



# Club *Spirit*

FEBRUARY • MARCH 2026



## Happy Chinese New Year

### **A New Year Welcomed in Timeless Gatsby Glamour**

Highlights from SGCC's Great Gatsby Countdown Party

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The stories behind customs time forgot

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## PATRONS

Mr George Yeo  
Ms Sylvia Lim  
Mr Kenneth Tiong

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Mr Leslie Yeo

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Vice President  
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Honorary Treasurer  
Mr Goh Kong Yong  
Assistant Honorary Secretary  
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Assistant Honorary Treasurer  
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Committee Member

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Ms Stephanie Koh Tennis  
Mr Ken Tan Billiards  
Mr Lee Wee Liam Swimming  
Mr Jean-Philippe Filhol Squash  
Mr Wyman Shing Darts

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Dear Members,

**A**s we usher in the early months of 2026, February and March promise to be vibrant and celebratory at the Club. These months are filled with meaningful festivities, exceptional dining experiences, and a rich line-up of entertainment that's been thoughtfully curated to bring our members, families and friends together in the spirit of joy and camaraderie.

Our culinary calendar is especially exciting. Garden Grill spotlights Asian Fusion Cuisine throughout February, followed by Traditional Burgundy Recipes in March. In celebration of Lunar New Year, CNY Festive Delicacies will be available at Atrium Café from 2 February to 3 March, with special CNY Set Menus at both Garden Grill and Atrium Café on 18 February. Don't miss our Lion & Dragon Dance at the Main Lobby on 18 February from 12pm to 2pm — a joyous blessing to usher in good fortune.

Music and entertainment remain at the heart of Club life: Playback performs every Wednesday at Crossroads in February (except 18 February) and March; Monty Crew takes the stage on Friday nights; and Memory Lane lights up Saturdays at Club 22, alongside Music Monday sessions on 2 February, 9 March and 23 March.

February's signature events include our Whisky Fair on 7 and 8 February at the Main Lobby, Valentine's Day Concert with Alex & The X-side Men on 14 February at Kensington Ballroom, CNY Eve Reunion Dinner on 16 February, Lunar New Year Tea Dance on 19 February, and the Lo Hei D&D on 23 February, where members can dance the night away to the electrifying music of Esther & The Lighthouse Inspirations. The celebrations also mark a symbolic "shared birthday", a Lunar New Year tradition that represents renewal and new beginnings for all, as we extend our warmest wishes to all members and guests for good health, happiness and prosperity.

I would also like to take this opportunity to extend my heartfelt appreciation to all our valued sponsors for our Countdown Party on 31 December 2025. Your partnership and continued support were vital in making the event memorable, giving us a successful start to the year. We are truly grateful for your contribution to the Club's vibrant social calendar.

On behalf of the General Committee and staff, I wish all members a prosperous Lunar New Year and an enjoyable start to the year ahead. I look forward to welcoming you at our many events in February and March.

Warm regards,

**Mathivanan Krishnan**

President, Serangoon Gardens Country Club

# A New Year Welcomed in Timeless Gatsby Glamour

## 31 December 2025



The Kensington Ballroom was transformed into a scene of timeless elegance on the last day of 2025 as members and guests gathered for *The Great Gatsby Countdown Party*, an unforgettable New Year's Eve celebration inspired by the glamour of the roaring 1920s. The evening marked a stylish close to the year, bringing together music, fashion and festive cheer in a truly immersive Gatsby-themed experience.

From the moment guests arrived, the atmosphere was set for an extraordinary night. Attendees embraced the theme with flair, arriving in stunning 1920s-inspired ensembles — from classic tuxedos and bow ties to flapper dresses adorned with fringe, feathers and pearls.

The ballroom buzzed with excitement as guests mingled, capturing photo-worthy moments against the elegant Art Deco-inspired setting.

### An Evening of Lavish Entertainment and Indulgence

The celebration commenced with a lavish dinner, thoughtfully prepared to complement the grandeur of the evening. Guests enjoyed a refined dining experience as they settled into the night's festivities, setting the tone for a celebration filled with indulgence and sophistication.

Entertainment came in the form of a lively performance by the band, *Locomotion*, whose energetic tunes kept the dance floor alive throughout the night. Their engaging







performance created an upbeat atmosphere that encouraged guests to dance, celebrate and fully immerse themselves in the joyous spirit of New Year's Eve.

Adding to the excitement was the much-anticipated lucky draw, with prizes totalling more than \$3,000. The draw was met with plenty of cheers from attendees as lucky winners expressed surprise and delight.

Another highlight of the evening was the Best Dressed Contest, which showcased the creativity and impeccable style of guests, all of whom embodied the essence of Gatsby glamour with confidence and elegance.



### A Stylish Welcome to the New Year

As midnight drew near, the energy in the ballroom reached its peak as guests stood shoulder to shoulder for the countdown, sharing in the collective and palpable excitement as the clock struck twelve. Cheers, applause and music filled the ballroom as the New Year arrived.

The Great Gatsby Countdown Party was a fitting finale to the year. It was a night that beautifully blended elegance, entertainment and togetherness. It was an evening that not only celebrated the arrival of a new year, but also created lasting memories for members and guests alike, marking the start of the year ahead in true Gatsby-style glamour.





# A Day of Festive Magic at Candy Land Christmas

## 29 November 2025



The Main Lobby was transformed into a whimsical, festive wonderland on 29 November as members and guests stepped into the enchanting world of *Candy Land Christmas*. Open to the public and free for all to enjoy, the one-day celebration brought together the joy of the season through lights, music and a delightful carnival atmosphere.

Inspired by a storybook candy village, the event was a charming blend of a sweet carnival, festive light-up experience, and vibrant Christmas bazaar. From the moment guests arrived, they were welcomed by colourful décor, cheerful melodies, and the unmistakable warmth of Christmas spirit.

### A Festive Bazaar Experience

The Christmas Market was the highlight of the event,

offering an attractive selection of baked products, floral tea, honey, wine, festive gifts, and artisanal finds. Guests also enjoyed complimentary churros and ice cream, a thoughtful touch that was well received by families, especially the children.

### Magical Highlights for All Ages

The event was filled with many moments of joy and wonder for guests of all generations. Families and children eagerly took part in the Christmas Ornament-making Workshop, while friendly competition and laughter filled the air around the game stations, which proved popular throughout the day.

Guests of all ages were further entertained by an engaging Magic Show that segued into the highly anticipated Light-up Ceremony. That magical







moment, enhanced by a snow machine, transformed the lobby into a festive spectacle that would not be soon forgotten.

Adding to the cheerful atmosphere was a live band offering their rendition of Christmas songs, while the appearance of Santa Claus delighted children and created many photo-worthy moments for families.

#### **A Sweet Celebration to Remember**

*Candy Land Christmas* was a heartwarming celebration that brought the community together in the spirit of the season. With its joyful atmosphere, engaging activities, and festive offerings, the event successfully created a memorable Christmas experience for members and their respective families and guests.

As the year drew to a close, *Candy Land Christmas* stood as a sweet reminder of togetherness, celebration and the magic of the Yuletide season.



## Staff Ang Bao Fund

We would like to extend our heartfelt gratitude to all members for recognising and appreciating the service provided by our staff throughout the year. Your generous contributions to the Ang Bao Fund are sincerely appreciated.





*Rene Ang Kim Huat*  
Ordinary Member

*Lum Teng Wai William*  
Ordinary Member

*Ang Hern Shung*  
Ordinary Member

*Madan Mohan Agarwal*  
Ordinary Member

*Daniel Oh Chee Yong*  
Ordinary Member

*Ang Peng Xiang Elvin*  
Ordinary Member

*Chan Wing Kong*  
Ordinary Member

*Ong J-Sen Jason*  
Ordinary Member

*Anantha Dylan Matthew*  
Ordinary Member

*Chiang Pow Sern*  
Ordinary Member

*Quek Tze Kuan Shawn*  
Ordinary Member

*Chai Tianyuan*  
Ordinary Member

*Chin Yoa Chang*  
Ordinary Member

*Soh Weijing*  
Ordinary Member

*Julia Chia Soo Wah*  
Ordinary Member

*Gan Yew San Daniel*  
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*Tan Joo Lee Julie*  
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*Michael Gwee Yue En*  
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*Ho Boon Hwee*  
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*Tan Eng Guan Eric*  
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*Noel Gwee Tze En*  
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*Ho Wai Leng Irene*  
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*Tan Eng Chun*  
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*Tan Joon Leng*  
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*Szewei Julian Teoh*  
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*Julien Jaillon*  
Term Member

*Donald Lim Chee Wee*  
Ordinary Member

*Albert Wang Keng Meng*  
Ordinary Member

*Mathieu Jean Benjamin Vannier*  
Term Member

## We Seek Members' Cooperation

We seek members' cooperation in presenting or scanning their membership cards when requested by our security officers at various stations within the Club. This is to ensure the security and proper use of Club facilities by authorised individuals only. Clause 11f of the Bye-Laws states that the membership card must be produced without demand upon entry into the Club premises, when using Club facilities, and when requested by an authorised staff member of the Club.





# ROYAL SALUTE

SCOTCH WHISKY



ENJOY ROYAL SALUTE RESPONSIBLY

## ENTER A NEW KINGDOM



# CNY Traditions We Left Behind

Firecrackers have been banned for the longest time in the Lion City due to safety concerns. But many other age-old Chinese New Year traditions have faded off among ever-practical Singaporeans.





### Not washing hair & clothes on Day 1 & 2

Washing one's hair and doing laundry on the first two days of the Lunar New Year was taboo back in the day. First of all, you wouldn't want to risk washing away your quota of good luck for the new year. Secondly, you wouldn't want to offend the Water God, whose birthday is commemorated on these two days.

Nowadays, these practices are usually ignored for the sake of personal hygiene, especially in light of Singapore's hot and humid climate. Besides, one has to look good when visiting friends and relatives!



No washing clothes on Day 1 and 2.

### Being a hermit on Day 3

After a busy Day 1 and 2, Chinese folks used to take a break on the third day of the Lunar New Year, and would neither leave home nor receive guests. This is because everyone wished to *siam* the God of Anger, who is said to roam freely on this day (called Red Dog Day as that's the deity's nickname). It's said that encountering him means you'll face many quarrels in the coming days.

This taboo is not much observed anymore. Day 3 is not a public holiday, so working people have to go to work, and kids have to attend classes. With their busy lives, Singaporeans will schedule appointments and activities as and when they're free, even on Day 3.

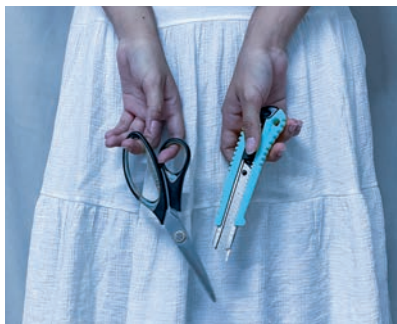


Showing respect to elders is a big thing in Chinese culture.

### Not using sharp tools during the festive period

Knives and scissors are supposed to be hidden away. Similar to the 'no washing' superstition, this practice is thought to help people avoid snipping away their good luck. This is why Chinese folks here go to the hair salon or barber before the new year — and they'll try to time their visit to just before these establishments add a festive surcharge to their prices!

In these modern times, this tradition is largely ignored because it's simply impractical. After all, how's one supposed to prepare and serve all the traditional — and very yummy! — dishes and snacks of the season without knives or scissors? Chinese Singaporeans value what's truly important — food!



Hide away sharp tools during CNY period.

### Bribing the Kitchen God

Most Chinese homes used to have a little shrine dedicated to the Kitchen God. They would give offerings of

sweet treats, especially over the last month of the year. This 'bribery' was necessary so that the Kitchen God gives a glowing annual report on the family to the Jade Emperor. When the Kitchen God returns to Earth on Day 4, families would welcome him back with the burning of incense sticks and joss paper, in addition to offerings of the usual foods.

Singapore properties, especially apartments, are getting smaller. There's simply no space in the kitchen for a shrine after installing the fridge, hob, oven, microwave, etc. Even if they do find space for it, working folks are likely to be too tired to tend to it after a hard day's work. And the lady of the house sure isn't going to mess up her sleekly designed kitchen by burning incense sticks and joss paper.

### Kowtowing to elders

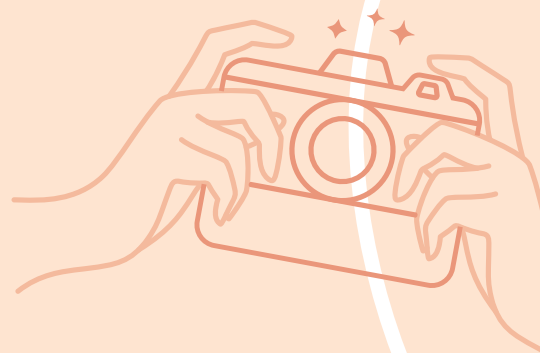
Showing respect to elders is a big thing in Chinese culture, and especially so over the CNY period. Forget about kissing, hugging or even shaking hands — if there were people in the room more senior in age or family ranking, you were supposed to kowtow to them, though not necessarily in the most formal, head-touching-floor manner.

Nowadays, in meritocratic Singapore, younger folks are uncomfortable showing such deference, which is likely why this practice is hardly seen these days.



# Snapshots

Here are photos and snippets of Club events that took place in **December 2025**.



## CPF & Retirement Strategies 6 December 2025



Paying attention to information they need to make vital decisions regarding their sunset years.

## Vintage Christmas Dinner & Dance 20 December 2025



Striking a pose for the camera in their Sunday best.



The speaker sharing information freely and clearly on a topic she clearly has deep knowledge of.



Busting a move on the dance floor.





## Asian Fusion Cuisine

Can't decide between Asian and Western cuisines? Taste the best of both worlds at the Garden Grill in February 2026.

Available throughout the month of February 2026  
(except 14, 16, 17 & 18 February 2026)

Operating hours

**12pm-3pm; 6pm-10pm**

(Last order: 45 minutes before closing))

### Price

**3-course set from \$35\* per person**

(appetiser or soup, main course, dessert with coffee or tea)

**4-course set from \$40\* per person**

(appetiser, soup, main course, dessert with coffee or tea)

\* Price includes GST

### SET MENU

#### APPETISER

**Century Egg Salad**

*Served with garlic ginger sauce*

OR

**Wasabi Prawn Salad**

*Deep-fried crispy tiger prawns, pineapple & wasabi mayo*

OR

**Crispy Bean Curd Roll**

*Deep-fried homemade bean curd roll stuffing with cabbage, mushroom & black fungus*

#### SOUP

**Chicken & Daikon Soup**

*With white radish, carrot & red dates*

OR

**Seafood Chowder**

*With fish maw & crab meat*

#### MAIN COURSE

**Roasted Pork Belly Aglio Olio**

*Spaghetti tossed with bacon, garlic, chili flake & roast pork belly*

OR

**Cantonese-style Barramundi**

*Pan-seared barramundi served with homemade soy sauce*

OR

**Char Siew Chicken**

*Baked boneless chicken leg with Chinese barbecue sauce and pickled vegetables*

OR

**Macanese-baked Pork Chop Rice**

*A baked casserole rice dish featuring pork cutlets on fried rice with a delicious tomato onion sauce and topped with melted cheese*

OR

**Black Garlic Beef Steak (surcharge \$10)**

*Served with Cincalok Chimichurri*

#### DESSERT

**Chinese Herbal Jelly**

*Served with honey*

OR

**Red Bean Chowder**

*With vanilla ice cream*

**Coffee OR Tea**

For more details, call 6398 5313 or email [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg)





## Traditional Burgundy Recipes

Foodies will recognise Burgundy as a region of France famous for its wines, and dishes such as Coq au Vin and Beef Bourguignon, both of which are available at Garden Grill in March 2026.

Available throughout the month of March 2026

Operating hours

**12pm-3pm; 6pm-10pm** (Last order: 45 minutes before closing))

**Price**

**3-course set from \$35\* per person**

(appetiser or soup, main course, dessert with coffee or tea)

**4-course set from \$40\* per person**

(appetiser, soup, main course, dessert with coffee or tea)

*\* Price includes GST*

### SET MENU

#### MAIN COURSE

##### Baked Seafood au Gratin

*Shrimp, mussel & fish combined with creamy sauce, breadcrumb & cheese*

OR

##### Sole a la Meunière

*Pan-seared sole fillet with butter, capes, parsley & lemon*

OR

##### Pork Chop au Poivre

*Served with peppercorn cream sauce*

OR

##### Coq au Vin

*Slow-cooked chicken with red wine, onions, carrots & mushrooms*

OR

##### Beef Bourguignon (surcharge \$10)

*Braised beef cheek with red wine, bacon & root vegetables, served with pomme puree*

#### DESSERT

##### Poires au Vin

*Poached pear in red wine*

OR

##### Tarte aux Fruit

*Mixed berry custard tart*

**Coffee OR Tea**

#### APPETISER

##### Red Cabbage & Apple Salad

*Served with bacon & creamy French dressing*

OR

##### Escargots a la Bourguignonne

*Baked escargot with herb butter & garlic toast*

OR

##### Classic Nicoise Salad

*Loaded with tuna, green bean, potatoes, eggs & balsamic vinegar*

#### SOUP

##### Classic Onion Soup

*With cheese crouton*

OR

##### Bourride Fish Stew

*With aioli & crouton*

For more details,  
call 6398 5313 or email  
[fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg)



# *Chinese New Year's Eve Reunion Dinner*

Savour a delicious Chinese banquet to usher in the Lunar New Year with family and friends. Book now to avoid disappointment!

**Date: Monday 16 February 2026**

**Time: 6pm**

**Venue: Kensington Ballroom**

**Price:**

**5 persons @ \$668\***

**10 persons @ \$1,088\***

*\*Price includes GST, Mandarin oranges, and free flow of Chinese tea*

## **SET MENU**

**Garden's Prosperity Smoked Salmon Yu Sheng**

**Braised Superior Fish Maw with Dried Scallop and Enoki Mushroom**

**Steamed Red Garoupa in Superior Stock**

**Herbal Chicken with Wolfberries**

**Sesame-crusted Prawn with Mayonnaise**

**Stir-fried Scallop with Broccoli**

**Stewed Ee Fu Noodles with Shimeji Mushrooms and Yellow Chives**

**Chilled Pomelo Mango Sago with Dragon Fruit**

For more details, call **Adrian Chew** at **9115 0417** or email **adrian\_chew@sgcc.com.sg**





## *Special Chinese New Year Set Menu*

Here's another offer to take you off food-prep duty during the CNY season.

**18 February-3 March 2026**

**Available for dine-in (lunch and dinner) and takeaway**

**5 persons @ \$128.00**

(Price includes GST)

### **SET MENU**

#### **Four-treasure Soup**

*(fish maw, prawn, dried scallop, enoki mushroom)*

#### **Sauteed Prawn with Broccoli**

#### **Crispy-fried Sea Bass with Superior Soy Sauce**

#### **Crabmeat Fried Rice with Ebiko**

#### **Chilled Peach Gum**

**Add on Smoked Salmon or  
Vegetarian Yu Sheng  
@ \$32 (UP: \$48) for 4-6 persons**

**Add on Abalone &  
Salmon Yu Sheng  
@ \$62 (UP: \$78) for 4-6 persons**

For more details, call **6398 5309** or email **fnb\_outlets@sgcc.com.sg**



CLUB TWENTY-TWO

# LUNAR NEW YEAR TEA DANCE



WITH LIVE BAND  
*Sound Sensation*

**19 FEBRUARY 2026**

**2PM TO 5PM**

**\$25 / \$35**

(MEMBER)

(GUEST)

(Prices are inclusive of light afternoon tea and GST)





## *Chinese New Year Day 2 Set Menu*

Too tired to cook after visiting friends and relatives on the first day of CNY? Let Garden Grill feed you on the second day for lunch and dinner.

**Date: Wednesday 18 February 2026**

Operating hours

**12pm-3pm; 6pm-10pm** (Last order: 45 minutes before closing)

**4-course @ \$45 per person** (price includes GST)  
(appetiser, soup, main course, dessert with coffee or tea)

### SET MENU

#### APPETISER

##### **Prosperity Fruity Yu Sheng**

*Served with crispy crackers, sesame oil, calamansi & citrus dressing*

#### SOUP

##### **Braised Fish Maw in Golden Soup**

*With crabmeat*

#### MAIN COURSE

##### **Baked Halibut**

*With soy mirin glaze served with baby asparagus*

OR

##### **Chinese-style Braised Beef Cheek**

*Served with carrot puree & scallion pesto*

#### DESSERT

##### **Sweet Red Bean Chowder**

*With glutinous rice ball*

**Freshly Brewed Coffee OR Selection of Tea**

For more details, call **6398 5313** or email **fnb\_outlets@sgcc.com.sg**



**FULLY BOOKED**



Whispering Lighthouse Inspirations



Early Bird  
Dance from  
6PM

# DINNER & DANCE 2026

Get ready to dance the night away with electrifying music, great company, and special performances by guest artists you won't want to miss!

**23**  
FEBRUARY

7PM TO 10.30PM

**\$68 / \$78**

(MEMBER)

(GUEST)

**KENSINGTON BALLROOM**

## EVENT HIGHLIGHTS

- Sumptuous 8-course chinese dinner
- Mandarin Oranges
- Free flow of soft drinks

For more information,  
please contact Adrian at 9115 0417

Prices include GST

In Collaboration With:

THE  
**MACALLAN**



For Enquiries : [banquetsales@sgcc.com.sg](mailto:banquetsales@sgcc.com.sg)  
22 Kensington Park Road, Singapore 557271

[www.sgcc.com.sg](http://www.sgcc.com.sg)  
Follow us on    SGCC1955





## Chinese New Year Festive Delicacies

Celebrate the Lunar New Year with a tantalising array of goodies from Atrium Café. Welcome wealth and prosperity with one of our tasty Yu Sheng dishes.

**2 February-3 March 2026**

**Available for dine-in and takeaway**

### Salmon Yu Sheng

(for 4-6 persons)

\$48.00\*

(for 8-10 persons)

\$78.00\*

### Abalone & Salmon Yu Sheng

(for 4-6 persons)

\$78.00\*

(for 8-10 persons)

\$128.00\*

### Vegetarian Yu Sheng

(for 4-6 persons)

\$38.00\*

(for 8-10 persons)

\$58.00\*

### Bountiful Treasure Pen Cai

\$328.00\*

Featuring 14 delicacies, including abalone, conpoy, fish maw, prawn, scallop, and sea cucumber, layered with roast duck, chicken, yam, lotus root, white radish, pork belly, long cabbage, and black mushroom, all nestled in a piping hot claypot

(3 working days' notice required)

### Braised Whole Duck with Sea Cucumber & Mushroom

\$128.00\*

(for 6-8 persons)

(3 working days' notice required)

### Braised Pork Knuckle (1kg) with Fa Cai & Dried Oyster

\$88.00\*

(for 6-8 persons)

(3 working days' notice required)

\* Price includes GST

For more details, call **6398 5309** or email [fnb\\_outlets@sgcc.com.sg](mailto:fnb_outlets@sgcc.com.sg)

HEAVENLY KINGS LOVE CRAZY PARTY

四大天王情歌疯狂夜



A SPECIAL  
**Valentine's  
Concert**

**ALEX and  
THE X-SIDE MEN**

**14 FEB 2026**

7PM TO 10.30PM / KENSINGTON BALLROOM

*Include Complimentary  
Gourmet Bites*

**\$48**  
(MEMBER)

**\$58**  
(GUEST)

*For enquiries, please contact Adrian at 9115 0417 or Kenny at 9176 9265*

*Prices include GST*

IN COLLABORATION WITH







## *Celebrate Your Love in Style on Valentine's Day*

**Saturday 14 February 2026**

### **Operating Hours**

**12pm-3pm; 6pm-10pm**

(Last order:  
45 minutes before closing)

### **4 courses @**

**\$60\* per person**

*\* Price includes GST*

(appetiser, soup, main course,  
dessert with coffee or tea)

**Includes a glass of sparkling  
wine for each diner and  
roses for the ladies**

### **APPETISER**

#### **Romantic Saint Valentine Appetiser**

Poached Prawn Cocktail with Mango Salsa  
Tuna Tataki with Ponzu  
Maryland Crabcake with Dill Mayo

### **SOUP**

#### **Creamy Chestnut Soup**

Bacon, Croutons

### **MAIN COURSE**

#### **Roasted Chilean Cod**

Saffron Potato, Tomato Vine, Miso Glaze  
OR

#### **Bacon-Wrapped Filet Mignon**

Mushroom Puree, Broccolini, Red Wine Sauce

### **DESSERT**

#### **Strawberry Mousse Cake**

Mirror Glaze, Berries

**Freshly Brewed Coffee or Flavoured Tea**

For more details, call **6398 5313** or email **fnb\_outlets@sgcc.com.sg**

# MEETING PACKAGES

## TO CONNECT & INSPIRE

It is all about making impressions and inspiring results!  
Come to us for engaging and impactful sessions!

### PACKAGE A

Full-day 8 hours  
\$65 per person  
2 coffee breaks with snacks  
Customised lunch

### PACKAGE B

Full-day 8 hours  
\$55 per person  
2 coffee breaks with snacks

### PACKAGE C

Half-day 4 hours  
\$50 per person  
1 coffee break with snacks  
Customised lunch

### PACKAGE D

Half-day 4 hours  
\$40 per person  
1 coffee break with snacks

## INCLUSIVE OF

- Meeting/seminar venue
- Choice of set-up
- Complimentary use of LCD projector & screen
- 2 cordless microphone
- Complimentary wireless broadband access
- Flipcharts with markers
- Complimentary car parking

## OPTIONAL

- Team-building activities
- (subject to availability and charges):
- Bowling games
- Karaoke session
- Billiard games
- Darts

Minimum 10 pax and above

*Subject to GST.*

For bookings and reservations, please call 62868888 or email [banquetsales@sgcc.com.sg](mailto:banquetsales@sgcc.com.sg)



For Enquiries : [banquetsales@sgcc.com.sg](mailto:banquetsales@sgcc.com.sg)  
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# Pensive Puasa Practices

Beyond festive food and open houses, Hari Raya Puasa does have more contemplative traditions. Here are a few that you might not be familiar with.

Let's get one thing clear: Hari Raya Puasa is not the first day of the Islamic New Year. It's understandable that most non-Muslims would make this mistake, judging from the scale and intensity of celebrations in Singapore, which is on par with Chinese New Year for the Chinese community.

Hari Raya Puasa falls on the first day of the 10th month in the Islamic Hijrah calendar, which is lunar-based. The preceding month, known as Ramadan, is when Muslims fast from sunrise to sunset. So Hari Raya Puasa is a day (Hari) of grand rejoicing (Raya) to celebrate the end of fasting (Puasa). The day is given a Malay name because the Malays are the most prominent Muslim community here.

In multicultural and multiethnic Singapore, celebrating Hari Raya Puasa is quite inclusive. People

from all walks of life are welcome to patronise halal restaurants, Muslim-run shops, and bazaars specially set up for the season. Many Muslim families open their homes to non-Muslim friends, colleagues and neighbours. If you're privileged enough to be invited to a Muslim home, you can't help but notice how finely dressed your hosts are, how festive their home looks (notice the frequent appearance of the crescent-and-star motif, which has a strong association to Islam, and the use of green, which symbolises life, nature and a connection to the Holy Land), and how tempting the spread is on the dining table.

Celebrations go on for roughly a month, even though only the first day is a public holiday. This gives time for people to visit all their most important relatives and friends, and to host open houses. Beyond these obvious

signs there are other Hari Raya Puasa practices that take place away from the spotlight.

## Visiting a mosque

Muslims would visit a mosque early in the morning to recite special prayers. These days, though, the special prayers are conducted throughout the day in mosques across the city.



Special prayers are recited for Hari Raya Puasa.





### Seeking forgiveness

Another important practice is asking for forgiveness from one's elders. This touching scene happens within one's home first, then in each place one visits. The forgivee kneels before the forgiver, uses both hands to hold the forgiver's hands, then bends down to kiss the forgiver's hands while saying "Maaf zahir dan batin", which means "Forgive me in body and spirit" in Malay.



Seeking forgiveness from one's elders is an important ritual.

### Visiting relatives & friends

If a Muslim doesn't live with his parents, his first stop of the day is usually their home — they should be the first people from whom he seeks forgiveness. Older folks, especially heads of family, tend to stay at home so as to receive visiting relatives and friends. As a show of unity, families often dress in matching outfits while making these visits, which makes for a charming scene.



Families often dress in matching clothes when visiting relatives and friends.

### Remembering the dead

Although not a religious requirement, Muslims sometimes visit the cemetery during Hari Raya Puasa to pay their respects to deceased relatives and friends.



Muslims sometimes visit the cemetery on Hari Raya Puasa.



































### Duit Raya (Raya Money)

Just as money-filled angpows (red packets or envelopes) are handed out during Chinese New Year, there is a similar tradition among the Malays during Hari Raya Puasa, except these packets are green and given by working adults, even those who are unmarried. This could be a reason why some people mistakenly think that Hari Raya Puasa marks the Islamic New Year. It's not an explicit religious requirement, but handing out green packets to children and elders is a way to show generosity and charity, which are important Islamic values.



Raya Money is offered in green packets.

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						<b>1</b>  <b>Asian Fusion Cuisine Garden Grill</b> 12pm–3pm & 6pm–10pm (whole month except 14, 16, 17 & 18 Feb)
<b>2</b>  <b>Chinese New Year Festive Delicacies</b> <b>Atrium Café</b> (2 Feb–3 Mar)  <b>Music Monday Club 22</b> 12.45pm–3.45pm 	<b>3</b> <b>Squash Social Night Squash Courts</b> 6pm–9pm 	<b>4</b> <b>Playback Crossroads Lounge</b> 8pm 	<b>5</b> <b>Squash Social Night Squash Courts</b> 5pm–8pm 	<b>6</b> <b>Monty Crew Crossroads Lounge</b> 8.45pm–12am 	<b>7</b>  <b>Whisky Fair Main Lobby</b> 12pm–8pm  <b>Memory Lane Club 22</b> 8pm–10.45pm 	<b>8</b>  <b>Whisky Fair Main Lobby</b> 12pm–8pm
<b>9</b>	<b>10</b> <b>Squash Social Night Squash Courts</b> 6pm–9pm 	<b>11</b> <b>Playback Crossroads Lounge</b> 8pm 	<b>12</b> <b>Squash Social Night Squash Courts</b> 5pm–8pm 	<b>13</b> <b>Monty Crew Crossroads Lounge</b> 8.45pm–12am   <b>Tennis Social Night Tennis Courts</b> 8pm–10pm 	<b>14</b> <b>Valentine's Day Set Menu Garden Grill</b> 12–3pm & 6pm–10pm   <b>A Special Valentine's Concert: Heavenly Kings Love Crazy Party with Alex &amp; The X-Side Men, Kensington Ballroom</b> 7pm–10.30pm 	<b>15</b>
<b>16</b> <b>Chinese New Year's Eve Reunion Dinner Kensington Ballroom</b> 6pm   <div>                         Club will be closed on 16 &amp; 17 February                     </div>	<b>17 CHINESE NEW YEAR</b>	<b>18 CHINESE NEW YEAR</b>  <b>Chinese New Year Year 2 Set Menu Garden Grill</b> 12pm–3pm & 6pm–10pm   <b>Special Chinese New Year Set Menu Atrium Café</b> (18 Feb–3 Mar) 	<b>19</b> <b>Lunar New Year Tea Dance with Live Band, Sound Sensation Club 22</b> 2pm–5pm   <b>Squash Social Night Squash Courts</b> 5pm–8pm 	<b>20</b> <b>Monty Crew Crossroads Lounge</b> 8.45pm–12am 	<b>21</b> <b>Memory Lane Club 22</b> 8pm–10.45pm 	<b>22</b> <b>Ang Bao Squash Squash Courts</b> 2pm–11pm 
<b>23</b> <b>Lo Hei Dinner &amp; Dance 2026 with Live Band, Esther &amp; The Lighthouse Inspirations Kensington Ballroom</b> 7pm–10.30pm 	<b>24</b> <b>Squash Social Night Squash Courts</b> 6pm–9pm 	<b>25</b> <b>Playback Crossroads Lounge</b> 8pm 	<b>26</b> <b>Squash Social Night Squash Courts</b> 5pm–8pm 	<b>27</b> <b>Monty Crew Crossroads Lounge</b> 8.45pm–12am   <b>Tennis Social Night Tennis Courts</b> 8pm–10pm 	<b>28</b> <b>Memory Lane Club 22</b> 8pm–10.45pm   <b>Ang Bao Bowl Gardens Bowl</b> 11am–3pm   <b>Ang Bao Darts Darts Lounge</b> 2pm–8pm 	



# MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>30</b> 	<b>31</b> Squash Social Night <b>Squash Courts</b> 6pm-9pm 					<b>1</b> Traditional Burgundy Recipes <b>Garden Grill</b> (whole month) 12pm-3pm; 6pm-10pm 
<b>2</b> 	<b>3</b> Squash Social Night <b>Squash Courts</b> 6pm-9pm 	<b>4</b> Playback <b>Crossroads Lounge</b> 8pm 	<b>5</b> Squash Social Night <b>Squash Courts</b> 5pm-8pm 	<b>6</b> Gold Label Night with Uberjam <b>Crossroads Lounge</b> 8.45pm-12am  Tennis Social Night <b>Tennis Courts</b> 8pm-10pm 	<b>7</b> Memory Lane <b>Club 22</b> 8pm-10.45pm 	<b>8</b> 
<b>9</b> Music Monday <b>Club 22</b> 12.45pm-3.45pm 	<b>10</b> Squash Social Night <b>Squash Courts</b> 6pm-9pm 	<b>11</b> Playback <b>Crossroads Lounge</b> 8pm 	<b>12</b> Squash Social Night <b>Squash Courts</b> 5pm-8pm 	<b>13</b> Monty Crew <b>Crossroads Lounge</b> 8.45pm-12am 	<b>14</b> 3D Pressed Flower Workshop <b>Casuarina Room</b> 10.30am-12.30pm  Memory Lane <b>Club 22</b> 8pm-10.45pm 	<b>15</b> 
<b>16</b> 	<b>17</b> Squash Social Night <b>Squash Courts</b> 6pm-9pm 	<b>18</b> Playback <b>Crossroads Lounge</b> 8pm 	<b>19</b> Squash Social Night <b>Squash Courts</b> 5pm-8pm 	<b>20</b> Monty Crew <b>Crossroads Lounge</b> 8.45pm-12am  Tennis Social Night <b>Tennis Courts</b> 8pm-10pm 	<b>21 HARI RAYA PUASA</b> Memory Lane <b>Club 22</b> 8pm-10.45pm 	<b>22</b> 
<b>23</b> Music Monday <b>Club 22</b> 12.45pm-3.45pm 	<b>24</b> Squash Social Night <b>Squash Courts</b> 6pm-9pm 	<b>25</b> Playback <b>Crossroads Lounge</b> 8pm 	<b>26</b> Squash Social Night <b>Squash Courts</b> 5pm-8pm 	<b>27</b> Monty Crew <b>Crossroads Lounge</b> 8.45pm-12am 	<b>28</b> Memory Lane <b>Club 22</b> 8pm-10.45pm 	<b>29</b> 

EST. 1955



[ STARTING 8 MAY ]

# CHEERS TO 70 YEARS

To celebrate Serangoon Gardens Country Club's 70th Anniversary this year, we are proud to present a commemorative wine from Domaine Labruyère to mark this milestone.

## Coeur de Terroirs – Heart of the Land

Domaine Labruyère is a family-owned winery that has been producing wines in the Moulin-à-Vent appellation of Beaujolais since 1850. Since 2008, Edouard Labruyère, the seventh generation, has been at the helm, continuing the tradition with the same passion, devotion, and dedication.

### Tasting Notes:

Coeur de Terroirs is a medium-bodied wine with a complex profile, complemented by subtle notes of spice and ripe blackberry fruit. It opens smoothly on the palate, followed by a gentle tannic structure that lingers on the finish, adding depth and elegance.

**Grape Variety: 100% Gamay**

**Alcohol Content: 14%**

# \$70 / BOTTLE

*Available for purchase at Garden Grill*

**Buy 6 bottles and get a limited-edition pair of SGCC-engraved Glencairn whisky glasses.**

*Price includes GST.*



For Enquiries : +65 6398 5313  
22 Kensington Park Road, Singapore 557271

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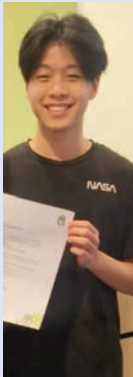
# PAST EVENTS

## 9 PIN TAP COMPETITION

Held on 15 November 2025 at our very own Gardens Bowl, this event attracted a total of 20 participants. The results are as follows:



Smiles from all the participants before the roll-off.



Zachary Kwong.



Bella Chua.

Position	Men's Category	Ladies' Category
First	Zachary Kwong (1,837 pinfalls)	Bella Chua (1,710 pinfalls)
Second	Cayden Toh (1,753 pinfalls)	Alexis Kwong (1,630 pinfalls)
Third	Edwin Koh (1,684 pinfalls)	

## BOWLING FRIENDLY WITH TANGLIN CLUB



Participants from SGCC and Tanglin Club posing for a group shot.

A friendly match between SGCC and Tanglin Club was held on 17 November 2025 at SICC. Each club sent a team of 12 bowlers, with a total turnout of 30 participants.

The event began at 7pm with a casual dinner, where bowlers from both clubs mingled, chatted, and shared plenty of laughter. The warm atmosphere set the perfect tone for the night's friendly competition, which took place after dinner. Participants proceeded to the lanes for three games, played in mixed teams

comprising bowlers from both clubs. The friendly format encouraged teamwork, camaraderie, and new friendships across clubs, truly showcasing the spirit of the game.

Special thanks to our Team Captain Mr Alex Chua and to Tanglin Club's Mr Eugene for their support and leadership in making this friendly match a success. Overall, it was a wonderful evening of bonding, sportsmanship, and fun. We look forward to more friendly matches in the future.

## 25TH STORM U22 INTERNATIONAL JUNIOR ALL STARS BOWLING CHAMPIONSHIP 2025

SGCC is proud to have sent a team of Youth Bowlers to compete in this prestigious tournament, held in Kuala Lumpur from 8–14 December 2025. It offered our young athletes invaluable exposure, and was especially meaningful for those who were experiencing international competition for the first time.

The excursion strengthened bonds within the team. Bowlers and parents alike grew closer, supporting one another throughout the tournament. A highlight of the outing was the enjoyable team-and-parents dinner, which further fostered camaraderie and community spirit.

Despite the intense competition, Team SGCC displayed outstanding fighting spirit, carrying the club's name with pride and sportsmanship. We are truly proud of how they performed and represented the club on this international stage. We are delighted to report that Bella Chua emerged First Runner-up in the Girls' 12



The Girls' 12 & Under category winners.



SGCC's Bella Chua.

& Under category. Congratulations to Bella and the entire SGCC team! May this experience inspire even greater heights in the years ahead.

A heartfelt "thank you" goes to the team's coach, Mr John Liaw, who was a constant presence throughout the qualifying rounds, dispensing guidance and advice to our youth bowlers. His dedication and support have been key to the team's confidence and development.

## ACELETICS ADVENTURE CAMP

Over three unforgettable days (1–3 December 2025), the 15 participants of this event indulged in exciting games, sports, obstacle courses, and creative kite-making, capped by a fun trip to Marina Barrage. The energy, teamwork, and positivity made this camp truly meaningful. There will be more of such adventures to come, so watch out for announcements!



Participants giving the camp a thumbs up.



### 36TH AGE GROUP SWIM MEET 2025

On 26 October 2025, people at the SGCC swimming pool witnessed amazing energy, determination, and sportsmanship from swimmers across all age groups who had gathered for this competition.

Many thanks to our generous sponsor, ARENA, for making this event possible. We're also grateful to our wonderful guests from other swim schools — 2BSS, AQSC, APSC, ART, CSS, SASC, SDAS, TAC, TSC, WS, and FI — for joining us and contributing to such a vibrant and competitive meet! A special shout-out goes to our S&R Chairman, Mr Gerade

Gomez — your presence and encouragement mean a lot to the swimming community!

Our heartfelt appreciation also goes to the swimming sub-committee — Wee Liam, Eileen Phang, Roy Wong, Way Lin, and Kenneth Low — for their dedication, time, and hard work in making this event a success.

Congratulations to all swimmers for your outstanding efforts and achievements! Let's continue to make waves in the swimming community!



And they're off!



The start of another race.



Waiting for their turn to take the plunge.



Beverage break.



Shaking their pom-poms to show support.



Spectators shouting encouragement from the side of the pool.



### MARIGOLD-SGCC SINGAPORE CHALLENGER

Congratulations to Jemyca Aribado and Tang Ming Hong for being the Women's and Men's Champions respectively at the Marigold-SGCC Singapore Challenger 2025, held from 6–9 November.

In the Women's Final, Jemyca beat Malak Samir in three hard-fought sets. Meanwhile, in the Men's Final, Ming Hong's victory over Jerome Aw makes this his second title won in Singapore.

We would like to thank Marigold, SSRA, and SGCC for their support. We also wish to acknowledge Mr Tio Hong Tioen and Mr Alvin Lim, two members of the SGCC squash sub-committee, for putting up the prize money for this event.



Jemyca and Ming Hong (centre) proudly showing off their trophies.

### TENNIS HOLIDAY CAMP

Held from 25–27 November 2025, this camp was a fun and engaging programme for our young participants. Over the three days, our coaches took them through structured drills, skill-building exercises, and friendly matchplay, with a focus on improving technique, coordination, and on-court confidence. The camp concluded with smiles, new friendships, and noticeable progress in each participant's game, making it a rewarding and enjoyable experience for all.



At this camp, little ones learnt to wield tennis rackets almost as big as they are.

### DARTS CHRISTMAS CHALLENGE

Held on 13 December 2025 at Crossroads Lounge, this event attracted 20 participants, who were divided into two teams lead by William Ng and Wyman Shing respectively.

The teams competed against each other in 4 Men's Singles, 2 Ladies' Singles, 6 Mixed Doubles, and 1 Threesome 901. There was also a novelty game — won by Ramel Ang and Wyman Shing — where members threw with their weak hand or used an underarm throw with their strong hand. Overall, Team William beat Team Wyman.

After prizes were presented, everyone adjourned to have dinner together.



Participants were divided into two teams.



## COSMO SQUASH LEAGUE



Group photo with other club players.

The 2025 Cosmo Squash League has concluded, and we're thrilled to announce that Serangoon Gardens Country Club has come up tops!

"After a three-year absence, the SGCC Cosmo League Team made a spectacular return to the competition with a stunning victory at the 2025 contest! Our players made an incredible comeback in the last few rounds, thanks to great team spirit and the leadership of Mac[re]sy, our 2025 captain. What a triumph!" reported Squash Convenor, Mr J P Filhol.

Team Captain, Mr Stephane Macresy, added, "With a small team of 12 players, we were the clear outsiders. Competing against Tanglin Club, British Club, and Singapore Cricket Club, which had teams twice our size, we achieved four wins, five draws, and just one defeat. Through resilience, commitment, and flexibility, we finished one point above the runner-up, Singapore Cricket Club. Congratulations to everyone, and thank you for your support!"

A huge "thank you" to all clubs, players, and supporters for making this event a fantastic success. Stay tuned for more exciting squash action!



Group photo with other club players.



Dinner after a match.

## COSMO SQUASH LEAGUE END-OF-SEASON DINNER

The 2025 season was filled with sportsmanship, camaraderie, and great squash. Congratulations to the top three clubs, which are as follows:

Position	Club
First	Serangoon Gardens Country Club
Second	Singapore Cricket Club
Third	The British Club

A big shout-out to all participating clubs for making this season unforgettable. Besides the above-mentioned three clubs, they are The American Club, Singapore Island Country Club, and Tanglin Club.

Special thanks to Mr J P Filhol (SGCC Squash Convenor), Mr Stephane Macresy (SGCC Cosmo Team Captain), and representatives from The American Club and Singapore Island Country Club for presenting the trophies.

To celebrate the close of a successful season, a sumptuous dinner was held on 7 November at Club 22 for everyone involved in the league. The evening was filled with great food, fantastic music, and an electrifying atmosphere — all hosted by our talented emcee, Alfred George, who kept the energy high all night long!



Participants enjoying the relaxed atmosphere.



1st place: SGCC.



2nd place: Singapore Cricket Club.



3rd place: The British Club.



Cheers to a successful league!

# CLASSES



This beginner-level dance class is based on popular K-pop tunes. Simple dance choreography will be taught each week to a K-pop song. Come join in the fun!

Street Jazz mixes old jazz dance styles with elements of what is trending in the dance world today. Despite the use of old-school jazz music, these moves will make you feel young again. And because the moves require lines and a strong physique, they can help you to keep fit.

### About the Trainer

Clare Tay has more than 20 years' experience as a dancer, instructor and choreographer. While she has received training in contemporary dance, jazz, ballet, hip hop, and street jazz, she still actively attends workshops and classes in Singapore and overseas.

**Day:** Saturdays  
**Time:** 11am–12pm  
**Venue:** Aerobics Studio  
**Fee:** \$68.67\* (Member) | \$91.56\* (Guest)

*\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.*

*\* Price includes GST.*

**Day:** Thursdays  
**Time:** 7.45pm–8.45pm  
**Venue:** Aerobics Studio  
**Fee:** \$68.67\* (Member) | \$91.56\* (Guest)  
**Eligibility:** 18 years & above

*\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.*

*\* Price includes GST.*

Jie Kai at 6398 5353 or [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg)



## MAT PILATES

Move better, feel stronger — from the mat up. Mat Pilates may look simple, but don't be fooled — it's a powerhouse for your core, posture and total body awareness. No machines are needed; it's just you, your mat, and the magic of mindful movement. This course:

- is perfect for beginners
- builds strength and stability
- improves posture, mobility and focus
- is functional, and will help you move with ease in everyday life

### About the Trainer

Joanne Tay began her Pilates journey 15 years ago, seeking balance amidst the demands of her active, sporty lifestyle. What she found was a practice that was both calming and powerful — one that strengthened her core, lengthened her muscles, and grounded her mind.

Her connection to Pilates deepened through personal adversity. After suffering two back injuries and undergoing two knee surgeries for ACL and meniscus reconstruction, Pilates became more than just a form of exercise — it became a path to healing. Through mindful movement and breath, Jo experienced firsthand the body's remarkable ability to recover, grow stronger, and transform.



**Day/Time:** Tuesdays, 7pm–8pm  
Saturdays, 9.30am–10.30am

**Venue:** Aerobics Studio

**Fee:** \$130.80\* (Member) | \$142.25\* (Guest)

**Minimum:** 7 participants

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

## ZUMBA GOLD



Ready to have a blast while staying fit? Join our Zumba Gold class, a dance fitness experience crafted for older adults and beginners, led by instructor Miko! Enjoy easy-to-follow routines set to infectious beats, boosting your flexibility, coordination and cardiovascular health — all in a vibrant, supportive atmosphere. Just bring your energy!

**Day:** Fridays  
**Time:** 10am–11am  
**Venue:** Aerobics Studio  
**Fee:** \$92.65\* (Member) | \$115.54\* (Guest)  
**Minimum:** 6 participants

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

## ZUMBA FITNESS



Looking to break a sweat while having fun? Let Instructor Eve Tan guide you through an energetic Zumba class with interval training for a total-body workout. It incorporates elements of salsa, merengue, reggae and other dance styles, along with aerobic exercises to promote cardiovascular health.

### About the Trainer

Eve Tan has been a certified Zumba Fitness Instructor since 2015 and is passionate about bringing the energy and fun of Zumba to all ages. From Zumba Kids to Zumba Gold and Zumba Fitness, she has been fortunate to lead and volunteer in classes and events over the years.

Helping others experience the joy of movement and the power of community has been a rewarding journey, and she is excited for what's next! Join her as we keep dancing, sweating and smiling together!

**Day:** Fridays  
**Time:** 5.30pm–6.30pm  
**Venue:** Club 22  
**Fee:** \$92.65\* (Member) | \$115.54\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

**DYNAMICSCULPT**

DynamicSCULPT focuses on rehabilitative (increasing range of motion) and controlled 'time under tension' strength-building movements using instructor-approved resistance and loop bands, which participants are required to purchase.

**ABTSOLUTE SCULPT**

ABTSoluteSCULPT is a HIIT (High-Intensity Interval Training) class that also focuses on toning the lower body (hips, thighs and abdominals). Note that participants are required to purchase a small pair of cotton hand towels or gliding discs.

**About the Trainer**

James Shaw has been in the fitness industry since 1982, teaching group exercises as well as offering personal training. He has taught in various countries, including Singapore, Thailand and the USA.

**Day/Time:** Mondays, 11.30am–12.30pm  
**Venue:** Aerobics Studio  
**Fee:** \$68.67\* (Member) | \$91.56\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

**Day/Time:** Fridays, 11.30am–12.30pm  
**Venue:** Aerobics Studio  
**Fee:** \$68.67\* (Member) | \$91.56\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

**CARDIO LAB**

This class provides the perfect combination of cardio intervals and muscle-specific toning. It also maintains your heart rate at optimal levels for maximum results. On top of that, it will improve your body's metabolic rate, enabling it to burn calories efficiently all day.

**About the Trainer**

Having conducted group exercise classes for more than two decades, Shirley Tan is passionate about teaching and enjoys interacting with her students. She also teaches Athletic Conditioning, HIIT, Cardio Strength, Fusion Mobility and Total Body Conditioning.

**Day/Time:** Wednesdays, 7pm–8pm  
**Venue:** Aerobics Studio  
**Fee:** \$87.20\* (Member) | \$110.09\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

**POWERSTRETCH® BY DERRICK EE**

Look forward to fluid moves and deep stretching of major core muscles, inspired by the warm-up routines of professional contemporary dancers.

**About the Trainer**

Derrick Ee has been an aerobics instructor with the Club since 2000. A talented dancer and choreographer, he also has more than two decades of experience as a dance and fitness instructor.

**Day/Time:** Saturdays, 1pm–2pm  
**Venue:** Aerobics Studio  
**Fee:** \$95.92\* (Member) | \$118.81\* (Guest)  
**Minimum:** 8 participants

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

Jie Kai at 6398 5353 or recreation@sgcc.com.sg



## HATHA YOGA



Hatha yoga is a branch of yoga that teaches poses and breathing exercises that bring peace and calm to the body and mind. It's an excellent way to de-stress while cultivating balance and flexibility.

### About the Trainer

Michael Choong is a full-time, freelance yoga instructor and personal trainer at several clubs, companies and community centres. Besides holding an International Diploma in Ashtanga Yoga, he is also certified in Therapeutic Healing Yoga, and has attended the Sivananda Yoga Teacher Training Course.

**Day/Time:** Mondays, 7.30pm–8.30pm  
Saturdays, 3pm–4pm

**Venue:** Aerobics Studio

**Fee:** \$68.67\* (Member) | \$80.12\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month

\* Price includes GST

Jie Kai at 6398 5353 or recreation@sgcc.com.sg

## COOL WATER WORKOUT



Dislike feeling all hot and sticky while exercising? Then aquatic exercise and therapy is for you. To achieve a zero-impact workout, participants of this class run, walk, twist or bend while suspended in the deeper end of the swimming pool. This is suitable for people of all fitness levels. Cool Water Workout is the coolest way to keep fit!

### About the Trainer

Pamela Sahai holds a Physical Fitness Specialist Certificate majoring in Aerobics Dancing, and a Professional Certificate in Deep Water Workout from Columbia Southern University. She has taught aerobics, aqua aerobics, and Deep Water Workout in country clubs, private organisations, and condominiums.

**Day/Time:** Mondays, 8.30am–9.30am  
Tuesdays, 7pm–8pm  
Thursdays, 8.30am–9.30am

**Eligibility:** 16 years and above

**Venue:** Swimming Pool

**Fee:** 1 Session/Week  
\$68.67\* (Member; once a week per month) |  
\$85.84\* (Guest; once a week per month)  
2 Sessions/Week  
\$114.45\* (Member; twice a week per month) |  
\$131.62\* (Guest; twice a week per month)

\* Price includes GST but not a personal wet belt, which must be purchased for the class

## WATERBABIES (PRIVATE COACHING)



Allow your babies to experience the joys of being in the water with this course. This is a one-on-one session for children between six and 42 months old. Each child is to be accompanied by a parent.

### About the Trainer

Barbara Lina Lei has been coaching multi-sensory swimming programmes for children since 1999.

**Venue:** Swimming Pool

**Fee:** \$137.34\*  
for four sessions @ 15 minutes per session  
**Additional guest charges:**  
\$5.45\* per session (weekday)  
\$8.72\* per session (weekend)

\* Price includes GST

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

## DEVELOPMENT TRAINING PROGRAMME



Bridging the gap between the Learn-to-Swim Pathway and the Competitive Swim Pathway is the Development Swim Pathway, with a focus on enhancing stroke efficiency, stamina, and the introduction of competitive swimming elements.

**Venue:** Swimming Pool

**Fee:** **2 Sessions/Week**

**\$109.00\*** (Member) | **\$130.80\*** (Guest)

**Unlimited Sessions**

**\$130.80\*** (Member) | **\$152.60\*** (Guest)

Registration fee for new sign-up/re-registration at \$21.80\* per pax and starter pack fee at \$43.60\* per pack (includes starter bundle of one pair of goggles, one kickboard, and one swimming cap).

\* Lesson fees (including guest fee payable) are not subject to be prorated in the event of public holidays or if there is a fifth week in the month.

\* Price includes GST.

## COMPETITIVE &amp; JUNIOR COMPETITIVE TRAINING PROGRAMME



The Competitive Swim Pathway caters for experienced swimmers seeking to compete at a national-level competition.

**Venue:**

Swimming Pool

**Fee:**

**Unlimited Sessions**

**\$130.80\*** (Member only)

## LEARN-TO-SWIM PROGRAMME

Run by Quattor Swim School, this programme is geared towards learning the four major swim styles (butterfly, backstroke, breaststroke, freestyle), with emphasis on stroke efficiency and overall swimming ability.

Note: Free assessment will be conducted for new students (applies to fresh beginners) to place them in the appropriate session.

**Venue:** Swimming Pool

**Fee:** **1 Session/Week**

**\$76.30\*** (Member) | **\$98.10\*** (Guest)

**2 Sessions/Week**

**\$98.10\*** (Member) | **\$141.70\*** (Guest)



Registration fee for new sign-up/re-registration at \$21.80\* per pax and starter pack fee at \$43.60\* per pack (includes starter bundle of one pair of goggles, one kickboard, and one swimming cap).

\* Lesson fees (excluding guest fee payable) are subject to be prorated in the event of public holidays or if there is a fifth week in the month.

\* Price includes GST.

Scan the QR code for the schedule of the three programmes





## MASTERS SWIMMING PROGRAMME

Our Masters Swimming Programme caters to all adults above the age of 21 at all standards of ability, be they Learner-, Intermediate-, or Competitive-Ready. Swimmers who improve will be upgraded accordingly.

**Venue:** Swimming Pool

**Fee:** **1 Session/week**  
\$87.20\* (Member) | \$109.00\* (Guest)  
**2 Sessions/week**  
\$141.70\* (Member) | \$174.40\* (Guest)

\* Lesson fees (excluding guest fee payable) are subject to be prorated in the event of public holidays or if there is a fifth week in the month.

\* Price includes GST.



Julia Kong at 6398 5352 or recreation@sgcc.com.sg

## AIKIDO



Aikido is a martial way, a discipline, and an educational process that trains the body, mind and spirit. It teaches respect, sincerity and modesty as essential qualities that can develop and enhance one's character. Aikido espouses attacking and defensive moves that flow seamlessly while prioritising non-confrontation. The class is suitable for all levels of expertise.

### About the Trainer

Simon Lee is a 5th Dan Yudansha of Aikikai Foundation, Aikido Work Headquarters, Japan, and a PA-approved trainer in Tanglin CC and Cairnhill CC in Singapore. He has more than 40 years of experience in Aikido training and practices. The Aikido lessons and instructions offered in SGCC are supported by Aikido Singapore.

**Day/Time:** Saturdays, 4.30pm–5.30pm  
**Venue:** Aerobics Studio  
**Fee:** \$57.23\* (Member) | \$68.68\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.

Jie Kai at 6398 5353 or recreation@sgcc.com.sg

## TAEKWONDO

Learn this Korean form of martial art, which has a strong emphasis on a variety of kicks. Classes are available for a range of skill levels.



### About the Trainer

Patrick Tan has more than 37 years of taekwondo coaching experience, including teaching stints in the armed forces, international schools, commercial gyms, private clubs, and other organisations. Equipped with a National Coaching Accreditation Programme (NCAP) Level 3 certification from Sport Singapore, he is also a Singapore Taekwondo Federation (STF) seventh-degree black belt, a STF-certified instructor (Poomsae and Kyorugi), a Kukkiwon-certified instructor, and a STF referee (Poomsae and Kyorugi). Under his training, some of our members have become champions in their respective categories in both National Kyorugi Championship and Inter-school Kyorugi Championship.

**Day:** Fridays  
**Level/Time:** **Beginner/Intermediate**  
6.15pm–7pm (for ages 4 and above);  
**Intermediate/Advanced**  
7pm–8pm (for ages 6 and above)  
**Advanced**  
8pm–9pm

**Venue:** Aerobics Studio

**Fee:** \$87.20\* (Member) | \$98.10\* (Guest)

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST

Jie Kai at 6398 5353 or recreation@sgcc.com.sg

ZI WU MEN GONGFU



Zi Wu Men Gongfu is a traditional Chinese martial art with a 900-year history. A holistic practice, it not only improves physical fitness and motor skills, but also builds strength, flexibility and endurance while promoting mental focus and concentration.

GONGFU JAM



Gongfu Jam is a high-energy, music-driven movement class that blends the powerful roots of traditional Chinese gongfu with the rhythmic cardio pulse of modern aerobics and kickboxing. This unique class offers a refreshing alternative to conventional workouts. It combines striking sequences, dynamic footwork, and full-body conditioning with the groove of uplifting beats. It's designed for anyone seeking a fun and invigorating way to build strength, stamina and inner vitality.

Each session features

- powerful gongfu stances and martial drills to build coordination and strength
- cardio- and rhythm-based sequences to boost heart health and burn calories
- music-powered flow to energise the body and uplift the spirit
- mindful breathwork and qi-awareness to restore balance and focus

Whether you're new to movement or already active, Gongfu Jam welcomes all who want to sweat with purpose, move with joy, and train like a warrior. No martial arts background needed. Step into a class that moves your body, sharpens your mind, and awakens your inner fire. Gongfu Jam is more than just fitness; it's a whole new way to feel strong, inspired and unstoppable.

About the Trainer

An elected Extraordinary Master of the World for two consecutive years, Master Jennifer Lee is the 22nd generation lineage holder of the Zi Wu Men traditional of neigong. Zi Wu Men Gong Fu has a 900-year-old history. With an entry in the *Singapore Book of Records*, Master Lee is a versatile teacher with over 35 years of international teaching experience and is highly sought-after for her modern approach to ancient health techniques.

**Day/Time:** Wednesdays,  
4.30pm–5.30pm  
**Venue:** Club 22  
**Fee:** \$74.12\* (Member) |  
\$85.57\* (Guest)

\* Price is for 4 lessons a month;  
there will be additional charges if there  
are 5 lessons in a month.  
\* Price includes GST.

**Day:** Thursdays  
**Time:** 4.30pm–5.30pm  
**Venue:** Club 22  
**Fee:** \$74.12\* (Member) | \$85.57\* (Guest)  
**Eligibility:** 16 years & above

\* Price is for 4 lessons a month; there will be additional charges  
if there are 5 lessons in a month.  
\* Price includes GST.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg



## TAIJIQUAN (BEGINNER)

Taijiquan is an excellent exercise for keeping fit and healthy. Its movements are gentle and slow; it focuses more on developing the mind rather than the body. It is believed that prolonged practice can help one cultivate a gentle and amiable character. The class will cover 37 Yang-Shi Taijiquan and Taiji broadsword and sword techniques.

### About the Trainer

Lee Teck Chye is a qualified PA trainer registered under the Singapore Wushu Dragon & Lion Dance Federation as a taiji coach (level: intermediate), and has been teaching in various community clubs.

**Day/Time:** Saturdays, 7am–8am  
**Venue:** Aerobics Studio  
**Minimum:** 6 participants  
**Fee:** \$148.79\* (Member) | \$171.68\* (Guest)

\* Price includes GST and is for a set of 12 sessions.



Julia Kong at 6398 5352 or recreation@sgcc.com.sg

## CHINESE GONGFU FOR CHILDREN

Immerse your child in the power, wisdom and cultural richness of traditional Chinese gongfu. It's a type of martial art that nurtures strength, focus, flexibility, confidence and discipline.

### About the Trainer

An elected Extraordinary Master of the World for two consecutive years, Master Jennifer Lee is the 22nd generation lineage holder of the Zi Wu Men traditional of neigong. Zi Wu Men Gong Fu has a 900-year-old history. With an entry in the *Singapore Book of Records*, Master Lee is a versatile teacher with over 35 years of international teaching experience, and is highly sought after for her modern approach to ancient health techniques.

**Day:** Fridays  
**Time:** 4pm–5pm  
**Venue:** Aerobics Studio  
**Fee:** \$87.20\* (Member) | \$109\* (Guest)  
**Minimum:** 10 participants  
**Eligibility:** 7–14 years old

\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

\* Price includes GST.



Julia Kong at 6398 5352 or recreation@sgcc.com.sg

## TABLE TENNIS (PRIVATE COACHING)



Hone your skills in this fast-paced sport through private coaching.

**About the Trainer**

Registered with the National Coaching Accreditation Programme (NCAP Level 1), Nicholas Chee has been playing the game since 1977, and has given personal and group coaching for kids and adults since 2000.

**Venue:** Squash Court 4

**Fee:** \$45.78\* (Member, per hour) |

\$57.23\* (2 pax per group, per hour)

**Additional \$10.90\* per guest, per hour**

*\* Price includes GST but not court bookings*

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

## SQUASH (PRIVATE COACHING)



Whether you are a beginner or someone who would like to get back into the game, private coaching sessions will definitely help you achieve your best.

**About the Trainer**

Allan Chang is a certified squash coach with more than 20 years of experience.

**Fee:** \$87.20\* (Member, per hour)

\$130.80\* (2-4 pax per group, per hour)

**Additional \$16.35\* per guest per hour**

*\* Price includes GST but not court bookings*

Jia Jun at 6398 5351 or recreation@sgcc.com.sg

## LEARN-TO-BOWL PROGRAMME

Catering to aspiring bowlers aged 7-12, the SGCC Learn-to-Bowl programme is the perfect platform for them to develop their potential, get selected as part of SGCC Youth Bowling team, or even be a good channel for Direct School Admission based on the sport!



**Day:** Fridays

**Time:** 7.30pm-9pm

**Venue:** Gardens Bowl

**Fee:** Learn-to-Bowl: \$87.20\*  
(4 sessions)

**Pre-performance Level: \$130.80\***  
(4 sessions)

**Performance Level: \$174.40\***  
(4 sessions)

**Min/Max:** 5/10 participants

*\* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.*

*\* Price includes GST.*

Zaleha at 6398 5373 or zaleha@sgcc.com.sg



## BOWLING COACHING

Pick up bowling skills or improve your game through group or private coaching.



### About the Trainers

Samuel Ho is a qualified bowling instructor with more than 20 years' experience, which includes being a resident coach for SGCC and Singapore Swimming Club. He is a registered coach with the Singapore Sports Council and the Singapore Bowling Federation.

Peter Chng has been the Club's resident coach since 2009 and has conducted training in various schools, including Maris Stella Primary and Secondary schools, ACS (Barker Road) and Nanyang Girls' High School. He has 10 years of experience and is a registered coach with the Singapore Bowling Federation.

<b>Min/Max:</b>	3/8 participants
<b>Venue:</b>	Gardens Bowl
<b>Fee:</b>	<b>Group Coaching</b> \$46.65* (Member)   \$58.32* (Guest)
	<b>Private Coaching (to arrange with instructor)</b> \$80.12* (Member for Individual, 1.5hrs) \$91.56* (Guest for Individual, 1.5hrs) \$64.15* (Member for 2 Students, 1.5hrs) \$75.81* (Guest for 2 Students, 1.5hrs)

\* Price includes GST

Zaleha at 6398 5373 or recreation@sgcc.com.sg

## TENNIS COACHING PROGRAMME



Want to pick up tennis but feel intimidated by all the options out there? Why not join the SGCC Tennis Coaching Programme, which is specially tailored for all skill levels and ages? The programme is open to members and guests, and is priced competitively. Come on down and check it out yourself!

### ADULT GROUP COACHING PROGRAMME

**Class:** Beginner  
**Day/Time:** Tuesdays, 9pm–10pm  
**Fee:** \$174.40\* (Member) | \$196.20\* (Guest)

**Class:** Intermediate  
**Day/Time:** Mondays, 7pm–8.30pm & 8.30pm–10pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Club Men/Women  
**Day/Time:** Wednesdays, 7.30pm–9pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

### JUNIOR GROUP COACHING PROGRAMME

**Class:** Red Ball  
**Day/Time:** Mondays, 4.30pm–5.30pm  
Fridays, 5pm–6pm  
**Fee:** \$130.80\* (Member) | \$152.60\* (Guest)

**Class:** Orange Ball  
**Day/Time:** Wednesdays, 4.30pm–6pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Green Ball  
**Day/Time:** Wednesdays, 4.30pm–6pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Junior 1 (Lower Intermediate)  
**Day/Time:** Wednesdays, 6pm–7.30pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Junior 2 (Intermediate)  
**Day/Time:** Mondays, 5.30pm–7pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Junior 3 (High Intermediate)  
**Day/Time:** Tuesdays, 4.30pm–6pm & 7.30pm–9pm  
Thursdays, 6pm–7.30pm  
**Fee:** \$196.20\* (Member) | \$218\* (Guest)

**Class:** Junior (Advanced)  
**Day/Time:** Saturdays, 10am–12pm  
**Fee:** \$218\* (Member) | \$239.80\* (Guest)

\* Price includes GST

**Minimum:** 3 students to start

Ashley Toh at 6398 5327 or recreation@sgcc.com.sg

# ★ ★ ★ POOL COACHING With Alan

Dive into our Pool Coaching sessions for a fun and immersive way to master the game! Perfectly tailored for beginners and hobbyists, these sessions combine learning with enjoyment to elevate your skills.

## BILLIARD ROOM



### GROUP CLASS (3:1)

*Consist of 4 lessons*

**Members: \$120 /pax**

**Guest: \$130 /pax**

**Duration: 2 hours**

*Beginner and Intermediate only*

### PRIVATE LESSONS (1:1)

**Members: \$50 /pax**

**Guest: \$60 /pax**

**Duration: 2 hour**

Prices include GST

For more information, please contact Jie Kai at 6398 5353 or [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg).



For Enquiries : [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg)  
22 Kensington Park Road, Singapore 557271

[www.sgcc.com.sg](http://www.sgcc.com.sg)  
Follow us on    SGCC1955



# Meet Our SGCC TRAINERS

**Jay Huang**

Freelance  
Personal Trainer

**Victor Kwa**

Freelance  
Personal Trainer

**Shah**

Freelance  
Personal Trainer

**ZACK**

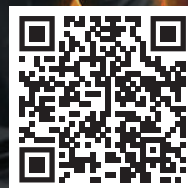
Freelance  
Personal Trainer

**Shirley Tan**

Full Time  
Personal Trainer

**Gina Lee**

Full Time  
Personal Trainer



Scan For More Details

Training Package	Member	Guest	Buddy 2:1
<b>1 Session</b>	<b>\$80.12</b>	<b>\$93.20</b>	<b>\$106.80</b>
<b>5 Sessions**</b>	<b>\$343.35</b>	<b>\$408.75</b>	<b>\$457.68</b>
<b>10 Sessions***</b>	<b>\$629.48</b>	<b>\$760.28</b>	<b>\$839.09</b>

\*\*\*5 sessions are valid for 2 months. \*\*\*10 sessions are valid for 3 months upon the first session.

Buddy sessions MUST be done in a pair. Additional guest fee will be imposed if the buddy is NOT a member of SGCC.

*The fees quoted are inclusive of 9% GST.*

**For more information, please contact Gina at 6398 5331 or [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg).**



For Enquiries : [recreation@sgcc.com.sg](mailto:recreation@sgcc.com.sg)  
22 Kensington Park Road, Singapore 557271

[www.sgcc.com.sg](http://www.sgcc.com.sg)  
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**18  
FEB  
2026  
WED**

**12PM - 2PM**



**MAIN LOBBY**

### **EVENT HIGHLIGHTS**

Usher in the Year of the Horse at SGCC with an exhilarating Lion and Dragon dance performance and oranges giveaway to celebrate the joy of togetherness.

Club-wide  
**Chinese New Year  
Celebration**



### 3D PRESSED FLOWER WORKSHOP



Your child will learn how to select, press and design with real flowers, turning nature into works of art. This workshop encourages creativity, patience and appreciation for nature. All materials are provided — just bring your imagination, enjoy a delightful crafting experience, then take home your masterpiece presented in an A4-sized frame.

**Date/Day:** 14 March 2026, Saturday  
**Time:** 10.30am–12.30pm  
**Venue:** Casuarina Room  
**Fee:** \$32.70\* (Junior Gems Member) | \$35.97\* (Member) | \$38.15\* (Guest)  
**Minimum:** 10 participants  
**Closing date:** 27 February 2026, Friday

*\* Price includes GST and is applicable for minimum spending*

Contact Jean Lee at 6398 5383 or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg)

### 'BEHIND THE SCENES: YOUR MUSIC VIDEO JOURNEY' WORKSHOP



This is a two-hour interactive workshop where you'll learn how to put together and film a music video. There will be four stations, during which participants will take on roles of Director, Producer, Cinematographer, and Artiste respectively to produce a 15- to 30-second music video clip. The workshop is meant for music, film, and KTV enthusiasts, as well as professionals exploring creativity. It highlights how teamwork and vision shape cinematic storytelling.

**Date/Day:** 25 April 2026, Saturday  
**Time:** 10am–12pm  
**Venue:** Casuarina Room  
**Fee:** FREE!  
 A complimentary bento lunch will be provided.  
**Maximum:** 20 participants  
**Closing Date:** 10 April 2026, Friday

Contact Jean Lee at 6398 5383 or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg)

## EASTER BUNNY FUN: BRUNCH, EGG PAINTING, MAKING OF BUNNY EAR & EGG HUNT

Hop into a fun-filled Saturday at the club with our Easter-themed brunch, featuring kid-friendly favourites alongside hearty brunch classics. After a relaxing meal, little ones can unleash their creativity with egg painting and Easter Bunny ear crafting. The celebration concludes with an exciting Easter Egg Hunt around the club grounds – the perfect finale to a joyful family day.

**Date/Day:** 4 April 2026, Saturday

**Time:** 11am–2.30pm

**Venue:** Casuarina Room and inside SGCC

**Fee:** \$40.33\* (Junior Gems Member) | \$44.69\* (Member) | \$46.87\* (Guest)  
*\*Price includes GST and is applicable for minimum spending*

**Minimum:** 15 participants

**Closing date:** 20 March 2026, Friday



Contact Jean Lee at 6398 5383 or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg)

## LINE DANCE 2026

Step into rhythm and move with confidence! Our Line Dance lessons are designed for all levels. You will be guided throughout the easy-to-follow steps, upbeat music, and fun choreography. Whether you're just starting out or looking to refine your moves, join us for an enjoyable workout that boosts coordination, fitness and joy on the dance floor.



### Day/Time:

#### Advanced:

Mondays, 4pm–6pm (2 hrs)

#### Combined Beginners to Intermediate Level

Tuesdays, 2.30pm–4pm (1.5 hrs)

### Venue:

Club 22

### Fees:

Mondays

**\$64.31\*** (Member) | **\$77.39\*** (Guest)

Tuesdays

**\$48.23\*** (Member) | **\$61.31\*** (Guest)

*\*Price includes GST*

### Minimum/Maximum:

15/20 participants

Contact Jean Lee at 6398 5383 or [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg)



**Make  
Your Own:**

# No-bake Cornflake Cookies

Crunchy, sweet and wonderfully simple, these no-bake cornflake cookies are a staple during Chinese New Year and Hari Raya Puasa. Coated in honey and butter, then topped with colourful sprinkles, they're quick to prepare and perfect for gifting or open-house treats.

## Ingredients:

- ✓ 4 cups cornflakes, lightly crushed
- ✓ 125g butter
- ✓ ½ cup honey (or golden syrup)
- ✓ 2 tbsp sugar
- ✓ ½ tsp vanilla essence (optional)
- ✓ Toppings: rainbow sprinkles, mini cup liners, (optional)

## Instructions:

1. Place cornflakes in a large bowl and gently crush with your hands. Set aside.
2. In a saucepan over low heat, melt the butter, honey and sugar together, stirring until smooth.
3. Remove from heat and stir in vanilla essence, if using.
4. Pour the warm mixture over the cornflakes and mix gently until evenly coated.
5. Spoon the mixture into mini cupcake liners or shape into small clusters on a lined tray.
6. Decorate immediately with sprinkles.
7. Allow to cool and set at room temperature for 20–30 minutes before serving.







## A whole new world of fun and exciting activities for the little ones!

Are you a member of SGCC who has children aged between 4 and 12 years old? Then let them become members of Junior Gems, a kids' club where they can enjoy special privileges!

SGCC's Junior Gems membership will introduce the little ones to a whole new world of fun and exciting activities! It also gives them opportunities to make new friends, interact in a social environment, and build self-confidence.

As a Junior Gems member, your child gets to enjoy:

- Junior Gems welcome gift
- Bi-monthly Junior Gems newsletter
- Junior Gems birthday surprises
- Subsidised rates for events
- Invitation to exclusive Junior Gems activities
- Junior Gems festive celebrations
- Gifts



All these for  
**\$27.25\*** per annum!  
*\*Price includes GST  
(auto-renewal of membership  
till 12 years old)*

### Particulars of Applicant

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### Particulars of Applicant's Guardian

Name: \_\_\_\_\_

Membership Number: \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_

Contacts: mobile \_\_\_\_\_ email \_\_\_\_\_

I wish to be kept updated of Junior Gems events via (tick one of the following boxes)

☐ SMS ☐ mobile ☐ email

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Non-refundable annual membership fee of \$27.25 (includes GST) will be debited in your next Statement of Account. The annual membership fee will be billed to your account subsequently every 12 months until your child turns 12 years old. Any termination of membership must be done in writing at least one calendar month before auto-renewal date. For enquiries, please email [jean\\_lee@sgcc.com.sg](mailto:jean_lee@sgcc.com.sg)

### For official use

Received by: \_\_\_\_\_ Date: \_\_\_\_\_



## MAIN RECEPTION

Tel: 6286 8888  
Daily: 9am–10pm  
www.sgcc.com.sg

## FOOD & BEVERAGE OUTLETS

### Atrium Café

Tel: 6398 5309  
Mon–Thu: 11am–3pm; 6pm–9.30pm  
Fri–Sun, Eve of PH & PH: 11am–3pm; 6pm–10pm

### Coffee Deli

Tel: 6398 5312  
Mon–Thu & PH: 8am–9pm  
Fri–Sun & Eve of PH: 8am–10pm

### Club Twenty-Two

Tel: 6398 5386  
Mon–Thu: 5pm–12am  
Fri, Sat & Eve of PH: 4pm–1am  
Sun & PH: 4pm–12am

### Crossroads Lounge

Tel: 6398 5310  
Mon–Thu: 5pm–12am  
Fri, Sat & Eve of PH: 4pm–1am  
Sun & PH: 4pm–12am

### Garden Grill

Tel: 6398 5313  
Mon–Fri: 12pm–3pm; 6pm–10pm  
Sat, Sun & PH: 8.30am–3pm; 6pm–10pm

## SPORTS & RECREATION FACILITIES

### Billiards Room

Tel: 6398 5346 Daily: 1pm–10pm

### Darts (Crossroads Lounge)

Mon–Thu, Sun & PH: 5pm–12am  
Fri, Sat & Eve of PH: 5pm–1am

### Gardens Bowl

Tel: 6398 5340  
Mon–Fri & Eve of PH: 2pm–10pm  
Sat, Sun & PH: 11am–10pm  
Off-peak hours (Mon–Fri & Eve of PH): 2pm–6pm  
Peak hours (Mon–Fri & Eve of PH): 6pm–10pm  
Peak hours (Sat–Sun & PH): Whole day

### Gymnasium

Tel: 6398 5331  
Daily (incl. Eve of PH & PH): 6am–10pm  
*Except during scheduled partial closure for maintenance four times a year, where it opens from 1pm onwards. Refer to www.sgcc.com.sg for partial closure dates.*  
Off-peak hours (Daily): 10am–5pm  
Peak hours (Daily): 5pm–10pm

### Swimming Pool / Spa Pools

Daily: 6am–10pm  
*Closed on the last Wednesday of every month unless otherwise stated.*

### Water Play Area

Daily: 8am–8pm  
*Closed on the last Wednesday of every month unless otherwise stated.*

### Sauna / Steam Bath

Daily: 6am–10pm

### Squash Courts

Tel: 6398 5331 Daily: 7am–10pm  
Off-peak hours (Mon–Fri & Eve of PH): 7am–5pm  
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm  
Peak hours (Sat–Sun & PH): 7am–10pm

### Tennis Courts

Tel: 6398 5340 / 331  
Daily: 7am–10pm  
Off-peak hours (Mon–Fri & Eve of PH): 7am–5pm  
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm  
Peak hours (Sat–Sun & PH): Whole day  
Tennis training night:  
Thu 7pm–10pm

### Table Tennis

Tel: 6398 5331 Daily: 7am–10pm  
Off-peak hours (Mon–Fri & Eve of PH): 7am–5pm  
Peak hours (Mon–Fri & Eve of PH): 5pm–10pm  
Peak hours (Sat–Sun & PH): 7am–10pm

### Mahjong

Tel: 6286 8888  
Mon–Thu, Sun & PH: 11am–12am  
Fri, Sat & Eve of PH: 11am–1am

## OTHER FACILITIES

### Kiddieland

Daily: 9am–10pm

### Functions Rooms / Ballroom

For bookings, please call  
6398 5381 / 387 / 365  
Email: banquetsales@sgcc.com.sg

### Male & Female Changing Rooms

Daily: 6.30am–10.30pm

### Study Room

Daily: 9am–10pm

## TENANTS

### Cambridge Pre-School

Tel: 6282 8455  
Mon–Fri: 7am–7pm  
Sat: Closed  
Email: Serangoon@cambridge.school

### Lat Salon

Tel: 9666 4463, by appointment only  
Tue–Sun: 11am–7pm  
Mon & PH: Closed

### Tai Yuan Tsui Hiang Yuan

Tel: 6322 7527  
Mon–Fri: 11am–3pm, 5pm–10pm  
Sat, Sun & PH: 9am–3pm, 6pm–10pm

## MANAGEMENT STAFF

### General Manager

Mark James 6398 5329  
Email: mark\_james@sgcc.com.sg

### Personal Assistant cum Office Manager (GM's Office)

Casey Chang 6398 5301  
Email: casey\_chang@sgcc.com.sg

### Senior Manager (Food & Beverage)

Adrian Chew 6398 5368  
Email: adrian\_chew@sgcc.com.sg

### Membership, Marketing & Communications Manager

Ivonn Law 6398 5337  
Email: ivonn\_law@sgcc.com.sg

### Sports & Recreation Manager

Stanley Cornelius 6398 5372  
Email: stanley\_cornelius@sgcc.com.sg

### Facilities, Maintenance & Safety Manager

Kelvin Ng 6398 5311  
Email: kelvin\_ng@sgcc.com.sg

### Finance Manager

Nicole Lee 6398 5358  
Email: nicole\_lee@sgcc.com.sg

### Human Resource Manager

Lucy Tan 6398 5366  
Email: lucy\_tan@sgcc.com.sg

### Security Operations Manager

Sritharan Lingam 6398 5315  
Email: sritharan@sgcc.com.sg

## CLUB ADMINISTRATION

Mon–Fri: 9am–6.30pm  
**Membership**  
Tel: 6398 5323 / 383  
Email: membership@sgcc.com.sg

### Accounts

Tel: 6398 5325 / 358  
Email: members\_account@sgcc.com.sg

### Sports & Recreation

Email: recreation@sgcc.com.sg

### Billiards & Fitness

Jie Kai 6398 5353

### Golf, Squash & Swimming

Jia Jun 6398 5351

### Tennis & Darts

Ashley Toh 6398 5327

**Cool Water Workout, Swimming Lessons, Table Tennis, Taijiquan, Taekwondo, Aikido, Mat Pilates, Yoga & Fitness Classes**  
Julia Kong 6398 5352

### Bowling, Bridge, Mahjong, Chess & Youth

Zaleha Hanibah 6398 5373

### Food & Beverage

fnb\_outlets@sgcc.com.sg

### Banquet Sales

Tel: 6398 5387 / 365  
Email: banquetsales@sgcc.com.sg

### Advertisement Bookings

Priscilla Chia 6398 5320  
Email: priscilla\_chia@sgcc.com.sg

### Data Protection Officer

Email: dpo@sgcc.com.sg

# Ordinary Membership

# \$16,888



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## YOUR WELCOME BUNDLE:

- Welcome Pack
- Club event tickets for two (+ two guests)
- 70th Anniversary wine\*
- Group tennis lessons
- Pool or court time\*
- Bowling games
- Personal training sessions\*

\*While stocks last. T&Cs apply. Price include GST.

Ready to join? Call 6286 8888 or email to [membership@sgcc.com.sg](mailto:membership@sgcc.com.sg)