



COOL WATER WORKOUT REGISTRATION FORM

LEVEL	DAY	TIME	PLEASE TICK	MONTHLY CHARGES	
				MEMBER (1 SESSION PER WEEK)	MEMBER (2 SESSIONS PER WEEK)
All levels	Mon	8.30am – 9.30am		\$68.67 w/GST (Lesson Fee)	\$114.45 w/GST (Lesson fee)
	Tue	7pm – 8pm			
	Thu	8.30am – 9.30am			

NOTE: Additional GUEST FEE PAYABLE @ \$17.17 w/GST will be imposed and is not subjected to prorate.

Pamela Sahai - A qualified principal trainer in Deep Water Workout. She is also a personal trainer and aerobic instructor. She has been in the fitness industry for more than 30 years and has taught aerobics, aqua aerobics and water workout.

DETAILS OF PARTICIPANTS					
Name	Date of Birth	Contact No.	Email Address	Member (pls tick)	Guest (pls tick)

Medical Conditions* (if any)

TERMS & CONDITIONS

- Confirmation of lesson will be made within 1 week via phone call or email.
- For guest(s) sign-ups, the Member must be present at all times during the lesson.
- No make up lesson or pro-rated charges for participants who fail to attend the class(es).
- There shall be no pro-rated payments except for new enrolment.
- No lesson on local Public Holiday(s).
- Lesson fee will be billed to the SGCC members' membership account at the end of the month. The fees paid are non-refundable nor transferable. All payment must be made payable to SGCC through their Membership account.
- Training gear(s) are to be purchased through the instructor or separately.
- Participants must inform the Sports & Recreation Department if they wish to make any changes for lessons, such as increasing frequency from once a week to twice a week.
- The Club reserves the sole right to amend any of these Terms & Conditions without prior notice.

BAD WEATHER/HAZE GUIDELINES

1. Bad weather is defined as having lightning or heavy rain within close proximity and the pool is closed by the Club.
2. In the case of bad weather, the lesson will stop. If this happens during the first 20mins of the lesson, each participant will get a replacement session. If bad weather conditions occur after 20 mins, the instructor will consider the session as utilized.
3. Haze advisory
 - a. PSI 150 & below – lessons as per normal
 - b. PSI 150 & above – lessons will be cancelled
 - c. The Club will check the PSI level an hour before the commencement of lessons and update the status on SGCC Telegram Channel.

PROCEDURE FOR SUSPENSION/TERMINATION OF LESSONS

1. Suspensions will be for a minimum of 1 calendar month to a maximum of 2 calendar months. Application for longer suspensions shall be at the discretion of the instructor.
2. Suspension requests would have to be submitted at least 2 weeks before the suspension date.
3. For termination of lessons, participant(s) are required to submit the Termination of Lessons Form by the 15th of the current month to SGCC, for the termination to be effective the following month. Lessons fees will continue to be billed to membership account unless otherwise stated. Any submissions after the cut-off date will be brought forward to the following month.

PERSONAL DATA PROTECTION NOTICE

By registering for this lesson, consent is hereby given to SGCC under the Personal Data Protection Act 2012 and according to the Personal Data Protection Notice which I have read:

- agree to disclose personal information such as membership number, contact number, member & participant(s) name, date of birth, email address, lesson date and time, lesson fees, including any visual images, photographs and/or videos captured during the lesson about the participant(s) to the instructor and SGCC;
- acknowledge that we have informed you that we may collect, use (including, process, record, hold, store), and disclose (collectively, "Process") your Personal Data;
- confirm that you have read this Personal Data Protection Notice and SGCC Personal Data Protection Privacy Statement and related SGCC Data Protection Policy [<http://sgcc.com.sg/data-protection-policy>]; and consent to SGCC' collection, use and disclosure of your Personal Data, for the Purposes as stated herein.

We Process your Personal Data, in accordance with the PDPA, for the following purposes:

- To send information, promotion and updates by post, email, text messages or social media about Club lessons, activities, or events or those of third parties that we think may interest you. Maintenance and upkeep of participants' records and data.
- Administer your participation in lessons.
- Process your payment transactions.
- Respond to your questions related to the lessons or what we do.
- Disclose your personal information such as member's name, participant(s) name, date of birth, membership number, contact number, email address lessons date and time to the instructor.

PARTICIPANT'S ACKNOWLEDGEMENT AND WAIVER

I hereby fully understand and agree to abide with the above Terms & Conditions listed by the Instructor and SGCC and allow SGCC to deduct the lesson fees from my membership account and acknowledge that termination of lessons must be submitted by the 15th of the current month to SGCC, for the termination to be effective the following month.

I understand that upon signing this application form, I shall accept the terms and conditions as set out in this application form and as prescribed in the Club's Constitution and Bye-Laws. I acknowledge and accept to release my personal data recorded on this form to SGCC for the purposes highlighted above in relation to my Membership with the Club. I am aware that SGCC is in full compliance with PDPA Act (2012) as outlined in the Personal Data Protection Policy.

I hereby acknowledge, agree, declare and confirm in relation the participant that the Instructor, SGCC and or its partners, officers and employees are not responsible and not liable for any injury, damages, illness, accident, death howsoever arising which may occur to the participant at any time during the training program and I, on behalf of the participant for whom I am responsible, hereby release absolutely from all responsibility and all liability the Instructor and/or SGCC for any injury, damages, illness, accident, death howsoever arising which may occur to the participant at any time during the training program and hereby agree and undertake to indemnify and keep indemnified the Instructor, SGCC and or its partners, officers and employees from and against any and all liability, damages and costs of defending such claims whatsoever in respect thereof. I hereby further declare and confirm that I have the requisite capacity and authority to acknowledge, agree, declare and confirm the aforesaid in my personal capacity and also on the behalf of the participant.

Member's Name

Membership No.

Member's Signature

Date

**For enquiries, contact Julia Kong at 6398 5352 or recreation@sgcc.com.sg.
Please submit this form to the Main Reception Counter or Gym Counter.**