QUATTOR

SGCC Swimming Programme Timetable

TIME / DAY	MONDAY			TUESDAY	WEDNESDAY		THURSDAY		FRIDAY			SATURDAY			SUNDAY	
0800 - 0815																
0815 - 0830															Learn-to-Swim 0815H - 0900H	
0830 - 0845														Competitive 0800H - 1000H		
0845 - 0900																
0900 - 0915												Learn-to-Swim 0900H - 0945H			Learn-to-Swim 0900H - 0945H	
0915 - 0930																
0930 - 0945																
0945 - 1000												Learn-to-Swim 0945H - 1030H			Learn-to-Swim 0945H - 1030H	
1000 - 1015																
1015 - 1030																
1030 - 1045												Learn-to-Swim 1030H - 1115H	Development 1030H - 1145H		Learn-to-Swim 1030H - 1115H	Development 1030H - 1145H
1045 - 1100																
1100 - 1115																
1115 - 1130												Learn-to-Swim 1115H - 1200H				
1130 - 1145																
1145 - 1200																
1545 - 1600	Learn-to-Swim 1545H - 1630H			Learn-to-Swim 1545H - 1630H			Learn-to-Swim 1545H - 1630H		Learn-to-Swim 1545H - 1630H			Learn-to-Swim 1545H - 1630H				
1600 - 1615																
1615 - 1630																
1630 - 1645	Learn-to-Swim 1630H - 1715H			Learn-to-Swim 1630H - 1715H			Learn-to-Swim 1630H - 1715H		Learn-to-Swim 1630H - 1715H			Learn-to-Swim 1630H - 1715H				
1645 - 1700																
1700 - 1715																
1715 - 1730	Learn-to-Swim 1715H - 1800H	Development 1715H - 1830H		Learn-to-Swim 1715H - 1800H	Development 1715H - 1830H		Learn-to-Swim 1715H - 1800H		Learn-to-Swim 1715H - 1800H	Development 1715H - 1830H						
1730 - 1745																
1745 - 1800																
1800 - 1815				Learn-to-Swim 1800H - 1845H			Learn-to-Swim 1800H - 1845H									
1815 - 1830																
1830 - 1845																
1845 - 1900			Competitive 1800H - 2000H			Competitive 1800H - 2000H		Competitive 1800H - 2000H			Competitive 1800H - 2000H					
1900 - 1915																
1915 - 1930																
1930 - 1945																
1945 - 2000																