



Club *Spirit*

OCTOBER • NOVEMBER 2026



Happy Halloween!

Uniworld Boutique River Cruises

Up to US\$1,500 off
per guest on selected
2027 itineraries

Pg 6

Swimming a Full Circle

National swimmer
Amanda Lim becomes
full SGCC member

Pg 7

Reflections of a Past President

Mr Thomas Tan offers
his views on what
makes SGCC special

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Mr Kenneth Low Squash
Mr Erik Elzinga Fitness

EDITORIAL COMMITTEE

Mr Kevin Huang
Mr Fabian Tan
Ms Mandy Wong
Ms Priscilla Chia
Ms Rebekah Tock

PUBLISHING AGENT

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22 Kensington Park Road
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Fax: 6398 5355
www.sgcc.com.sg

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Dear Members,



At the National Day Rally, Prime Minister Lawrence Wong shared a Malay proverb that resonated with me: "Berat sama dipikul, ringan sama dijinjing. Kita akan mengatasi cabaran ini bersama-sama!" In English, it means, "A burden shared is a burden halved; we will overcome challenges together." These words perfectly capture the spirit that has carried SGCC through the years. Members, staff and Management have worked side by side to keep our Club welcoming and vibrant, whatever the challenges beyond our gates.

Families will always be an important part of SGCC. In line with this, the Club is studying plans to refresh our children's play area, creating a more engaging space for our younger members. The intention is to provide a place where children can enjoy themselves while parents and grandparents spend quality time together at the Club. Updates will be shared as plans develop.

On the operating front, we recognise that rising costs continue to affect both businesses and households, and the Club is not immune to these pressures. Management is taking a proactive approach — reviewing our operations closely, seeking smarter efficiencies in energy use and procurement, and managing costs responsibly. Even as the cost of energy, food and other items remain under pressure, we will continue to look carefully at our operations and seek better efficiencies wherever possible. Our priority remains providing members with good value while maintaining the standards and experience that you expect from SGCC. We appreciate your continued understanding and support as we work towards this.

There is plenty happening at the Club over the next two months.

In October, members can look forward to our Oktoberfest Dance Party with Uberjam, alongside traditional Bavarian Recipes at Garden Grill. Towards the end of the month, we will celebrate Halloween with the Halloween Bowl and the Spooktacular Kids' Party — fun for all ages!

November will also be exciting at the Club! Members can look forward to our Deepavali Tea Dance with Sound Sensation, savour Middle Eastern cuisine at Garden Grill, and enjoy the Goat-tastic Farm Tour for our younger members. We'll also kick off our Joyous Festive Takeaway for the year-end season. Meanwhile, our regular live music sessions at Crossroads Lounge and Club 22 will continue, offering many opportunities to come together and enjoy the vibrant atmosphere of the Club.

With Deepavali falling on 8 November, the General Committee and Management would like to extend our heartfelt wishes to all members and their families celebrating the Festival of Lights. May this joyous occasion bring happiness, good health, and togetherness to you and your loved ones.

You can find full details of our upcoming activities in this issue and on the Club's noticeboards. I hope you and your family will discover something to enjoy, and I encourage you to make the most of all that the Club has to offer.

As we head towards the final months of the year, thank you for your continued support, participation and trust in SGCC. I look forward to seeing many of you around the Club.

Warmest regards,

Gerade Gomez

President

Serangoon Gardens Country Club



Dear Members,

As we move into the final few months of the year, I'd like to take a moment to share some of the work that Management has been focusing on, and what we're looking ahead to.

Firstly, sincere thanks to everyone who took the time to participate in our recent Members' Survey. The response has been encouraging; more importantly, your feedback gives us a better understanding of what matters most to you. We're reviewing the findings carefully, and will use them to help shape our priorities and identify where we can do better.

Behind the scenes, we've also been taking a closer look at various aspects of our operations and facilities. Some of this work may not always be visible, but it's important in making sure the Club runs well. We're reviewing our existing processes, how we communicate with members, and how we can make our day-to-day services more efficient, responsive and consistent.

We're also looking at how we can make better use of some of our existing spaces and facilities. Several ideas are being explored; while there's a lot of enthusiasm for what we could do, we also need to be practical. Any changes need to make sense for the Club, be financially responsible and, most importantly, deliver genuine value and benefit to our members. We'll share more with you as these ideas develop.

Another area of focus is how we engage with our members and the wider community. The team has been exploring new partnerships, membership initiatives, and other opportunities that can bring greater value to SGCC. These things don't happen overnight, but they're important as we consider how the Club can continue to grow, remain relevant, and attract new members while preserving the character and community spirit that make SGCC special.

Of course, there's always more that we'd like to do. The reality is that not everything can happen at the same time, and we need to prioritise carefully. Our aim is to focus our time and resources on the areas where we believe we can make the most meaningful difference to members and to the Club as a whole.

I'd also like to take this opportunity to thank our staff for their continued hard work and commitment. And to our members, thank you for your feedback, patience and support. Your views matter, and I hope we can continue to have open and constructive conversations about the Club.

If you see me around SGCC, please do stop and say hello. I'm always happy to have a chat and, just as importantly, hear directly from you about your experiences, ideas and suggestions.

I look forward to seeing you around the Club.

Warm regards,

Mark James

General Manager

Serangoon Gardens Country Club

National Day Family Fiesta 2026 A Celebration of Singapore, Family & Community



The Club came alive with colour, laughter and National Day spirit on Saturday, 1 August, as members, families and guests gathered for the National Day Celebration & Family Fiesta 2026.

Held as a club-wide celebration in conjunction with Singapore's 61st National Day, the event brought together a lively mix of family-friendly activities, entertainment and community experiences throughout the day. From the moment the festivities began in the morning, there was plenty happening around the Club for members of all ages to enjoy.

Younger guests were especially well catered for, with interactive game stations such as Giant Country Eraser, Fast Hands, Nintendo Switch, and PlayStation keeping them entertained throughout the day. Families could also stop by the live caricature artist for a fun keepsake to remember the occasion, while others looking for a quieter moment could enjoy a mobile neck and shoulder massage amid the festivities.

No National Day celebration would be complete

without familiar local favourites. Cup corn and traditional ice cream added a nostalgic touch to the occasion, bringing back simple treats that many Singaporeans grew up enjoying. As the afternoon went on, the Main Lobby was further enlivened by the music of Vivienne and Caleb, whose two-piece set added atmosphere to the celebrations. The event also featured a bustling line-up of booths — 17 in total — creating a vibrant marketplace and giving visitors plenty to explore in between activities.

Beyond the games, performances and treats, the Family Fiesta was ultimately about bringing people together. It gave members an opportunity to spend quality time with family and friends, reconnect with familiar faces, and soak in the festive atmosphere together.

As SGCC marked Singapore's 61st birthday, the celebration was a cheerful reminder of the strong sense of community within the Club — one built around shared experiences, familiar traditions, and the enjoyment of simply coming together.





National Day Dinner & Dance 2026 Celebrating Singapore, Together

The National Day festivities continued on Saturday, 8 August, as SGCC members came together for the National Day Dinner & Dance 2026 — an evening of good food, live entertainment, and camaraderie in celebration of Singapore's 61st birthday.

Designed as a special members' event, the Dinner & Dance provided an opportunity for members to mingle, reconnect and celebrate Singapore's national pride and shared heritage together within the Club.

Guests began arriving from 6pm, with the evening getting off to an energetic start through an early-bird dance. Once everyone was seated, Fei Fei, the Master of Ceremony officially welcomed members before the SGCC President's Welcome Address and Toast, setting the tone for the night's celebrations.

Dinner was soon served, and the entertainment programme got underway with the first live set by EO3+ Plus. The music continued with a performance by Esther & Sammin, ensuring that there was never a dull moment as members enjoyed their meal and the company around them.

Later in the evening, Fei Fei energised the atmosphere with a round of games, adding plenty of laughter and friendly competition. One of the evening's highlights followed at 10pm, when members gathered for the



National Day cake-cutting, marking the occasion together ahead of Singapore's birthday.

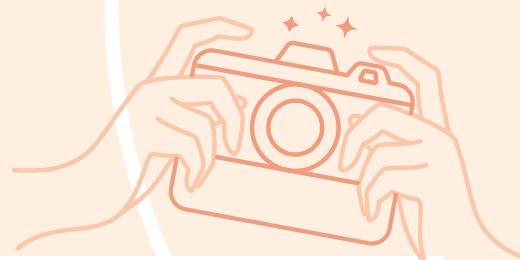
The celebrations then continued with EO3+ Plus returning for their second set, this time featuring a special National Day-themed sing-along session. Familiar patriotic favourites brought members together in song and gave the evening a spirited close before the programme concluded at 11pm.

More than simply a dinner or an evening of entertainment, the event was a celebration of togetherness. Amid the music, conversations and shared moments around the tables, members had the chance to strengthen friendships and enjoy the sense of belonging that comes from celebrating important occasions as a community.

It was a fitting way for SGCC to usher in Singapore's 61st National Day — with pride, warmth and the company of fellow members.

Snapshots

Here are photos and snippets of Club events that took place in **July 2026**.



Bastille Day @ IFS

11 July 2026



SGCC at the International French School, strengthening ties with the French community.



A commemorative snapshot of the SGCC team at IFS.

Martell Night with Alex & the X-Side Men

22 July 2026



A portion of the die-hard fans eager for the show to start.

Uniworld Boutique River Cruises Travel Talk

22 July 2026



Guests enthusiastically discussing the featured holiday destinations.



Uniworld representatives sharing a glimpse of the boutique river cruises and destinations on offer.

Play, Act & Imagine – Children's Theatre Workshop

26 July 2026



The little ones got to unleash their imagination and creativity in this workshop.



The children were introduced to the joy of storytelling through an engaging and interactive theatre session.

UNIWORLD

BOUTIQUE RIVER CRUISES



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PER GUEST ON SELECTED 2027 ITINERARIES

BURGUNDY & PROVENCE

8D Arles to Lyon (France)

ENCHANTING DANUBE

8D Budapest to Passau (Hungary, Slovakia, Austria, Germany)

CASTLES ALONG THE RHINE & AMSTERDAM **NEW!**

10D Basel to Amsterdam (Switzerland, France, Germany, Netherlands)

PORTUGAL, SPAIN & THE DUORO VALLEY

11D Porto to Lisbon (Portugal, Spain)

SPLENDOURS OF EGYPT & THE NILE

12D Cairo to Cairo (Egypt)

DISCOVER PORTUGAL & SPAIN **NEW!**

20D Cruise & Tour Madrid to Porto (Spain, Portugal)

ULTIMATE FRANCE

22D Bordeaux to Arles (France)



Scan for more info



UNIWORLD BOUTIQUE RIVER CRUISES

+65 6922 5950 +65 8031 0218 info.asia@uniworld.com
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Swimming a Full Circle

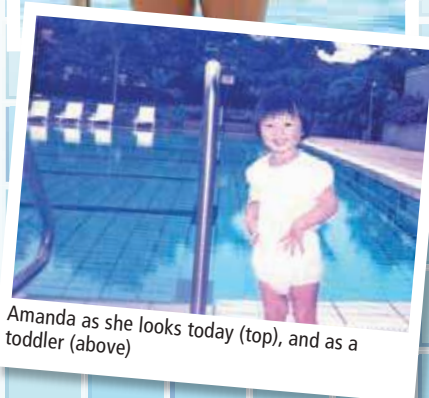
From spending her childhood at the SGCC pool to representing Singapore on the international stage, **Amanda Lim's** swimming career has gone far.

As a young girl, Amanda often visited SGCC with her father, who was a Club member. It was here that she first learnt to swim. There are plenty of photographs of a young Amanda by the Club's Olympic-sized swimming pool. Those first strokes would eventually lead Amanda to become one of Singapore's leading sprint swimmers, representing the nation at major international competitions.

She was recently interviewed by

Lianhe Zaobao on Club premises. The location was significant — Amanda's connection with the Club is entering a new chapter as she takes over her father's membership.

From learning to swim here to returning as a member in her own right, Amanda's journey has truly come full circle. We look forward to seeing her around the Club — and inspiring the next generation of young swimmers taking their own first strokes at SGCC.



Amanda as she looks today (top), and as a toddler (above)



Aw Leong Yen Patrick
Ordinary Member

Chan Yong Kiat James
Ordinary Member

Gnanamurali Balakrishnan
Ordinary Member

Goh Jie Long Chad
Ordinary Member

Ip Wan Kei Steven
Ordinary Member

Jessica Sim Shi Yun
Ordinary Member

**Koh See Tong
Adrian Kevin**
Ordinary Member

Lee Chong Chye Alvin
Ordinary Member

Leong Yew Kit
Ordinary Member

Loh Teck Seng
Ordinary Member

Ng Jonathan
Ordinary Member

Sharon Lim Wei Ying
Ordinary Member

**Sim Khung Peng,
Shaun Sebastian**
Ordinary Member

Tan Ho Seng
Ordinary Member

Wang Wenyue
Ordinary Member

Wong Chun Leong David
Ordinary Member

Aundal Sathasivam
Ordinary Member

Chang Sek Yew
Ordinary Member

Chua Tong Yong
Ordinary Member

Koh Kok Im
Ordinary Member

Lee Eu Seng Christopher
Ordinary Member

Ng Jun Hao Sean
Ordinary Member

Ong Jun Heng Damien
Ordinary Member

Tan Chu Meng
Ordinary Member

Chow Yuen Loong
Term Member

**Hamann Ep Christophe
Veronique**
Term Member

Tay Sock Hwee Sheila
Term Member

Davies Nicholas Stuart
Term Member

Tailheuret Alain
Term Member

We Seek Members' Cooperation

We seek members' cooperation in presenting or scanning their membership cards when requested by our security officers at various stations within the Club. This is to ensure the security and proper use of Club facilities by authorised individuals only. Clause 11f of the Bye-Laws states that the membership card must be produced without demand upon entry into the Club premises, when using Club facilities, and when requested by an authorised staff member of the Club.

A Place to Call Home

Reflections of former
SGCC President
Mr Thomas Tan



Mr Tan served four terms as President, working with four different teams that collectively played an important role in SGCC's development and helped shape the Club into what it is today.

Among the milestones he remembers are the transformation of the Club lobby, and initiatives to broaden and strengthen the membership community, including the NTOM scheme, Grand Member scheme, and extension of the Junior Member age limit. His involvement also spanned a period of significant development between the late 1990s and 2010, such as the transformation of the Lobby and inclusion of the children's water-play feature, children's playroom, and other Club facilities, including the new wing, banquet hall, and childcare centre.

But when he reflects on what has made the Club truly special over the years, his thoughts return not to buildings, but to people.

Where Everyone Belongs

"We are a wide and well-mixed community, with no division by social status," he emphasises.

For him, SGCC is distinctive because members from different backgrounds and walks of life have long been able to come together comfortably here. Over time, familiar faces became friends, and many of those friendships extended well beyond the activities and occasions that first brought people together. Those connections proved particularly meaningful during challenging periods, such as the financial crisis.

It's this spirit that gives SGCC its character — the feeling that, regardless of one's origin, one can belong here.

A Second Home

He hopes SGCC continues to welcome younger families while remaining a place where different generations can come together.

For him and his wife, SGCC has become a second home. "When

we look after young families, their parents and grandchildren will come too."

In addition to maintaining continuity and connections, he believes that SGCC must continue to evolve and remain relevant to new generations while preserving the warmth and familiarity that has already been established.

People Behind the Club

"As leaders, we can't personally take care of every member — it's the staff who live the Club experience with them every day," he says.

Leadership may set the direction of a Club, but much of what a member experiences is shaped by everyday moments — a familiar greeting, thoughtful assistance, or simply being made to feel welcome. These interactions may seem small individually; collectively, they shape how members feel about their Club.

For him, recognising the people behind those experiences is therefore just as important as planning the next facility, programme or initiative. A Club's character ultimately comes to life through the people who serve it and the members who call it their own.

A Legacy of Belonging

SGCC has always been more than a club to him — it's a second home built on friendships, families and shared experiences.

He reminds us that, while facilities may change, it's the people who continue to shape the Club's spirit for generations to come. Perhaps that's the most meaningful legacy of all: not simply the developments made along the way, but a community strengthened over time — through friendships formed, families growing together, and memories passed from one generation to the next.

As SGCC continues to evolve and write its next chapter, that sense of belonging remains something worth preserving.



Attracted to HORROR

This seems to be a contradiction in terms, since fear is an emotion people try to avoid. Yet, we know that millions of people willingly watch horror films, visit haunted houses, and listen to ghost stories. Why?

The answer is that people are not necessarily attracted to fear itself.

Thrills can be addictive

The body responds to potential threats by raising the heart rate, altering breathing patterns, and focusing attention. This discomfort can be life-saving.

In an artificial setting, you know the threat isn't real. While the body reacts to the 'danger', the brain knows it's safe, resulting in you experiencing a thrill.

But the fear level has to be just right. Research has shown that too low was boring, and too high was unpleasant. Also, a 2024 study found that perceived fear and the apparent realism of horror movie scenes were positively associated with excitement and enjoyment.

Naturally curious about danger

From an evolutionary perspective, paying attention to potential threats makes sense as it could help us avoid predators, violence, disease and other dangers. This could be why morbid curiosity — the tendency to learn more about unpleasant, dangerous or disturbing subjects — exists among many.

Studies have shown that people who scored high in morbid curiosity

were more likely to prefer movies in which threats were central to the story, and were more likely to choose information about dangerous phenomena when given a choice.

This could explain why spooky stories can be compelling — we just have to know what's hiding in the dark.

A rehearsal for danger

There's a psychological benefit to experiencing monsters, disasters and killers without actually being exposed to them.

One study found that horror film fans and people with greater morbid curiosity showed greater psychological resilience. People who enjoyed prepper films involving apocalyptic or invasion scenarios also showed greater preparedness. The researchers suggested that frightening fiction functions as a form of mental rehearsal, allowing people to imagine threats and how they should respond.

The benefit is that the horror genre gives us an opportunity to safely practise in our head how to handle frightening possibilities.

Learning to regulate fear

At a haunted attraction, some visitors deliberately try to maximise their fear, while others

use strategies to reduce it — joking, looking away, holding a friend's hand, reminding themselves that the danger isn't real, etc. Research has found that both thrill seekers and fear minimisers could enjoy the experience. Being frightened and then emerging safely can give one a sense handling a difficult situation, which can be very satisfying.

Bringing people together

There is also a distinctly social dimension to fear. People rarely watch horror films or visit haunted attractions alone. Screaming together, grabbing someone's arm, then laughing at and discussing the scary experience afterwards can turn an unpleasant emotion into a shared adventure.

Intriguingly, a 2026 study found that people's heart rates became synchronised during a frightening experience, with greater physiological synchrony among socially close pairs. Thus, the horror experience may strengthen the feeling of "we went through that together".

So, while people are averse to real-life dangers, there are among us people who enjoy the horror genre, a recreational fear that can induce excitement, curiosity, social interaction, and the satisfaction of regaining control.



Traditional Bavarian Recipes

Germany's largest state by land area is Bavaria, home to Neuschwanstein Castle, BMW and a hearty cuisine that will be served at Garden Grill for the month of October.

1-31 October 2026

Operating hours

12pm-3pm / 6pm-10pm

(Last order: 45 minutes before closing)

Price

3-course set from \$35* per person

(appetiser or soup, main course, dessert with coffee or tea)

4-course set from \$40* per person

(appetiser, soup, main course, dessert with coffee or tea)

* Price includes GST

SET MENU

APPETISER

Wurst Salad

Classic German salad with
sausage, ham, gherkin and onion
OR

German Potato Salad

With fresh dill and bacon crumble
OR

Sauerkraut Ball

Served with mustard mayo

SOUP

Brotsuppe

Bavarian bread soup
served with rye bread
OR

German Goulash

Tenderloin of beef, onion,
celery and potato cooked in
healthy tomato broth

MAIN COURSE

Alsatian Salmon

Pan-seared salmon served with
sage-caper cream sauce
OR

Jaeger Schnitzel

Crispy chicken leg with
Hunter's mushroom gravy
OR

German Roasted Pork Knuckle

Crusty, crunchy roasted
pork knuckle served with
sauerkraut and rich gravy
OR

German Bratwurst

Veal sausage with sauerkraut
and mashed potato
OR

Beef Rouladen (Surcharge \$10)

Thinly rolled beef stuffed with
bacon, gherkin and onion,
braised and served with
red wine sauce

DESSERT

Black Forest Gateau

Layers of moist chocolate cake,
whipping cream and cherries
OR

Apple Strudel

Flaky dough filled with spiced
apple, cinnamon and raisins
OR

Seasonal Crème Brulee

Coffee OR Tea

For more details,
call 6398 5313 or
email fnb_outlets@sgcc.com.sg



Middle Eastern Cuisine

Although it's a region known for its deserts, the Middle East also boasts rivers, valleys and coastlines, which is why it's able to produce distinctly flavourful dishes that will be available at Garden Grill for the month of November.

1-30 November 2026

Operating hours

12pm-3pm / 6pm-10pm

(Last order: 45 minutes before closing)

Price

3-course set from \$35* per person

(appetiser or soup, main course, dessert with coffee or tea)

4-course set from \$40* per person

(appetiser, soup, main course, dessert with coffee or tea)

* Price includes GST

For more details,
call 6398 5313 or
email fnb_outlets@sgcc.com.sg

SET MENU

APPETISER

Balela Salad

Chickpeas, kidney beans, cannellini beans, red onion and cilantro tossed with lime vinaigrette

OR

Roasted Garlic Hummus

Smooth and creamy hummus blended with roasted garlic, served with crispy pita

OR

Keftedes

Greek meatballs made with ground beef, onion, earthy spices and fresh herbs, served with tzatziki sauce

SOUP

Arabic Lentil Soup

Middle Eastern-style yellow lentil soup with onion, potato and carrot

OR

Bamia (Okra Soup)

Tomato-based soup with lamb, okra, onion and earthy spices

MAIN COURSE

Shakshuka

Poached eggs in spicy tomato sauce served with toasted focaccia

OR

Sayadieh

Fried marinated barramundi with spiced rice and tomato salsa

OR

Chicken Kofta

Ground chicken marinated with onion, coriander and earthy spices, skewered and grilled, served with pita bread and tzatziki sauce

OR

Za'atar Lamb Chop

Pan-seared marinated lamb chops with earthy spices, herbs and sesame seeds, served with pickled red onion and mint yoghurt

OR

Bamya

(Middle Eastern Okra Stew) (Surcharge \$10)

Classic Middle Eastern okra-and-beef stew simmered in a rich tomato sauce, served with spiced rice

DESSERT

Pistachio Baklava

Crispy layers of filo pastry filled with crushed nuts, finished with a luscious syrup glaze

OR

Mahalabia

Rose milk pudding topped with crushed pistachios

OR

Seasonal Crème Brulee

Coffee OR Tea



CLUB TWENTY-TWO



Deepavali Tea Dance

— WITH LIVE BAND —
SOUND SENSATION



9 NOVEMBER 2026, MONDAY

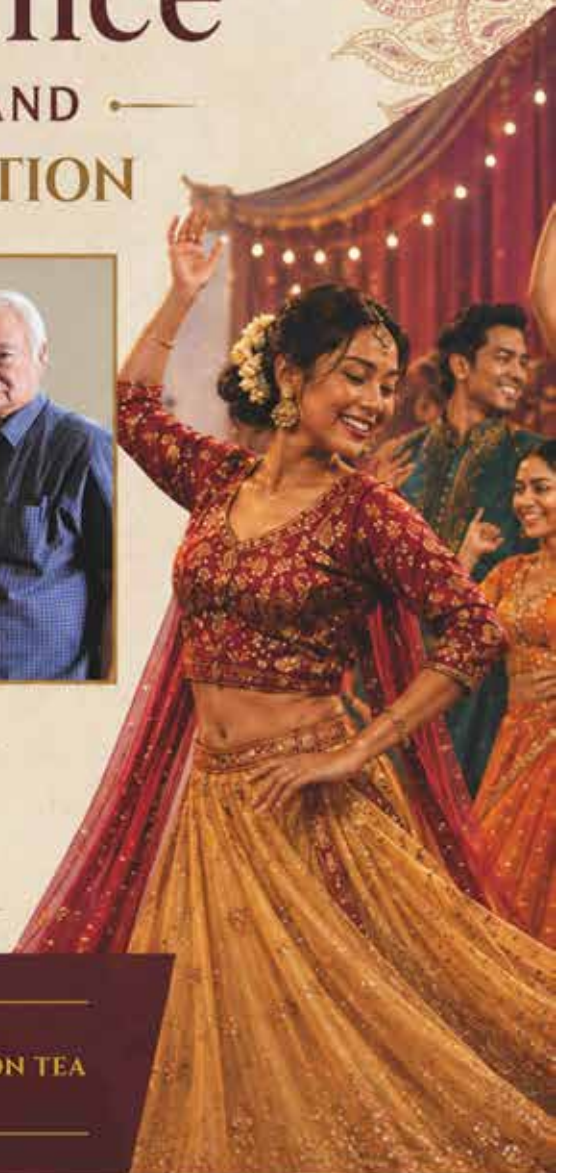


2PM - 5PM

\$25
MEMBER

\$35
GUEST

PRICES INCLUDE
LIGHT AFTERNOON TEA
AND GST



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The Perfect Venue For Your Perfect Wedding

WESTERN WEDDING PACKAGE

2025/2026 PACKAGE INCLUDES

- * 4-course Western menu by our culinary team
- * Free flow of soft drinks
- * One complimentary beer barrel
- * Complimentary bottle of house wine per table
- * Champagne fountain with a bottle of champagne
- * Corkage waived for all duty-paid liquor and wines
- * Decorative wedding cake for cake-cutting ceremony and wedding favours for guests
- * Complimentary use of LCD projectors and screens and sound system
- * Elegant stage décor and aisle stands provided
- * Specially designed guest signature book and token box
- * Invitation cards for up to 70% of your confirmed attendance (printing not included)*
- * Complimentary parking coupons based on 20% of confirmed attendance
- * Reservation of 2 VIP parking lots
- * Complimentary day-use bridal room

4-COURSE WESTERN SET MENU *\$128 per person*

**This package requires a minimum of 100 people*

Prawn & Mango Salad

OR

**Smoked Salmon Roll
with Cream Cheese**

**Chicken Consommé
Quails Egg and Vegetables Julienne**

OR

**Veloute of Trio Mushroom
Double Cream**

**Gruyere Baked Halibut
Leek Fondue with Romesco Sauce**

OR

**Grilled Moroccan Chicken Skewer
Pita Bread and Tomato Salsa**

OR

**Beef Wellington
with Classic Red Wine Sauce**

OR

**Lobster Thermidor
(surcharge \$50)**

Orange Jivara Chocolate Mousse

OR

Crunchy Hazelnut Feuilletine

Coffee or Tea

Price includes GST.

For more enquiries, please contact 6286 8888 or 6398 5387



For Enquiries: banquetsales@sgcc.com.sg
22 Kensington Park Road, Singapore 557271

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Enchanted CHRISTMAS

LIGHT-UP 2026

Step into a magical world of Christmas fun!



Christmas Tree
Light-Up



Christmas
Market



Festive
Treats



Fun Games
& Activities



Arts & Craft
Workshop



Saturday,
28 November 2026



10am to 8pm



Main Lobby,
Serangoon Gardens
Country Club

OPEN TO ALL, FREE ENTRY



For Enquiries : mrevents@sgcc.com.sg
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Joyous Festive Takeaway – Pre-order Now!



Get ready for some festive feasting with
family and friends this Christmas!

SPEND A MINIMUM OF \$150 ON PRE-ORDER ITEMS IN A SINGLE
RECEIPT AND ENJOY 10% OFF BEFORE 13 DECEMBER 2026.

PRE-ORDERS

21 November 2026

All orders must reach us by
13 December 2026

ORDER COLLECTION DATE
From 7 December 2026

ORDER COLLECTION TIME
12pm-7pm daily
(12pm-4pm on 24 & 25 December 2026)

FESTIVE ROASTS

	WEIGHT (APPROX) BEFORE ROASTING	UNIT PRICE
Traditional Roasted Whole Turkey with Chestnut Stuffing <i>Served with Turkey Jus and Cranberry Sauce</i>	5kg	\$168
Baked Honey-glazed Ham (Crosscuts) <i>Served with Tangy Pineapple Sauce</i>	2kg	\$88
Bone-in Maple-glazed Gammon Ham <i>Served with Spiced Apple Sauce</i>	3kg	\$238
Pork Roulade <i>Served with Apple Sauce and Dijon Mustard</i>	2.5kg	\$98
Festive Salmon Wellington <i>Served with Cream Dill Sauce</i>	2kg	\$128
Thirteen-spiced Grass-fed Angus Ribeye <i>Served with Madagascar Black Pepper Sauce</i>	2kg	\$188

SOUPS & SIDES

Creamy Roasted Pumpkin Soup with Pinenuts	1lit	\$38
Winter Crustacean Bisque Slipper Lobster and Scallop	1lit	\$68
Gruyere Potato au Gratin	1kg	\$30

SWEET

Apple Strudel Log	600g	\$38
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Optional carving service at \$20 per item.

CHRISTMAS BUNDLE

**TRADITIONAL
FESTIVE BUNDLE**
(serves 6 persons)

\$226 (UP: \$266)

Traditional Roasted Whole Turkey
with Chestnut Stuffing
*Served with Turkey Jus
and Cranberry Sauce*
Holiday Winter Vegetables
Gruyere Potato au Gratin
Winter Roasted Pumpkin Soup
with Pinenuts (2lit)

**YULETIDE
CLASSIC BUNDLE**
(serves 10 persons)

\$388 (UP: \$430)

Traditional Roasted Whole Turkey
with Chestnut Stuffing
*Served with Turkey Jus
and Cranberry Sauce*
Oven-baked Honey-glazed Ham
(Crosscuts)
Served with Tangy Pineapple Sauce
Holiday Winter Vegetables
Gruyere Potato au Gratin
Winter Roasted Pumpkin Soup
with Pinenuts (2lit)
Apple Strudel Log

For more details, call **6398 5313** or email **fnb_outlets@sgcc.com.sg**





CHRISTMAS *Masquerade* DINNER & DANCE 2026

CELEBRATE THE FESTIVE SEASON IN STYLE WITH
FESTIVE CHRISTMAS DELIGHTS, JOYFUL CHEER AND AN
EVENING OF DANCING!



18 DECEMBER
2026
FRIDAY



7PM - 11PM
EARLY BIRD DANCE
FROM 6PM



KENSINGTON
BALLROOM

EARLY BIRD PROMOTION

BOOK BY 31 OCT 2026

\$65 **\$75**
MEMBER GUEST

AFTER EARLY BIRD

\$75 **\$85**
MEMBER GUEST

All prices are inclusive of GST

HIGHLIGHTS



EARLY BIRD DANCE
FROM 6PM



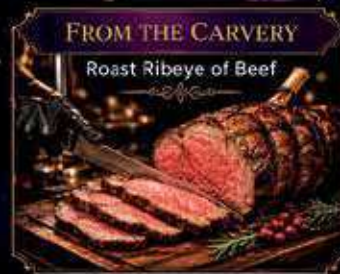
BUFFET DINNER
FEATURING
CHRISTMAS DELIGHTS



'LIVE ENTERTAINMENT'
BY REVIVAL



CARLSBERG DRAFT
ON OFFER



FROM THE CARVERY

Roast Ribeye of Beef

BOOK YOUR ENCHANTED NIGHT NOW!

CONTACT: ADRIAN AT 9115 0417 OR KENNY AT 9176 9265

In Collaboration With:

GLENGLOSSAUGH
COASTAL SINGLE MALT SCOTCH WHISKY

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MIDNIGHT IN SHANGHAI

New Year's Eve Soirée



Ring in 2027 with an elegant evening
of fine dining, dancing, and celebration.



THURSDAY,
31 DECEMBER 2026



7PM TO 1AM
Pre-Event Dancing from 6PM



KENSINGTON
BALLROOM

- ✿ 8-course Chinese dinner
- ✿ Supper after midnight
- ✿ Exciting lucky draw prizes
- ✿ One bottle of wine per table
- ✿ Hosted by MC Sherman
- ✿ Live music by Locomotion
- ✿ Free-flow beer, soft drinks & Chinese tea

Early Bird Promotion

(Book by 31 October 2026)

Member: \$138 | Guest: \$148

After Early Bird

Member: \$148 | Guest: \$158

SCAN TO
REGISTER



Limited seats available. Reservations are on a first-come, first-served basis.



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PAST EVENTS

JUNIOR BOWLING CHAMPIONSHIP

Held at the Gardens Bowl on 4 July 2026, this tournament attracted 15 young bowling enthusiasts. The results are as follows:

	Boys & Girls Category A (13 year old & above)	Boys & Girls Category B (12 years old & below)
Champion	Ashley Zukifly 1,315 pinfalls	Bella Chua 993 pinfalls
Runner-up	Zachary Kwong 1,233 pinfalls	Lovelle Sim 945 pinfalls
Second runner-up	Lloyd Chee 1,175 pinfalls	Adele Chua 844 pinfalls



All smiles before the tournament begins



Boys & Girls Cat B
Champion,
Bella Chua



Boys & Girls Cat B
Runner-up,
Lovelle Sim



Boys & Girls Cat B
Second runner-up,
Adele Chua



Boys & Girls Cat A
Champion,
Ashley Zukifly



Boys & Girls Cat A
Runner-up,
Zachary Kwong



Boys & Girls Cat A
Second Runner-up,
Lloyd Chee

BRIDGE SPARKLING DIAMOND

Attracting 16 participants — comprising members and guests — this tournament was held in the Casuarina Room on 14 July 2026.

Our veteran players were very happy to organise this event, enjoying the opportunity to get together, exchange ideas, play mind games, eat, laugh and have a good time. It was very satisfying to see everyone connecting and enjoying each other's company in a warm and friendly atmosphere.

After the excitement of the competition, participants were invited to lunch, followed by the prize presentation ceremony.



Winners showing off their prize



They might be card sharks, but the atmosphere was warm and friendly

NATIONAL DAY TENNIS DOUBLES

The club's tennis courts came alive in red and white on 9 August 2026 as 10 members and guests gathered for the National Day Tennis Doubles.

Participants proudly embraced the National Day theme by dressing in the colours of the Singapore flag, adding a vibrant and festive touch to the event. With exciting rallies, friendly competition, and plenty of laughter, the morning was a wonderful celebration of tennis, camaraderie and national pride. The results are as follows:



Most of the participants came dressed in the colours of the national flag



Champions, Bertram Chia & Jonathan



Runners-up, Lourelei Alburo & Stephanie Koh



Second runners-up, Joshua Chee & Victoria Lim

A big thank you to everyone who participated and helped make the event memorable! Special mentions to the Tennis Sub-committee's Adeline for presenting the prizes.

SGCC S&R CHAIRMAN DARTS CHALLENGE

Held on 1 August 2026 at Crossroad Lounge, 28 people took part in this tournament. After the final dart was thrown, the players adjourned for dinner and returned for the prize presentation ceremony. The results are as follows:

	Cup Category	Plate Category	Bowl Category
Champions	William Ng & Lillian Quek	John Ow & Tay Sai Huay	Stephen Seah & Alan Lee
Runners-up	John Lee & Simon Yang	Matthias Lee & Kathleen	Roger Koo & Debbie Woon
Second runners-up	Wyman Shing & Rachel Quah	Kevin Huang & Chan Chen Hern	Richard Lim & Ric Tan
Joint second runners-up	Liesje Yap & Dhavinder Singh	Randie Yap & Rick Seah	James Ng & Foo Fang Kim



Cup Category Champions, William Ng & Lillian Quek



Cup Category Runners-up, John Lee & Simon Yang



Plate Category Champions, John Ow & Tay Sai Huay



Plate Category Runners-up, Matthias Lee & Kathleen



Bowl Category Champions, Stephen Seah & Alan Lee



Bowl Category Runners-up, Roger Koo & Debbie Woon



Participants taking aim and checking their scores



SMU X SGCC SQUASH FEVER

Congratulations to the winners of this tournament, which took place from 13–19 July 2026. Many thanks to all the players for the hard work, determination and fighting spirit shown throughout the tournament. Special thanks to our General Manager, President and Squash Convenor for taking the time to present prizes to the winners. We would also like to thank all the parents, members and supporters who cheered the players on and made the event even more memorable! We hope everyone had a smashing time. See you at the next tournament!



Congratulations to Thanusaa Uthrian and Syafiq Kamal (holding plaques)

HENRI CHARPENTIER-SGCC CHALLENGER 6

Congratulations to Thanusaa Uthrian and Syafiq Kamal of Malaysia, who claimed the Women's and Men's titles respectively at this tournament, which was held from 22–26 July 2026. Heartfelt thanks to Henri Charpentier Singapore, our sponsors Mr Tio Hong Tjoen (Tarwi) and Mr Alvin Lim Sien Yong, our dedicated Squash Committee members, and the Singapore Squash Rackets Association (SSRA) for making this tournament possible. Special thanks to SSRA for capturing and sharing the fantastic photos!

37TH ANNUAL AGE GROUP SWIM MEET

Congratulations to all our swimmers and winners, and a big "thank you" to our main sponsor, Arena Singapore, booth partners Cocofwens and Funkita, Quattor Swim School, our President and Swim Committee, parents and supporters for making the event memorable. We were also pleased to welcome swimmers from 2Bubbles Swim School, ART Aquatic, Change Swim School, Speediswim Aquatic, Swim Dolphia, The American Club, Swim Corner, Singapore Swimming Club, Little Splashes, Swim Flying Fish and Fishlike International. Thanks also to Jun Cheng, Chi Kong and Roy Wong for photos of the tournament, which took place on 22 August 2026.



All smiles before the intensity of competition

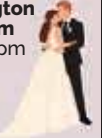


Young swimmers eager to make a splash



Competitors of an event taking the plunge

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Traditional Bavarian Recipes  Garden Grill 12pm-3pm & 6pm-10pm (whole month) Squash Social Night  Squash Courts 5pm-8pm Darts Social Night Crossroads Lounge, Darts Room  7pm-9pm	2 Revival  Crossroads Lounge 8.45pm Tennis Social Night Tennis Courts  8pm-10pm	3	4
5 Music Monday  Club 22 12.45pm	6 Squash Social Night  Squash Courts 6pm-9pm	7 Amazing4  Crossroads Lounge 8pm	8 Squash Social Night  Squash Courts 5pm-8pm Darts Social Night Crossroads Lounge, Darts Room  7pm-9pm	9  Oktoberfest Dance Party with Uberjam Kensington Ballroom 6pm WMF Band  Crossroads Lounge 8.45pm	10  Saturday Night Live with Memory Lane  Club 22 8pm World Squash Day  Squash Courts 2pm-6pm	11 SGCC Wedding Showcase, The Wedding Edit 2026  Kensington Ballroom 11am-6pm
12	13 Squash Social Night  Squash Courts 6pm-9pm	14 Amazing4  Crossroads Lounge 8pm	15 Squash Social Night  Squash Courts 5pm-8pm Darts Social Night Crossroads Lounge, Darts Room  7pm-9pm	16 WMF Band  Crossroads Lounge 8.45pm	17  Saturday Night Live with Memory Lane  Club 22 8pm 53rd Inter-team League Master Event Gardens Bowl  2pm	18
19 Music Monday  Club 22 12.45pm	20 Squash Social Night  Squash Courts 6pm-9pm	21 Amazing4  Crossroads Lounge 8pm	22 Squash Social Night  Squash Courts 5pm-8pm Darts Social Night Crossroads Lounge, Darts Room  7pm-9pm	23 WMF Band  Crossroads Lounge 8.45pm	24  Saturday Night Live with Memory Lane  Club 22 8pm	25
26	27 Squash Social Night  Squash Courts 6pm-9pm	28 Amazing4  Crossroads Lounge 8pm	29 Squash Social Night  Squash Courts 5pm-8pm Darts Social Night Crossroads Lounge, Darts Room  7pm-9pm	30 WMF Band  Crossroads Lounge 8.45pm Tennis Social Night  Tennis Courts 8pm-10pm Halloween Bowl  Gardens Bowl 7pm	31  Saturday Night Live with Memory Lane  Club 22 8pm	

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1  Middle Eastern Cuisine Garden Grill 12pm–3pm & 6pm–10pm (whole month)
2	3 Squash Social Night Squash Courts 6pm–9pm 	4 Amazing4 Crossroads Lounge 8pm 	5 Squash Social Night Squash Courts 5pm–8pm  Darts Social Night Crossroads Lounge, Darts Room 7pm–9pm 	6 WMF Band Crossroads Lounge 8.45pm  Tennis Social Night Tennis Courts 8pm–10pm 	7 Saturday Night Live with Memory Lane Club 22 8pm 	8
9 Deepavali Tea Dance with Sound Sensation Club 22 2pm–5pm 	10 Squash Social Night Squash Courts 6pm–9pm 	11 Amazing4 Crossroads Lounge 8pm 	12 Squash Social Night Squash Courts 5pm–8pm  Darts Social Night Crossroads Lounge, Darts Room 7pm–9pm 	13 WMF Band Crossroads Lounge 8.45pm 	14 Saturday Night Live with Memory Lane Club 22 8pm  Bowling 9 Pin Tap Gardens Bowl 2pm 	15
16	17 Squash Social Night Squash Courts 6pm–9pm 	18 Amazing4 Crossroads Lounge 8pm 	19 Squash Social Night Squash Courts 5pm–8pm  Darts Social Night Crossroads Lounge, Darts Room 7pm–9pm 	20 WMF Band Crossroads Lounge 8.45pm 	21  Joyous Festive Takeaway for Pre-Order! 21 Nov–13 Dec Saturday Night Live with Memory Lane Club 22 8pm  Kids Swim Showdown Swimming Pool 8am–1pm 	22
23 Music Monday Club 22 12.45pm 	24 Squash Social Night Squash Courts 6pm–9pm 	25 Amazing4 Crossroads Lounge 8pm 	26 Squash Social Night Squash Courts 5pm–8pm  Darts Social Night Crossroads Lounge, Darts Room 7pm–9pm 	27 WMF Band Crossroads Lounge 8.45pm  Tennis Social Night Tennis Courts 8pm–10pm 	28 Saturday Night Live with Memory Lane Club 22 8pm 	29
30						

UPCOMING EVENTS

BOWLER OF THE YEAR (QUALIFYING ROUND)



In-person registration for this prestigious tournament takes place at Gardens Bowl from 1 April 2026:

- 2pm–10pm (Mon–Fri)
- 11am–10pm (Sat, Sun & PH)

Entries will be accepted subject to the availability of lanes.

Competitors will have unlimited tries to obtain their best attempt during the duration of the qualifiers from 1 April–December 2026. They are advised to call Gardens Bowl at 6938 5340 on the actual day to check on lane availability.

Dates:	1 July–September 2026 (Oiling Pattern 2) 1 October–December 2026 (Oiling Pattern 3)
Frequency:	Everyday
Venue:	Gardens Bowl
Fee:	\$13.63* per attempt <i>Price includes GST</i>
Format:	3 games per attempt
Min/Max:	30/60 participants

Zaleha at 6398 5373 or zaleha@sgcc.com.sg

54TH INTER-TEAM BOWLING MIXED LEAGUE

Join us every Wednesday for a night of bowling fun! This is a great opportunity for bowlers of all skill levels to meet new people and enjoy the game together.

There will be six Team Captains, all of whom are volunteering to lead the teams. The remaining bowlers will be placed into teams based on their averages

through a blind draw. You won't know your team members or captain until after the captains' meeting, when your captain will contact you directly to confirm your participation and your team.

Don't miss this chance to improve your skills and meet other passionate bowlers. We can't wait to see you there!

Date:	4 November 2026 (20 weeks)
Frequency:	Every Wednesday
Venue:	Gardens Bowl
Roll-off:	7.45pm
Start:	8pm
Format:	4 games per bowler per week
Fee:	\$16.35* per week <i>*Price includes GST</i>
Min/Max:	36/60 participants
Closing date:	21 October 2026 (Wednesday)



Zaleha at 6398 5373 or zaleha@sgcc.com.sg

BOWLING 9-PIN TAP



Calling all bowlers to take part in this tournament, which is to be played in a 'Best of 8 Games' format.

Date: 14 November 2026 (Saturday)
Venue: Gardens Bowl
Check in: 2pm
Roll-off: 2.15pm
Fee: \$32.70* (Member)
**Price includes GST*
Min/Max: 15/20 participants
Closing date: 31 October 2026 (Saturday)

Zaleha at 6398 5373 or zaleha@sgcc.com.sg

HALLOWEEN BOWLING



Instead of a haunted house, why not spend time with a bunch of good friends at the bowling alley on Halloween instead? You can scare each other by showing off how good — or bad! — you are at dropping the pins.



Date: 30 October 2026 (Friday)
Time: 7pm–10pm
Venue: Gardens Bowl
Fee: \$54.50* per lane per hour
 (maximum 6 pax)
 \$130.80* per lane from 7pm–10pm
 (maximum 6 pax)
**Price includes GST, bowling shoes, goodie bags, and light snacks*
Closing date: 21 October 2026 (Wednesday)

Zaleha at 6398 5373 or zaleha@sgcc.com.sg

CAMP 4 YOUNG CHAMPS



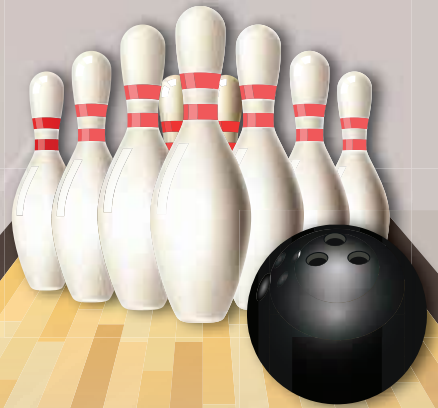
Calling all young champions who are between 4 and 12 years old! The Camp 4 Young Champs is the perfect opportunity for children to be on the go, explore new activities, and enjoy an exciting experience with friends. Get ready for three fun-filled days of sports, games, teamwork and plenty of unforgettable moments!

Date: 1–3 December 2026 (Tuesday–Thursday)
Time: 9am–5pm (Tuesday & Wednesday) / 9am–3pm (Thursday)
Venue: SGCC
Fee: \$228.90* (Junior Gem Member) / \$250.70* (Member) / \$272.50* (Guest)
**Price includes GST, lunch, snacks, T-shirt, and door gift*
Min/Max: 15/40 participants
Closing date: 26 November 2026 (Thursday)

Izzati at 6398 5331 or nurul_izzati@sgcc.com.sg

More Than Just Lanes

Did you know that SGCC's Gardens Bowl is the home ground of Special Olympics Singapore's bowling team?



Since 2015, Serangoon Gardens Country Club has proudly supported the Special Olympics Singapore's bowling team by offering Gardens Bowl as their base for regular training.

Over the past 11 years, what started off as a simple gesture of lending our facilities has grown into a meaningful partnership, reflecting the Club's commitment to give back to the community and supporting athletes with intellectual disabilities to pursue their sporting dreams.

Today, the team trains every Monday, Thursday and Saturday at Gardens Bowl, where they continue to build their skills, confidence and teamwork. As part of our support, the Club provides six lanes on Mondays and four lanes on Thursdays and Saturdays, including the sponsorship of two lanes for the latter sessions. The Club also provides complimentary bowling shoe rental, helping to remove some of the barriers so the athletes can focus on what they do best.

The programme has flourished, thanks to the dedication of our Bowling Convenor, Mr Derrick Sim, as well as the coaches, Special Olympics Singapore staff, the athletes and their family members — all of them have worked together to create a welcoming and encouraging environment.

SGCC has cheered them on their journey to the Special Olympics



The programme has flourished, thanks to the dedication of our Bowling Convenor, Mr Derrick Sim, as well as the coaches, Special Olympics Singapore staff, the athletes and their family members — all of them have worked together to create a welcoming and encouraging environment.

World Games in Los Angeles (2015), Abu Dhabi (2019) and Berlin (2023). They are now training with determination to represent Singapore at the 2027 World Summer Games in Santiago, Chile.

For SGCC, this partnership has never been just about providing bowling lanes; rather, it's about opening our doors, supporting a cause we believe in, and celebrating the determination of every athlete

who walks through them. We are honoured to be a small part of their journey, and will continue to root for them as they continue to inspire us, both on and off the lanes.

"It's been a privilege to see the athletes grow, not just in their bowling skill, but also in their confidence and teamwork. We're proud that SGCC has been able to provide a place they can call their home ground," says Mr Sim.

BOWLING

CORPORATE PACKAGE

— STRIKE TOGETHER. SUCCEED TOGETHER. —

PRICING



\$392.40

4 LANES
FOR 2 HOURS



\$501.40

6 LANES
FOR 2 HOURS



\$610.40

8 LANES
FOR 2 HOURS



Maximum 80 pax in the bowling alley



Maximum 10 pax per lane

INCLUSIVE OF



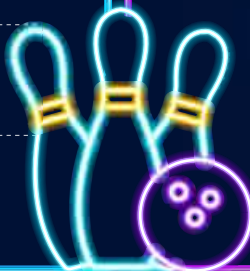
Bowling shoes
(Based on the number of participants)



Bluetooth speaker



A3 welcome signage



ADD-ONS

\$49.05
PER HOUR

Subject to availability

All prices inclusive of GST.

For more information, please contact Zaleha / Izzati at 6398 5373 / 6398 5351 or recreation@sgcc.com.sg.



For Enquiries : recreation@sgcc.com.sg
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BOWLING

BIRTHDAY BASH

AT GARDENS BOWL

PACKAGES AVAILABLE

20 PAX

\$327

40 PAX

\$436



2 Hours of
Lane Usage



Bowling
Shoes



Party
Decorations



E-Invitation
for Guests



Personalised
Welcome
Signage



Special
Birthday Sash

ADD-ONS



Party Bags

\$10



Time Extension
(Subject to availability)

\$50
/30 mins



Additional
Guests

\$10
/person

2 weeks' advance notice needed.

PARTY ENCHANTERS



Magic Show **\$350**



Balloon
Sculpting **\$200**



Face
Painting **\$200**

Subject to availability.

**STRIKE UP
THE FUN!**

For more information, please contact Nurul Izzati at 6398 5331 or nurul_izzati@sgcc.com.sg.



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CLASSES

K-POP DANCE CLASS FOR BEGINNERS



This beginner-level dance class is based on popular K-pop tunes. Simple dance choreography will be taught each week to a K-pop song. Come join in the fun!

STREET JAZZ



Street Jazz mixes old jazz dance styles with elements of what is trending in the dance world today. Despite the use of old-school jazz music, these moves will make you feel young again. And because the moves require lines and a strong physique, they can help you to keep fit.

About the Trainer

Clare Tay has more than 20 years' experience as a dancer, instructor and choreographer. While she has received training in contemporary dance, jazz, ballet, hip hop, and street jazz, she still actively attends workshops and classes in Singapore and overseas.

Day/Time: Saturdays, 11am–12pm
Venue: Aerobics Studio
Fee: \$68.67* (Member) | \$91.56* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Day/Time: Thursdays, 7.45pm–8.45pm
Venue: Aerobics Studio
Fee: \$68.67* (Member) | \$91.56* (Guest)

Eligibility: 18 years & above

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Jie Kai at 6398 5353 or recreation@sgcc.com.sg

A LITTLE LIGHT WITH JILL: STRETCH, BREATH & SOUND BATH CLASS



A deeply restorative experience, this class combines gentle movement, mindful breathwork, and the healing power of sound. The session begins with slow, nourishing stretches to release muscular tension, followed by guided breathing techniques to quiet the mind. It concludes with an immersive sound bath designed to encourage deep relaxation and restore balance to the nervous system.

Benefits of the class:
 release of muscular tension and improved mobility support stress relief and bring deep calm to the nervous system; promotes restful sleep and overall well-being; improved breath awareness and mindfulness restore balance through the therapeutic vibrations of sound. New participants are welcome to one complimentary trial class.

About the Trainer

A certified yoga teacher and sound practitioner, Jill creates a welcoming, supportive environment where students can explore movement without pressure so that the yoga can help them move better, feel better, and reconnect with themselves. Adding another dimension to Jill's classes is her use of sound therapy, which is a gentle yet powerful way to help people regulate their nervous systems, reduce stress, and find moments of stillness. You will leave feeling calmer, more grounded, and better equipped to navigate everyday life.

Day/Time: Tuesdays, 8pm–9pm
Venue: Aerobics Studio
Fees: \$141.70* (Member) | \$158.05* (Guest)

*Price includes GST and is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

Minimum: 3 participants

Maximum: 15 participants

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

ZUMBA FITNESS



Looking to break a sweat while having fun? Let Instructor Eve Tan guide you through an energetic Zumba class with interval training for a total-body workout. It incorporates elements of salsa, merengue, reggae and other dance styles, along with aerobic exercises to promote cardiovascular health.

About the Trainer

Eve Tan has been a certified Zumba Fitness Instructor since 2015 and is passionate about bringing the energy and fun of Zumba to all ages. From Zumba Kids to Zumba Gold and Zumba Fitness, she has been fortunate to lead and volunteer in classes and events over the years. Helping others experience the joy of movement and the power of community has been a rewarding journey, and she is excited for what's next! Join her as we keep dancing, sweating and smiling together!

Day: Fridays

Time: 5.30pm–6.30pm

Venue: Club 22

Fee: \$92.65* (Member) | \$115.54* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

HATHA YOGA



Hatha yoga is a branch of yoga that teaches poses and breathing exercises that bring peace and calm to the body and mind. It's an excellent way to de-stress while cultivating balance and flexibility.

About the Trainer

Michael Choong is a full-time, freelance yoga instructor and personal trainer at several clubs, companies and community centres. Besides holding an International Diploma in Ashtanga Yoga, he is also certified in Therapeutic Healing Yoga, and has attended the Sivananda Yoga Teacher Training Course.

Day/Time: Mondays, 7.30pm–8.30pm

Saturdays, 3pm–4pm

Venue: Aerobics Studio

Fee: \$68.67* (Member) | \$80.12* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month

* Price includes GST

Jie Kai at 6398 5353 or recreation@sgcc.com.sg

MAT PILATES

Move better, feel stronger — from the mat up. Mat Pilates may look simple, but don't be fooled — it's a powerhouse for your core, posture and total body awareness. No machines are needed; it's just you, your mat, and the magic of mindful movement. This course:

- is perfect for beginners
- builds strength and stability
- improves posture, mobility and focus
- is functional, and will help you move with ease in everyday life

About the Trainer

Joanne Tay began her Pilates journey 15 years ago, seeking balance amidst the demands of her active, sporty lifestyle. What she found was a practice that was both calming and powerful — one that strengthened her core, lengthened her muscles, and grounded her mind.

Her connection to Pilates deepened through personal adversity. After suffering two back injuries and undergoing two knee surgeries for ACL and meniscus reconstruction, Pilates became more than just a form of exercise — it became a path to healing. Through mindful movement and breath, Jo experienced firsthand the body's remarkable ability to recover, grow stronger, and transform.



Day/Time: Tuesdays, 6.30pm–7.30pm (Beginner)
Saturdays, 9.30am–10.30am (Intermediate)

Venue: Aerobics Studio

Fee: \$130.80* (Member) | \$142.25* (Guest)

Minimum: 7 participants

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg



DYNAMICSCULPT

ABTSOLUTESCULPT

DynamicSCULPT focuses on rehabilitative (increasing range of motion) and controlled 'time under tension' strength-building movements using instructor-approved resistance and loop bands, which participants are required to purchase.

ABTsoluteSCULPT is a HIIT (High-Intensity Interval Training) class that also focuses on toning the lower body (hips, thighs and abdominals). Note that participants are required to purchase a small pair of cotton hand towels or gliding discs.

About the Trainer

James Shaw has been in the fitness industry since 1982, teaching group exercises as well as offering personal training. He has taught in various countries, including Singapore, Thailand and the USA.

Day/Time: Mondays, 11.30am–12.30pm
Venue: Aerobics Studio
Fee: \$68.67* (Member) | \$91.56* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.
* Price includes GST.

Day/Time: Fridays, 11.30am–12.30pm
Venue: Aerobics Studio
Fee: \$68.67* (Member) | \$91.56* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.
* Price includes GST.

CARDIO LAB



This class provides the perfect combination of cardio intervals and muscle-specific toning. It also maintains your heart rate at optimal levels for maximum results. On top of that, it will improve your body's metabolic rate, enabling it to burn calories efficiently all day.

About the Trainer

Rosalind Choo, a full-time Fitness Instructor at the Club, is passionate about helping members stay strong and confident through exercise. With a focus on making fitness approachable and enjoyable, she also conducts group classes that combine cardio, strength and functional movements, with options for participants to work at their own pace.

Day/Time: Wednesdays, 7pm–8pm
Venue: Aerobics Studio
Fee: \$87.20* (Member) | \$110.09* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.
* Price includes GST.

CHINESE GONGFU FOR CHILDREN

Immerse your child in the power, wisdom and cultural richness of traditional Chinese gongfu. It's a type of martial art that nurtures strength, focus, flexibility, confidence and discipline.



About the Trainer

An elected Extraordinary Master of the World for two consecutive years, Master Jennifer Lee is the 22nd generation lineage holder of the Zi Wu Men traditional of neigong. Zi Wu Men Gong Fu has a 900-year-old history. With an entry in the *Singapore Book of Records*, Master Lee is a versatile teacher with over 35 years of international teaching experience, and is highly sought after for her modern approach to ancient health techniques.

Day/Time: Fridays, 4pm–5pm

Venue: Aerobics Studio

Fee: \$87.20* (Member) | \$109* (Guest)

Minimum: 10 participants

Eligibility: 7–14 years old

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

TAIJIQUAN (BEGINNER)

Taijiquan is an excellent exercise for keeping fit and healthy. Its movements are gentle and slow; it focuses more on developing the mind rather than the body. It is believed that prolonged practice can help one cultivate a gentle and amiable character. The class will cover 37 Yang-Shi Taijiquan and Taiji broadsword and sword techniques.

About the Trainer

Lee Teck Chye is a qualified PA trainer registered under the Singapore Wushu Dragon & Lion Dance Federation as a taiji coach (level: intermediate), and has been teaching in various community clubs.



Day/Time: Saturdays, 7.30am–8.30am

Venue: Outdoor carpark area near Palm Wing Building

Minimum: 6 participants

Fee: \$148.79* (Member) | \$171.68* (Guest)

* Price includes GST and is for a set of 12 sessions.

Nurul Izzati at 6398 5331 or nurul_izzati@sgcc.com.sg

ZI WU MEN GONGFU



Zi Wu Men Gongfu is a traditional Chinese martial art with a 900-year history. A holistic practice, it not only improves physical fitness and motor skills, but also builds strength, flexibility and endurance while promoting mental focus and concentration.

Day/Time: Wednesdays, 4.30pm–6pm

Venue: Club 22

Fee: \$111.18* (Member) | \$122.63* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

About the Trainer

An elected Extraordinary Master of the World for two consecutive years, Master Jennifer Lee is the 22nd generation lineage holder of the Zi Wu Men traditional of neigong. Zi Wu Men Gong Fu has a 900-year-old history. With an entry in the *Singapore Book of Records*, Master Lee is a versatile teacher with over 35 years of international teaching experience and is highly sought-after for her modern approach to ancient health techniques.

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

DEVELOPMENT TRAINING PROGRAMME



Bridging the gap between the Learn-to-Swim Pathway and the Competitive Swim Pathway is the Development Swim Pathway, with a focus on enhancing stroke efficiency, stamina, and the introduction of competitive swimming elements.

Venue: Swimming Pool

Fee: **2 Sessions/Week**

\$109.00* (Member) | **\$130.80*** (Guest)

Unlimited Sessions

\$130.80* (Member) | **\$152.60*** (Guest)

Registration fee for new sign-up/re-registration at \$21.80* per pax and starter pack fee at \$43.60* per pack (includes starter bundle of one pair of goggles, one kickboard, and one swimming cap).

* Lesson fees (including guest fee payable) are not subject to be prorated in the event of public holidays or if there is a fifth week in the month.

* Price includes GST.

COMPETITIVE & JUNIOR COMPETITIVE TRAINING PROGRAMME



The Competitive Swim Pathway caters for experienced swimmers seeking to compete at a national-level competition.

Venue:

Swimming Pool

Fee:

Unlimited Sessions

\$130.80* (Member only)

LEARN-TO-SWIM PROGRAMME

Run by Quattor Swim School, this programme is geared towards learning the four major swim styles (butterfly, backstroke, breaststroke, freestyle), with emphasis on stroke efficiency and overall swimming ability.

Note: Free assessment will be conducted for new students (applies to fresh beginners) to place them in the appropriate session.



Venue: Swimming Pool

Fee: **1 Session/Week**

\$76.30* (Member) | **\$98.10*** (Guest)

2 Sessions/Week

\$98.10* (Member) | **\$141.70*** (Guest)

Registration fee for new sign-up/re-registration at \$21.80* per pax and starter pack fee at \$43.60* per pack (includes starter bundle of one pair of goggles, one kickboard, and one swimming cap).

* Lesson fees (excluding guest fee payable) are subject to be prorated in the event of public holidays or if there is a fifth week in the month.

* Price includes GST.

Scan the QR code for the schedule of the three programmes



COOL WATER WORKOUT



Dislike feeling all hot and sticky while exercising? Then aquatic exercise and therapy is for you. To achieve a zero-impact workout, participants of this class run, walk, twist or bend while suspended in the deeper end of the swimming pool. This is suitable for people of all fitness levels. Cool Water Workout is the coolest way to keep fit!

About the Trainer

Pamela Sahai holds a Physical Fitness Specialist Certificate majoring in Aerobics Dancing, and a Professional Certificate in Deep Water Workout from Columbia Southern University. She has taught aerobics, aqua aerobics, and Deep Water Workout in country clubs, private organisations, and condominiums.

Day/Time:

Mondays, 8.30am–9.30am
Tuesdays, 7pm–8pm
Thursdays, 8.30am–9.30am

Eligibility:

16 years and above

Venue:

Swimming Pool

Fee:

1 Session/Week

\$68.67* (Member; once a week per month) |

\$85.84* (Guest; once a week per month)

2 Sessions/Week

\$114.45* (Member; twice a week per month) |

\$131.62* (Guest; twice a week per month)

** Price includes GST but not a personal wet belt, which must be purchased for the class*

WATERBABIES (PRIVATE COACHING)



Allow your babies to experience the joys of being in the water with this course. This is a one-on-one session for children between six and 42 months old. Each child is to be accompanied by a parent.

About the Trainer

Barbara Lina Lei has been coaching multi-sensory swimming programmes for children since 1999.

Venue: **Swimming Pool**

Fee: **\$137.34***

for four sessions @ 15 minutes per session

Additional guest charges:

\$5.45* per session (weekday)

\$8.72* per session (weekend)

** Price includes GST*

MASTERS SWIMMING PROGRAMME

Our Masters Swimming Programme caters to all adults above the age of 21 at all standards of ability, be they Learner, Intermediate, or Competition-ready. Swimmers who improve will be upgraded accordingly.

Venue: **Swimming Pool**

Fee: **1 Session/week**

\$87.20* (Member) | **\$109.00*** (Guest)

2 Sessions/week

\$141.70* (Member) | **\$174.40*** (Guest)

** Lesson fees (excluding guest fee payable) are subject to be prorated in the event of public holidays or if there is a fifth week in the month.*

** Price includes GST.*



Julia Kong at 6398 5352 or recreation@sgcc.com.sg

AIKIDO



Aikido is a martial way, a discipline, and an educational process that trains the body, mind and spirit. It teaches respect, sincerity and modesty as essential qualities that can develop and enhance one's character. Aikido espouses attacking and defensive moves that flow seamlessly while prioritising non-confrontation. The class is suitable for all levels of expertise.

About the Trainer

Simon Lee is a 5th Dan Yudansha of Aikikai Foundation, Aikido Work Headquarters, Japan, and a PA-approved trainer in Tanglin CC and Cairnhill CC in Singapore. He has more than 40 years of experience in Aikido training and practices. The Aikido lessons and instructions offered in SGCC are supported by Aikido Singapore.

Day/Time: Saturdays, 4.30pm–5.30pm
Venue: Aerobics Studio
Fee: \$57.23* (Member) | \$68.68* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

TAEKWONDO



Learn this Korean form of martial art, which has a strong emphasis on a variety of kicks. Classes are available for a range of skill levels.

About the Trainer

Patrick Tan has more than 37 years of taekwondo coaching experience, including teaching stints in the armed forces, international schools, commercial gyms, private clubs, and other organisations. Equipped with a National Coaching Accreditation Programme (NCAP) Level 3 certification from Sport Singapore, he is also a Singapore Taekwondo Federation (STF) seventh-degree black belt, a STF-certified instructor (Poomsae and Kyorugi), a Kukkiwon-certified instructor, and a STF referee (Poomsae and Kyorugi). Under his training, some of our members have become champions in their respective categories in both National Kyorugi Championship and Inter-school Kyorugi Championship.

Day: Fridays
Level/Time: **Beginner/Intermediate** 6.15pm–7pm (for ages 4 and above);
Intermediate/Advanced 7pm–8pm (for ages 6 and above)
Advanced 8pm–9pm

Venue: Aerobics Studio
Fee: \$87.20* (Member) | \$98.10* (Guest)

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

LEARN-TO-BOWL PROGRAMME

Catering to aspiring bowlers aged 7–12, the SGCC Learn-to-Bowl programme is the perfect platform for them to develop their potential, get selected as part of SGCC Youth Bowling team, or even be a good channel for Direct School Admission based on the sport!



Day/Time: Fridays, 7.30pm–9pm
Venue: Gardens Bowl
Fee: **Learn-to-Bowl:** \$87.20* (4 sessions)
Pre-performance Level: \$130.80* (4 sessions)
Performance Level: \$174.40* (4 sessions)

Min/Max: 5/10 participants

* Price is for 4 lessons a month; there will be additional charges if there are 5 lessons in a month.

* Price includes GST.

Zaleha at 6398 5373 or recreation@sgcc.com.sg

BOWLING COACHING

Pick up bowling skills or improve your game through group or private coaching.



About the Trainers
Samuel Ho is a qualified bowling instructor with more than 20 years' experience, which includes being a resident coach for SGCC and Singapore Swimming Club. He is a registered coach with the Singapore Sports Council and the Singapore Bowling Federation.

With more than 20 years' experience, Peter Chng has been the Club's resident coach since 2009. He is currently coaching at Singapore Sports School, and has trained teams from other schools, including Maris Stella Primary and Secondary schools, ACS (Barker Road) and Nanyang Girls' High School. He is a registered active coach with the National Registry of Coaches (NROC).

Min/Max: 3/8 participants
Venue: Gardens Bowl
Fee: **Group Coaching**
\$46.65* (Member) | \$58.32* (Guest)
Private Coaching (to arrange with instructor)
\$80.12* (Member for Individual, 1.5hrs)
\$91.56* (Guest for Individual, 1.5hrs)
\$64.15* (Member for 2 Students, 1.5hrs)
\$75.81* (Guest for 2 Students, 1.5hrs)

* Price includes GST

Zaleha at 6398 5373 or recreation@sgcc.com.sg

TABLE TENNIS (PRIVATE COACHING)



About the Trainer

Registered with the National Coaching Accreditation Programme (NCAP Level 1), Nicholas Chee has been playing the game since 1977, and has given personal and group coaching for kids and adults since 2000.

Venue: Squash Court 4
Fee: \$45.78* (Member, per hour) |
\$57.23* (2 pax per group, per hour)
Additional \$10.90* per guest, per hour

* Price includes GST but not court bookings

Julia Kong at 6398 5352 or recreation@sgcc.com.sg

TENNIS COACHING PROGRAMME



Want to pick up tennis but feel intimidated by all the options out there? Why not join the SGCC Tennis Coaching Programme, which is specially tailored for all skill levels and ages? The programme is open to members and guests, and is priced competitively. Come on down and check it out yourself!

ADULT GROUP COACHING PROGRAMME

Class: Beginner
Day/Time: Tuesdays, 9pm–10pm
Fee: \$174.40* (Member) | \$196.20* (Guest)

Class: Intermediate
Day/Time: Mondays, 7pm–8.30pm & 8.30pm–10pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Club Men/Women
Day/Time: Wednesdays, 7.30pm–9pm
Fee: \$196.20* (Member) | \$218* (Guest)

JUNIOR GROUP COACHING PROGRAMME

Class: Red Ball
Day/Time: Mondays, 4.30pm–5.30pm
Fridays, 5pm–6pm
Fee: \$130.80* (Member) | \$152.60* (Guest)

Class: Orange Ball
Day/Time: Wednesdays, 4.30pm–6pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Green Ball
Day/Time: Wednesdays, 4.30pm–6pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Junior 1 (Lower Intermediate)
Day/Time: Wednesdays, 6pm–7.30pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Junior 2 (Intermediate)
Day/Time: Mondays, 5.30pm–7pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Junior 3 (High Intermediate)
Day/Time: Tuesdays, 4.30pm–6pm & 7.30pm–9pm
Thursdays, 6pm–7.30pm
Fee: \$196.20* (Member) | \$218* (Guest)

Class: Junior (Advanced)
Day/Time: Saturdays, 10am–12pm
Fee: \$218* (Member) | \$239.80* (Guest)

* Price includes GST

Minimum: 3 students to start

Ashley Toh at 6398 5327 or recreation@sgcc.com.sg



Goat-tastic Farm Tour

Meet, Feed & Learn About Goats

What's In Store:



Guided tour of the farm



Watch live goat milking



Feed & interact with the goats



Taste test fresh goat's milk



Q&A session with the guide



Scan to Register!



Friday, 27 November 2026

9am to 12.45pm

(Assemble at Main Lobby at 8.45am)

250 Neo Tiew Crescent,
Singapore 719866

\$38.28

Junior Gem Member

\$41.55

Member

\$43.73

Guest

Includes: 2-way transport ■ Entrance fee ■ Light snacks & drinks ■ GST

Min. 20 pax. Minimum spending applicable.



Registration closes Wednesday, 28 October 2026.

A \$5 no-show fee will apply to registered participants who do not attend.

For Enquiries: membership@sgcc.com.sg
22 Kensington Park Road, Singapore 557271

www.sgcc.com.sg
Follow us on SGCC1955

Spooktacular Kids' Halloween Party!

Crafts, Candy & Trick-or-Treat Fun!



Date:
Friday, 30 October 2026



Time:
5pm to 8pm



Venue:
Casuarina Room

Dress up, make a spooky craft, enjoy a yummy dinner, and go trick-or-treating around the Club!

Price

★ JG Member	\$23.98
★ Member	\$27.25
★ Guest	\$29.43

Min. 15 pax. Inclusive of GST.
Minimum spending applicable.

Includes



Trick-or-Treat Basket



Halloween Crafts



Kids' Dinner



Candy Hunt

Scan to Register!



Registration closes Wednesday, 7 October 2026.

A \$5 no-show fee will apply to registered participants who do not attend.

For Enquiries : membership@sgcc.com.sg
22 Kensington Park Road, Singapore 557271

www.sgcc.com.sg
Follow us on SGCC1955

Time For Your Junior Gems Annual Gift!

*Dear Junior Gems Members,
The wait is over – the Junior Gems Annual Gift is finally here!*

Join us for our Junior Gems Annual Gift Day and collect your special gift on:

Saturday, 28 November 2026

10am to 8pm

Membership Booth



Unable to make it on 28 November? No worries! You may collect your gift from our Reception Counter on any day after 28 November, from 9am to 9pm.

NOT A JUNIOR GEM YET?

Join our Junior Gems programme and be part of the fun! Your child can enjoy exciting activities, events and special privileges throughout the year – including our Annual Gift!

We look forward to seeing you and your little ones!

**Make
Your Own:**

Spooky Stuffed Bell Peppers

Turn colourful bell peppers into mini jack-o'-lanterns, then fill them with a hearty rice-and-meat stuffing. They're festive enough for Halloween, but wholesome enough for a family dinner.

Ingredients

- ✓ 4 orange bell peppers
- ✓ 300g minced beef or chicken
- ✓ 1 tbsp olive oil
- ✓ 1 small onion, finely chopped
- ✓ 2 cloves garlic, minced
- ✓ 1 cup cooked rice
- ✓ 1 cup tomato pasta sauce
- ✓ ½ tsp dried oregano
- ✓ ½ tsp paprika
- ✓ Salt and black pepper, to taste
- ✓ ½ cup shredded mozzarella or cheddar cheese
- ✓ Chopped parsley, for garnish

Instructions

1. Preheat oven to 190°C. Slice the tops off the bell peppers and set them aside. Remove the seeds and membranes.
2. Use a small, sharp knife to carefully cut jack-o'-lantern eyes, noses and mouths into one side of each pepper.
3. Heat olive oil in a pan over medium heat. Sauté the onion and garlic until fragrant. Add the minced meat and cook until browned.
4. Stir in the cooked rice, tomato sauce, oregano and paprika. Season with salt and pepper. Simmer for 2–3 minutes.
5. Spoon the filling into each pepper and top generously with shredded cheese.
6. Place the peppers upright in a baking dish and replace their 'lids'. Bake for 25–30 minutes, or until the peppers are tender and the cheese has melted.
7. Sprinkle with chopped parsley and serve warm.





A whole new world of fun and exciting activities for the little ones!

Are you a member of SGCC who has children aged between 4 and 12 years old? Then let them become members of Junior Gems, a kids' club where they can enjoy special privileges!

SGCC's Junior Gems membership will introduce the little ones to a whole new world of fun and exciting activities! It also gives them opportunities to make new friends, interact in a social environment, and build self-confidence.

As a Junior Gems member, your child gets to enjoy:

- Junior Gems welcome gift
- Bi-monthly Junior Gems newsletter
- Junior Gems birthday surprises
- Subsidised rates for events
- Invitation to exclusive Junior Gems activities
- Junior Gems festive celebrations
- Gifts

All these for
\$27.25* per annum!

**Price includes GST
(auto-renewal of membership
till 12 years old)*

Particulars of Applicant

Name: _____

Date of Birth: _____

Particulars of Applicant's Guardian

Name: _____

Membership Number: _____

Relationship to Applicant: _____

Contacts: mobile _____ email _____

I wish to be kept updated of Junior Gems events via (tick one of the following boxes)

☐ SMS ☐ mobile ☐ email

Signature: _____ Date: _____

Non-refundable annual membership fee of \$27.25 (includes GST) will be debited in your next Statement of Account. The annual membership fee will be billed to your account subsequently every 12 months until your child turns 12 years old. Any termination of membership must be done in writing at least one calendar month before auto-renewal date. For enquiries, please email jean_lee@sgcc.com.sg

For official use

Received by: _____ Date: _____

MAIN RECEPTION

Tel: 6286 8888
Daily: 9am–10pm
www.sgcc.com.sg

FOOD & BEVERAGE OUTLETS

Atrium Café

Tel: 6398 5309
Mon–Thu: 11am–3pm; 6pm–9.30pm
Fri–Sun, Eve of PH & PH: 11am–3pm;
6pm–10pm

Coffee Deli

Tel: 6398 5312
Mon–Thu & PH: 8am–9pm
Fri–Sun & Eve of PH: 8am–10pm

Club Twenty-Two

Tel: 6398 5386
Mon–Thu: 5pm–12am
Fri, Sat & Eve of PH: 4pm–1am
Sun & PH: 4pm–12am

Crossroads Lounge

Tel: 6398 5310
Mon–Thu: 5pm–12am
Fri, Sat & Eve of PH: 4pm–1am
Sun & PH: 4pm–12am

Garden Grill

Tel: 6398 5313
Mon–Fri: 12pm–3pm; 6pm–10pm
Sat, Sun & PH: 8.30am–3pm; 6pm–10pm

SPORTS & RECREATION FACILITIES

Billiards Room

Tel: 6398 5346 Daily: 1pm–10pm

Darts (Crossroads Lounge)

Mon–Thu, Sun & PH: 5pm–12am
Fri, Sat & Eve of PH: 5pm–1am

Gardens Bowl

Tel: 6398 5340
Mon–Fri & Eve of PH: 2pm–10pm
Sat, Sun & PH: 11am–10pm
Off-peak hours (Mon–Fri & Eve of PH):
2pm–6pm
Peak hours (Mon–Fri & Eve of PH):
6pm–10pm
Peak hours (Sat–Sun & PH): Whole day

Gymnasium

Tel: 6398 5331
Daily (incl. Eve of PH & PH): 6am–10pm
Except during scheduled partial closure
for maintenance four times a year, where
it opens from 1pm onwards. Refer to
www.sgcc.com.sg for partial closure dates.
Off-peak hours (Daily): 10am–5pm
Peak hours (Daily): 5pm–10pm

Swimming Pool / Spa Pools

Daily: 6am–10pm
Closed on the last Wednesday of every
month unless otherwise stated.

Water Play Area

Daily: 8am–8pm
Closed on the last Wednesday of every
month unless otherwise stated.

Sauna / Steam Bath

Daily: 6am–10pm

Squash Courts

Tel: 6398 5331 Daily: 7am–10pm
Off-peak hours (Mon–Fri & Eve of PH):
7am–5pm
Peak hours (Mon–Fri & Eve of PH):
5pm–10pm
Peak hours (Sat–Sun & PH):
7am–10pm

Tennis Courts

Tel: 6398 5340 / 331
Daily: 7am–10pm
Off-peak hours (Mon–Fri & Eve of PH):
7am–5pm
Peak hours (Mon–Fri & Eve of PH):
5pm–10pm
Peak hours (Sat–Sun & PH):
Whole day
Tennis training night:
Thu 7pm–10pm

Table Tennis

Tel: 6398 5331 Daily: 7am–10pm
Off-peak hours (Mon–Fri & Eve of PH):
7am–5pm
Peak hours (Mon–Fri & Eve of PH):
5pm–10pm
Peak hours (Sat–Sun & PH):
7am–10pm

Mahjong

Tel: 6286 8888
Mon–Thu, Sun & PH: 11am–12am
Fri, Sat & Eve of PH: 11am–1am

OTHER FACILITIES

Kiddieland

Daily: 9am–10pm

Functions Rooms / Ballroom

For bookings, please call
6398 5381 / 387 / 365
Email: banquetsales@sgcc.com.sg

Male & Female Changing Rooms

Daily: 6.30am–10.30pm

Study Room

Daily: 9am–10pm

TENANTS

Cambridge Pre-School

Tel: 6282 8455
Mon–Fri: 7am–7pm
Sat: Closed
Email: Serangoon@cambridge.school

Lat Salon

Tel: 9666 4463, by appointment only
Tue–Sun: 11am–7pm
Mon & PH: Closed

Tai Yuan Tsui Hiang Yuan

Tel: 6322 7527
Mon–Fri: 11am–3pm, 5pm–10pm
Sat, Sun & PH: 9am–3pm, 6pm–10pm

MANAGEMENT STAFF

General Manager

Mark James 6398 5329
Email: mark_james@sgcc.com.sg

Personal Assistant cum Office Manager (GM's Office)

Casey Chang 6398 5301
Email: casey_chang@sgcc.com.sg

Senior Manager (Food & Beverage)

Adrian Chew 6398 5368
Email: adrian_chew@sgcc.com.sg

Sports & Recreation Manager

Stanley Cornelius 6398 5366
Email: stanley_cornelius@sgcc.com.sg

Finance Manager

Nicole Lee 6398 5358
Email: nicole_lee@sgcc.com.sg

Human Resource Manager

Lucy Tan 6398 5366
Email: lucy_tan@sgcc.com.sg

Membership, Marketing & Communications Manager

Fabian Tan 6398 5337
Email: fabian_tan@sgcc.com.sg

Facilities, Maintenance & Safety Manager

Matthew Lim 6398 5311
Email: matthew_lim@sgcc.com.sg

Security Operations Manager

Sritharan Lingam 6398 5315
Email: sritharan@sgcc.com.sg

CLUB ADMINISTRATION

Mon–Fri: 9am–6.30pm

Membership

Tel: 6398 5323 / 383
Email: membership@sgcc.com.sg

Accounts

Tel: 6398 5325 / 358
Email: members_account@sgcc.com.sg

Sports & Recreation

Email: recreation@sgcc.com.sg

Billiards & Fitness

Jie Kai 6398 5353

Golf, Squash & Swimming

Jia Jun 6398 5351

Tennis & Darts

Ashley Toh 6398 5327

Cool Water Workout, Swimming Lessons, Table Tennis, Taijiquan, Taekwondo, Aikido, Mat Pilates, Yoga & Fitness Classes

Julia Kong 6398 5352

Bowling, Bridge, Mahjong, Chess & Youth

Zaleha Hanibah 6398 5373

Food & Beverage

fnb_outlets@sgcc.com.sg

Banquet Sales

Tel: 6398 5387 / 365
Email: banquetsales@sgcc.com.sg

Advertisement Bookings

Priscilla Chia 6398 5320
Email: priscilla_chia@sgcc.com.sg

Data Protection Officer

Email: dpo@sgcc.com.sg



REFER A FRIEND. GET REWARDED.

Share the SGCC experience with your friends and **be rewarded** when they join.



EARN

\$500

SGCC CREDITS

when your friend signs up for an
Ordinary Membership
(\$13,888)
direct from the Club.



EARN

\$200

SGCC CREDITS

when your friend signs up for a
Term Membership.



MEMORIES TOGETHER



ACTIVE LIFESTYLE



GOOD FOOD. GREAT TIMES.



REFER A
FRIEND TODAY!

Scan to submit
your referral.

Interested friends can also
arrange a **complimentary**
Club tour.



Referral must be registered
before membership application.



SGCC Credits will be awarded to the
referring member upon successful sign up
and payment received.



ACTIVE LIFESTYLE
Recreation and activities
for all ages



**VIBRANT
COMMUNITY**
For you, your family
and loved ones



**MEMBER
PRIVILEGES**
Dining, events,
activities and more



**A CLUB
TO BELONG**
Where friendships
and memories
are made

*Terms & conditions apply.