

GYM TOWEL POLICY

Dear Members, the Gym Towel policy will be strictly enforced starting <u>1 June 2025</u> to ensure a clean, safe, and respectful environment for all members.

This enforcement is in accordance with the **Club's bye-law** regarding the **Conditions for Use of The Gym**, as stated on our website.

Members are required to adhere to the following towel usage guidelines.

- Each member must bring a workout towel to the gym.
- Towels must be placed between the member's body and the equipment during use.
- Members are responsible for wiping down both the equipment and themselves with their own towel.

The following actions are expressly prohibited:

- Bringing a towel without utilizing it.
- Leaving towels on the floor or using them to reserve equipment.

Please note that this policy will be actively monitored, and any violations will be addressed accordingly.

We appreciate your cooperation in this matter.

The Management 1 June 2025