club Twenty-Two 2pm 	27 Private Chef's Table – Brazilian Churrasco Experience Garden Grill 7pm	28 The Swinging 60s with The Dukes Club Twenty-Two 8pm	29 Band Performance Crossroads Lounge 7.30pm Social & Ballroom Dance Nite with DJ Club Twenty-Two 8pm 	30  Band Performance by Locomotion Club Twenty-Two 8pm	

Information is subjected to changes without prior notice. For more updated Club happenings, log on to our online Events Calendar at www.sgcc.sg




The Best Version of Herself

Still a head-turner, former beauty queen Marion Nicole Teo shares her secret to feeling empowered.

As Marion Teo steps into the lobby, heads turn. Some Members may recognise her as Miss Singapore-Universe 1987, who made it to the semi-finals when the pageant was held in Singapore; even if they don't, her poised presence commands attention.

Does she still feel the pressure

to maintain a polished appearance? "It's been more than 32 years since the competition," she says. "Most people have forgotten who I am but, because of my line of work and being a woman, looking good is important to me." She adds, "Taking care of myself gives me the energy to do the work I do."



We try to fix our looks,
partners, children or
environment, but if we
don't fix what's going on
in our emotional state, we
are never going to feel like
anything is good enough.

Facing emotional turmoil

What, then, is Teo's line of work?

Since graduating from the National University of Singapore with an honours degree in biochemistry, she has been working in the field of personal development.

After a stint with the Service Quality Centre, where she developed their grooming curriculum as well as worked in training and business development, she started her own image consultancy business. In the past 10 years, however, her work has evolved and her trainings now revolve around being an emotional intelligence facilitator to universities and corporations.

Emotional intelligence, explains the director of EQ Asia Pte Ltd, is about managing one's feelings and thoughts so as to make better decisions. Most people tend to suppress their emotions, especially if they are unpleasant ones. This eventually gives rise to reactive behaviours, low energy, and a lack of passion and drive.

"I often joke with my students that we are like the walking dead; we keep going for the next thing without appreciating what's in our lives right now," she observes. "We try to fix our looks, partners, children or environment, but if we don't fix what's

going on in our emotional state, we are never going to feel like anything is good enough."

Finding the gift

Lest you think she's quoting from a textbook, Teo hastens to add that these lessons were learnt in the school of hard knocks.

She reveals that, some years after her divorce in 2003, she sank into depression. "I became really sickly, I lost weight, my hair was thinning," she discloses. A doctor friend suggested that her condition could have its genesis from the emotional stress of her divorce. "I realised there were a lot of things I had suppressed, which could have affected my immune system," she surmises.

It was around that time when she met her business partner, Dr Granville D'Souza, an emotional intelligence facilitator. Learning about EQ and handling her difficult emotions have been life changing — they have helped her to find the gift in her struggles. "Going through depression has helped me become more powerful as a speaker and as a trainer," she shares. "People can't say, 'If you have a perfect life, what can you teach me?' I think helping others has also enabled me to get over my own difficulties more quickly, and to

appreciate what I've gone through in my life."

Besides her work, Teo finds meaning in community service. She is active in the Rotary Club of Sentosa, and also volunteers in projects that empower women and single parents. "Knowing you are doing something for the greater good gives your life more balance," she asserts. Her two sons, who are university undergrads, are also involved in community service through the Catholic Church and the Universities. Armed with the motto that everything in life is a gift, Teo is grateful that her sons are doing well. "Both of them have been very resilient," she says.

Networking with Marion Teo

To benefit SGCC Members, Marion will share tips on how to make a better first impression, and get over initial nervousness when meeting people. Join our NETTWORK GROUP database to be invited for workshops and networking opportunities with Marion and other special guest speakers. Email feedback@sgcc.com.sg with your contact details today.

An Ear for Music

Among the entertainers at our National Day celebration this year was Justine Goh. Despite her heavy workload, the 13-year-old makes sure she gives back to society through her music.

Members who attended *Multi-Colourism*, the Club's National Day event held on 3 August 2019, were enthralled by the teenage violinist who serenaded Club Patron Ms Sylvia Lim as the MP entered the Club to grace the event as the Guest of Honour.

Justine Goh's rendition of the beloved national song 'Home', written by Cultural Medallion-winner Dick Lee, was moving and heartfelt. Showing her versatility, Goh's second piece, the traditional Malay tune 'Di Tanjong Katong', was more upbeat. The 13-year-old was invited to perform at SGCC by Madam Linda Fang, who accompanied her on the piano.

Despite her youth, Goh is no stranger to performing in front of large audiences. A protégé of music teacher Dr Aloysius Leong, Goh is a member of the Risen Christ Youth Symphony Orchestra. She often performs, both with the orchestra and as a soloist, at concerts and fundraising performances, including one for the Assisi Hospice in May this year.

By the time she was in lower primary school, she had already participated in and won awards in competitions such as the Singapore Raffles International Music Festival. These days, however, Goh prefers to focus on playing for charitable events instead, as she finds them a more fulfilling way of spending her time.

How it all began

The young virtuoso started her musical journey with piano lessons at the age of five, followed soon after by violin classes. "Like most parents, I decided to start her on music classes to help her develop her creativity," says Goh's mum, Mdm Agnes Wong. Taking to the lessons like a duck to water, Goh managed to skip a few grades and has already attained a second level Diploma in both the piano and violin.

Academics is important, but other activities have a part to play in a child's overall development.

Equally gifted academically, Goh is currently pursuing her secondary education under the Integrated Programme (IP) at Temasek Junior College. One of her reasons for choosing the IP is because it includes a music elective programme. "She did well enough in her PSLE to qualify for IP; since she is passionate about music, I encouraged her to apply for it," reveals Mdm Wong.



Although the IP programme is demanding, that has not prevented Goh from joining Temasek Junior College's string ensemble or persisting with her musical commitments.

A juggling act

How does Goh strike a balance between schoolwork and music?

Having supportive parents is key, stresses Mdm Wong. "As children progress in their studies, the first thing many parents let go of is music or enrichment classes. Yet music is a form of relaxation and can help children better manage the stress of schoolwork," she shares. "Academics is important, but other activities have a part to play in a child's overall development."

Does the civil servant envision a musical career for her only child? "It is too soon to tell, as children's interests can change over time, but if a good opportunity arises for her to further her music, we would certainly consider it," she says circumspectly.

As for her daughter's performance at SGCC, Mdm Wong discloses that Goh felt "honoured and excited" to play for the Club. "It was a good opportunity for her to give back to society," says Mdm Wong. "I always tell her that, while she may not be able to donate money at this time of her life, she can always contribute through her music."



WEEKEND GETAWAY

Beat the heat of the city and escape to the cool environs of Genting Highlands.

In the last issue of *ClubSpirit*, we informed you of a SGCC-organised cruise to Penang and Langkawi on the ship called Genting Dream. And, true to the ship's name, any hope of visiting Genting Highlands then remained a dream!

But now you can.

The Club is organising a 3D2N tour to that famous hillside holiday destination in Malaysia in February 2020 [for details, see box story].

HOTEL

You will be staying in First World Hotel, the largest hotel in the world in terms of number of guest rooms. What's more, your accommodation will be in the newly renovated Tower 3 of the hotel complex.



ITINERARY

You will be taken to some of Genting Highland's most famous attractions, such as the Genting Strawberry Leisure Farm, Mini Cameron Highlands Garden — a show farm and shopping arcade — and the Genting Highlands Premium Outlets.

Of course, there will be chances

for you to sample the local cuisine. The tour even includes a ticket to the *Imaginatricks* show at the Genting International Showroom.

Should you have any leisure time left, you can try your luck in the casino.

This will be a great opportunity to bond with other Members, so sign up now!

Book It

3D2N Tour to Genting Highlands 21–23 February 2020

DATE: 21–23 February 2020 (Friday–Sunday)
DEPARTURE FROM CLUB: Assemble at Main Lobby at 6.30am; Depart at 7am
ARRIVAL AT CLUB: ETA 7pm

	SINGLE OCCUPANCY (without GST per person)	TWIN OCCUPANCY (without GST per person)
Member	\$399*	\$335*

* Charge includes the following items:

- Singapore-registered 44-seater air-conditioned coach (Singapore–Genting–Singapore)
- 2 nights' stay at First World Hotel with daily breakfast
- English-speaking guide
- Personal accident insurance of \$10,000 per person, and medical claims of \$500 per person (not for treatment of illness/food poisoning)

- 1 *Imaginatricks* show ticket at Genting International Showroom
- 2 lunches at local restaurants
- Visits to Genting Strawberry Leisure Farm/Mini Cameron Highlands Garden/Genting Highlands Premium Outlets

Closing date: 10 January 2020.
Minimum: 40 pax

Contact Jean Lee at 6398 5383 or
jean_lee@sgcc.com.sg

COMPETITIONS

SGCC WORLD SQUASH DAY

Let's celebrate World Squash Day! Players will be divided into three teams, and each team will compete against the other two teams. Dinner will be served after the games.

DATE		
12 October 2019, Saturday		
TIME	VENUE	
3pm onwards	Squash Courts	
FEE		
\$10.70 w/GST (Member)	\$22.00 w/GST (Guest)	\$16.00 w/GST (Dinner Only)
CLOSING DATE		
29 September 2019, Sunday		



TENNIS JUNIOR CHAMPIONSHIP II

This tournament is divided into four different age groups: eight years old and under; 10 years old and under; 12 years old and under; and 14 years old and under.

DATE	
2 November 2019, Saturday	
TIME	VENUE
8am-6pm	Tennis Courts
FEE	
\$10.70 w/GST per category (Member)	\$21.40 w/GST per category (Guest)
CLOSING DATES	
20 October 2019, Sunday	



CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg

SGCC PREPARATORY SERIES 7

Consider yourself the next Joseph Schooling in the making? Here's a chance to show us how fast you can move in the water.

DATE	
24 November 2019, Sunday	
TIME	VENUE
12pm onwards	Swimming Pool
FEE	
\$10.70 w/GST (Member)	\$21.40 w/GST (Member package – regardless of number of events)
\$16.05 w/GST (Guest)	\$32.10 w/GST (Guest Package – regardless of number of events)
CLOSING DATE	
10 November 2019, Sunday	



CONTACT

Daniel Chong at 6398 5351 or recreation@sgcc.com.sg

MAHJONG COMPETITION

Show your prowess in this best-of-three-rounds format and be crowned the King or Queen of mahjong.



DATE	VENUE
17 November 2019, Sunday	Kensington Ballroom
REGISTRATION & LUNCH	REGISTRATION CLOSES
11am	12pm
FEE	
\$16.05* w/GST (Member) * Charge includes Lunch	
MIN/MAX	CLOSING DATE
60/88 participants	20 October 2019, Sunday
CONTACT	
Julia Kong at 6398 5352 or recreation@sgcc.com.sg	



HALLOWEEN BOWLING

Celebrate Halloween with us in the bowling alley and scare your fellow players with your best moves.

DATE	
26 October 2019, Saturday	
TIME	VENUE
7pm-11pm	Gardens Bowl
FEE	
\$48.15* w/GST for hourly charge per lane (Max. 6 players per lane)	\$171.20* w/GST for block booking (7pm-11pm) per lane (Max. 6 players per lane)
* Charge includes bowling shoes, free Halloween goodie bags, and light snacks.	
CLOSING DATE	
11 October 2019, Friday	

COSMIC BOWLING

Tired of the usual bowling? Delight in disco lights and glow-in-the dark lanes as you strike those pins down.

DATE	
23 November 2019, Saturday	
TIME	VENUE
7pm-11pm	Gardens Bowl
FEE	
\$42.80* w/GST for hourly charge per lane (Max. 6 players per lane)	
* Charge includes bowling shoes and light snacks.	
CLOSING DATE	
8 November 2019, Friday	

CHRISTMAS BOWL

Here's another chance to enjoy disco lights and glow-in-the dark lanes as you bowl.



DATE	
21 December 2019, Saturday	

QUARTERLY BOWL

The next quarterly bowl is in November. Sign up and see how many strikes you can hit in this Best-of-10-Games format.

DATE	VENUE
17 November 2019, Sunday	Gardens Bowl
CHECK-IN TIME	ROLL-OFF TIME
8.45am	9am
FEE	
\$42.80 w/GST (Member)	
MIN	CLOSING DATE
20 participants	1 November 2019, Friday

SENIOR BOWLING

In this best-of-eight-games format, 100% of the bowlers' handicap will be utilised from the 42nd Inter-Mixed League.

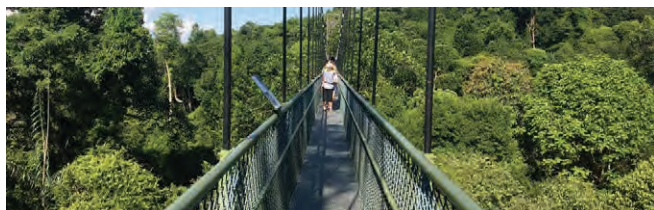
Note: Ladies' Category will be combined with the Men's Category if there are fewer than eight participants. An additional 10-pin handicap will be given. Open to Members only (Bowlers must be 50 years old and above as of 1 December 2019)

DATE	
1 December 2019, Sunday	
CHECK-IN TIME	ROLL-OFF TIME
11am	11.15am
FEE	
\$37.45* w/GST (Member)	
* Charge includes light refreshments	
MIN/MAX	CLOSING DATE
20/30 participants	17 November 2019, Sunday

TIME	VENUE
7pm-11pm	Gardens Bowl
FEE	
\$42.80* w/GST for hourly charge per lane (Max. 6 players per lane)	
* Charge includes bowling shoes and light snacks.	
CLOSING DATE	
6 December 2019, Friday	

CONTACT

Zaleha at 6398 5373 or recreation@sgcc.com.sg



SGCC ADVENTURE CAMP 2019

Enjoy two days of adventure-filled activities with the whole family. Go on a Tree Top Walk @ MacRitchie Reservoir, and spend time prawning, fishing and visiting Hay Dairies Goat Farm and Marugen Koi Farm.

DATE

18 and 19 November 2019, Monday and Tuesday

FEE

\$120.00* w/GST (Member) \$150.00* w/GST (Guest) \$100.00 w/GST (Junior Gem)

* Charge includes breakfast, lunch, transport, one camp t-shirt, certificate of participation.
(\$100 w/GST for each subsequent child – not applicable to guests)

CLOSING DATE

3 November 2019, Sunday

UBIN CYCLING 2019

Calling all cycling enthusiasts! Join us for a different kind of biking experience on the sunny island of Pulau Ubin.

DATE

1 December 2019, Sunday

TIME

7am-2pm (meet at lobby)

VENUE

Pulau Ubin

FEE

\$70.00* w/O GST (Member) \$80.00* w/O GST (Guest)

* Charge includes bicycle rental, helmet, return bumboat rides, seafood lunch

MIN

16 participants

CLOSING DATE

4 November 2019, Monday

BLITZ CHESS 2019

At our last chess event for the year, participants will engage in quick five-minutes-a-side matches with each other over nine rounds.



DATE

6 November 2019, Sunday

TIME

12pm-5pm

VENUE

Casuarina Room

FEE

\$10.70* w/O GST (Member) \$21.40* w/O GST (Guest)

* Charge includes lunch

MIN

16 participants

CLOSING DATE

2 November 2016, Monday

SGCC GOLF PRESIDENT CUP 2019

Tee off in the President Cup and stand to win attractive prizes!



DATE

24 October 2019, Thursday

TIME

12pm onwards

VENUE

Sembawang Country Club

FEE

\$165.00 w/O GST (SGCC Golf Section Member) \$175.00 w/O GST (SGCC Member)
\$45.00 w/O GST (SGCC Golf Section Member with SCC membership) \$55.00 w/O GST (SGCC Member and Guest with SCC membership)
\$195.00 w/O GST (Guest)

MIN/MAX

24/60 participants

CLOSING DATE

10 October 2019, Thursday

SNOOKER

Calling all snooker players! Pit your skills against other members in this 6 Reds Blind Doubles tournament.

DATE

19 October 2019, Saturday

TIME

1pm onwards

VENUE

Billiard Room

FEE

\$10.70* w/GST
* Charge includes buffet lunch

MIN / MAX

16 / 24 participants

CLOSING DATE

7 October 2019, Monday

SNOOKER NUMBER BALLS

Think you're a pool shark? Then pit yourself against other Members. The quarter-finals will be played in a best-of-three format; the semi-finals in a best-of-five format, while the final will be a best-of-seven contest.

DATE

11-16 November 2019, Monday-Saturday

TIME

1pm onwards

VENUE

Billiard Room

FEE

\$10.70* w/GST
* Charge includes buffet lunch

MIN / MAX

16 / 24 participants

CLOSING DATE

3 November 2019, Sunday

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

CLASSES

LEARN-TO-SWIM PROGRAMME

Run by Quattor Swim School, this programme is structured according to the SwimSafer criteria. Students will be trained and taught according to the requirements for different levels.

WEEKDAY SESSIONS

Mondays, Tuesdays, Thursdays, Fridays:
4pm-5pm, 5pm-6pm, 6pm-7pm

WEEKEND SESSIONS

Saturdays-Sundays:
9am-10am, 10am-11am, 11am-12pm

Note: Free assessment will be conducted for new students (applies to fresh beginner) to place them in the appropriate session.

FEE: 1 SESSION / WEEK

\$67.41 w/GST (Member)	\$78.65 w/GST (Guest) Weekday	\$89.88 w/GST (Guest) Weekend
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FEE: 2 SESSIONS / WEEK

\$89.88 w/GST (Member)
\$112.35 w/GST (Guest) Both sessions on weekday
\$123.59 w/GST (Guest) 1 session on weekday & 1 session on weekend
\$134.82 w/GST (Guest) Both sessions on weekend

Note: The above fees (excluding for Guests) will be prorated in the event of public holidays or if there is a fifth week in the month.



SWIMMING DEVELOPMENT PROGRAMME

Run by Quattor Swim School, this programme caters to swimmers who wish to improve their competitive swimming knowledge and skills. It focuses on boosting stamina as well as efficiency of a swimmer's stroke technique. This programme is a step up from the SwimSafer requirements as swimmers will be trained to progress to a competitive level.



WEEKEND SESSIONS

Saturdays-Sundays: 10.30am-12pm

FEE: 1 SESSION / WEEK

\$78.65 w/GST (Member)	\$89.88 w/GST (Guest) Weekday	\$101.12 w/GST (Guest) Weekend
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FEE: 3 SESSIONS / WEEK

\$101.12 w/GST (Member)
\$134.82 w/GST (Guest) All sessions on weekdays
\$157.29 w/GST (Guest) 1 session on weekday & 2 sessions on weekend
\$146.06 w/GST (Guest) 2 sessions on weekdays & 1 session on weekend

Note: The above fees will not be prorated in the event of public holidays or if there is a fifth week in the month.

CONTACT

Julia Kong at 6739 5352 or recreation@sgcc.com.sg

AIKIDO

WEEKEND

Saturdays

TIME

4.30pm-5.30pm

VENUE

Aerobics Studio

FEE

\$56.18 w/GST per month (Member)	\$67.41 w/GST per month (Guest)
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Note: Charges are for four lessons in a month. There will be additional charges if there are five lessons in a month.

ELIGIBILITY

6 years old and above

MIN / MAX

6 / 20 participants

ABOUT THE TRAINER

George Chang Koon Chua is President and Chief Instructor of the Ueshiba Aikido Association. Officially recognised by Aikido World Headquarters in Japan (Japan Aikido HQ), he is a qualified Aikido instructor, and the only seventh Dan holder in Singapore. He is the Head Instructor of the Teaching and Grading Committee, and is authorised to conduct grading examinations of Aikido students. He has taught this form of martial arts in community centres, country clubs and other organisations in Singapore.

MUAY THAI

WEEKEND

Saturdays-Sundays

TIME

9am-10.30am

VENUE

Aerobics Studio

SESSIONS

Unlimited

FEE

\$112.35 w/GST (Member)	\$123.59 w/GST (Guest)
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ELIGIBILITY

6 years old and above

MIN / MAX

6 / 20 participants



CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg



TAEKWONDO

CLASS	WEEKDAY
Beginner	Fridays
TIME	
6pm-7pm (For ages 4-6); 7pm-7.45pm (For ages 6 and above)	
FEE	
\$78.65 w/GST (Member)	\$89.88 w/GST (Guest)

CLASS	WEEKDAY
Intermediate	Fridays
TIME	
8pm-9.15pm	
FEE	
\$78.65 w/GST (Member)	\$89.88 w/GST (Guest)

CLASS	WEEKEND
Sparring	Sundays
TIME	
5.15pm-6.45pm	
FEE	
\$89.88 w/GST (Member)	\$101.12 w/GST (Guest)

VENUE FOR ALL CLASSES

Aerobics Studio

MIN / MAX

6 / 20 participants

Note: Charges are for four lessons in a month. There will be additional charges if there are five lessons in a month.

ABOUT THE TRAINER

Patrick Tan has more than 37 years of Taekwondo coaching experience, including teaching stints in the armed forces, international schools, commercial gyms, private clubs, and other organisations. Equipped with a National Coaching Accreditation Programme (NCAP) Level 3 certification from Sport Singapore, he is also a Singapore Taekwondo Federation (STF) 7th Degree Black Belt, a STF-certified instructor (Poomsae and Kyorugi), a Kukkiwon-certified instructor, and a STF referee (Poomsae and Kyorugi). Under his training, some of our Members have become champions in their respective categories in both National Kyorugi Championship and Inter-School Kyorugi Championship.

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg

JOIN THE BILLIARDS SECTION!

All levels are welcomed. For a minimum monthly subscription of \$5, you are entitled to the following:

- Participate in tournaments organised by SGCC
 - Snooker Open Championship
 - Snooker President Cup
 - Snooker Convenor Cup
 - 8 Ball Pool Tournament
 - 8 Ball Blind Doubles Pool Tournament
 - 9 Ball Pool Tournament
- Represent SGCC in invitational events (friendly matches with other clubs, tournaments organised by Cuesports Singapore)
- Souvenir from the section
- Billiards Section gatherings
- Coaching from our experts

CONTACT

If you are interested, kindly obtain a form from the Sports & Recreation Department. We hope to see you soon.



JOIN THE SGCC GOLF SECTION

The SGCC Golf Section is open to all SGCC members who enjoy golfing. For a monthly fee of \$8 w/GST, SGCC Golf Section members will enjoy the following benefits:

- Exclusive golf souvenirs, gifts, and goodies periodically
- Subsidised rates for golfing events (Golf Monthly Medal, SGCC Golf Section Annual Tournament, and local or overseas golf trips)
- Eligible for Monthly Medals and Champion of Champions Tournament
- Invitation to attend Golf Section Year-End Party for a token fee
- Spouse of Golf Section members will only pay half of the monthly contribution if they also sign up as a section member
- Receive updates on upcoming golfing events

CONTACT

If you are interested, kindly obtain a form from the Sports & Recreation Department. We hope to see you soon.



VINYASA FLOW YOGA

Soothe your bodily tensions while improving flexibility and physical strength — sign up for classes in Vinyasa Flow Yoga today!

LESSON	VENUE
Thursdays: 7.30am-8.30am, 9am-10am	Aerobics Studio
FEE	
\$67.41 w/GST (Member)	\$78.65 w/GST (Guest)
ELIGIBILITY	MIN / MAX
6 years old and above	6 / 30 participants

ABOUT THE TRAINER

Dawn Wong has been practising yoga for more than six years. She has teaching certifications in Pregnancy Yoga and Vinyasa Yoga. She believes it is important to have a fun and safe practice, and encourages students not to be too hard on themselves on the mat. Her teaching emphasises proper alignment to build a strong foundation.

CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg



FITNESS FUN PROGRAMMES

Maintain an active lifestyle while having fun with our wide range of fitness programmes.

DANCERCISE
Mondays: 10am-11am, Saturdays: 12pm-1pm
ABTSOLUTELY FABULOUS
Mondays: 11.30am-12.30pm
BODYBLAST
Wednesdays: 10am-11am
JAZZ4U
Thursdays: 7.45pm-8.45pm
ABTSOLUTELY SCULPTED
Fridays: 11.30am-12.30pm
POWERSTRETCH™
Tuesdays: 7.45pm-8.45pm Wednesdays: 7.45pm-8.45pm Fridays: 10am-11am Saturdays: 1.45pm-2.45pm
VENUE
Aerobics Studio

1 LESSON / WEEK	2 LESSONS / WEEK
\$61.79 w/GST (Member)	\$84.26 w/GST (Member)
3 LESSONS / WEEK	4 LESSONS / WEEK
\$101.12 w/GST (Member)	\$117.97 w/GST (Member)

Note: An additional monthly charge of \$21.40 w/GST will be imposed for guests.

AD HOC / TRIAL SESSION (PINK FORM)	
\$21.40 w/GST per session (Member)	\$26.75 w/GST per session (Guest)

Note: Applicable for monthly registered students to use for CLASSES THAT ARE FULLY SUBSCRIBED (as per monthly schedule posted on the notice board) and to non-monthly registered members and guests.

INCENTIVE AD HOC FOR NON-FULLY SUBSCRIBED CLASSES (WHITE FORM)

\$10.70 w/GST per session
(Member)

\$16.05 w/GST per session
(Guest)

Note: Applicable for class that are NOT FULLY SUBSCRIBED (as per monthly schedule posted on the notice board) and for CURRENT MONTHLY REGISTERED students and guests. Each guest under INCENTIVE AD HOC must be billed to the respective member who signed her/him for the monthly class.



ABOUT THE TRAINERS

Derrick Ee (PowerStretch™, Bodyblast, Dancercise, ABTSolutely Fabulous and Jazz4U) has been the Chief Aerobic Instructor of the club since 2000. He is a multi-disciplined talented dancer, choreographer, dance and fitness instructor with over two decades of experience. James Shaw (ABTSolutely Sculpted class) has been in the fitness industry since 1982, teaching group exercises as well as conducting personal training. He has taught in various countries including Singapore, Thailand, and the USA.

CONTACT

Julia Kong at 6398 5352 or recreation@sgcc.com.sg



CHESS LESSONS FOR ALL LEVELS

LESSON	VENUE
Saturdays: 1pm-2.30pm	Clover Room
FEE	
\$89.88 w/GST (Member)	\$101.12 w/GST (Guest)
Note: Charges are for a cycle of four lessons a month. There will be an additional charge if there are five lessons in a month.	
ELIGIBILITY	MIN
6 years old and above; adults are welcome	4 participants
CONTACT	
Terrence Ho at 6398 5389 or recreation@sgcc.com.sg	

ABOUT THE TRAINER

Lincoln Yap is a FIDE (Federation Internationale des Echecs — World Chess Federation) instructor and International Arbiter (IA). He is an experienced chess coach who is accredited by the Singapore Chess Federation (SCF), and a qualified trainer of the Singapore National Junior Squad. He is also MOE-registered and teaches regularly at SCF and at various schools in Singapore and the Philippines.

ADULT GROUP COACHING TENNIS PROGRAMME BY ACES TENNIS

CLASS	LESSON
Beginner	Saturdays: 3.30pm-5pm
CLASS	LESSON
Intermediate	Mondays: 8.30pm-10pm
CLASS	LESSON
Ladies' Intermediate	Mondays: 7pm-8.30pm Fridays: 8am-9.30am
FEE	
\$148.30 w/GST (Member)	\$165.15 w/GST (Guest)
Note: Charges are for a cycle of four lessons in a month. There will be additional charges if there are five weeks of lessons in a month.	
VENUE	
Tennis Courts	
CONTACT	
Daniel Chong at 6739 5351 or recreation@sgcc.com.sg	



JUDO FOR KIDS

LESSON	VENUE
Thursdays: 4.30pm-5.30pm	Aerobics Studio
FEE	
\$89.88 w/GST per month (Member)	\$101.12 w/GST per month (Guest)
ELIGIBILITY	MIN / MAX
5 years old and above	6 / 20 participants

ABOUT THE TRAINER

Md Azfar Ali possesses a second Dan black belt, and trained to be a Judo coach at the Kodokan Judo Institute in Japan, under the ASEAN-Jita Kyoei Programme. Azfar, who has been coaching for several years, believes in focusing on fundamental skills development, and strives to make learning the sport an enjoyable and enriching experience for learners of all ages.



CONTACT

Terrence Ho at 6398 5389 or recreation@sgcc.com.sg



JUNIOR GROUP COACHING TENNIS PROGRAMME BY ACES TENNIS

CLASS
Monster Tennis
LESSON
Mondays: 4.30pm-5.30pm, Saturdays: 6pm-7pm
CLASS
Little Stars - Red
LESSON
Mondays: 4.30pm-6pm, Wednesdays: 4.30pm-6pm
CLASS
Little Stars - Orange
LESSON
Tuesdays: 6pm-7.30pm, Wednesdays: 4.30pm-6pm
CLASS
Future Stars - Green
LESSON
Tuesdays: 4.30pm-6pm, Fridays: 4.30pm-6pm
CLASS
Junior 1 (Lower Intermediate)
LESSON
Mondays: 5.30pm-7.30pm

CLASS	
Junior 2 (Intermediate)	
LESSON	
Wednesdays: 6pm-7.30pm	
CLASS	
Junior 3 (High Intermediate)	
LESSON	
Tuesdays: 7.30pm-9pm	
CLASS	
Advanced	
LESSON	
Sundays: 10am-12pm	
FEE (MONSTER TENNIS)	
\$98.87 w/GST (Member)	\$115.72 w/GST (Guest)
FEE (LITTLE STARS-JUNIOR 3)	
\$148.30 w/GST (Member)	\$165.15 w/GST (Guest)
FEE (ADVANCED)	
\$197.74 w/GST (Member)	\$220.21 w/GST (Guest)

Note: Classes will be held at the tennis courts.

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg

SQUASH (PRIVATE TRAINING)

Whether you are a pure beginner or someone who would like to get back into the game, the private coaching sessions will definitely help you work towards being the best.

INDIVIDUAL LESSON FEE

\$85.60 w/GST per hour (Member)

GROUP LESSON FEE (2-4 PAX PER GROUP)

\$128.40 w/GST per hour

Note: Additional \$16.05 w/GST per guest. Fees do not include court bookings.

ABOUT THE TRAINER

Allan Chang is a certified squash coach with more than 20 years of experience.

CONTACT

Daniel Chong at 6739 5351 or recreation@sgcc.com.sg

**CHINESE MARTIAL ARTS**

Learn a variety of Chinese martial arts — such as Taiji, Xingyi boxing, and Bagua Palms — under Master Ngiam Tong Kheng.

LESSON

Sundays: 2.15pm-3.45pm

VENUE

Aerobics Studio

FEE

\$101.12 w/GST
(Member)

\$117.97 w/GST
(Guest)

ABOUT THE TRAINER

Master Ngiam Tong Kheng has more than 50 years of experience imparting his knowledge of various Chinese martial arts. He holds a World Tradition Martial Arts Union ninth Dan, and is an International Wushu Judge (International Wushu Federation).

**COOL WATER WORKOUT**

Hate feeling all hot and sticky while exercising? Then aquatic exercise and therapy is for you. To achieve a zero-impact workout, participants of this class run, walk, twist or bend while suspended in the deeper end of the swimming pool. This is suitable for people of all fitness levels. Cool Water Workout is the coolest way to keep fit!

LESSONS

Mondays: 8.30am-9.30am, Tuesdays: 7pm-8pm
Thursdays: 8.30am-9.30am, 7pm-8pm

ELIGIBILITY

16 years old and above

FEE

\$67.41* w/GST once a week per month (Member)
\$112.35* w/GST twice a week per month (Member)
\$84.26* w/GST once a week per month (Guest)
\$129.20* w/GST twice a week per month (Guest)

* Prices not inclusive of a personal wetsuit, which must be purchased for the class.

ABOUT THE TRAINER

Pamela Sashai holds a Physical Fitness Specialist Certificate majoring in Aerobics Dancing, and a Professional Certificate in Deep Water Workout from Columbia Southern University. She has taught aerobics, aqua aerobics, and Deep Water Workout in country clubs, private organisations, and condominiums.

**CONTACT**

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

TAIJIQUAN (BEGINNER)

Taijiquan is an excellent exercise for keeping fit and healthy. Its movements are gentle and slow; it focuses more on developing the mind rather than the body. It is believed that prolonged practice can help one cultivate a gentle and amiable character. The class will cover 37 Yang-Shi Taijiquan and Taiji broadsword and sword techniques.

LESSON

Sundays: 8am-9am

VENUE

Car Park Area (Palm Wing)

FEE

\$146.06 w/GST for 12 sessions
(Member)

\$168.53 w/GST for 12 sessions
(Guest)

ABOUT THE TRAINER

Lee Bar Chwee is a qualified Taiji instructor and personal trainer. He has been studying and practising Taiji for more than 50 years, and has conducted classes in community clubs, country clubs, and private organisations.



TABLE TENNIS (PRIVATE COACHING)

Hone your skills in this fast-paced sport through private coaching.

VENUE

Squash Court 4

INDIVIDUAL FEE

\$44.94 w/GST per hour (Member)

GROUP FEE (2 PLAYERS)

\$56.18 w/GST per hour

Note: Additional \$10.70 w/GST per guest. Fees do not include court bookings.

ABOUT THE TRAINER

Registered with the National Coaching Accreditation Programme (NCAP Level 1), Nicholas Chee has been playing the game since 1977, and has given personal and group coaching for kids and adults since 2000.



WATERBABIES (PRIVATE COACHING)

Allow your babies to experience the joys of being in the water with this course. This is a one-on-one session for children between six to 42 months old. Each child is to be accompanied by a parent.

VENUE

Swimming Pool

FEE

\$134.82 w/GST for 4 sessions @ 10mins per session

Note: Additional guest charges of \$5.35 w/GST per weekday and \$8.56 w/GST per weekend.

ABOUT THE TRAINER

Barbara Lina Lei has been coaching multi-sensory swimming programmes for kids since 1999.



CONTACT

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

Bavarian Fare

In conjunction with Oktoberfest, Garden Grill is going all out to impress diners with traditional Bavarian specialties that will tickle your taste buds.

**Daily from 1-31 October 2019,
12pm-3pm; 6pm-10pm**

(Last order: 30 minutes before closing)

3-course set from \$20.12 w/GST per person

4-course set from \$25.47 w/GST per person

\$2.68 w/GST discount for Senior Members
(55 years old and above) and Students



Pan-fried Sole Fillet

SET MENU

APPETISER

Smoked Salmon

with Cream Dill Sauce and Baby Salad
or

German Meatballs

with Sauerkraut
or

Cheese Fritters

accompanied by Mesclun

SOUP

German Cabbage and Potato Soup

or

Pea and Sausage Soup

MAIN COURSE

Pan-fried Sole Fillet

with Lemon Caper Sauce

or

Oven-roasted Chicken Breast

filled with Sausage Stuffing on Grain Mustard Sauce

or

Bratwurst (pork and veal sausage)

with Onion Sauce

or

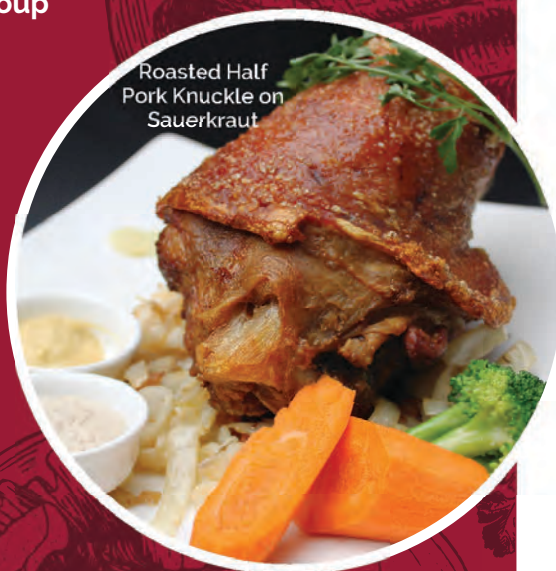
Roasted Half Pork Knuckle**

on Sauerkraut

or

Braised Short Rib***

with Red Wine Sauce



Roasted Half
Pork Knuckle on
Sauerkraut

DESSERT

Fresh Chocolate Mousse

with Wafer Crumble

or

Quark Pastry

with Vanilla Ice Cream and Raspberry Sauce

COFFEE OR TEA

**Surcharges
for Garden Grill**
Items indicated with
single, double and
triple asterisks are
subject to the following
surcharges:
• \$4.28 w/GST /
•• \$8.55 w/GST /
••• \$12.80 w/GST

Contact Garden Grill at 6398 5313

Aussie Seafood & Steak Month

Savour wholesome Australian fare with our November menu.

Daily from 1-30 November 2019

12pm-3pm; 6pm-10pm

(Last order: 30 minutes before closing)

3-course set from \$20.12 w/GST per person

4-course set from \$25.47 w/GST per person

\$2.68 w/GST discount for Senior Citizens
(55 years old and above) and Students

Thick Reef-Fish
Bouillabaisse



SET MENU

APPETISER

Fresh Aussie Mozzarella

with Tomato, Basil, Olive Oil and Balsamic Vinegar

or

Baked Mud Crab*

with 2-Cheese Topping

or

Seared Aussie Portobello Mushroom

SOUP

Thick Reef-Fish Bouillabaisse

or

Mixed Shellfish-and-Fish Chowder

MAIN COURSE

Barramundi Steak

grilled with Garlic Butter

or

Spatchcock Parmigiano

or

Chicken, Ham & Leek Pie

or

Braised Veal Shank in Herbed Tomato Sauce***

or

Rib Eye Steak***

with Mushroom Sauce

or

Lobster Thermidor in Garlic Butter or Black Pepper

(surcharge of \$38 applies)

DESSERT

Cinnamon-flavoured Apple Crumble

or

Baked Piña Colada Ice Cream

COFFEE OR TEA

Contact Garden Grill at 6398 5313

**Surcharges
for Garden Grill**
Items indicated with
single, double and
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subject to the following
surcharges:
• \$4.28 w/GST /
•• \$8.55 w/GST /
••• \$12.80 w/GST



Rib Eye Steak



Private Chef's Table

Meat-lovers will not want to miss this authentic Brazilian Churrasco experience, which is limited to 30 people.

Wednesday, 27 November 2019, 7pm
\$85 (Member) | \$95 (Guest)
Price includes a welcome drink of Brazilian Caipirinha and a glass of wine during the main course

APPETISER
Steamed Prawn with Garlic Brittle resting on Sautéed Four-Sided Bean

SOUP
Shrimp Chowder

BARBECUED MEATS
 Beef Topside
 Beef Hump
 Chicken Thigh
 Lamb Shoulder
 Chicken Hearts
 Caramelised Pineapple
 Condiments: Vinaigrette with Onion, Green Pepper and Tomato; Mustard or Mint Sauce

DESSERT
Crème de Manga

Contact Garden Grill at 6398 5313



Oktoberfest Music Festival

Invite your friends down to the Club for a night of music, food and beer. A live performance by Muzik Line, a sumptuous German Buffet, and free flow of Erdinger beer await.

Friday, 18 October 2019, 7.30pm-11.30pm
Kensington Ballroom
\$50 w/GST (Member) | \$60 w/GST (Guest)

Buffet Menu

SALAD & APPETISER
New Potato & Biewurst Salad
Mesclun Salad with Balsamico & Ranch Dressing
Fried Smoked Mozzarella with Cherry Tomato Coulis

MAIN ENTRÉE
Bavarian Roast Chicken
Sauerkraut
Schnitzel Halibut Fish Fillet
 with Dill Sauce
Beer-Basted Knockwurst
 with Onion and Hot Mustard
Bratwurst Sausages (Pork)
Muenchner Weisswurst (Veal)
Jumbo Chicken Frankfurter

'LIVE' STATION
Crispy Pork Knuckle
 with Fresh Apple Sauce and Dijon Mustard Dip

DESSERT
Tropical Fresh Fruit
Mini Black Forest
Apple Crumble
Carrot Cake
 with Sugar Frosting

Contact Adrian at 9115 0417.

Oktoberfest is Here!

Gather your mates and head down to the Club for a swig, some music, and hearty German fare.

Daily from 1-31 October 2019

4pm-9.30pm

FOOD

Schnitzel Halibut Fish Fillet with Dill Sauce @ \$12.84 w/GST

Pumpkin Mole Chicken @ \$12.84 w/GST

Wiener Schnitzel (pork cutlet)
@ \$12.84 w/GST

German Roast Pork Knuckle
@ \$23.54 w/GST (serves 2 pax)

Trio Sausage Platter (veal, pork &
chicken) @ \$23.54 w/GST
(serves 2 pax)

Add \$8.35 w/GST for Erdinger Beer (500ml)



Trio Sausage Platter



German Roast Pork Knuckle

ERDINGER BEER 'O' CLOCK (AVAILABLE DAILY)

4pm @ \$8.35 w/GST

5pm @ \$9.42 w/GST

6pm @ \$10.49 w/GST

From 7pm @ \$11.56 w/GST

ERDINGER LIGHT OR DARK
500ml @ \$11.56 w/GST | per bottle (U.P.: \$13.70)

BEER MARATHON

Tuesday, 29 October 2019

Time: 7pm-10pm

Venue: Crossroads Lounge

Price: \$48 w/GST (Member) | \$58 w/GST (Guest)

Charge includes one main course and free flow of beer

The top 3 to consume the most beer will be awarded attractive prizes. Minimum to commence: 8 persons

OKTOBERFEST TUESDAY SPECIAL WITH THE ROMEO'S DUO

Come on down to the Crossroads Lounge with your friends for a night of lively music.

Time: 7.30pm-8.15pm; 8.30pm-9.15pm; 9.30pm-10.15pm

Deepavali Tea Dance

Burn those calories while you pick up groovy steps from experienced line dance instructor Tay Bee Khim.

Monday, 28 October 2018

11.30am-4.30pm

Kensington Ballroom

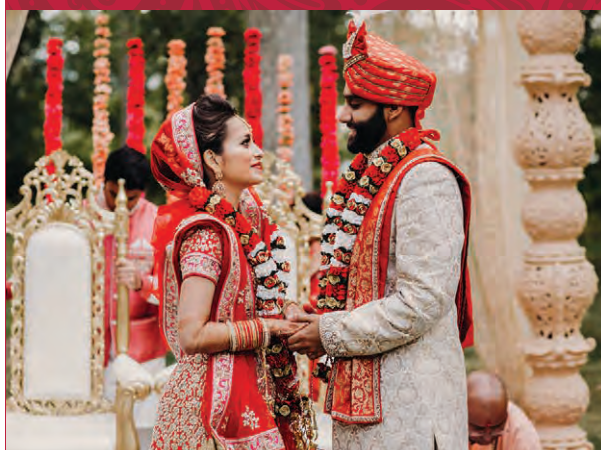
\$20.00 w/GST (Member) | \$30.00 w/GST (Guest)

Charge includes light buffet with coffee and tea

Contact Adrian Chew at 9115 0417



Serangoon Gardens Country Club presents the Royal Indian Wedding Show II



If you are planning an Indian-themed wedding, visit our show to check out the latest wedding decorations, bridal boutiques, professional photographers, and more. Also, \$8,000 worth of rebates, instant wins and other exciting prizes are up for grabs when you book your dream wedding at Serangoon Gardens Country Club!

Sunday, 6 October 2019

11am-6pm

Kensington Ballroom

Contact Banquet Sales at 6398 5387 or 6398 5381

Throw A Party @ SGCC and Be Rewarded

We've got the best venues for your party, be it for an anniversary, a wedding or a birthday bash for a child. The best part is that you'll be rewarded with F&B vouchers worth up to \$300. Recommend a friend or company to hold an event at SGCC and you'll be rewarded, too.

Check out our incentive scheme below, valid for bookings from now till the end of February 2020.

Banquet Expenditure (w/GST) \$4,000-\$7,999 | \$8,000-\$11,999 | \$12,000 & above

Your Incentive: \$100 F&B Voucher | \$200 F&B Voucher | \$300 F&B Voucher

Terms & Conditions:

1. Incentive scheme is only applicable for events held in SGCC with a minimum expenditure of \$4,280 w/GST.
2. Incentive scheme is only applicable if a member refers a non-member or a company.
3. The F&B vouchers may only be used at SGCC's F&B outlets and cannot be used to offset the banquet expenditure.
4. Incentives will only be issued after the function, at the end of the month.
5. Vouchers are valid for 6 months from date of issue.
6. Vouchers may not be used in conjunction with any other promotion.
7. The Management reserves the right to amend the Terms & Conditions without prior notice.

For enquiries and bookings, kindly contact the Banquet Sales Department @ 6398 5381 / 387 or 365.

Beverage Promotion for October & November 2019

Check out our very affordable Premium Wine Bottle Promotion @ Crossroads Lounge!

WHISKY & GIN

SHACKLETON BLENDED MALT (700ML)

1 bottle @ \$118 w/GST | 2 bottles @ \$208 w/GST

NORDES GALICIAN GIN (700ML)

1 bottle @ \$98 w/GST | 2 bottles @ \$188 w/GST

JOHNNY WALKER GOLD LABEL

3 bottles @ \$388 w/GST

Get a FREE Johnnie Walker Luggage Bag (Cabin size)

WINE

BARON PHILIPPE DE ROTHSCHILD 'ANDERRA' CARMENERE, CHILE

\$9.10 w/GST per glass | \$42.80 w/GST per bottle



WAIVER OF GUEST COVER CHARGE

Members who spend \$107 w/GST and above at any of the F&B outlets will be entitled to the following promotion:

MINIMUM SPENDING OF \$107 W/GST

Waiver of cover charges for 2 guests

MINIMUM SPENDING OF \$214 W/GST

Waiver of cover charges for 5 guests

MINIMUM SPENDING OF \$321 W/GST

Waiver of cover charges for 8 guests

Waiver of guest cover charges at Club Twenty-Two will be valid only on the day of spending and CANNOT be used for special events held at Club Twenty-Two.

*No Happy Hour discount for the above promotion

Crossroads Lounge at 6398 5310
Club Twenty-Two at 6398 5386



UKELELE LESSONS (BASIC)

Learn to play simple melodies that will thrill your friends and family!

Lesson outline:

- Playing C, G, F Major Family Chords
- Learn different strumming techniques to accompany fast and slow songs
- Simple plucking techniques
- Ukulele tablature reading
- Simple melody playing

DATE	TIME
From 26 October 2019, Everyday Saturday	10.30am-12pm
VENUE	
Formal Darts Room	
FEE	
\$128.40* w/GST Member	\$139.10* w/GST Guest
★ Charges are for 10 lessons	
MIN / MAX	CLOSING DATE
10 / 15 participants	16 October 2019, Wednesday

ABOUT THE TRAINER

Allison is a passionate and inspiring music instructor. With her love for music, she began to impact the community by delivering music programmes to children and seniors at various venues. She believes in using music as a form of engagement with people to elicit positive feelings, and help them manage stress.

THE GOLDEN VOICE (CONTEMPORARY SINGING)

Unleash your inner diva with singing lessons from a pro. Master techniques, such as breathing, that can help you shine at your next karaoke session.



DATE	TIME
From 2 November 2019, Saturdays	7pm-8pm
VENUE	
Formal Darts Room	
FEE	
\$171.20* w/GST Member	\$192.60* w/GST Guest
★ Charge is for 10 lessons	
MIN	CLOSING DATE
10 participants	22 October 2019, Tuesday

ABOUT THE TRAINER

Chern Chuen, a.k.a. ZQ, has been a singing coach in various music schools since 2003. He also gives private lessons. A seasoned vocalist and performer, he is also a published songwriter.

THE GOLDEN VOICE (CLASSICAL SINGING)

Yearning to be the next Kiri Te Kanawa or Luciano Pavarotti? With a professional opera singer and teacher to guide you, your dream may well be within reach.

DATE	TIME
From 1 November 2019, Fridays	7pm-8pm
VENUE	
Formal Darts Room	
FEE	
\$235.40* w/GST Member	\$256.80* w/GST Guest
★ Charge is for 8 lessons	
MIN	CLOSING DATE
10 Participants	21 October 2019, Monday

ABOUT THE TRAINER

Leslie Tay is an astonishingly versatile artiste, having sung in operas, musical theatre, and a cappella groups. Since debuting in 2009 with the New York Lyric Opera as Guillot in Massenet's Manon, he has sung a diverse range of roles with Singaporean and American opera companies. A passionate educator, Leslie conducts school choirs and is also on the faculty of several music schools, including School of the Arts.

CONTACT

Jean Lee at 6398 5383 or jean_lee@sgcc.com.sg

EUROPEAN FLORAL ARRANGEMENTS



In this programme, our instructor will present many practical design concepts for daily use (such as table flowers, corner designs) and special occasions (festivals and celebrations). You will learn the correct way of arranging materials in foam arrangements with step-by-step demonstrations.

DATE

From 25 October 2019,
Fridays

TIME

4pm-5.30pm

VENUE

Clover Room

FEE

\$480* w/o GST
Members

\$520* w/o GST
Guest

★ Charge is for 8 lessons and fresh flowers; additional \$28 for 2 vases and materials

MIN

5 participants

CLOSING DATE

16 October 2019,
Wednesday

UNDERSTANDING MODERN TRUST VS TRADITIONAL TRUST

Wealth transfer will become more prevalent over the next three decades, making estate planning crucial. Gain a basic understanding of a trust structure and how to utilise it. This talk will cover the following issues:

- What is a modern-day trust
- Common estate planning complications
- How to bypass probate
- Trust as a family resource
- How to make use of the 99%-1% rule for CPF



DATE

2 November 2019, Saturday

TIME

9.30am-11.30am

VENUE

Casuarina Room

FEE

Free

MIN

15 Participants

CLOSING DATE

23 October 2019,
Wednesday

TOTE-BAG PAINTING

Express your creativity by painting on tote bags.



DATE

26 October 2019, Saturday

TIME

10.30am-12.30pm

VENUE

Clover Room

FEE

\$50.00 w/GST
Junior Gems

\$55.00 w/GST
Member

\$60.00 w/GST
Guest

MIN

10 participants

CLOSING DATE

16 October 2019,
Wednesday

TERRARIUM MAKING

Create your own mini terrarium using live succulent plants, soil, coloured sand, pebbles and toy figurines.



DATE

9 November 2019, Saturday

TIME

2pm-4pm

VENUE

Clover Room

FEE

\$60.00 w/GST
Junior Gems

\$65.00 w/GST
Member

\$70.00 w/GST
Guest

MIN

10 participants

CLOSING DATE

30 October 2019,
Wednesday

CONTACT

Jean Lee at 6398 5383 or jean_lee@sgcc.com.sg

AFFILIATE CLUBS

Enjoy non-resident privileges at 15 other affiliate clubs overseas. Members must obtain their Introduction Letter from SGCC at least one week before their scheduled visit to the reciprocal club. The Introduction Letter can be obtained from the Membership Relations Office. Please call 6286 8888 or email membership@sgcc.com.sg for enquiries.

AUSTRALIA CANBERRA

Canberra Southern Cross Club
Corner of Hindmarsh Drive
and Callam Steeet Philip,
Canberra
Tel: 61-2-6283 7200

MELBOURNE

The Kelvin Club
Melbourne Place,
Melbourne, Victoria 3000
Tel: 61-3-96545711
*2, 3, 6, 9

SYDNEY

CTA Business Club Ltd
MLC Centre, Martin Place,
Sydney NSW 2000
Tel: 61-2-9232 7344
*1, 2, 3, 6, 9

CANADA ONTARIO

The Mandarin Golf and Country Club
11207 Kennedy Road,
Markham
Ontario, Canada L6C 1P2
Tel: 905-887-9887
www.golfmandarin.com
*2, 3, 6, 10, 22

VANCOUVER

Terminal City Club
837 West Hastings Street
Vancouver, BC, Canada
V6C 1B6

Tel: 604-681-4121
Fax: 604-681-9634
members@tcclub.com
www.tcclub.com
*2, 3, 5, 6, 9, 11, 13, 16,
18, 22

CHINA HONG KONG

Hong Kong Football Club
3 Sports Road, Happy Valley
Tel: 852-28309500
www.hkfc.com.hk
*2, 3, 5, 6, 7, 8, 9, 11, 13,
14, 16, 19

SHANGHAI

Shanghai International Tennis Center Club
516 Heng Shan Road
Tel: 86-21-6415 5588*82
www.regal-eastasia.com
*4, 9, 10, 11, 13, 16, 19, 20

Ambassy Club

No. 1500 Central, Huai Hai
Road, Shanghai, PRC, 200031
Tel: 86-21-6437 9800
*2, 3, 4, 11, 13, 16, 19, 22

INDIA RAJASTHAN

Jaisal Club
Jethawai Road,
Jaisalmer — 345001,
Rajasthan, India
Tel: 91-02992-255555 /
254999
*2, 3, 6, 8, 10, 11, 19

INDONESIA JAKARTA

International Sports Club of Indonesia
Jalan Liputat Raya Tangerang,
2 Wis Java
Indonesia
Tel: 62-21-749 0540
*2, 3, 5, 6, 7, 10, 13, 14, 15, 16, 19

SURABAYA

The Heritage Club
Basuki Ralehmat 129-137,
Surabaya 60271 Indonesia
Tel: 62-31-531 6755
*3, 6, 9, 11, 15, 17, 20, 21, 22

MALAYSIA JOHOR

The Els Club Malaysia
No. 4 Jalan Danau
Desaru Coast, 81930 Desaru
Johor, Malaysia
Tel: 603-2203 9696

KUANTAN

Kelab Kuantan
Jalan Merdeka, 25000
Kuantan Pahang
Darulmakmur
Tel: 02-09-521130
*2, 3, 5, 7, 8

KUALA LUMPUR

Royal Selangor Club
Dataran Clubhouse
Jalan Raja P.O. Box 10137,
50704 Kuala Lumpur
Tel: 603-2692 7166
Fax: 603-2693 4724

Bukit Kiara Sports Annexe

Jalan Bukit Kiara Off
Jalan Damansara, 60000
Kuala Lumpur
Tel: 603-2093 2277
Fax: 603-2093 3677
rscmail@rscweb.org.my
<http://rsc.org.my/>
*2, 3, 6, 9, 11, 12, 13, 15, 16,
19, 22, 23

SELANGOR

Kelab Shah Alam Selangor
Peti Surat 7116, 40704 Shah
Alam, Selangor Darul Ehsan
Tel: 02-03-5510 0001
*2, 3, 5, 6, 9, 11, 13, 16, 19

LEGEND

- 1 Accommodation
- 2 Banquet Room
- 3 Dining Area
- 4 Games Area
- 5 Library
- 6 Lounge / Bar
- 7 Race Course
- 8 Badminton
- 9 Billiard Room
- 10 Golf
- 11 Gym / Health
- 12 Hockey
- 13 Pool
- 14 Rugby
- 15 Soccer
- 16 Squash Court
- 17 Sailing
- 18 Sauna / Steam Bath
- 19 Tennis
- 20 Massage
- 21 Mini Theatre
- 22 Meeting Facilities
- 23 Cricket Pitch

Best Authentic Teochew Cuisine & Dim Sum 享誉国内外的正宗潮州佳肴

山頭園
SWATOW GARDEN

\$30 Gift Voucher

Terms & Conditions:

- Valid only for dine-in at Swatow Garden @ Serangoon Garden Country Club.
- Valid with a minimum spending of \$100 before GST & service charge; beverages excluded.
- Not valid for use on eve of public holidays, public holidays & festive days.
- Voucher not exchangeable for cash, and cannot be used with other promotions, offers & discounts.
- Original voucher must be presented upon payment.
- 1 voucher can be use per transaction.
- Swatow management reserves the right to change or amend the T&Cs without prior notice.
- Valid till 30th November 2019



山頭園
SWATOW GARDEN

Open to Public

Swatow Garden @ Serangoon Gardens Country Club

22 Kensington Park Road, Heliconia Wing, Singapore 557271. Tel: **6343 1717**

www.swatow.com.sg

Cut out this physical voucher to enjoy the benefits of this voucher!

www.swatow.com.sg

It is true what they say, life is more rewarding after 50

we're
here
to talk

Maybank Passion Plus Programme
offers a suite of exclusive privileges,
giving you more to enjoy in life.

Maybank Passion Plus Programme helps you plan for your desired retirement lifestyle and grow your nest egg with a range of Endowment and Retirement Plans, Structured Deposits and Unit Trusts. Open a Maybank Privilege Plus Savings Account to join our programme and start enjoying life beyond 50!

Maybank Privilege Plus Savings Account benefits

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- ✓ Free personal accident insurance coverage up to S\$30,000²
- ✓ Exclusive discounts with Maybank Platinum Debit Card
- ✓ Attractive welcome vouchers
- ✓ Exciting birthday month privileges

Receive a free gift³ when you deposit fresh funds and register for PayNow by linking your NRIC number. Applicable to existing and new Maybank Privilege Plus Savings Account customers.



Minimum deposit of S\$38,000

**American Tourister
Wrap Spinner (29-inch)**
(Retail Price S\$210)

OR



Minimum deposit of S\$80,000

**Bushnell Tour V4 Golf Laser
Rangefinder (Model 201660)**
(Retail Price S\$515)

Visit any Maybank branch or maybank.sg/ppsa for details.

This advertisement has not been reviewed by the Monetary Authority of Singapore.

¹Rates are subject to change without notification. ²To be eligible for the insurance cover, you must maintain a minimum total balance of S\$30,000 in your Maybank Privilege Plus Savings Account. Terms and Conditions on the personal accident insurance coverage apply. Please refer to any of our branches in Singapore for a copy of the policy schedule. ³Promotion is available from 1 June 2019 and shall end on a date to be determined by Maybank in its absolute discretion, while stocks last. Maybank reserves the right to replace, exchange, vary or substitute the Gift with an item(s) of equivalent value at its sole discretion without prior notice or reason and without liability to any persons. Deposit Amount placed into Maybank Privilege Plus Savings Account will be held by Maybank for a period of nine (9) months from the date the deposit is made and will not be available for withdrawal during this period, unless the Account Holder withdraws from the Promotion by informing Maybank. Additional Terms and Conditions apply to this Promotion, together with Rules and Regulations Governing Savings Accounts. Please visit maybank.sg/ppsa for more details.

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Maybank Singapore Limited (UEN: 201804195C)

Humanising Financial Services.



Maybank



SERANGOON GARDENS COUNTRY CLUB

PRESENTS

CHRISTMAS IN THE GARDENS

THE OFFICIAL LIGHT-UP CEREMONY FOR THE SEASON

Saturday, 23 November 2019

Yuletide celebrations all day-long at the main Clubhouse with festive-themed stalls. Look out for **JUNIOR GEMS** members' activities at 10.30am, 3.30pm & 4.30pm. Or come watch a Christmas movie at Crossroads Lounge.

Then join us for an one-hour long Light-up show filled with Christmas spirit as invited guests, members and kids sing, dance and perform to yuletide classics, leading to the official light-up of our Club's decorations and Christmas tree.

CHRISTMAS VILLAGE



10.30am to 8.00pm

FA LA LA SHOWTIME



6.20pm onwards

CHRISTMAS MOVIE CROSSROADS LOUNGE



4.15pm to 6.00pm

For any enquiries, email dawn_lee@sgcc.com.sg or call 6286 8888