



CONSENT FORM FOR USERS OF GYM/SWIMMING POOL DURING THE EARLY HOURS (BEFORE 7.00 AM)

(Please complete the following in **CAPITAL LETTERS** and return to the **Membership or Security Department**)

Name of Member <i>(delete where applicable)</i>		Membership No.	
NRIC Number <i>(last 4 digits)</i>		Handphone No.	
Emergency Contact Person		Emergency Contact No.	

In signing this consent form, I irrevocably and unconditionally acknowledge, agree and consent to the following:

1. I acknowledge that the usage of the gymnasium ("Gym") and/or swimming pool ("Swimming Pool") at the Serangoon Gardens Country Club (the "Club") is solely at my own risk and there are no lifeguards and gym instructors at the Club present at the Gym or the Swimming Pool.
2. In particular I note that staff of the Club report for work at the Club daily from 7.00 am to 10.00 pm (the "Staff Reporting Hours"), but members of the Club have requested that the Gym and the Swimming Pool will be opened to them at 6.00 am. The Club has decided to allow its members to be given access to the Gym and the Swimming Pool (outside of the Staff Reporting Hours). I acknowledge that such usage of the Gym and the Swimming Pool is solely at my own risk.
3. I hereby express my intention to use the Gym and/or (delete where applicable) the Swimming Pool outside of the Staff Reporting Hours.
4. In connection with the aforesaid, I hereby:
 - a. Agree and acknowledge that there are/shall be no employees of the Club at or around the Gym or Swimming Pool outside of the Staff Reporting Hours;
 - b. Agree and acknowledge that there shall be no Club supervision over my use of the Gym or Swimming Pool outside of the Staff Reporting Hours;
 - c. Agree and acknowledge that the Gym or Swimming Pool and its vicinity may not have been maintained before such time that I use the Gym or the Swimming Pool;
 - d. Agree to use the Gym or Swimming Pool only for its intended purpose and for no other purposes;
 - e. Agree not to do (or omit to do) anything which may endanger my own safety and that of any other third party when using the Gym or Swimming Pool and agree to use due care when using the Gym or Swimming Pool;
 - f. Confirm that I am medically fit to use the Gym or Swimming Pool and will stop training in the Gym or swimming in the Swimming Pool at any time if I feel unwell;
 - g. Confirm that I have been trained in and/or have experience in using the equipment in the Gym or have the necessary proficiency in swimming;
 - h. Agree to inform the guard room at the Club at 63985315 in the event I notice any emergency or danger, or suspicious individuals at or around the Gym or Swimming Pool areas;
 - i. Agree to stop using the Swimming Pool in the event that the weather make it unsuitable or unsafe to do so;
 - j. To the maximum extent allowed by law, release and discharge the Club from all its losses or liabilities arising under, arising out of or otherwise in connection with the usage of Gym or Swimming Pool outside of the Staff Reporting Hours;
 - k. Agree to indemnify, and to keep indemnified, the Club against all losses or liabilities (including, without limitation any damages, claims, demands, proceedings, tribunal awards, fines, expenses, penalties, legal and other professional fees and costs on a fully indemnity basis) which may be suffered or incurred by it as a result of the usage of Gym or Swimming Pool outside of the Staff Reporting Hours;
 - l. Promise to abide by the rules in relation to the usage of the Gym or Swimming Pool as set out in the Bye-Laws.
5. If a court of competent jurisdiction holds any provision of this consent form to be invalid, illegal or unenforceable (whether in whole or in part), such provision shall be deemed modified to the extent, but only to the extent, of such invalidity, illegality or unenforceability and the remaining provisions of this consent form shall not be affected thereby.
6. This consent form shall be governed by and construed in accordance with the laws of Singapore.

Signature of Member <i>(delete where applicable)</i>		Date	
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OFFICIAL USE			
Received By:		Date Received:	
Remarks:			

Data collected/recorded are for Safety and Security purposes.